

1985



TALON

Hey Kim -
 you & I met
 cuz you're a really
 sweet person. (a pretty)
 Gosh - You're gonna come over
 this summer maybe I'll
 see you at the beach. French
 Have a great year in my class!
 Love ya
 446-0628
 call
 sometime!!

Kim, Sweet! Well the
 year is finally over. YEAH!!
 No more Mrs. Cruiser. It's
 been great knowing you for
 the past 2 years. You're a
 really sweet person. STAY
 that way. HAVE A great
 summer.

K.I.T.
 464-9376 LOVE
 Cindy Cefalu

Kim -
 Hey sweets! It's
 been fun knowing
 ya this year. Mrs. wasn't
 'Martino's class wasn't
 the best but... we had
 our ups + downs. but
 we managed to make it
 a through the year. Have
 our killer summer. I'm
 see ya!
 Love ya,
 Karen
 Hart

P.S. When I
 get my I.D.
 we'll go to
 Wave! Stay
 Sweet!
 K.I.T.
 481-0830

Kim,

Hey Honey! I sure am glad the year is over! I'm glad I met you, you're a real sweetie!! I'll probably see you this summer on the beach or whatever. If you have time why don't you come see Bob^{you} + John. They still look the same. Stay sweet + Pretty! HAVE A GREAT SUMMER! CALL ME! 481-7557

Carole

Kim,

Good, I'm so glad school is over. I'm sick of it! I'll miss you if you go to F.C. You'll probably like it better there. I'm glad I met you, you're a sweetie. Let's do something this summer, ok? If you're ever at 40th at the beach come up to my cabana. Have a cool summer & call me! 481-5815 427-0241

Love

Calleen

Kim -
I Hey Honey! I believe this is 2nd
you better believe I finally over!
Have a great summer!
Call me! Don't forget 481-1383!
But you're with all the guys -
it's because you're so nice!
Pretty & sweet! Don't need
see ya later!
Love ya!
Pats.
Jana

Kim,

I don't know you to well, but since I first started talking to you, you've been a great friend. I wish you the best at everything near and far in the future. Hopefully I'll see you next year.
Your friend,
Ed

KIM,

HEY ITS BEEN FUN
KNOWING YA THIS
YEAR!! I KNOW ILL SEE
YOU THIS SUMMER! LET'S
PARTY TOGETHER SOME OVER
THE SUMMER O.K.?! WELL
MABEY <sup>Datnb
P.O.</sup> YOU WILL BE IN
SOME OF MY CLASSES NEXT
YEAR!! LIKE BIOLOGY ILL
STILL BE IN IT NEXT YEAR! BOO
CALL ME SOMETIME

481-0732

P.S. LET'S GO
OUT ONE
NIGHT O.K.?!

LOVE YA
BRIAN

TALON

Frank W. Cox

2425 Shorehaven Drive

Virginia Beach, Virginia 23454



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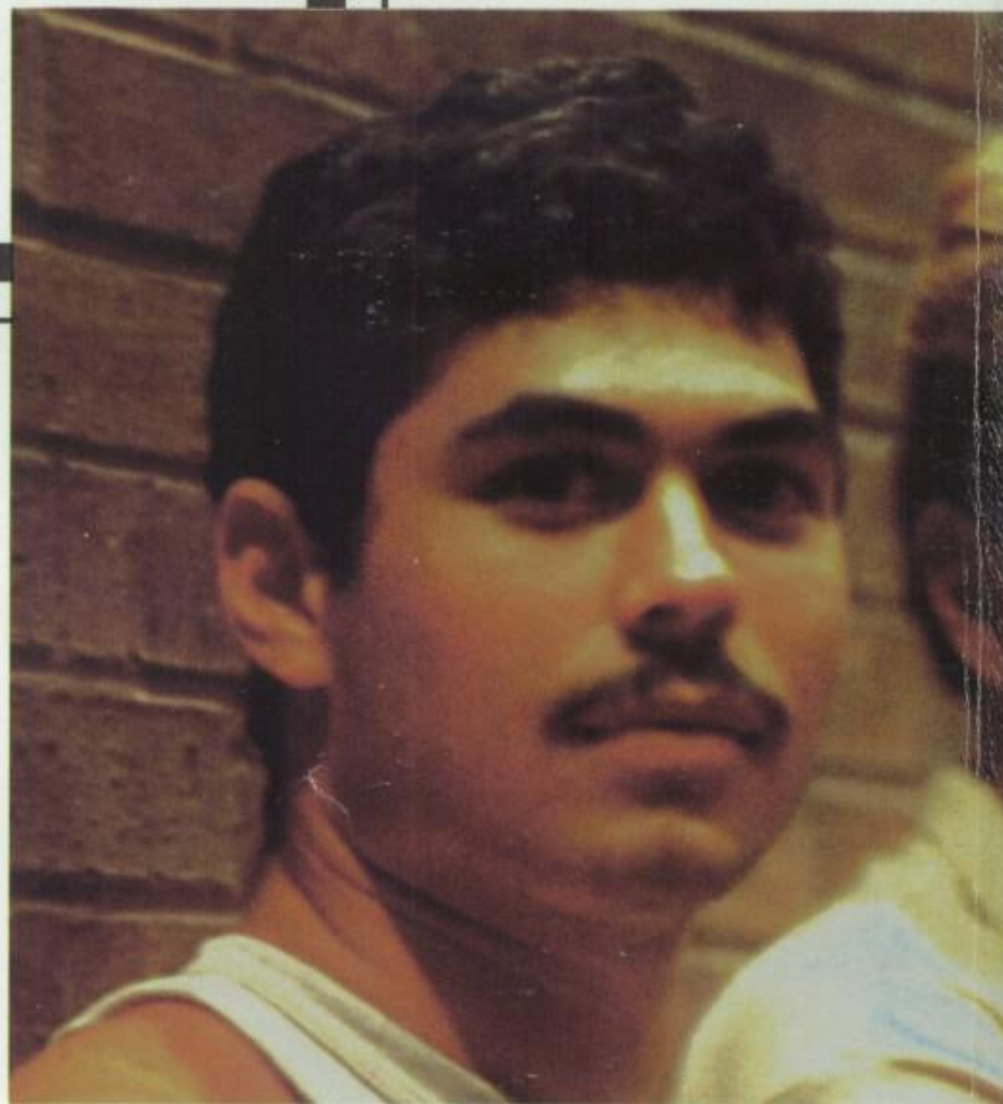
On a family vacation over the summer, Carter and William Conley prepare to take advantage of the clear Mexican waters by scuba diving with a friend.



Junior Sarah Ashton regresses back to her pre-school years for "Little Kids Night" at Young Life.



Senior Carey Radican and Junior Don Spencer are just two of many people who gather into the cafeteria foyer during lunch. This is supposedly the only time students have to socialize.



A typical scene on a cold Friday night is family and friends gathered at a football stadium huddled together under coats and blankets.



A student steps from one class to another between bells. Running from downstairs to the opposite end upstairs is a common feat.



STEPPING AHEAD

At the opening of school in the fall of 1984, the student body had great expectations for the new Cox High School. Now that the foundations have been laid, we're picking up our pace and moving on. The senior, juniors, sophomores, are maturing and becoming more open minded, and in the process helping to create a unity within the school with the acceptance of the freshmen. We're forming a family and becoming more at ease with one another. It is due to this maturing process that we're working together as a team and Stepping Ahead. As one mathematician once said, the sum of all the parts (seniors, juniors, sophomores, and freshmen) is greater than the individual parts.



PICTURE THIS!

Nothing can preserve the memories of high school as well as a picture. When those memories plastered on Kodak paper, are shown to us, so quickly do the details begin to come back. Soon the emotions that we once felt at that particular time engulf us, and we are actually transported to that past. Once there we often feel as if we could actually touch everything that had been. In fact the past becomes for a brief moment a present reality. Although you might get the same effect with words, a picture brings memories back to us much more quickly. As the well-known saying goes, a picture is worth a thousand words. So as you proceed through the book and you see a familiar picture, say to a friend, "Picture This" and be transformed into time once again.

him,
Hey Babe!! It's been a pretty descent year as far as school can go I guess. I'm sure your year has been pretty much fun going out w/ all those good lookin guys. I'm glad I got to sit next to you in World History. Mrs. Pangle's a you know what up the butt, but we only have 2 more days and 15 minutes left of this class, so that's pretty cool. I really wish you weren't going to F.C. next year, but I know you'll have a lot of fun. Have a great summer & watch out for the guys, maybe you'll meet Scotty Rieves Sometime. You never know. Well, keep in touch & I'm pretty sure I'll see ya at the beach sometime this summer.

Luv ya,
megan
call me
491-4197

If ya ever want to learn how to surf call me cause I think'd be pretty cool & I'd like to learn too.



While in Mexico with the Spanish club, students entertain one-another on a ferryboat ride.

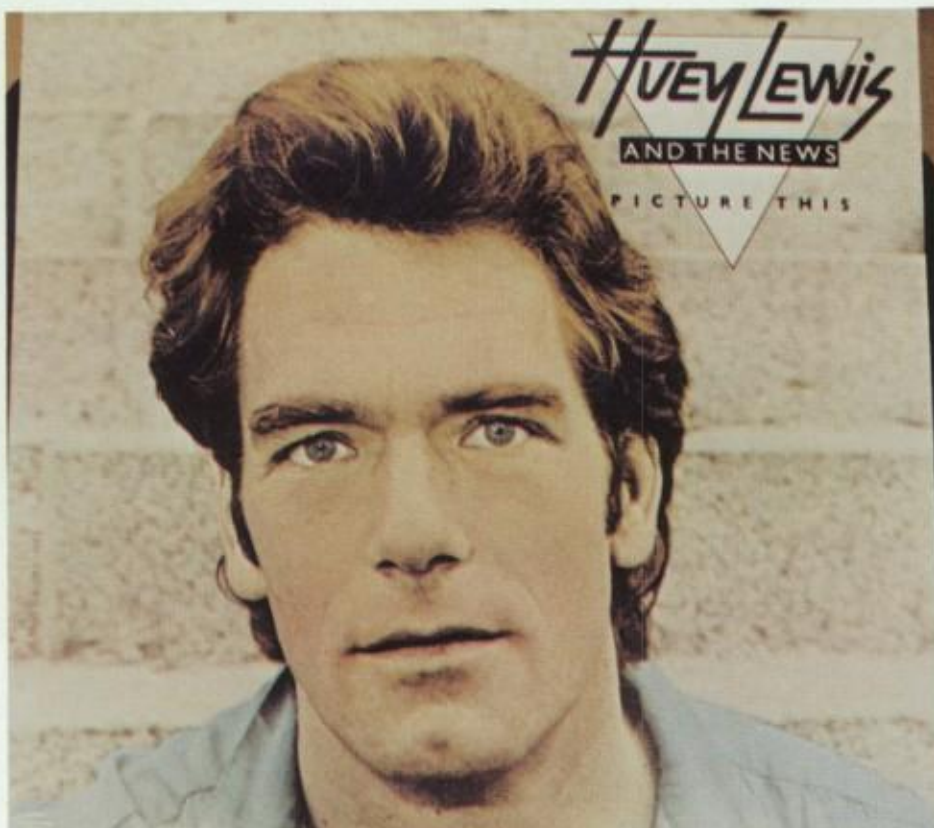
Flags adorning the Los Angeles sports arena demonstrate the spirit of the summer Olympic Games.





Picture being on a planet with three people who look like green and gold goblins such as Bob Buffington, Jim Youngblood, and Davey Johnson.

Imagine yourself as part of the women's Olympic volleyball team claiming the silver medal.



Huey Lewis and the News released an album whose title shared our ideas of the school year ... **Picture This!**

Shaping Tomorrow's World

We have met, strangers among strangers searching for meaning through people and experiences.

I cannot predict what will become of us, I only know what happens — will, because we have shared ourselves.

We can only give to each other what we need most — Love, shaping tomorrow's world and yesterday's memories.

Our friendship will not be erased by the passage of time.

You are a chapter in my life never to be experienced again.

I can see in you, the strength of mankind, the beauty of nature, and the love of God.

Today will be a pleasant memory tomorrow, because we have cared enough to give the only thing we have — Ourselves.

We are gathered here today to form a unit, to make a stronger and better tomorrow.

Senior Danny Genger, Tom Smith, and Tom McNicholas diligently try to figure out where to place a 2*4 on the senior class Homecoming float.



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Elizabeth Pate entertains Craig Sneed and Walt Moore over the summer during one of Walt's hot tub get togethers. Elizabeth's giddiness often makes her the center of attention.



A disastrous bedroom is the result of a typical high school student's life. This is also the cause of many parental headaches.



Scott Sanger dives over tree tops; he's ecstatic over the starting of a new school year.

STUDENT LIFE

Prom chaperones, Mr. And Mrs. Jenkins, enjoy the atmosphere and conversation.



Senior Susan Eckert SMILES APPROVINGLY AT HER DATE Bunny Curtis.



Claye Conkwright and Jeff Keeling mingle before stepping onto the dance floor.



Scotty Rieves and Squeege James take a break from their delicious dinner.



Arriving at Prom are couples Cindy Barker and Dave McGovern, and Alisia Ballew and Martin Smith.

"All Night Long", the theme for Prom was displayed on the 3 layer cake which was hardly touched after dinner.



Spiffy Doug Baxter models the latest Prom fashions featuring a top hat and cane.



ALL NIGHT LONG

Seniors Dance Until Dawn

Prom was held last year at the elegant Pavilion Towers near the beach. The location itself promised an exciting evening.

However, many seniors felt that the dinner should not have been included because the price of the tickets went up to \$48.00 per couple. Despite this fact, Senior Kim Howard wasn't upset by the increased cost. "The ticket was expensive, but when you consider that you're enjoying your last big high school fling, and dinner would have been \$50.00 by itself elsewhere, it really

wasn't that expensive." Souvenir glasses engraved with the school logo were also distributed (at no extra cost).

After dinner the band Sneak Preview warmed up and played the latest hits; including the Prom theme, Lionel Richie's "All Night Long". The dance floor, filled to capacity, didn't empty until the janitors showed up. The night of dancing and celebrating was a fitting end to the seniors' last year of high school.



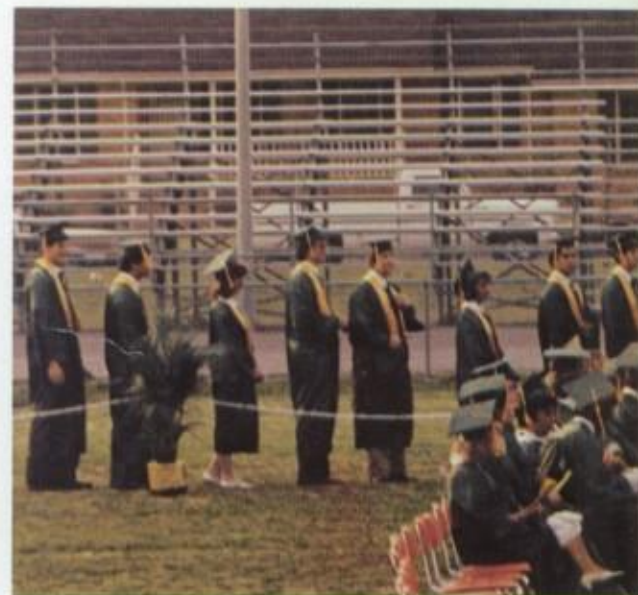
Seniors Eva Kapos and Bill Connolly begin their meal with a good smile.

Graduation speakers rise to honor the flag before the start of the graduation exercises.



Ron Smith and Missy Snyder return to their seats with diplomas in hand.

A long line of honor graduates patiently wait their turn to receive their diplomas.



HOW DO YOU SPELL RELIEF?

G-R-A-D-U-A-T-I-O-N

Marching to the tune of "Pomp and Circumstance" the class of 1984 orderly entered the football stadium which was overflowing with parents and relatives. After all of the graduates finally had been seated, they restlessly awaited the distribution of diplomas. Some of the seniors performed various antics as their restlessness was changed into the relief of having finally graduated.

Several days of graduation practice had preceded this glorious event in which seniors and junior marshals painstakingly went over the graduation march. "We had

plenty of practice," said marshal Hunter Tully. Amy Gallup, another marshal, added, "I was just hoping I wouldn't mess up."

When the planning had finally been carried out for real, the 300 plus graduates settled down and quietly listened to the guest speakers, Skip Wilkins and the valedictorian Chris O'Neal. Both spoke of the promising futures that the graduates had in store for them while also giving some helpful advice on how to handle the freedom.

When the speeches had ended some of the boredom in the air was relieved by the liveli-

ness of the diploma distribution. Many seniors yelled for joy while others slapped some high fives as they received their diplomas. Two well-known school comedians, Ted Yoder and Doug Baxter, were the special guests performing a two minute comic routine. Another comedian, Kurt Hassleman, paraded in a ridiculous Gumby outfit as he walked back to his seat.

In the end, the boredom and the waiting had been worth the while. Ron Smith expressed the feeling of most seniors when he said, "I was just glad it was over."



Students of the class of '84 anxiously await the start of the ceremony.



New graduates eagerly accept their diplomas from the principal Lottie B. Waters and the vice principal Dr. Karlen.

An empty platform and empty rows await the arrival of the near graduates and the administrators.



BOOKS, STICKERS, PICTURES

The Life of a Locker

Dear Diary,

Here I am; it's August 29, my last day of peace. Tomorrow a freshman, sophomore, junior or senior will move in. Ah, the agony of the first few days of school! I get stuffed with books, stuck with stickers, and taped with pictures.

But I really don't mind being a locker. I mean I hear the girls' gossip, the boys talking about sports, and I gain a true personality. Every year my personality changes depend-

ing, of course, on the occupant. I've been absolutely immaculate (with a very squeaky clean person); I've become a magazine (all those GQ and surfing pictures); and I've even become a bumper (so many stickers!). But the absolute worst year of my locker life was the year I wasn't even used.

Actually, being a locker is quite an unusual and exciting experience. It sure is better than being a person!!

Between classes Russell Fulford, David Andrews, Chris Pace, and Russell Ferris, use their lockers for socializing purposes.





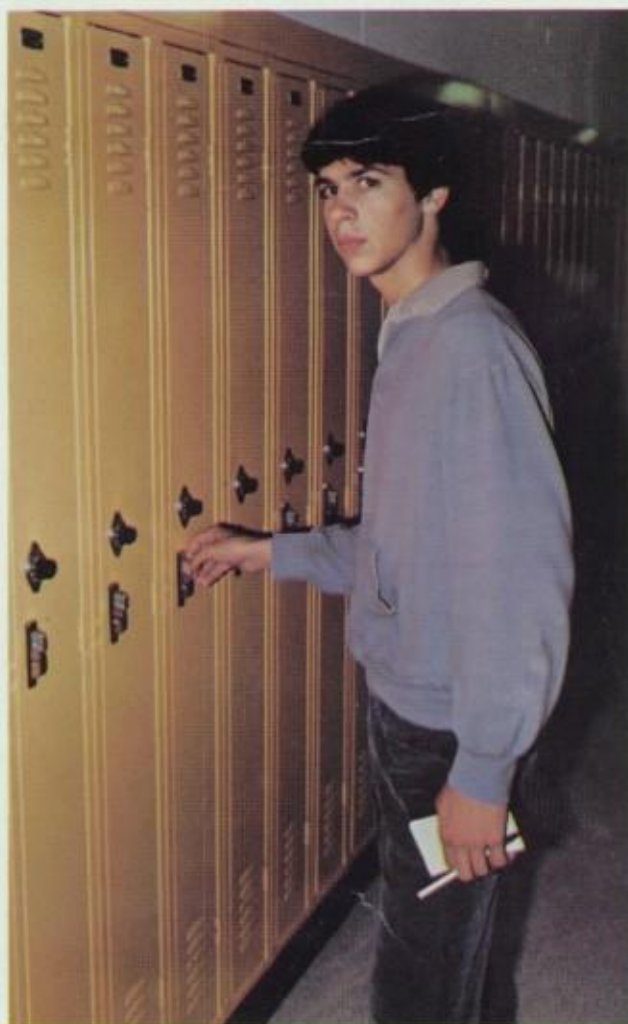
To brighten the dull school days, many students decorated their lockers with pictures, bumper stickers, and magazine ads.

After a long weekend, Kari Cubine tries to figure out her combination. She is not impressed by the neighboring freshmen who still know their combinations.



Very rarely can the lockers be seen not being used. This is one of those rare moments between classes.

Steve Loushi comes back to school after hours to get some books he has forgotten.



Freshman, Lance Orchid tries to find room for his math book while paper, pens, and other obstacles fall onto the floor.

what an -ss!

ALL HANDS ON DECK

Floatwork Begins With Flatbeds

On October 14, 1984 floatbuilding began. The sun shone and the flatbeds were ready to be transformed into nice, hopefully winning floats. Many students flocked out to the football field to build their floats for the various classes and clubs.

It was quite a change from last year when the floats were cancelled due to inclement weather. This year with much beautiful weather and lots of time for preparing, the competition was stiff. All four classes entered a float along with the Latin Club, German Club, French Club, Spanish Club, Key Club, and the Coquettes. The theme was "Sands of Time" and all of the floats were original and

colorful.

After the week of hammering, painting, cutting, stuffing, and building, the competition began. The winners were announced at half-time. They were: First place — German Club, and a tie for second place between the Junior class and the Latin Club.

The seniors broke a tradition by not winning, but Senior class vice president Tim Spillane, commented, "It wasn't bad losing because we knew that we had the best float out there."

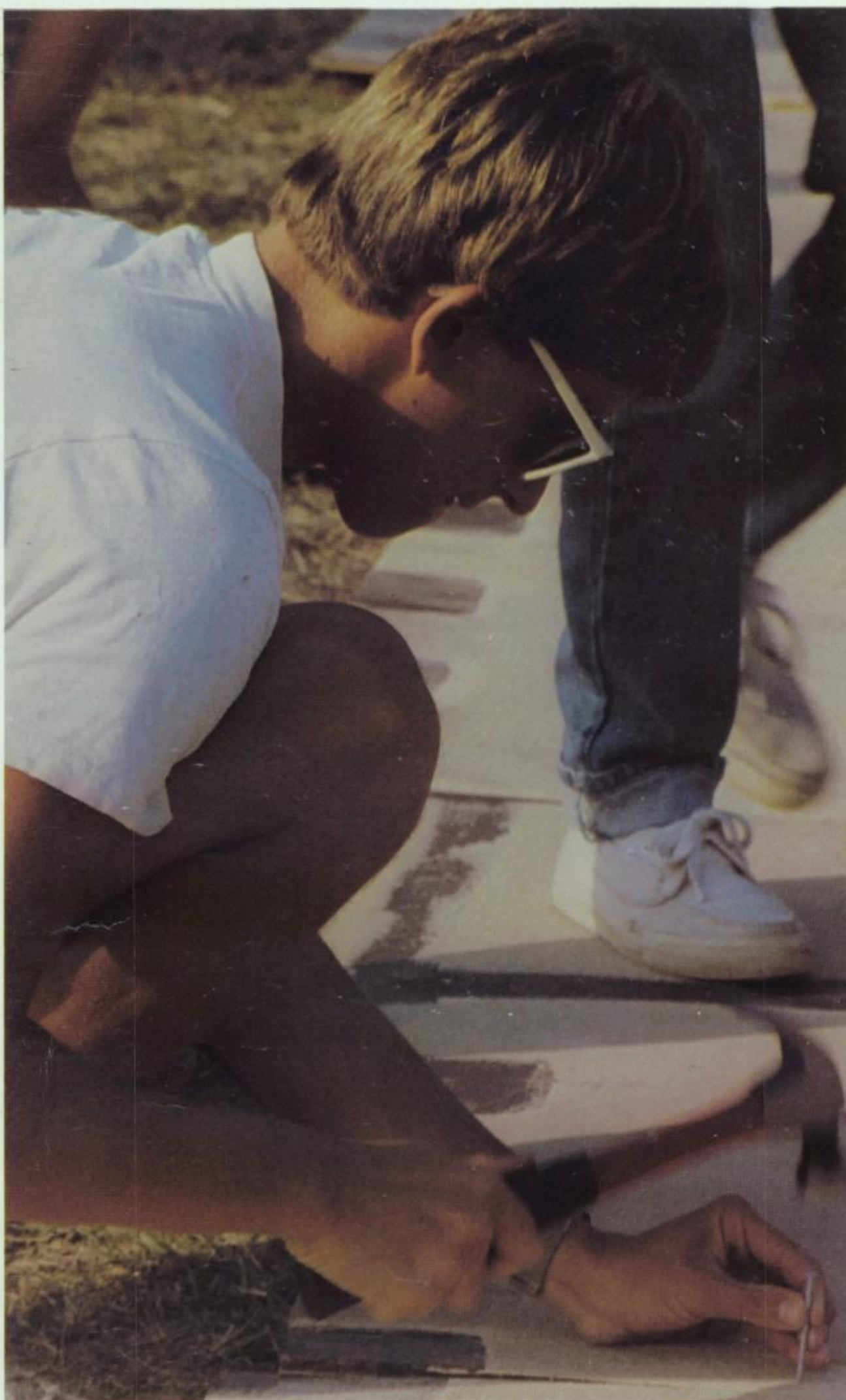
Although building took a lot of hard work and dedication, it seemed to have paid off.



Through the chicken wire, Laura Bentii stuffs the wave of the senior float with tissue paper.

Coquette sponsor, Mr. Smith, and Kari Brooke help out by cutting cardboard boxes.





Senior Tim Spillane enjoys nailing in the backdrop of his class float.

Working on the sophomore float, Kathy Glasse stuffs the hour glass.

Marguerite Docker stuffs the "Tempus Fugit" (times flies) into the Latin Club's second place float.





After being crowned queen, Kathy Grabinsky flashes a winning smile.

Last years queen Beverly Kidd crowns the 1984 Homecoming Queen Kathy Grabinsky.



The German club displays their first place float. This is the second year the German club has had a winning float.

Representative William Whitehurst acknowledges the crowd during the half-time festivities.

AND THE WINNER IS . . .



Senior Kim Kay and father Mr. Kay.



Senior Lisa Price and father Mr. Price.



Junior Sarah Wright and father Mr. Wright.



Junior Brooke Townsend and father Mr. Townsend.



Senior Nan Butler and father Mr. Butler.

Ms. Grabinsky

Another Miss America? You never know. Many girls dream of being Miss America, but the girls of Cox H.S. would settle for being chosen as the Homecoming Queen.

To start off the suspenseful ceremonies, all of the previously chosen attendants circled the field in a chauffeur driven car. They were then escorted onto the field by their fathers, donning formal gowns and tuxedos. After the girls took their respective places, a feeling of pride could be seen washing over the parents faces and a wave of silence stilled the air.

"Ms. Kathy Grabinsky" were the cutting words which lingered in the air as cameras flashed and hugs and flowers were exchanged.



The football players rejoice after a great offensive play against Kempville. The game ended in a tie of 7-7.



Senior Leslie Lowe and father Mr. Lowe.



Freshman Candy Marshall and father Mr. Marshall.



Freshman Kim Noble and father Mr. Noble.



Sophomore Lori Richey and brother Mr. Richey.



Sophomore Mandy Tavares and father Mr. Tavares.



Senior Tysha Theurer and father Mr. Theurer.

I Kim,
not know we're
associate but I guess
you're just gonna get in
trouble. Had fun in PE. in
H. Have a good summer!
Don't Party too much.

Kelly Olson

WORK! WORK! WORK!

Students Balance Work and School

Days can be tedious for one who balances both school work and a job, but many students still manage to do it.

Some positions people hold range from waitress to managers, sales persons to lifeguards, and receptionists to baggers. Many of these jobs may be boring, but some are a necessity. Some people work for extra money in addition

to the amount they receive from their parents. For others, the paycheck is all of the money they get. Many save most of the money they get for college, a new car, or clothes. Splurging is the case for others.

Hey, what are you doing lingering over the yearbook!?! You better rush to work.



Junior Paul Christoph looks thrilled as his supervisor watches over his work at a nearby Burger King.

Bagging on a Saturday morning at the local Farm Fresh Supermarket is Junior Susan Dennis.



Senior Don Dennis removes a cooked chicken from the grease pit at Pollards Chicken.



Getting caught in the act, Junior Ted Travelstead looks surprised as well as guilty while stocking merchandise at



Pantry Pride.



Junior Kim Dustin gets paid for a deep brown tan and keen eyes while lifeguarding at a nearby pool.

While preparing a hot fudge sundae, Michelle Ward looks tempted.

Seniors Leigh Smith, Kristal Beaird, and Robin Holmes travel back to the hippie era for "Sands of Time Day".

Underclassmen demonstrate their spirit at a cold fall football game.



LET'S HEAR IT . . .

For Falcon Spirit

Spirit Week started out with a bang on Monday, October 15, which was "College Day". There were many participants dressed in their favorite college attire, but the classiest of them all was Shelia Higgins.

Tuesday brought us "Twins Day". Chairman Leigh Smith said, "We chose Twins Day in hopes that more people would dress up; if they had a twin maybe they wouldn't feel so self-conscious." Well, Leigh got what she asked for; the halls were bombarded with twins. The winners, Deedra Jenkins and Carme Kiley, were voted "most identical" by all who saw them.

On Wednesday came tricycles, teddy bears, lollipops, and ponytails — "Little Kids Day," of course. Jenny Sullivan caught the judges' eyes and was voted as the winner.

In order for the Homecoming theme,

"Sands of Time," to be tied in with the festivities, Thursday was "Past, Present, Future Day." Everything from cavemen to hippies to future mothers were seen throughout the school. Matt Hayden excelled as a caveman; along with his dinosaur bone, he won the competition!

Everyone proved their school spirit on Friday, the traditional "Green and Gold Day." In his emerald green Falcon costume, Jay Sweeney was chosen the winner over the multitude of spirited people with green and gold faces, as well as hair. All of the winners received a gift certificate to Mother's Records and Tapes.

"We felt that Spirit Week was a great success this year, but we are glad it's over," said chairman Leann Cyphers.



The SCA room was invaded by hundreds of "little creatures" during the judging for "Little Kids Day".



Billy Wagner and Ronnie Potts demonstrate the "Blues Brothers" look on "Twins Day".

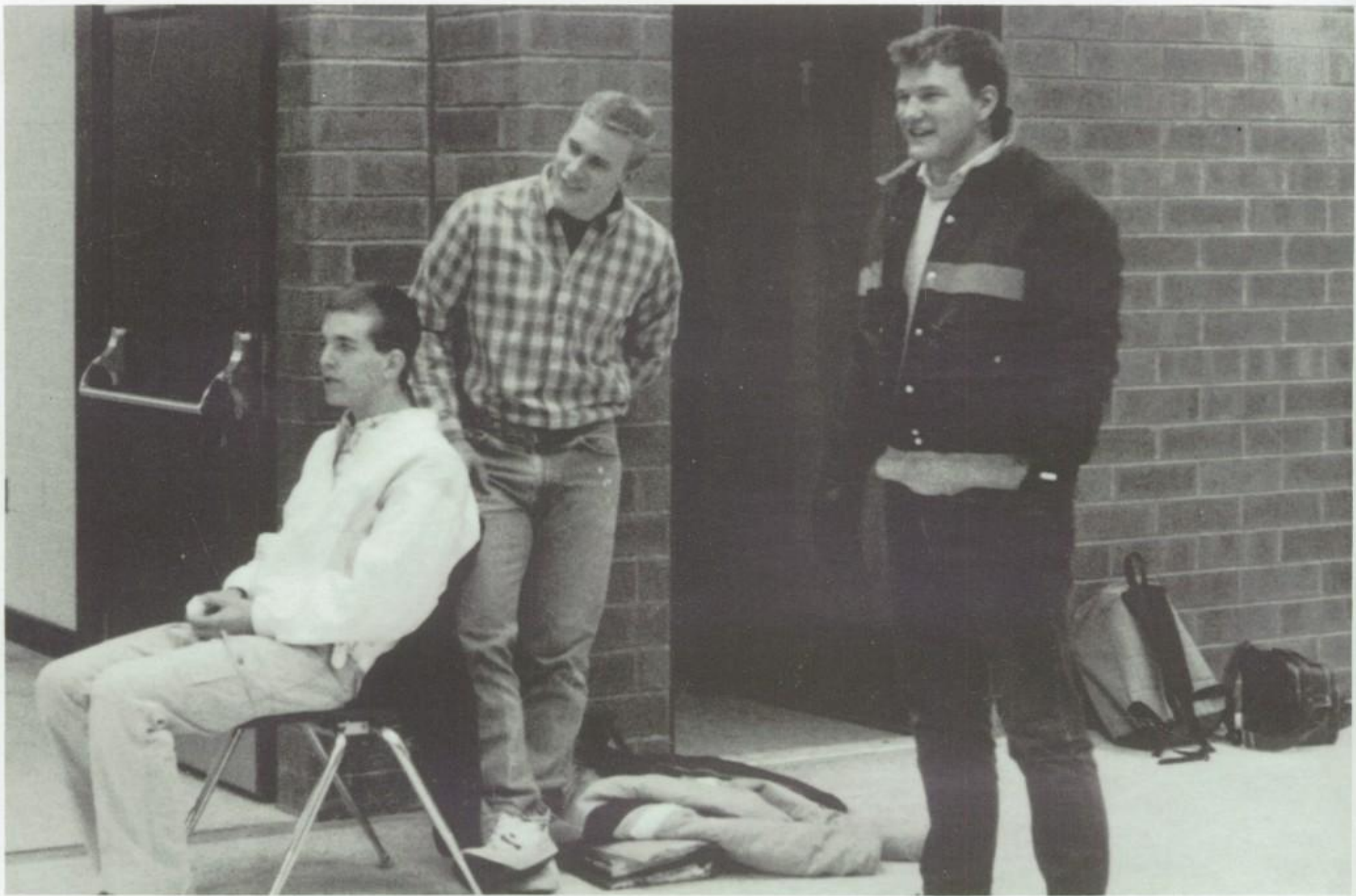
Woody Ballew and Pam Brien await their turn to be judged for "Little Kids Day".



Junior Sheila Higgins shows her spirit for both her high school and her favorite college, the University of Arkansas.



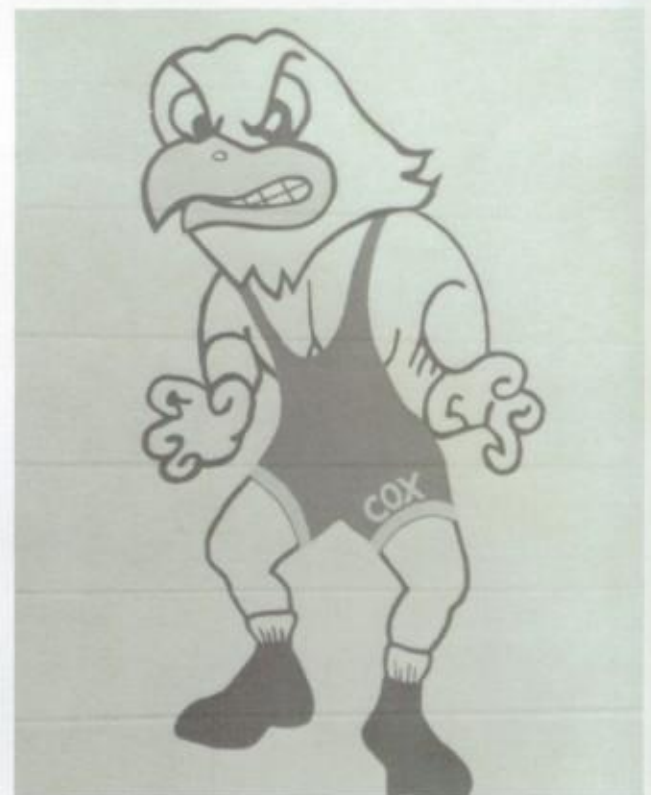
OUR CREW CUTS IT



Wrestlers David Andrews, Lew White, and Matt Marks model the new style of haircut.



Lenny Bano finds the shorter haircuts better for the tough workouts.



The Cox Wrestling Falcon seems to have longer hair than the wrestlers!

Cox Wrestler Get Psyched

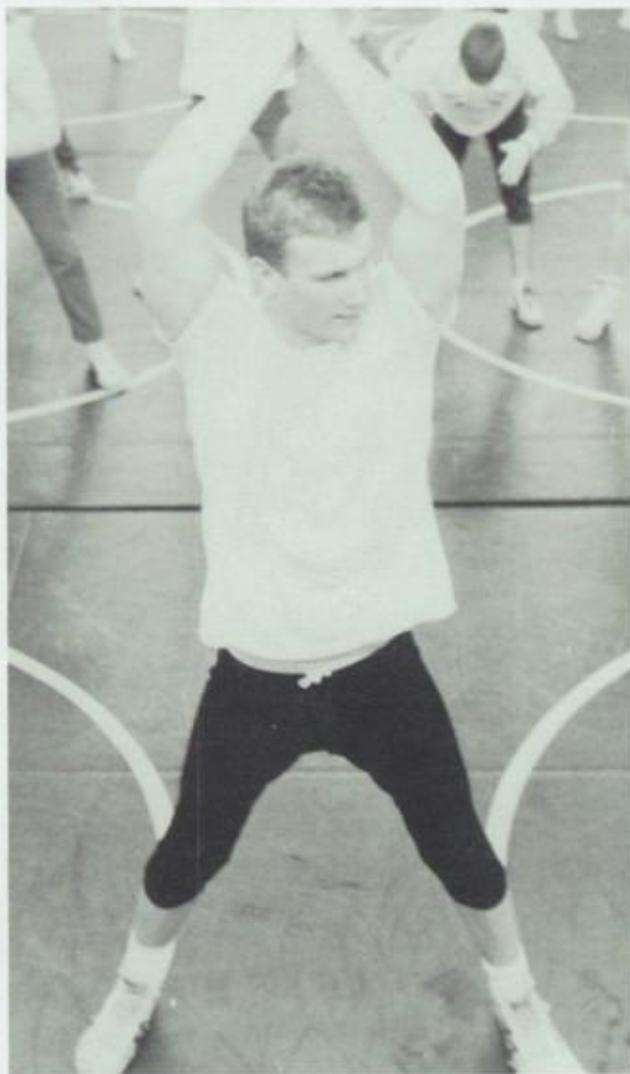
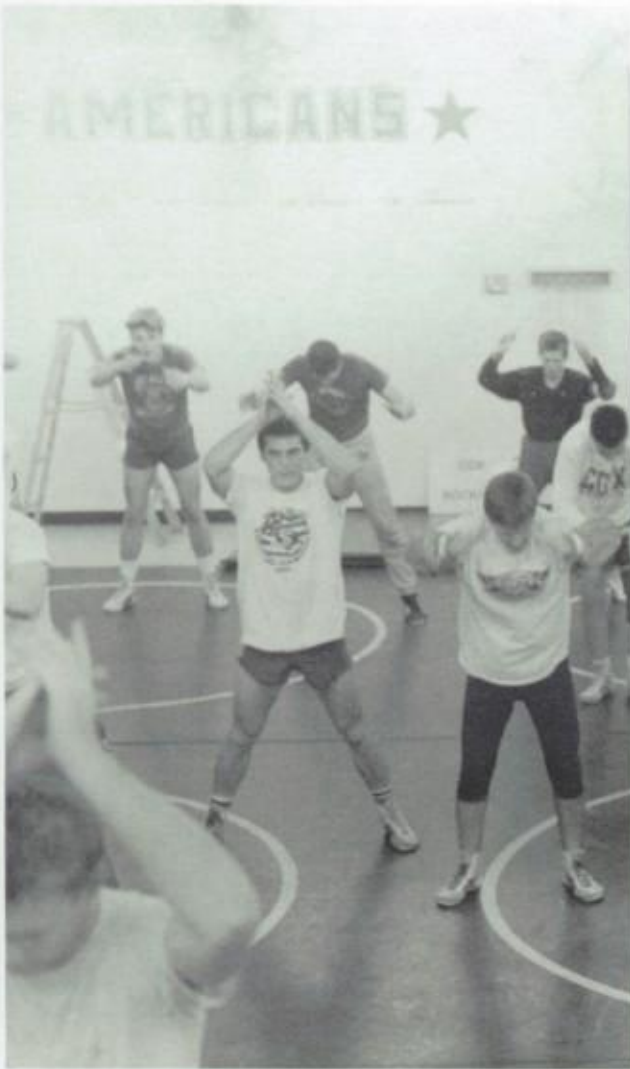
The defending State wrestling champions got together this year and devised a method of showing their unity — hair cuts. Not just any type of haircut, but crew cuts!

Mike Shepard, a manager for the team, was the inspiration for the “new” hairstyle.

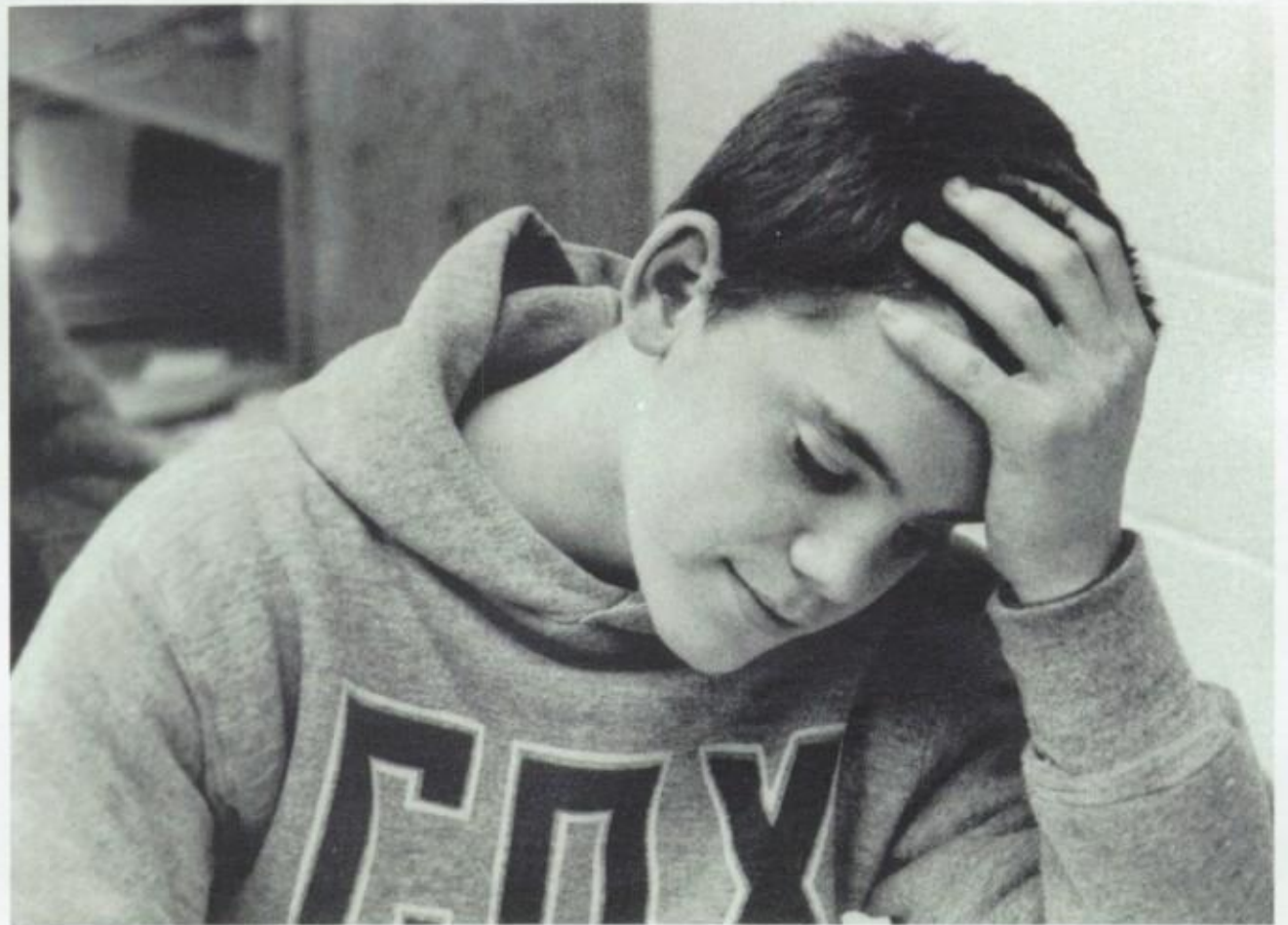
The haircuts not only showed the team’s unity, but it also got them psyched up to defend their title.

As one wrestler put it, “psychologically it gives us the upper hand in a match. Our opponents are taken back by everyone having their hair cut like this and it kind of gets us going even more.”

All of these wrestlers might appreciate the shorter haircuts!

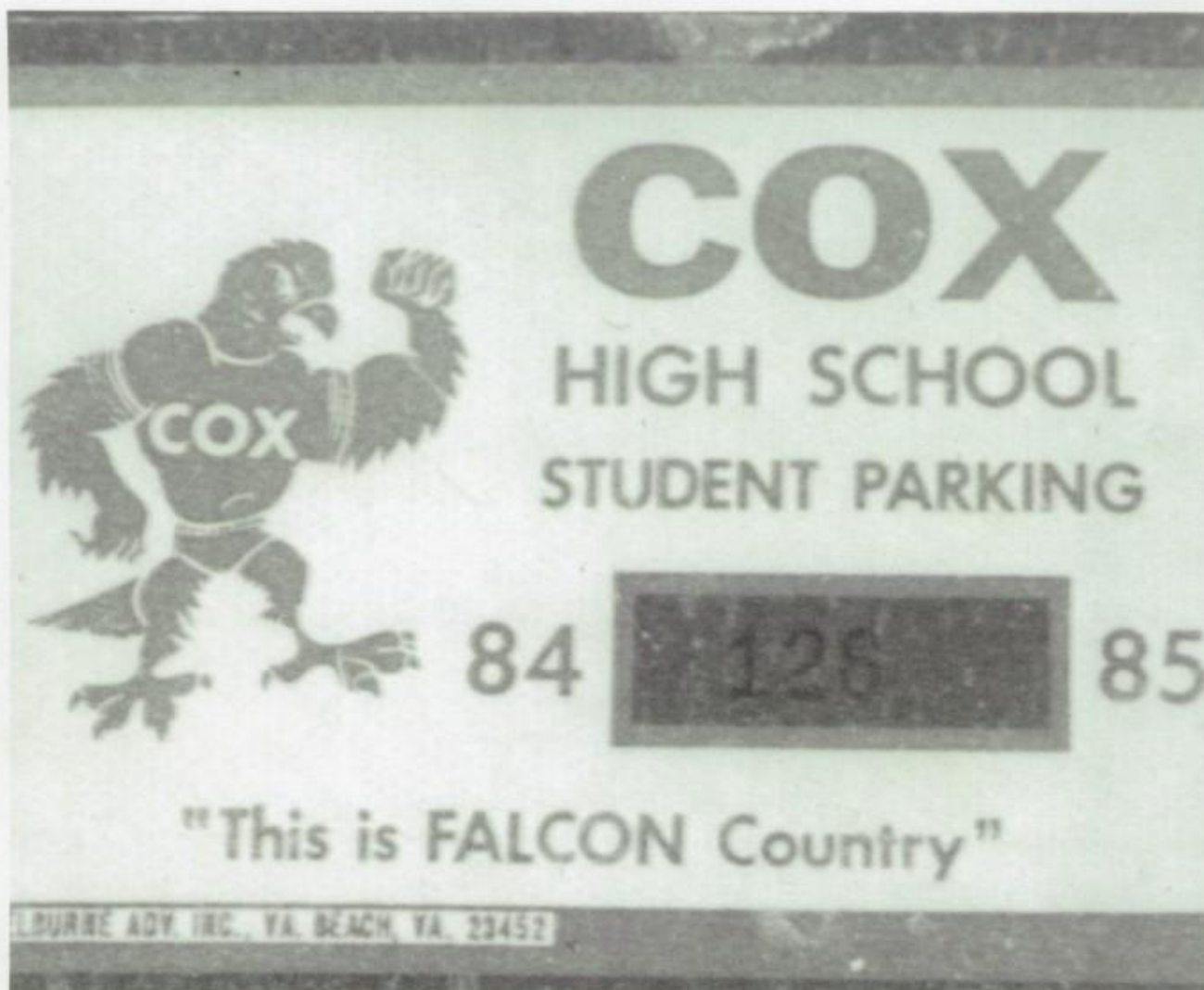


Top-ranked Billy Wagner may be able to attribute some of his success to the short hair.



Don't try to hide the haircut, John!

In a seemingly futile attempt to fight the oppressive heat, Holly Bivins makes use of her Computer Science homework to fan herself.



The emblem of seniority . . . seniors stick it to the juniors by claiming the majority of parking stickers.

Students who are unable to get parking stickers are "stuck" having to park along the street.

STICK TO IT

Students Cope With Inconvenience



Cindy Wilbricht suits up for cold weather.

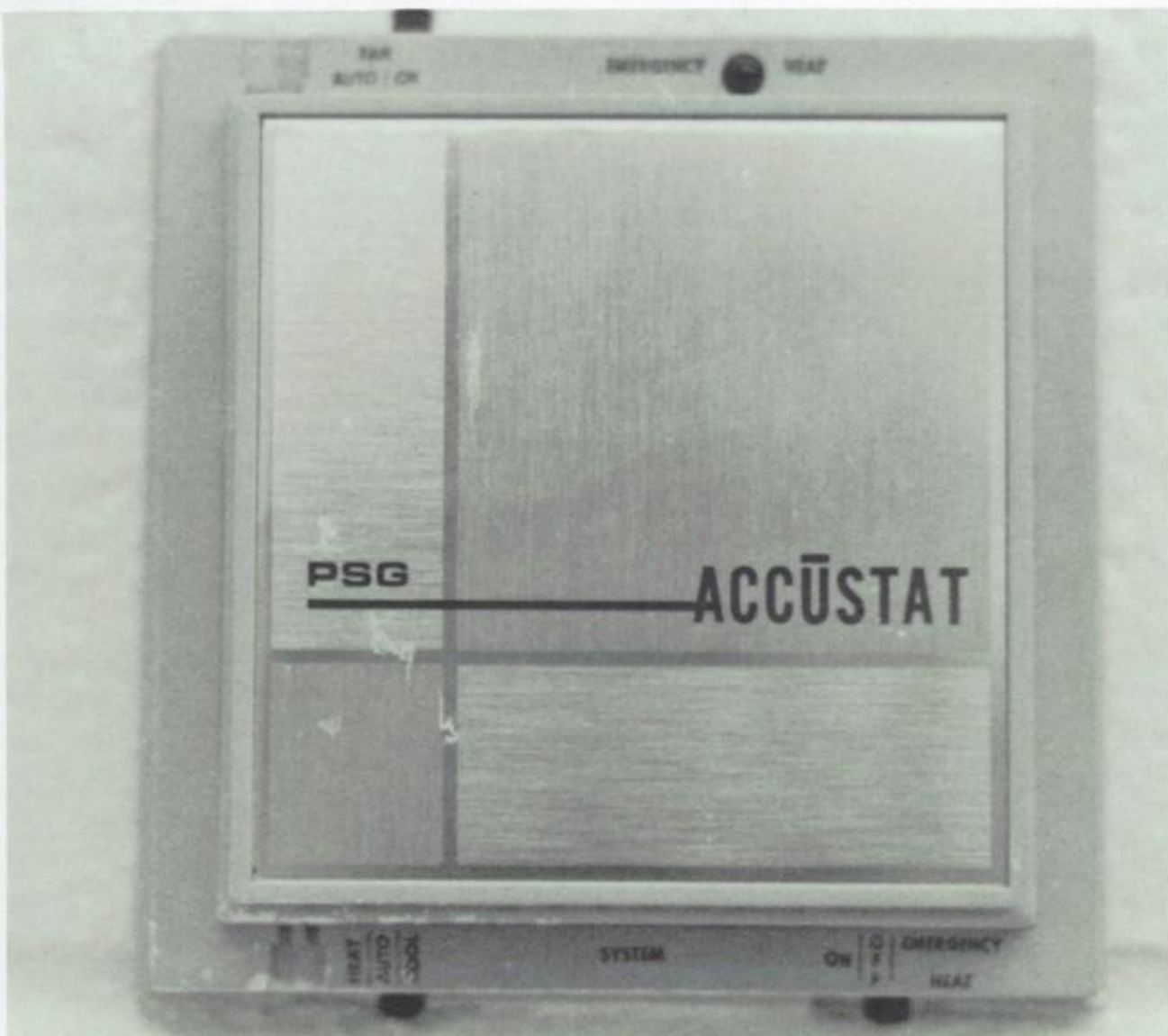
Students diligently filled out parking applications this year, hoping to be one of the lucky 200 people to receive a sticker. As any senior can tell you, if you don't have a sticker, you face some hardships: such as, the long hike from the street and the risk of receiving a ticket if you are forced to park in a tow-away zone. Many of the students felt that the parking areas should be first-come-first-served. As one junior put it, "Sometimes I have to park almost as far away from the school as I live."

This year, another uncomfortable situation was the extreme of temperature inside of the school. Although the new Cox has been in use for two years, many of the classrooms are improperly heated. In Mrs. Winslow's third bell, students were forced to wear their coats to class daily. However, in other areas of the schools, students claimed, "it was time to break out the Hawaiian Tropic," as temperatures soared to "unbelievable heights."

Due to the increase in the size of the freshman class, students faced overcrowded lunch bells. First and third lunches students encountered no difficulties. However, students in second and fourth lunch periods were unable to find adequate seating arrangements. Since the first half of one lunch coincided with the second half of first and third lunches.

For the senior class, 1985 brought many changes and inconveniences, but our seniors rose to the occasion and made 1984-85 a good year they'll never forget!

Fluctuating temperatures in the classroom were the source of heated debate.



FACING THE FUTURE

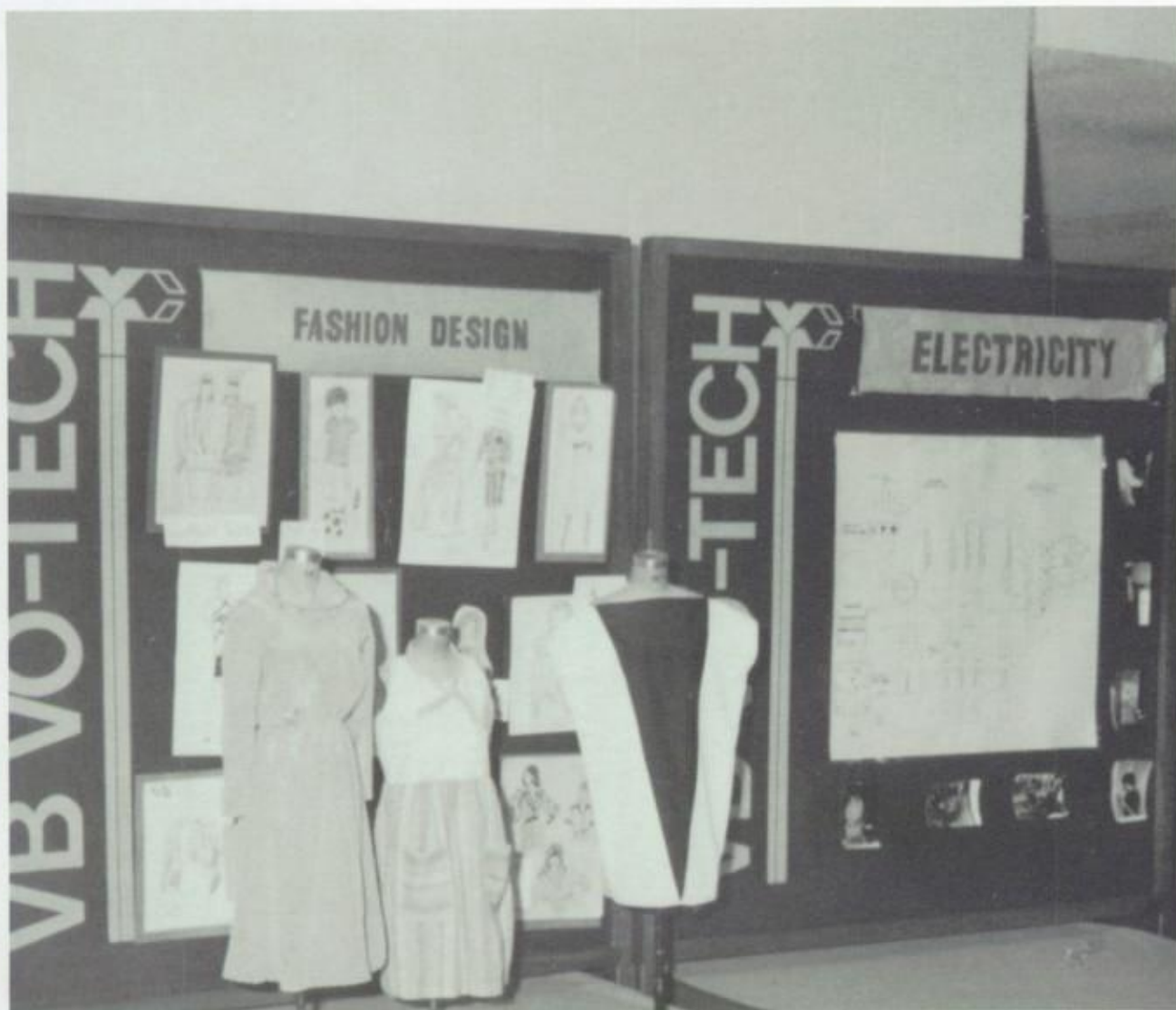


Annie Ruffin demonstrates her nursing ability by taking another student's blood pressure.

Cecil Leary works on a refrigeration system during class at Vo-Tech.



Vo-Tech Students Set Their Goals Early



While most students are pondering their future, some Cox students have already decided what they want to do after high school and have set out to attain their goals. Vo-Tech offers a wide range of courses that gives the students hands-on experience which allows them to develop skills that will enhance their opportunities for employment after graduation.

"I've always known that I wanted to be a cosmetologist and Vo-Tech has helped me to pursue this career" said Nona Skipper.

Attending Vo-Tech has meant spending much of the day away from Cox but as Kelly O'Neil stated, "Going to Vo-Tech has let me meet a lot of people from other schools who have the same interests as I do."

Vo-Tech simulates actual business conditions and gives students the opportunity to develop pride in workmanship and to learn leadership ability through employee-employer relationships.

Vo-Tech helps students to help themselves and gives them a keen knowledge of the business world.

Vo-Tech students exhibit what they have learned at Lynnhaven Mall during Vocational Education Week.



Amy Fox models the latest fashions for the Vo-Tech exhibition.

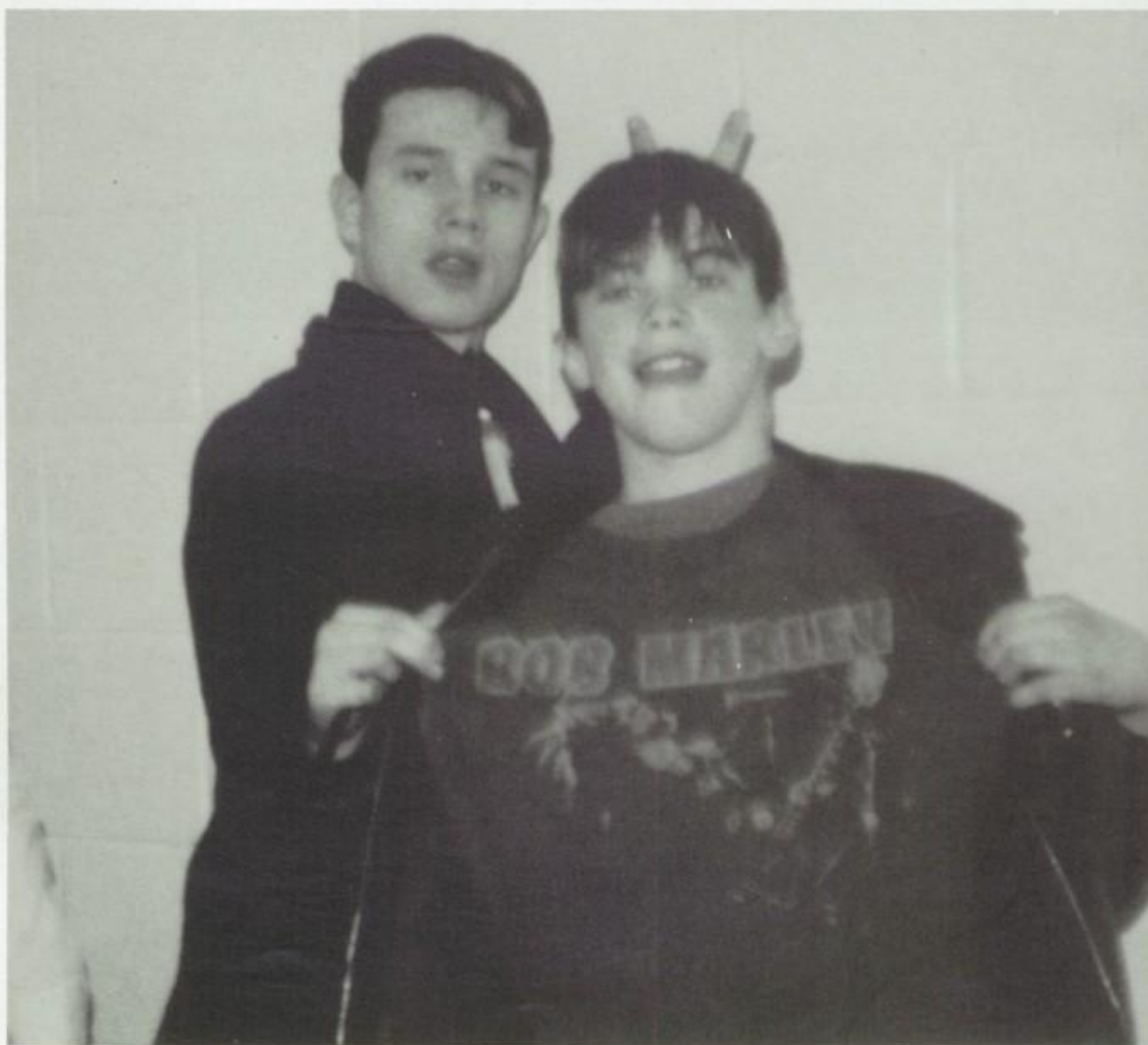
Computer programming is a popular course among Vo-Tech students as they plan for their career of the future.



Cox students like to be themselves and follow their own style, as illustrated here by Wendell Cosenza and Sally March.

Bill Kaiser and Boss Hog take pride in their own unique appearances.

Very Virginia Beach is a favorite fashion store of many Cox students.



FASHION PASSION

Stepping Out With Style



This school year has been one of enlightenment in the world of design. From bright, bold colors to wild outrageous outfits — anything goes. There are a lot of people in Cox that take pride in being up on the latest fashions. Students dress with flair and pizzazz; they are chic.

Topping off this year's fashion scene have been long johns underneath skirts, fluorescent shirts, socks, and headbands, and Forenza sweaters. The GQ look has remained prominent with the male population with denim jackets and patterned sweaters leading the way.

Hair has taken on a new look this year, also. Mousse has replaced the wet looking gels, and the "bob" became the most popular hairstyle for girls.

Different tastes and styles in fashion have provided Cox with a unique atmosphere and sense of individuality among the over 2000 students who attend the school.

Ivey Siau lets her fashion tastes express her individuality.



Wendy Word brightly-colored dress and long johns were a new style this year.

Patterned and Forenza sweaters were popular fashions of winter as modeled here by Liz Berry and Kim Kay.



Pam O'Camb poses for a picture on a snowy day at Seven Springs.

Frank Hollick shows his excellent skiing ability on the slopes of Wintergreen.



Struggling to retain his composure, Chris Engle maintains control on the icy slopes of Massanutten.



SEE 'EM SKI

Falcons Hit The Slopes



We had more than our share of snowy days and cold weather here on the coast. Nearby ski resorts experienced similar weather, but instead of closing as the schools did, the resorts profitted from the snow as many students from Cox headed for the slopes with a passion to ski.

It seemed that somebody was always going skiing. The thought of a fun-filled weekend in the snow sent many students to the office for prior approval forms.

Although the typical Cox student was anxious to hit the slopes, he retained good judgment when it came to dressing. His stocking cap fitted closely on his head to keep his ears warm, while a home knit scarf tightly surrounded his neck. The rest of his body was encased in a heavily insulated bright green jacket and golden trousers. Gloves molded closely to his hands and his boots felt like lead once they were on. With his long, slender skis over one shoulder and his poles in hand, he was ready to ski, ski, ski!

While skiing can be a lot of fun, as Geoff Griswald said, "It can be a dangerous sport. When you go around a corner and a person is standing there, you have no choice but to run them over."

The cost of a weekend in the mountains varied depending on where you went and how long you remained. The most popular resorts with Cox students were Snowshoe, Seven Springs, Massanutten, Wintergreen, and Silver Creek.

Scott Moran and Frank Hollick finish a run at Wintergreen.



Scott Moran shows his enthusiasm on the Young Life ski trip to Seven Springs.

Steve Zanetti "hits the slopes!"

The excitement of Christmas is evident in the faces of these Young Life participants as they enjoy the annual Christmas party.



The library's Christmas spirit shone through as they prepared for the holidays.

Kevin Kattwinkle displays the most up-to-date fashions at the Young Life Student Club Christmas celebration.

A large Scotch Pine in the front foyer added to the Cox Christmas cheer.



'TIS THE SEASON

Christmas at Cox



Late in December while temperatures were averaging 60°-65°, the hustle and bustle of Christmas overtook the corridors of Cox High School. The front foyer was decorated with vibrant green boughs of pine and red velvet ribbons. A large Christmas tree stood outside the auditorium and wreaths were hung on many office doors.

Finally, December 21st arrived! Students rushed from their 6th bell classes — ready to begin their long awaited vacation. That night a Christmas dance was held. The Phone Cops rocked the cafeteria until 12:00 a.m., with students dancing (and prancing?) to the beat.

January 2nd was soon upon us as sleepy students wandered to their first bell classes. As Kim Tamarez put it, "only three and a half more months 'til spring break!"

The General Office shows its Christmas cheer as students and faculty inside speak of their holiday plans.



A Cox student looks amazed as he walks into the "Winter Wonderland" created by his bus driver.

Banners were placed around the school to remind students of the upcoming dance.

TRADING PLACES

Each year, students our age come to America from foreign countries to study in Virginia Beach. Cox High School often hosts several students from foreign countries. Most recently, students have come from Spain, Germany, Switzerland, and Belgium. Being a student in a foreign country can be lots of fun. Ulrike Jakobi, a student from Flensburg, West Germany, is currently a junior here. "It was confusing at first — all the different bells and teachers," she says, "but I made good friends and they help me out."

Foreign students get the unique opportunity to experience life in a different country and interact with people of other cultures. It broadens their horizons and gives them a new outlook on people all around the world. Says junior Andrina Tavenner, who lived in Bavaria, West Germany for six months and attended a German school there, "It's the opportunity of a lifetime."

Ulrike Jakobi enjoys life in the United States; however, she often misses her German homeland.

Asa Nilsson has trouble adjusting to American customs.



Foreign Students at Cox



Asa Nilsson and Luis Pintos wave American flags to display thier enthusiasm for their new-found home.



Chris Jakobi, like his sister Ulrike, has made special efforts to adapt to the role of the American student.

SHINE ON

Students' Talents Sparkle

Look around at the faces you see everyday in school. Would you believe that some of the people behind those faces have extraordinary talents? No?

Well, if you look more closely at people like Evan Sadler, Amy Gallup, Lee Clark, and Amy Wilkins, you'll see examples of these impressive abilities. These are people who have worked most of their lives to achieve goals set early in their lives. At this point in their lives, they are beginning to receive awards and recognition for their skills and performances.

Senior Evan Sadler, after many long years of practice and training, is now a successful video tape director and producer. Many students were fortunate enough to have the opportunity to view Evan's production, *The Hit*. Evan not only directed and edited the tape, but he also created the story's script. Evan's original productions are now receiving recognition all over the world. Not only have his tapes been featured on local television, but they have also received rewards and honors in national and international competitions. Don't be surprised if you soon read Evan Sadler's name in the credits of a hit movie!

Amy Gallup and Lee Clark are also two popular students who hold special talents. Unlike Evan, Amy and

Lee test their skills at the keys of a piano. Musical success requires many years of intense study and long hours of practice, yet the hard work doesn't seem to bother either Lee or Amy. As Amy Gallup said, "I don't mind the hard work involved. I consider the piano a challenge, and my accomplishments give me a personal satisfaction."

With success often comes labor, as Amy or Lee could prove by their vigorous schedules. In between practices and music lessons, Amy finds time to play in special performances and recitals, while Lee finds time to teach piano lessons, himself.

Junior Amy Wilkins expresses her artistry in dance. Having danced since age two, Amy teaches younger students in her spare time. Amy herself does toe (ballet), jazz, and tap dancing. She also puts a great deal of time and effort into being a winter cheerleader here at the school.

Evan Sadler, Amy Gallup, Lee Clark, and Amy Wilkins are good examples of the talented students who inhabit our classrooms and halls. Next time you pass another unfamiliar face on the way to your locker, stop for a moment and wonder. Who knows? Most likely that student hides a special talent, too.

Amy Gallup performs a selection from Bach at a spring recital.

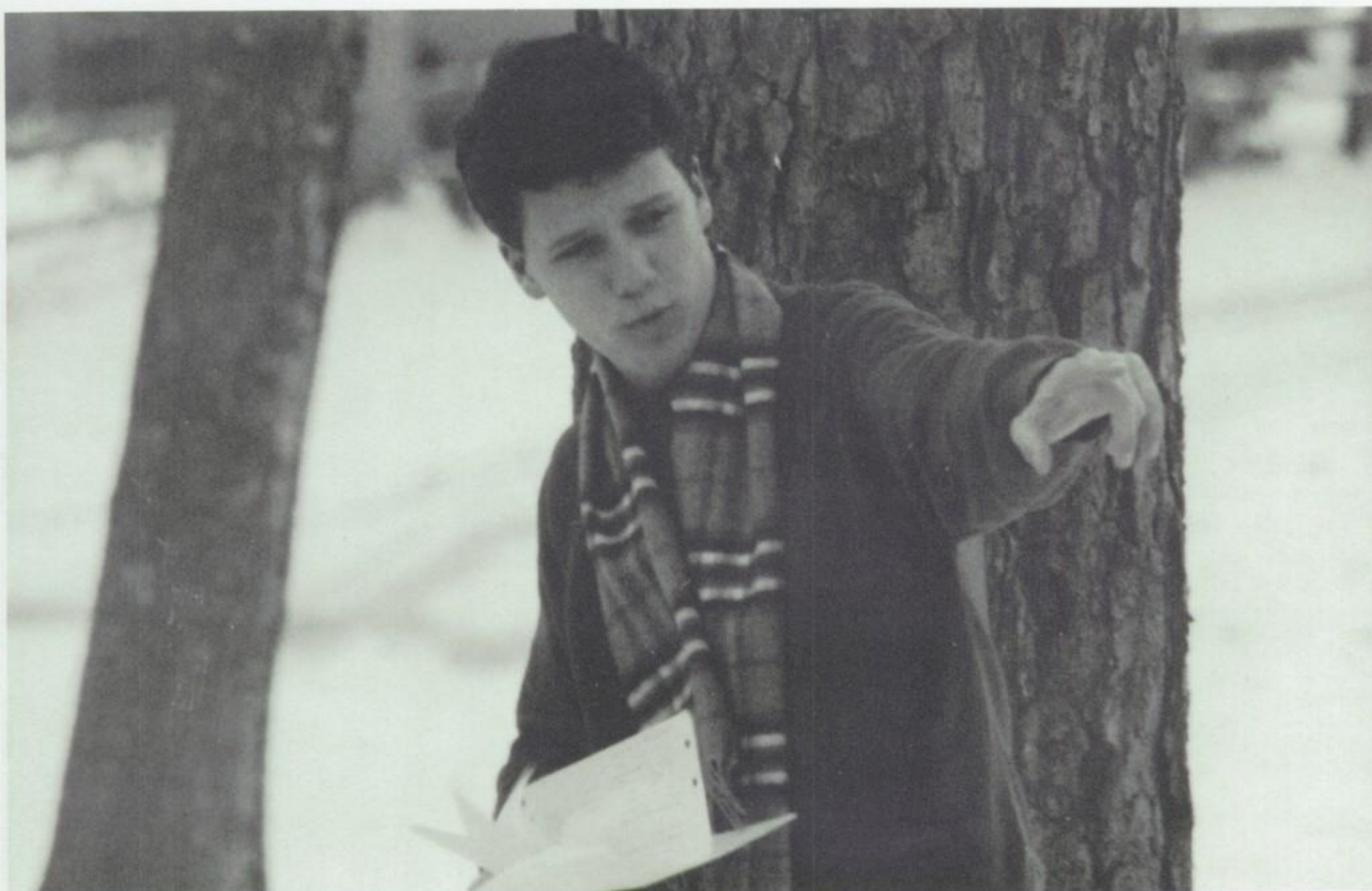


Amy excels as a skilled dancer, as well as a spirited cheerleader.



Amy Wilkins, a promising prima ballerina at the age of two.

Evan Sadler takes prudent measures to insure that everything is perfect before filming.



Lee Clark shares his talent with the audience at the 1984 Talent Show.



Evan works year round on new productions. He hopes his work will help him in his future career.

SHOWING OFF

Shoeshine Boys Break Their Way To The Top

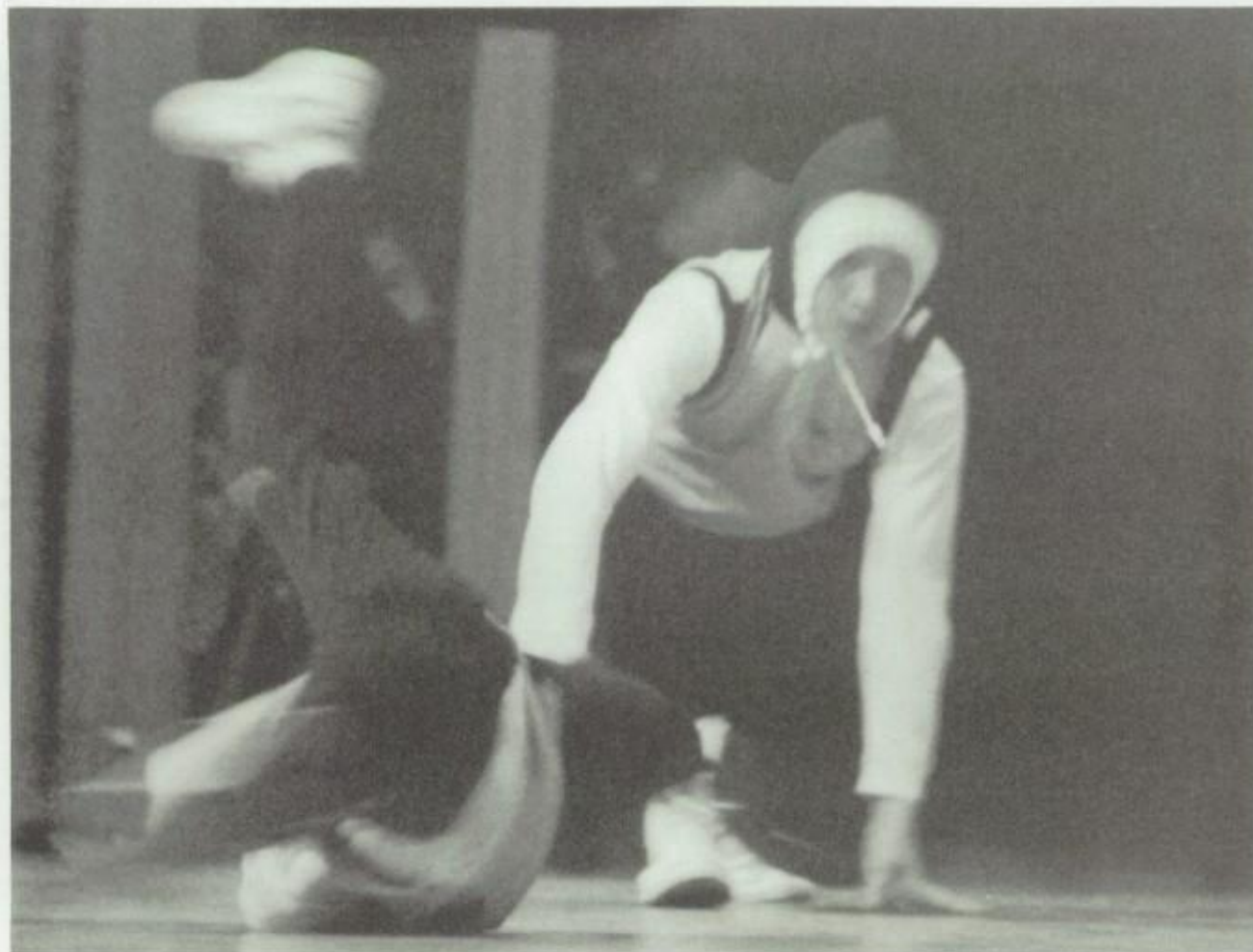
Dedication and hard work made the second annual talent show a huge success. The program, sponsored by the Junior class, was emceed by Ron Copeland and Ted Travelstead who entertained the audience between acts with their jokes and comedy.

Dr. Karlan, Mr. Griffith, Mrs. Greer, and Mr. Venture judged each act and made the final decision on who the winners would be. "I was surprised at how well everyone did," said Laura Bentii. But, as the saying goes, "there can only be one winner." When the votes were tallied, the first place winner, who won \$25, was the Shoeshine Boys. They performed a Break Dance routine that left the audience asking "how do they do that?"

Laura Haynie and Jeff Ames won second place and fifteen dollars with their duet, "More Than Wonderful," written by Sandy Patty. Ten dollars was awarded to Chris Shellhammer and Rob Godac who performed difficult bike stunts that have required years of practice.

The show gave students the opportunity to expose their talents and to compete with fellow students. Overall, the talent show was fun for both those who were in it and for those who chose to watch.

Laura Haynie and Jeff Ames capture the judges attention with their singing ability.



The Shoeshine Boys perform their "break dance" routine that won them first place at the talent show.

Turning a cartwheel, Leito shows his strength, rhythm, and agility.





Chris Shellhammer, the third place winner, performs a daring kickout over the orchestra pit.

Ron Copeland and Ted Travelstead pass away the time between acts with jokes that keep the audience laughing.



Cheryl Rector displays emotion with a touching melody.

The Cox Jazz Quartet keeps things lively with their version of the "Entertainer."





Rick George, Susan McClellan, Tom Boothe, and Spencer Moore enjoy a pizza dinner at Ferro's.



Seniors Jennifer Clarke and Margy Barden show off their friendship in front of the camera.

Juniors Jenni Davies and Roni Myers are seen together often. Here they are seen on a brisk November afternoon on the boardwalk.



Best friends Kara Kinley and Sandy Parker ham it up one night at dinner.



TOGETHER FOREVER

What Would We Do Without Friends?

Many students would feel lost without their best friends to help them through their rigorous school day.

"My best friend's always there to talk to, through the good times and the bad," said Sandy Parker. Friends help you to grow and express your individuality without being embarrassed or ridiculed. That is one of the most important aspects of having a best friend.

Many people remain friends for the rest of

their lives while others lose touch when it comes time for college.

"My friend and I will be best friends forever, I'm sure of it," said Pam Ocamb.

Many people feel they will be friends forever, but what they don't realize is that people change and, unfortunately, grow apart. We can only hope that our friendships will last and the relationships continue growing.



Juniors Susan Wood and Kelly Wilson celebrate their softball team's victory together.



Dwayne and Wayne McNeal are not only brothers, but also the best of friends.

This lone skateboarder faces the "agony of defeat" after failing to complete a difficult maneuver.

Gary Thomas, the 3rd best Boogey Boarder in the world, catches a wave in Hawaii.



Bill Emorick displays his skateboarding talent while performing an aerial.



CATCHING IT

WHEELS AND Waves



"Uh Oh, here he comes again! I should have known when Joe Foulkes announced on the TV that Tropical Storm Helen is on its way. 'Like killer waves today,' he says as he straps me to the roof of his broken down Chevette. He doesn't have to ride all the way down to Virginia Beach on top of a car. What does he care if I get chapped fins from all that wind?!!! Worst of all, once we get there, I get thrown into the freezing cold water — Spring, Summer, Winter, and Fall. How come I never get a vacation? All year I put up with some kid sitting or standing on me for hours at a time. And I might as well hang it up if Super Surfer sees some little girl in a bikini on the beach, there's no way it'll be a quick ride then. I'll be out there all day helping HIM get noticed! After all that work I do, I'll get stuck in the corner of his room while he takes out Miss Bikini 1985! I'll tell ya — Surfboards get no respect!!!!!!!!!!"

Mike Jones does a "Grind" while skateboarding with his friends over the summer.



Blake Whitney and Gary Thomas enjoy a day of sun and surf while visiting the Hawaiian islands.

Gary Thomas practices his technique on a Hawaiian wave.

Martha Duke, Debbie Anderson, Frank Hollick, and Stephanie Dodson get pizza at Ferro's after Young Life.

Young Life participants show their diversity over the summer at camp Windy Gap.



YOUNG & LIVELY

"Wednesday nights just wouldn't be the same without it." That's how one student described Young Life. With a dual emphasis on fun and faith, many found Young Life a place to meet new friends, consider the Christian perspective, and experience some zaniness.

The year began with "Ferro's Falcon Feast". Weekly meetings were held in houses throughout the area. Kevin Kattwinkel and Marylou Abretski led the sessions on singing and fun. As the spring approached, the Young Life participants looked forward to a week-long experience at Windy Gap, their resort camp in North Carolina, advertised as "the greatest week of your life."

Fun. Fast-paced. Crazy. That's the kind of year it's been for Young Life. Through a friendly and informal setting, Young Life sought to celebrate being both young and alive, including a look at what's really important in life. And who can ever forget — "And now it's time for the . . . Famous-Young-Life-Minutes!"

Kevin Kattwinkel gives Young Life a treat by providing the entertainment for the evening.



Singing and fun made Young Life one of the most popular clubs at Cox. Marylou Abretski shows off her talent at the

Halloween meeting.



Wednesdays Are For Young Life



David Johnson shows a bit of comic relief during a Young Life skit.

Fast-paced and a little bit zany, Young Life celebrates Halloween with an all out costume party.

AN AFFAIR OF THE HEART



Carrie Monger takes time out to sample a candigram with her friend Denise Mickelson in the spirit of St. Valentine's Day.

What We Did For Love

Midway into the month of February When you heard the words "Be Mine," When love could be found almost everywhere, There came the day of Saint Valentine.

This particular year at Cox High School Meant dollars and great expectations, For the Freshman Class and FHA Who planned sales of candigrams and carnations.

For weeks before this joyous occasion, The announcements passed the news, "Get candigrams for your loved ones And get them flowers of different hues!"

While advertising for FHA's flowers, They said red was linked to love, And pink had hints of friendliness; "Let's get close" for the color of a dove.

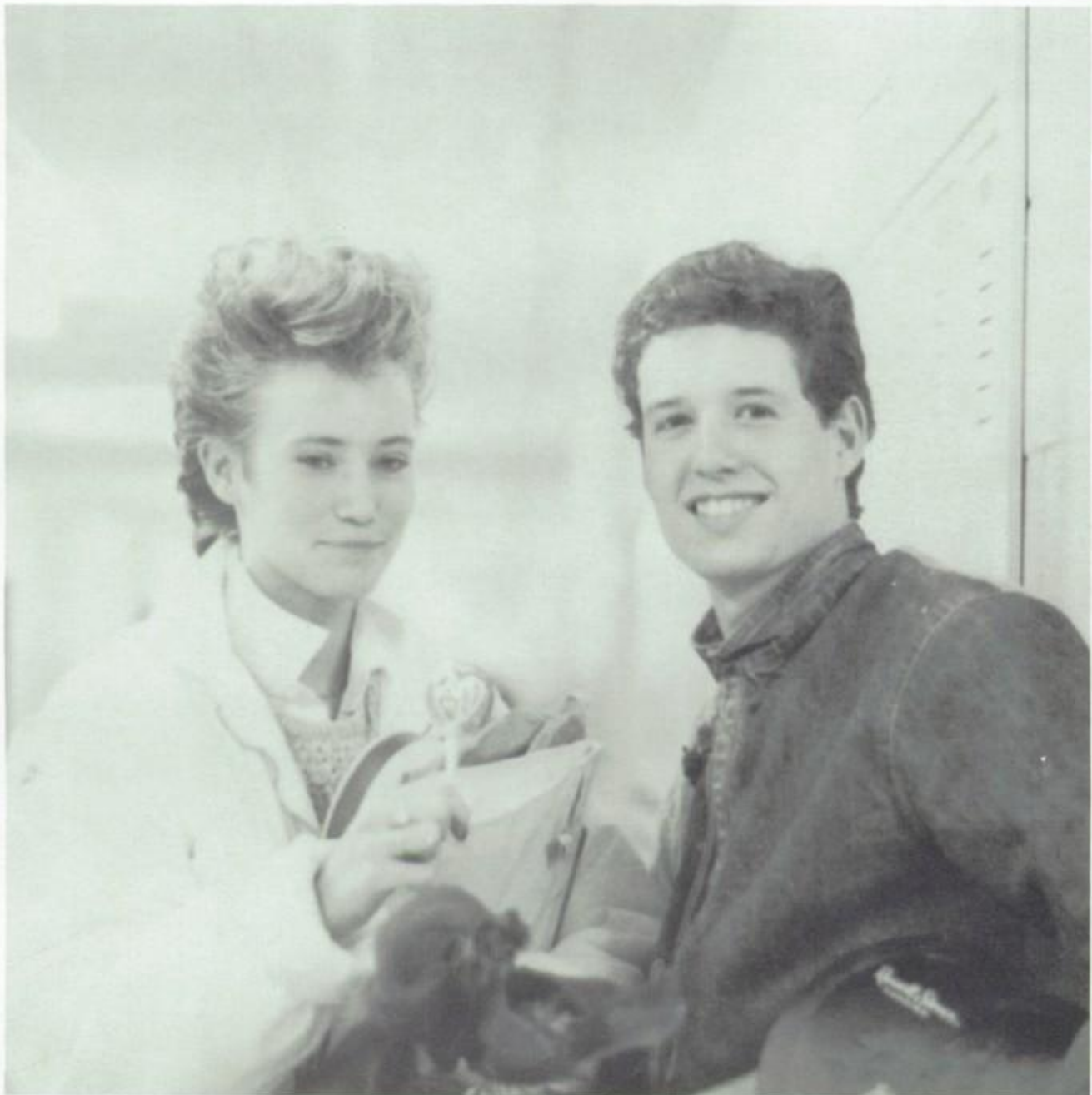
Finally, after all the orders had been taken, And after the sales had come to a close, For some the special day arrived While some had questions to pose.

"Why didn't I receive a gift?" Their faces seemed to say, But the happiness of others Seemed to make everything okay.

And so Valentine's Day had come And gone with joy and pain. Yet, undoubtedly within all involved, There was a hope for it to come again.

— Tom Smith, '85

Lisa Hanzl shares her day with her very special Valentine Jeff Vogt.



Red roses, a symbol of love, decorated Miss Harris' English desk.

Julie Moore received many gifts from her special valentine.

Monotonous Monday: Ashley Bailey struggles through it!

DON'T SPEAK TO ME!



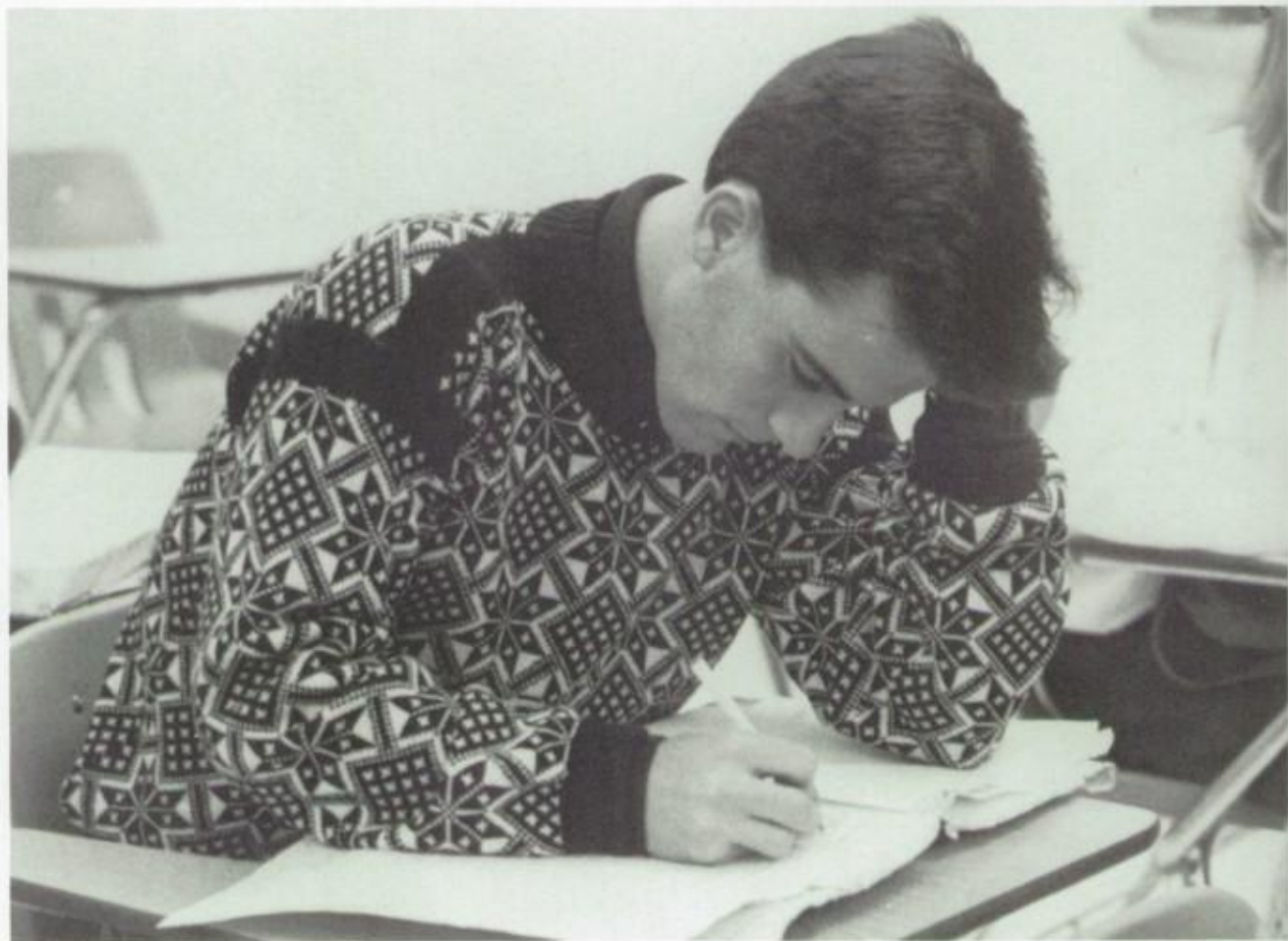
GOD, GET ME THROUGH THIS DAY!



LIFE SLOWLY SEEPS
BACK INTO MY BOD ...



Testy Tuesday: Clarke Hume labors on a difficult English test.



Wednesday ... The Peak of the Week: Students are attentive and diligent in their studies.

WORK WEEK!

Now I lay me down to study,
I pray the Lord I won't go nutty.
If I should fail to learn this junk,
I pray the Lord I will not flunk.
But if I do, don't shed a tear,
Just put a rose behind my ear.
Tell my teacher I did my best.
Then pile my books upon my chest.
If I should die before I wake,
That's one less test I'll have to take.



Thursday ... Sliding Into the Weekend: Andy Franklin is getting ready for Friday!



Finally Friday! The Weekend at last!!!



SUPERIOR SENIORS

Superlatives Shine

Once again this year, the seniors voted on their favorites for the categories of Senior Superlatives. Despite a low number of votes, the choices were very well-made. When told that he had been chosen Best All Around, Chip Dustin said with a shocked expression, "Wow! I'm really Honored. I can't believe it!" Leigh Smith commented on being voted Most Fun to be Around, saying, "It makes me feel really special that my classmates felt that way about me. I'm really surprised though." Who knows what these special seniors will be like at the ten-year reunion? Surely then we'll realize that the whole Class of 1985 is Best All Around!

Friendliest — Tysha Theurer and Lee Clark



Most Involved — Lisa Mathews and David Eun



Best Looking — Kathy Grabinsky and Mark Engel



Rowdiest — Carolyn Willandt and Rick George

Most Laid Back — Beth Dunton and Chris Psace



Most Academic — Amy Gallup and Tom Smith



Most Fun to be Around — Leigh Smith and David Andrews



Most Naive or Gullible — Margy Barden and Frank Holik



Most Sophisticated — Kim Fitzgerald and David Hernandez

Best All Around — Leslie Lowe and Chip Dustin



Class Clowns — Karen Mayo and Matt Marks

Most Athletic — Stephanie Shupe and Lew White

"If you ever hope to be somebody,
Be yourself —
And then make yourself to be the
best somebody your potential will allow."

Many students often wonder what makes one person liked so much more than someone else. This can be related to peer pressure and what some people do just for the sake of being popular. Freshman Ricky Engel commented, "I just like to be myself. If someone likes me for who I am, then I'm glad. If they don't like me because I won't do everything they want me to do, then that's all right too." Ricky's comment seems to be the opinion of many students nowadays. Peer pressure is not that big of a deal. Everyone is striving to be an individual. And it is through this search for individuality that the diversity of students emerges.

Spirited freshmen, sophomores, and juniors huddle together on a cold November evening to lend their support to the football team. Due to their unwavering support, the football team tied Kempsville 7-7.



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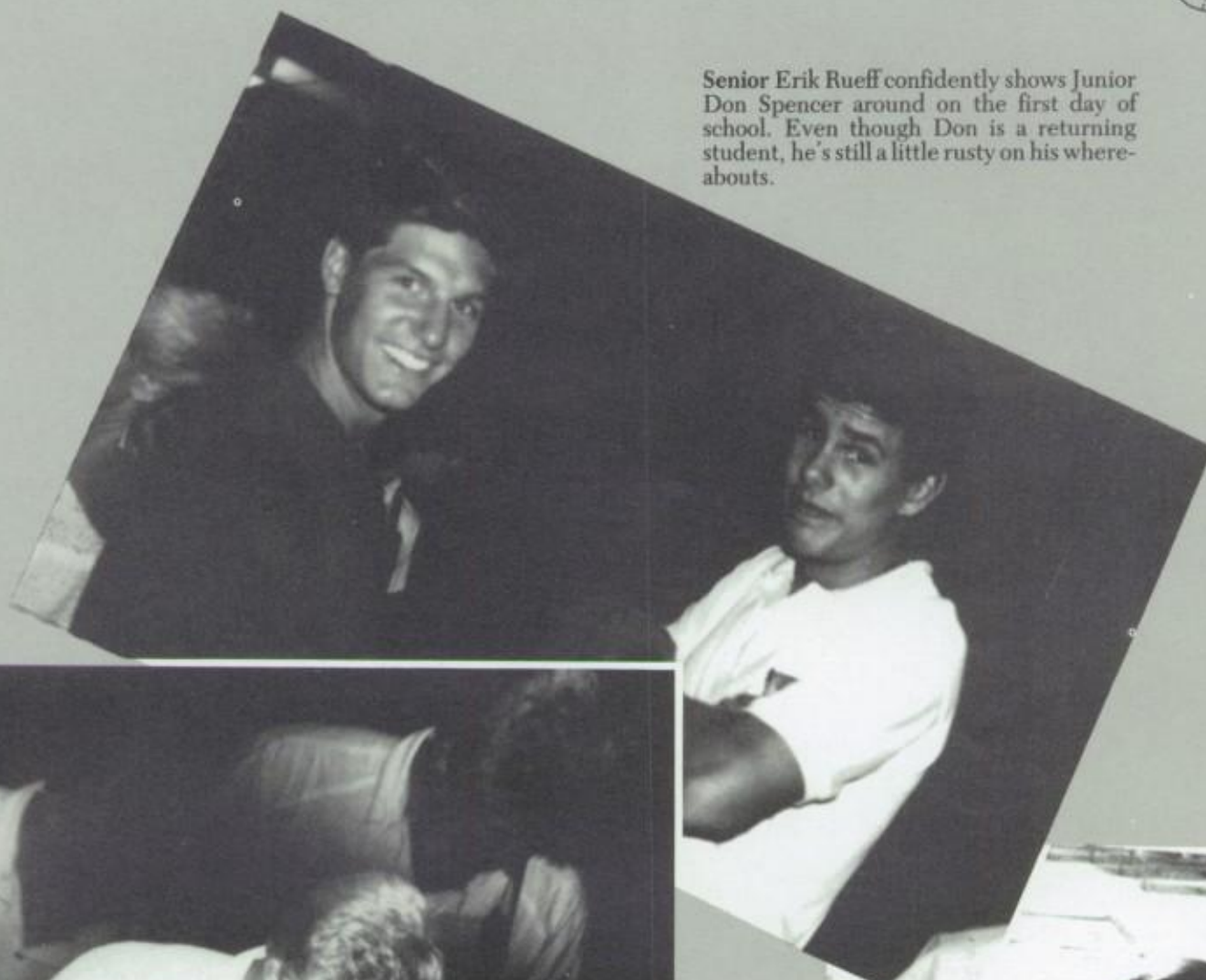
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Stepping Ahead



Senior Erik Rueff confidently shows Junior Don Spencer around on the first day of school. Even though Don is a returning student, he's still a little rusty on his whereabouts.



Five Chris Schellhammers "Jam on It" during a recent band practice. Chris and several other students have set up a band in hopes of making it big in the music industry.



Sophomores Geraldine Maraia and Laura Edward's remedy to a perfect summer: a little bit of sun and a lot of laughter

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PEOPLE

Absalom, Richard — General Activities.

Anderson, Deborah — Key Club; Flag Squad.

Anderson, Stuart — Latin Club 11,12; Homecoming Float; Spanish Club 10; Nexus 10.

Andrilla, Lisa — TAR 11,12; Track 10; Fall Play 10,12; Powder Puff 11,12; Spring Musical 10,11.

Anthony, Perry — Spanish Club 11; Track 10.

Armstrong, Kimberly — Cross Country 10,12; Field Hockey 10,11,12; Cheerleading 10,11,12; Indoor Track 11,12; Outdoor Track 10,11,12; Inner Club Council 12; Executive Council 12.

Bagley, Mike — Golf 10,11.

Bailey, Jon — SCA rep. 12; Art Club.

Barber, Deborah — Latin Club 11,12; French Club 12; Library Club 10,11; Art Club 10,11; Young Life 10.

Barden, Margaret — Exec. Council 12; 2nd Vice Pres. 12; Latin Club 12; French Club 10; TAR 10; Cross Country 10,11,12; Indoor Track 10,11,12; Prom Committee 12.

Barentine, Vickie — Band 10,11; Basketball 10,11,12; Band 10,11.

Beaird, Kristal — Young Life 10,11,12; Key Club 12; Powder Puff 11,12; Spanish Club 10,11; FBLA 12; Computer Club 10,11; Homecoming Comm. 12; Boy's Soccer Manager 10.

Bell, Greg — General Activities.

Bell, Kathy — Volleyball 10,11; Spanish Club 11; International Club 11; Powder Puff 12.

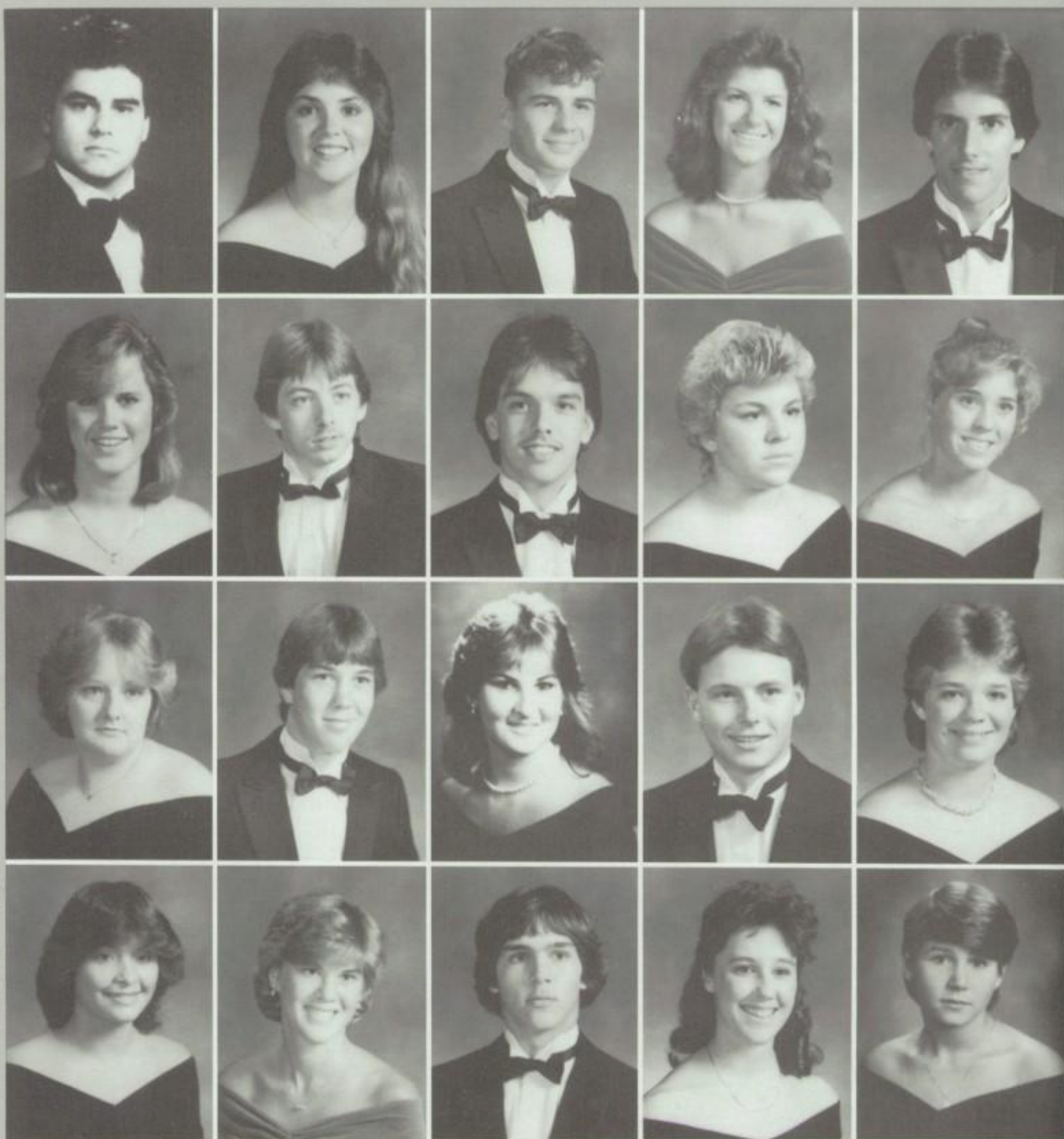
Bengson, Vicky — VICA 11,12.

Bentli, Laura — Basketball 10,11,12; TAR 12; Latin Club 10,11,12; Key Club 12; Library Club Vice Pres. 12; Powder Puff 11,12; Young Life.

Boone, Spencer — General Activities.

Botts, Theresa — Spanish Club 10; Softball 10; Field Hockey 10; HOSA Club 12; Chorus 10,11.

Bradford, Amy — CMA 10,11; Pres. 12; DECA 11,12; Art Club 11.



The senior class officers, Leslie Lowe, Tim Spillane, Tom McNicholas, Stephanie Shupe, and Margy Barden take time out to have their picture taken.



LEADING THE WAY

Notes from the Senior Class Officers

Task: A memorable prom and graduation.

Workers: The class of '85.

Task-Masters: Leslie Lowe, president; Tom McNicholas, v. pres.; Margy Barden, 2nd v. pres.; Stephanie Shupe, secretary; Tim Spillane, treasurer.

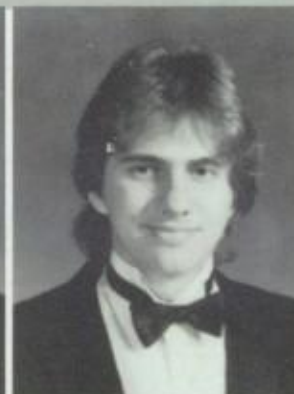
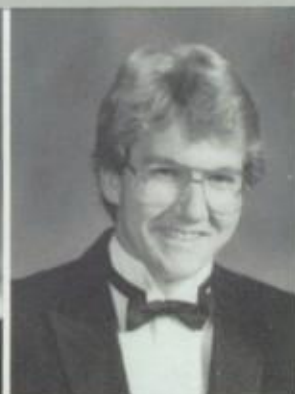
Tools: Fundraisers

Prediction: "I think we have the potential to be a super class. We had a relatively successful magazine sale ... we've shown class spirit by winning the class competitions and in the building of our float," said Leslie Lowe.

inevitable Result: A year the class of '85 will never forget.



Margy Barden listens intently at a class officers dinner.



Braendle, Brad — Audio Visual.

Braendle, Lynn — General Activities.

Bray, David — Marching Band 10,11,12; Jazz Band 11,12; Cross Country 10; Spanish Club 10; Junior Ach. 12.

Breece, Cris — General Activities.

Brenner, Laura — Track 11; Spanish Club 10,11; FBLA 12; Powder Puff 12.



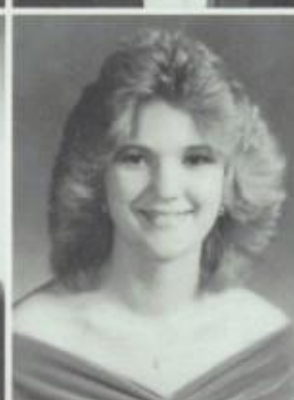
Brookes, Kimberly — SCA rep. 10,11 sec. 12; Executive Council sec. 12; Key Club 10,11; Coquette 10,11; captain 12; Leadership Workshop; Powder Puff 11,12.

Brown, Michael — Football 10,11,12.

Brownlow, Edward — Track 10,11; Latin Club 10,11; pres. 12; Boys State 12; Wingspan co-editor 12; Leadership Workshop.

Bryant, John — General Activities.

Bulato, Dez — General Activities.



Burchette, Roy — General Activities.

Burns, Timothy — Wrestling 9,10; Yearbook 10; Track 11; FHA 12.

Busching, Patty — General Activities.

Bushe, Lora — General Activities.

Butler, Nan — General Activities.



Campbell, Paul — Golf 10,12.

Carlstrom, Dori — German Club 10,11,12; Yearbook sect. editor 12; Office Aide 12; International Folk Dancing 10,11,12.

Carter, Sharon — Spanish Club 10; DECA 10,11; Powder Puff 12; FBLA 11,12.

Cartwright, Kit — French Club sec. 10; treas. 11.

Carvey, Harlan — Soccer 10,11,12; Wrestling 12; Junior Ach. 11.

Catron, Kari — Tennis 10,11,12; Coquette 10,11; Cheerleader 12; SCA rep. 10; Young Life 10,11; Neptune Festival Princess 12.
Cauvet, Doug — Track 10; Spanish Club 10; Young Life 11.
Chandler, Amy — French Club; Art Club; National Art Honor Society; HOSA; Young Life; Madrigals.
Cheng, Lee — General Activities.
Clanton, Sonya — General Activities.



Clark, Lee — SCA vice-pres. 12; ICC Chairman 12; Key Club vice-pres. 11,12; Spanish Club 10; vice-pres. 11; Leadership Workshop 12; National Honor Society 11; treas. 12; Young Life 10,11,12; Spanish Club Homecoming Float Chairman 10.
Clarke, Jennifer — SCA rep. 10; French Club 10,11,12; Executive Council 11,12; Talon 11,12; NHS 11; vice-pres. 12; ICC 12; Prom Chairman.
Coleman, Tracia — General Activities.
Conley, Carter — Ecology Club 11; FHA 10; vice-pres. 11; pres. 12; FHA State Workshop 11,12; J.A. 10.
Conley, William — General Activities.



Conner, Jere — DECA 11,12; Newspaper 12.
Corby, Ronald — Spanish Club 10; Key Club 11.
Crutchfield, Karen — Spanish Club 10,11,12; Band 10; Flag Drill Team 11; Powder Puff 11,12; Young Life; Computer Club 12.
Crutchfield, Keith — General Activities.
Curry, Bill — Young Life 12.



Curry, Kimberly — Drama Club 10; German Club 11,12; CMA 11,12; Yearbook 12; Mission Club 10; International Folk Dancing 11; Who's Who Among American High School Students.
Cyphers, Leann — Latin Club 10; SCA rep. 10,11; Jr. Class 2nd vice-pres.; Homecoming Chairman 12; Executive Council 12; TAR treas. 12; Who's Who Among American High School Students; Leadership Workshop 12.
D'Auria, Michael — Golf 10,11,12; Track 11; Baseball 12.
Deanes, William — Spanish Club 10,11.
Deflorio, Denise — Drama 10,11,12; Fall Play; FHA 12.



DeJournette, Sherri — Dance Club 10; Spanish Club 10; Track 10,11; Coquette 11; Powder Puff 11; SCA rep. 12.
Donald, Dennis — Ecology Club 11.
Deutz, Charlie — General Activities.
Deverell, Kerry — General Activities.
DeWitt, Mike — Ecology Club.



Dietrich, Teddy — General Activities.
Devine, James — Jazz Band 10,11,12; Marching Band 10,11,12; Concert Band 10,11,12; Chorus 11,12; National Honor Society 11,12; Regional Band 10,11,12; Regional Chorus 12; Who's Who Among American High School Students.
Dockter, Marguerite — General Activities.
Dodge, Bryan — General Activities.
Dodson, Stephanie — Flag Squad 10, capt. 11, capt. 12; International Club 10; Student Advisory Council 11; Society of American Studies 11; Model House of Delegates 11; Yearbook Staff 12.



FLOATING THROUGH IT

Seniors Finish the Float

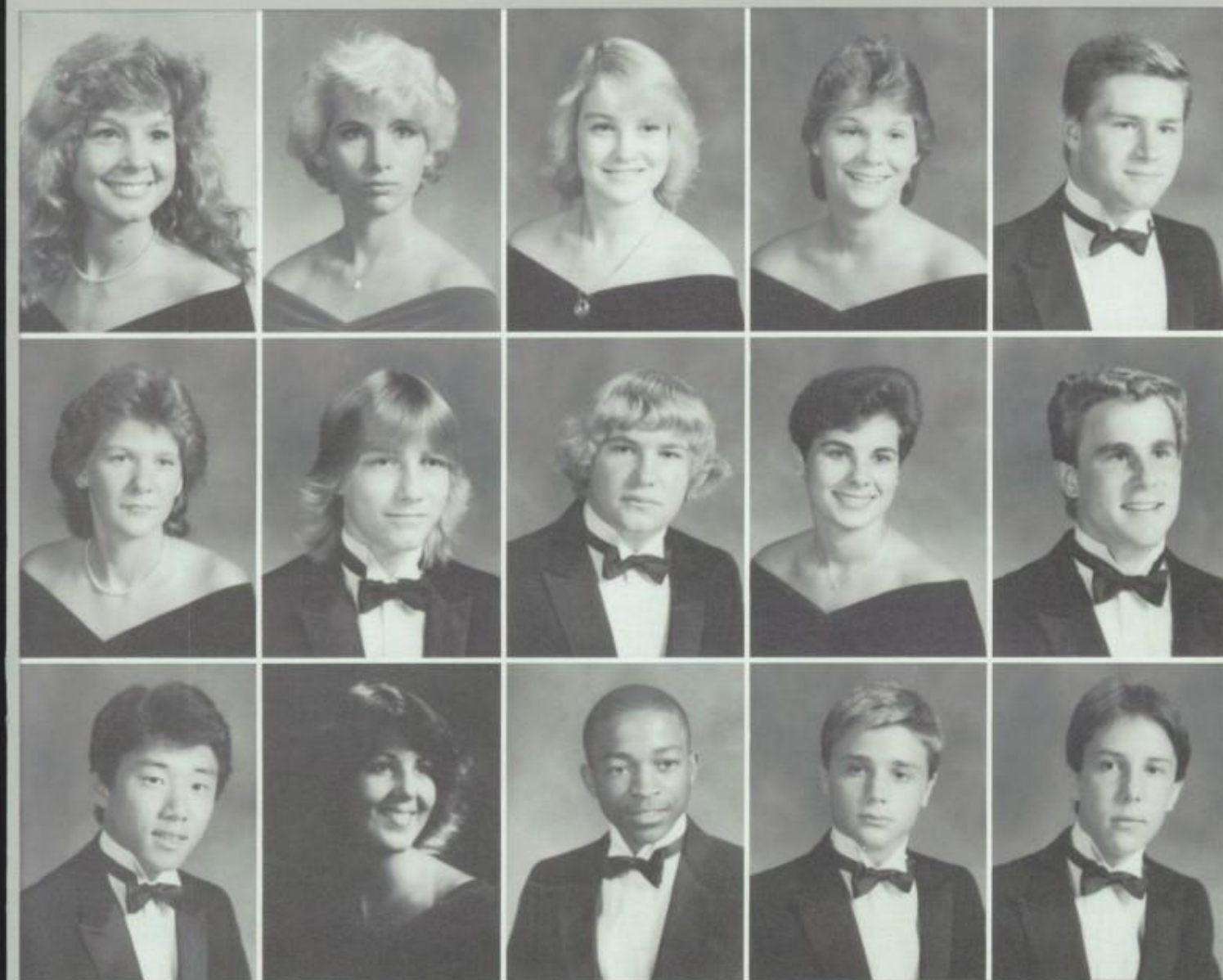
"All right ya'll," said Homecoming Float Chairman Tysha Theurer, "this is our last chance to show everyone what we seniors can do!" This fall, the class of '85 finally got a chance to prove their talents in building a real Homecoming float. After a half-finished float sophomore year and no float their junior year, this year's efforts proved

extremely successful.

In keeping with the theme "Sands of Time," the seniors constructed a large sandcastle, covered in sand from our own Virginia Beach. Adorned with shells representing the different stages of life, the castle towered behind a wave of blue tissue paper in which the class mascot, a dolphin, swam.

Chaired by Tysha Theurer and Kim Armstrong, the float was expected to win the competition by all those who had labored for so many hours. Although it did not place, the number one class was certain that it prevailed over all other weak attempts! Senior Kara Kinley stated, "As long as we know our float was the best, we're still winners!"

Tysha Theurer and Kara Kinley work on the Homecoming float in an effort to support the senior class.



Dowdy, Leigh — General Activities.

Dubicki, Lisa — General Activities.

Duke, Martha — Executive Council 12; SCA rep. 10, 11; Latin Club 11, 12; Flag Squad 12; Indoor Track 11; Regional Chorus 10, 11, 12; Spring Musical 10, 11, 12.

Dunton, Beth — Basketball 10, 11, capt. 12; Softball 10, 12; German Club 10; FHA 11, 12; Powder Puff 11, 12.

Dustin, David — Football 10, 11, capt. 12; Basketball 10, 11; Track 10; Young Life 10, 11, 12; Key Club 11, 12; SCA 12; Campaigners 12; Who's Who Among American High School Students.

Eckhardt, Karen — General Activities.

Edwards, Al — VICA 11.

Ehrenzeller, Bart — Wrestling 10.

Elison, Susan — Spanish Club 11; Boy's Soccer Manager 10; SCA 10.

Engel, Mark — Football 10, 11; VICA 11, 12.

Eun, David — SCA pres. 12; Class pres. 10, 11; Debate Team 10, 11 co-capt. 12; Tennis Team 10, 11, 12; Latin Club 10, 11, 12; Model United Nations 11, 12; National Honor Society 12; Madrigals 12.

Feazell, Vikki — Coquettes 10, co-capt. 11; FHA vice-pres 10; pres. 11; ICC 10, 11; Regional Chorus 10, 11; Madrigals 10, 11, 12; Who's Who Among American High School Students.

Ferguson, Ernest — General Activities.

Ferris, Russell — Wrestling 10, 11, 12.

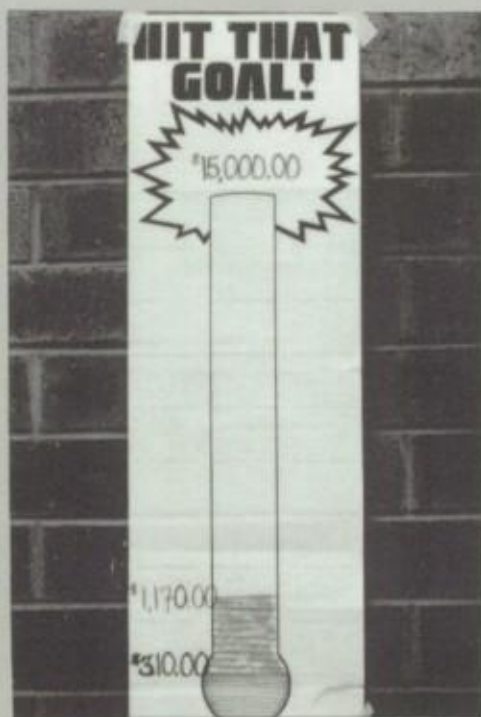
Ferrell, Eric — General Activities.

Kim Kay and Lisa Long work diligently to complete the float by Friday.



Kristal Beaird tries out her best sales pitch on Mr. Snodgrass in hopes that he will purchase a magazine subscription from her.

Will the thermometer ever go up?



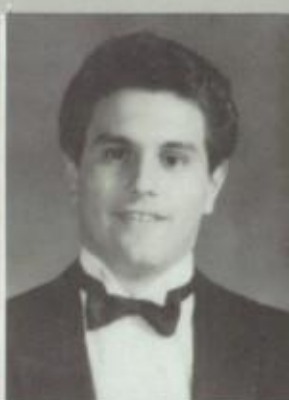
Fike, Mary — Field Hockey 10,11,12; Softball 10,11,12; Powder Puff 11,12; Latin Club 11; TAR 11.

Fisher, Damien — Band 10,11; Track 10,11; Video Club 10,11.

Fitzgerald, Kimberly — Executive Council 10,11,12; Junior Class Vice-President; Soph. Class Treasurer; French Club 2nd vice-pres. 12; Ring Dance Chairman 11; Prom Chairman 12; Newspaper 10; Powder Puff 11,12.

Forehand, Dina — General Activities.

Fosina, Andrew — Band 10,11,12; Jazz Band 11,12; Drum Major 12; Spring Musical 11,12.



Foster, Bryan — Video Club pres. 10; VICA 12.

Fraioli, Dawn — Soccer 10,11,12; JA 10; Latin Club 11; Executive Council 12; Yearbook 12; SCA 10,12; TAR 11; Powder Puff 11,12.

Franklin, Andy — Band 10,11,12; Jazz Band 10,11,12; Wrestling 11; Spanish Club 10.

Franklin, Michelle — FBLA 12; Library Worker 12.

Frankowski, Gerri — Concert Band 10,11,12; French Club 10,11; JA 10; Green Brigade 10,11,12; Sr. Regional Band 11,12.



Friend, Jack — Yearbook; Baseball 11,12.

Gaetano, Elena — General Activities.

Gaither, Kevin — French Club 10,11; Computer Club 12; Audio-Visual 12.

Gallup, Amy — Yearbook sect. editor; Latin Club 10; GP Independent Study 11,12; Graduation Marshall 11; National Honor Society 11,12; Spanish Club pres. 12; Who's Who Among American High School Students.

Garrett, James — General Activities.



Gegner, Danny — Soccer 10,11,12; Photography Club 10,11; Young Life 10,11,12.

Goerge, Rick — Football 10,11,12; Track 10; SCA rep. 12; Pep Club 11,12; Powder Puff Coach 12.

Gibbs, Andrew — Adv. Band 10,12; Model UN 10; Jazz Band 10,12; YFU Exchange Student 11; German Club 12.

Godwin, Darlene — General Activities.

Gompper, James — Wrestling 10,11; Band 10,11,12; Jazz Band 11,12; Green Brigade 11,12; Science Club 10; Class Secretary/Treasurer 10.



DOLLARS AND SENSE

Seniors Sell Magazine Subscriptions

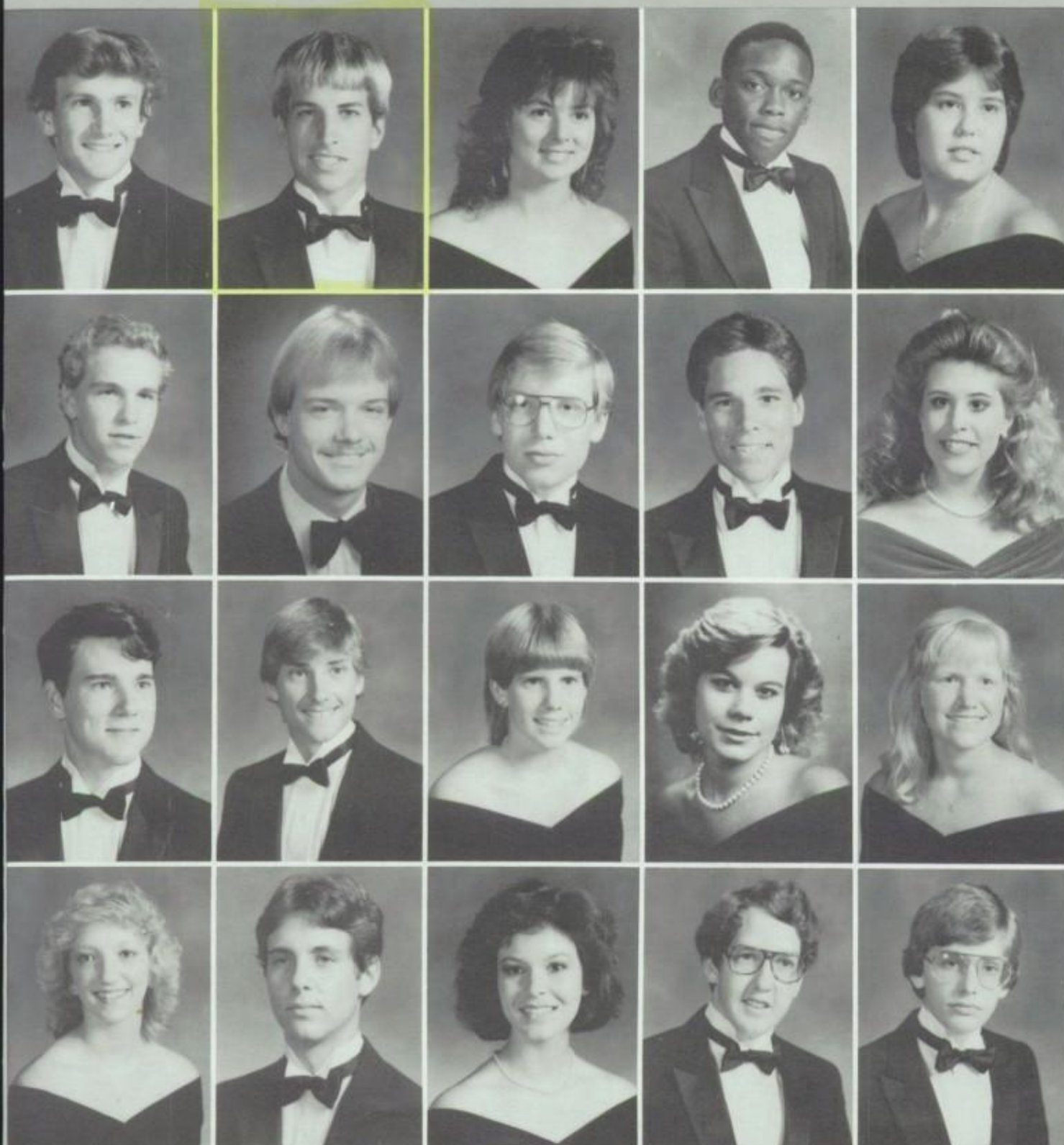
A fall magazine sale started off the fundraisers for the senior class this year. The class of '85 set a goal of \$4000, with Willie Weebles, hats, and cash prizes offered as incentives.

After the first week of sales, the "progress thermometer" hadn't reached anywhere near the \$4000 mark. Extensions of the sale were made in an attempt to reach the goal. The morning announce-

ments were also used to humiliate supposedly active seniors. At the end of the sale, despite these efforts, only \$1200 was raised.

Another meeting to discuss badly needed funds was made. As

Tim Spillane, class Treasurer, stated, "We all need to work hard for a successful year and an affordable prom".



Good, Anthony — Cross Country 12.

Gordon, Craig — Golf 10.

Grabinsky, Kathy — Executive Council 10,12; Homecoming Court 10, queen 12; Sophomore Class Secretary.

Gray, Earl — General Activities.

Gray, Katrina — General Activities.

Grenier, Bryan — Spanish Club 11; DECA 11,12; Young Life 10,11,12; Video Club 10,11.

Griffin, Barry — Wrestling 10,11; Ring Dance Committee 11.

Griffor, Karl — Football 10; Baseball 10.

Griswold, Geoff — General Activities.

Guess, Hilary — General Activities.

Haddock, Leonard — Football Manager 10,11,12; Basketball Manager 10,11,12; Baseball Manager 10,11,12; Young Life 10,11,12; Powder Puff Manager 10,11,12; Homecoming Float 10,11,12.

Hall, Geoffrey — General Activities.

Hall, Suzanne — Soccer 10,11,12; Key Club 12; Yearbook 12; Powder Puff 11,12; Young Life 11,12; Spanish Club 10; FHA 12; Campaigners 12.

Hall, Tracy — HERO historian 12; Powder Puff 12.

Hansen, Barbara — Tennis 10,11, co-capt. 12; Latin Club 10,11; National Honor Society 11,12; Powder Puff 11; Young Life 10,11,12; Who's Who Among American High School Students.

Hardesty, Carolyn — FBLA; FHA; Pep Club; 4-H Club.

Harding, Patrick — Spanish Club 10,11; Computer Club 10,11,12; SCA rep. 12; Soccer 10; CMA 10,11; Madrigals 10,12.

Harding, Shannon — General Activities.

Harrington, Larry — French Club 11; Newspaper Staff 12.

Harris, Mark — Nexus 10, vice-pres. 11,12; Computer Club 12; National Merit 12.

Mr. Trammell's bulletin board keeps his students informed about the 1984 presidential election.



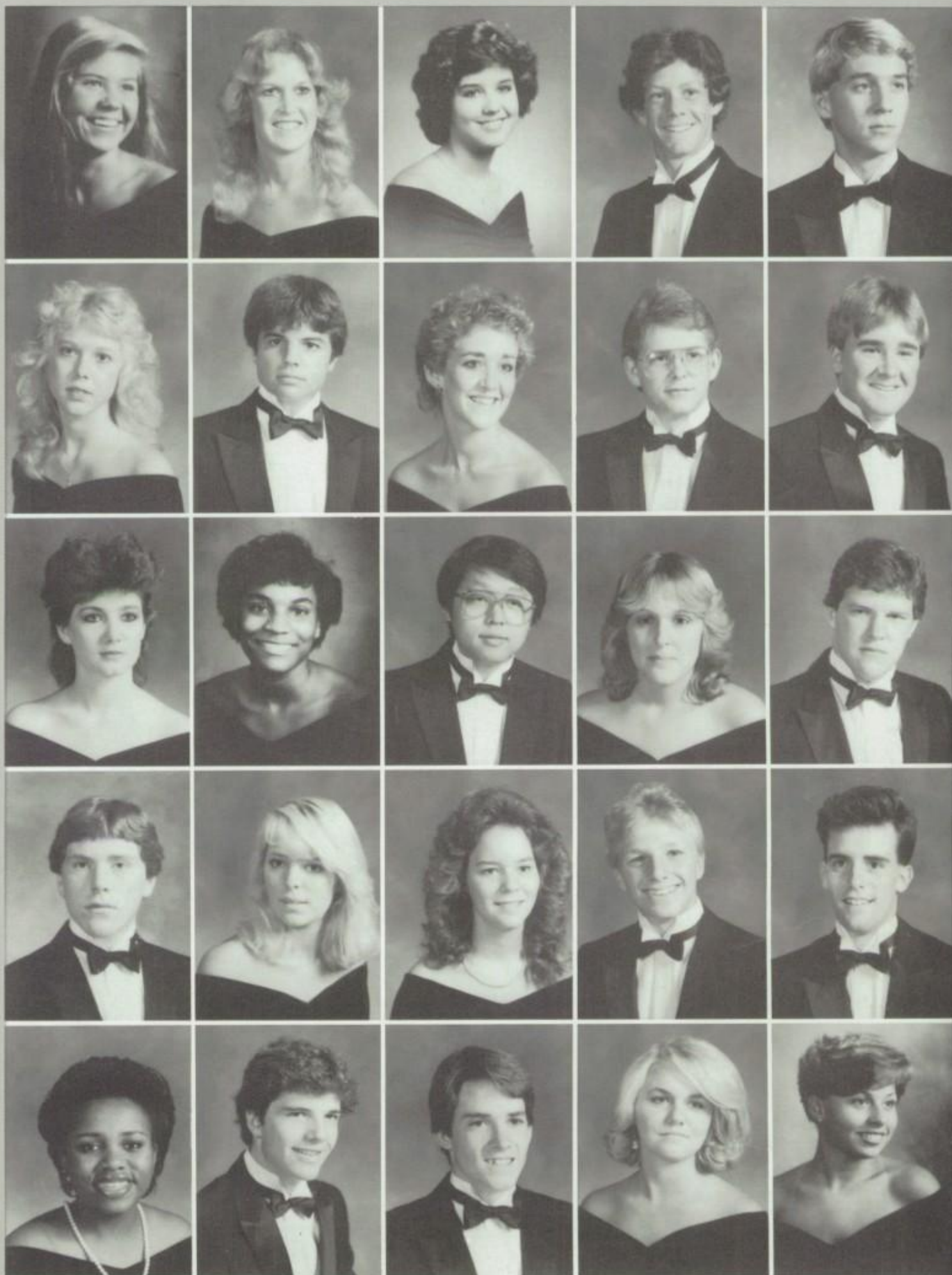
Harris, Tina — Sophomore Float 10; Spanish Club 10.
 Hasselbacher, Lori — Spanish Club 10; Key Club 10.
 Haynie, Laura — Key Club 10, treas. 11, pres. 12; SCA rep. 10, 11, 2nd vice-pres. 12; Yearbook 10, sect. editor 11, sect. editor 12; French Club 10, 11, 12; Executive Council Chairman 12; Leadership Workshop 12; Student Leadership Conf. 11.
 Henderson, George — Young Life 10.
 Henderson, Will — General Activities.

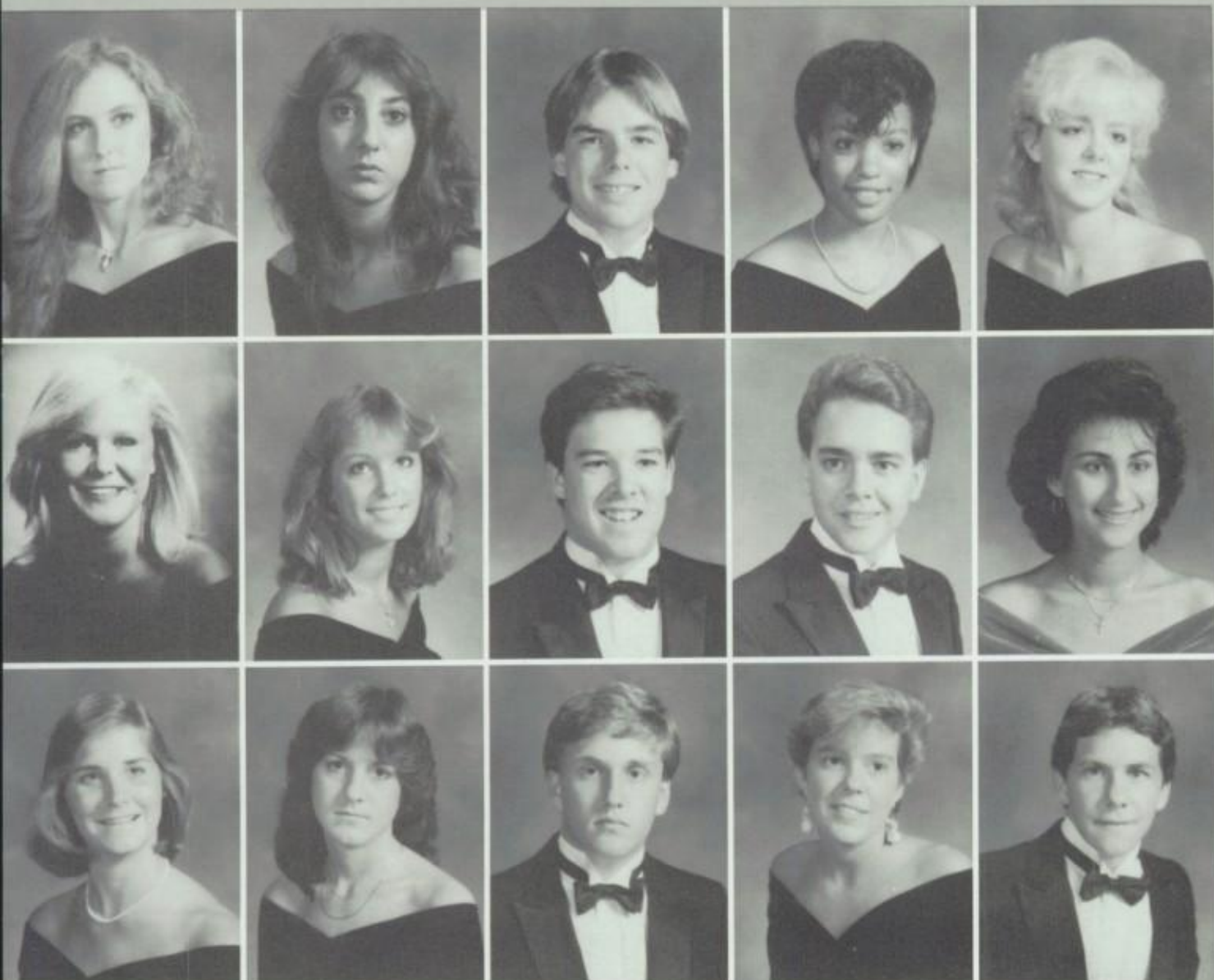
Henson, Lisa — General Activities.
 Hernandez, David — National Honor Society 11, pres. 12; Graduation Chairman 12; Advanced Band 10, 11, drum major 12; Debate Team 10, 11, co-capt. 12; Executive Council 12; Model UN 11, 12; Jazz Band 10, 11, 12; Amer. Legion Boy's State 12.
 Hines, Jennifer — General Activities.
 Hines, Richard — Computer Club 11, 12.
 Holik, Frank — Key Club 12; Young Life 10, 11, 12; Campaigners 10, 11, 12; German Club 10; SCA rep. 12; Video Club 12; TAB 12.

Holmes, Dana — FBLA 12; Choir 11, 12.
 Holmes, Robin — Latin Club 10, 11, 12; Computer Club 11; Library Club 12; Young Life 10, 11, 12.
 Hong, Hae — Computer Club 11, 12.
 Horton, Christi — General Activities.
 Howard, Steve — Football 10, 11, 12.

Howe, Kevin — Golf 10, 11, 12; Spanish Club 10.
 Howsare, Kristin — General Activities.
 Hudson, Heather — Helping Hands 10, 11; Ecology Club sec. 12.
 Huggins, Steve — Football 10, 11, 12; Drama Club 10, 11; Tennis 10, 11, 12; Track 10, 11; SCA 12; French Club 11; FCA 10, 11.
 Hume, Clarke — Baseball 11, 12; Ecology Club 11.

Huntley, Cara — Video Club 12; FHA 10; Ringdance Comm. 11; Powder Puff 11, 12; SCA rep. 10; Yearbook 11, 12; FBLA 11; Spanish Club 10, 11.
 Hyler, Bryan — Cross Country 10; Track 10, 11, 12; FBLA 11; Model UN 12; Spanish Club 10, 11.
 Ingle, Chris — General Activities.
 Isaacson, Lisa — FBLA 11, 12; Newspaper Staff 12.
 Jacobs, Jennifer — French Club 10; Softball 10, 12; Latin Club 12; FHA 12.





Jacquin, Della — General Activities.
 Jarashow, Natalie — German Club 10, 11; FBLA 12;
 International Folk Dancing 10.
Jared, Tim — General Activities.
 Jefferson, Tonja — General Activities.
 Jennings, Karen — French Club 10; Flag Girl 11.

Jones, Karen — SCA rep. 10; DECA 11.
Kay, Kimberly — Ring Dance Comm. 11; Homecoming
 Comm. 12; Powder Puff 11, 12; Prom Comm. 12;
 Homecoming Court 12.
 Kearley, Dave — General Activities.
 Kern, Sam — Latin Club 11.
 Kilada, Ghada — Wingspan 12; FBLA 12.

Kinley, Kara — Executive Council 12; Yearbook sect.
 editor 11, sect. editor 12; Tennis 10, 11, 12; Young Life
 10, 11, 12; Latin Club 11, 12; Key Club 11; French Club 10;
 Powder Puff 11, 12.
 Kirkpatrick, Theresa — FBLA 12.
 Knoche, Karl — Computer Club vice-pres. 12; SCA rep.
 12.
 Knox, Andrea — General Activities.
 Krauchak, John — General Activities.

READY FOR ACTION!

Government Students Hold Mock Election

Political action! That was the theme of government classes during a one week political campaign simulation. Seniors, most of them unwillingly, were born again into the lives of Democrats and Republicans. Material from these simulations was eventually presented for Cox High at a city-wide Student/Parent Mock Election held at the Pavilion.

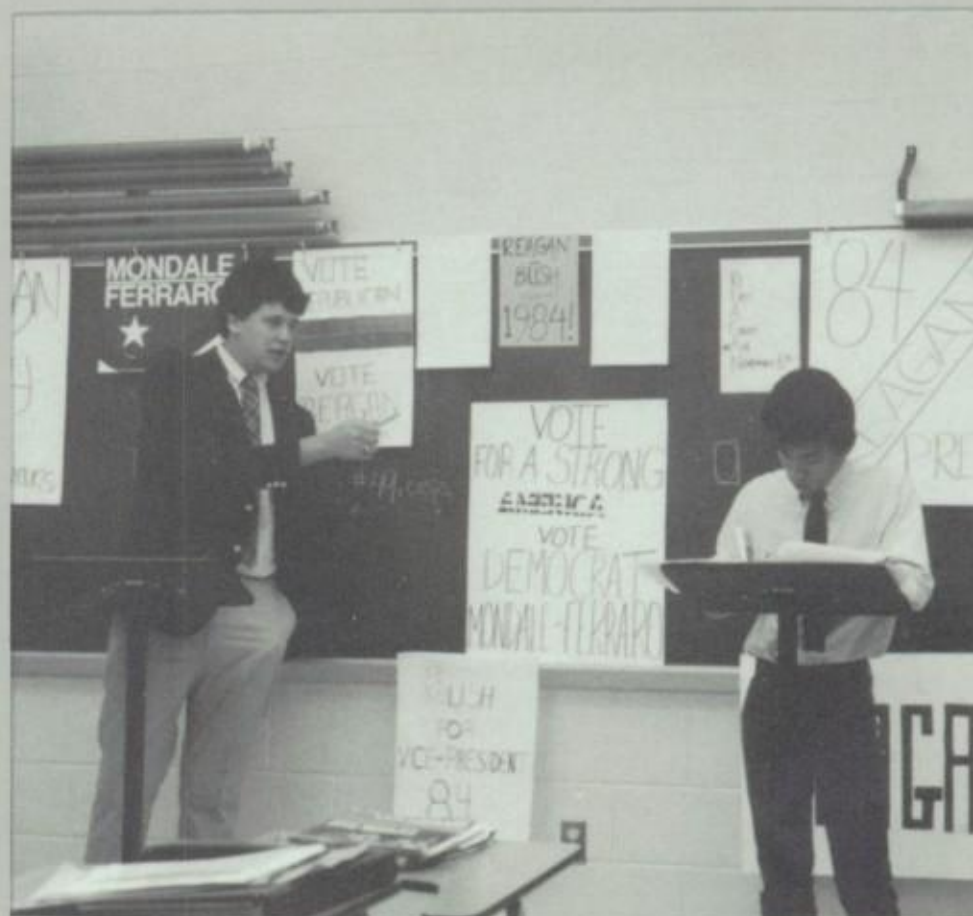
During the week of mock campaigning, each party organized themselves into committees and selected candidates to try and outdo one another with creative buttons and posters. Speeches and reports were made while a major debate was staged between the candidates over current issues. The media even became involved in one of Mr. Leagan's classes, in which a few students reported and filmed

campaign events.

When the campaigns had finally ended Scott Mickelson explained that "There were a lot of things I did not understand. I know a lot more now."

Eager to receive extra credit, seniors coaxed their parents into attending the city-wide Mock Election. The agenda for the event provided fifteen minutes for the balloting and then a two hour presentation on political ads and a debate filled the remainder of the evening. When the votes were finally counted, 83% had gone to the Republicans.

The election took much time and effort on the students part; however, it proved to be a valuable and rewarding experience.



Todd Watts and David Eun debate the issues during the Mock Elections held in Government class.

Students in Mr. Smith's class break the daily routine and actively participate in a round of "Jeopardy".



The new Cox provides modern and up-to-date facilities for the students and teachers who go here.



Kreider, Mike — Soccer 10,11,12

Kupyar, Sandy — German Club 11,12; Yearbook 11; Drama 10,11,12; CMA 12; Key Club 12; Who's Who Among American High School Students

Lakin, Debbie — Latin Club 11,12; SCA rep. 12; Young Life 11

Large, Annette — French Club 10,11; Young Life, SCA 10

Leary, Cecil — General Activities

Leathers, Travis — Soccer 10,11, capt. 12; Spanish Club 10; DECA 12; SCA rep. 12; Who's Who Among American High School Students

Lee, Alan — German Club 10,11; Latin Club 12; Computer Club 11; Track 10

Lee, Mike — General Activities

Lee, Rose — General Activities

Lefebure, Charles — Band 10,11,12; Jazz Band 10,12; Spanish Club 10

Lenaghan, Kim — Art Club 11

Liebig, Ronald — General Activities

Lipscomb, Neil — French Club 12; SCA rep., Key Club 12; Football 11,12; Alt. Boy's State

Long, Lisa — General Activities

Lowe, Leslie — Senior Class Pres.; Cheerleader 10,11, capt. 12; Gymnastics 10,11, capt. 12; National Honor Society 11,12; VA Governor's School 11; VA Girl's State 12; Leadership Workshop 12; Homecoming Court 12

Lynch, Loretta — Black Culture Club 11; NJROTC 10,11; Rifle Team 10,11; Trick Drill Team 10,11

MacGillivray, Kenneth — Cross Country 10,11; Wrestling 10,11,12; Latin Club 10,11,12; Wingspan 12; Leadership Workshop 12

Mailhes, Larry — Football 11; SCA rep. 11; Basketball 10,12; Young Life 11,12; Baseball 11,12

Malla, Billy — Yearbook sect. editor 10; Young Life 10,11,12; Latin Club 11; Video Club vice-pres. 10; Prom Host 11; Campaigners 11,12; FBIA 12; Who's Who Among American High School Students

Manley, Bridget — General Activities

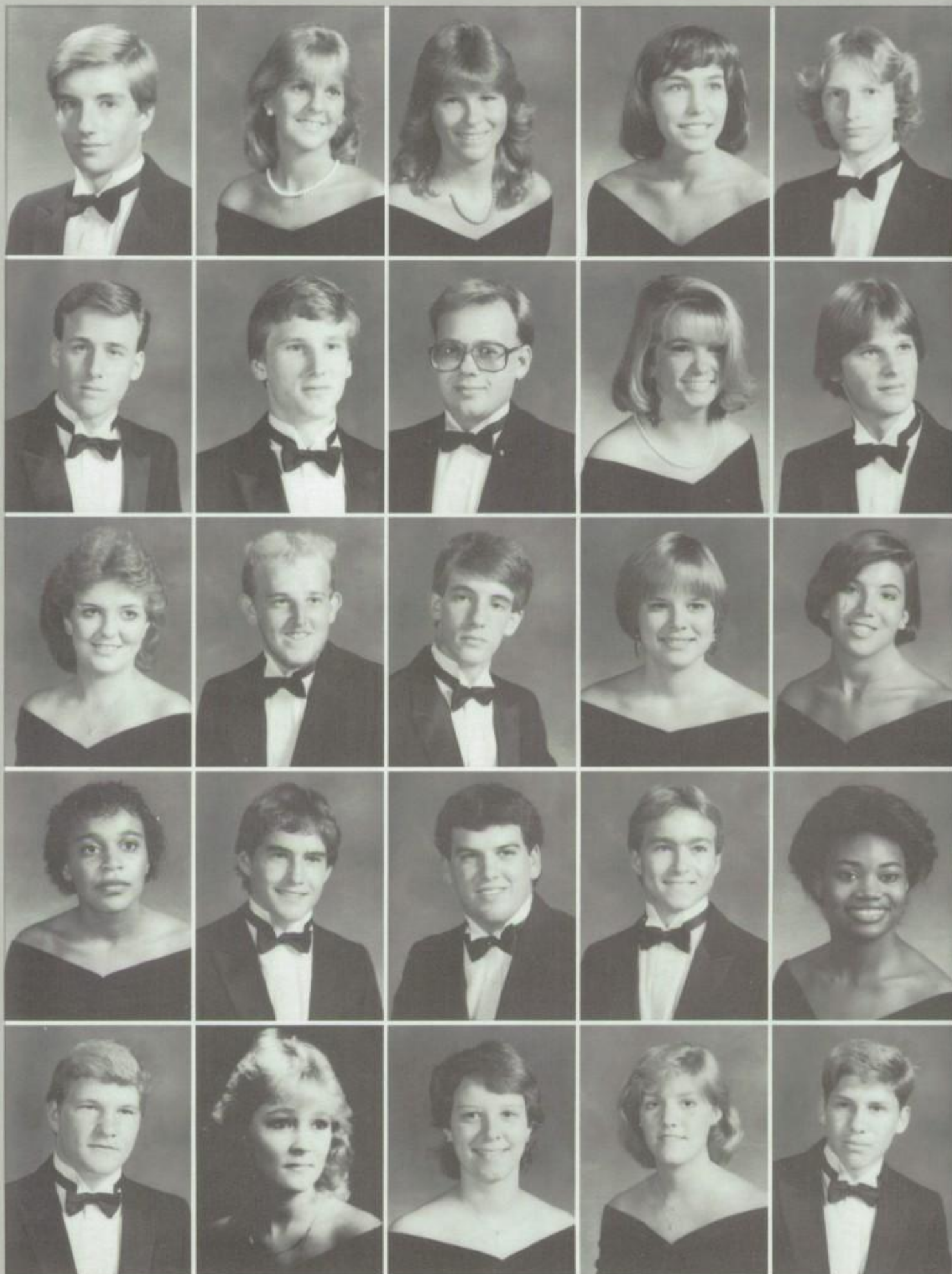
Marks, Matthew — Football 10,11,12; Golf 10; SCA rep. 12; Chess Club

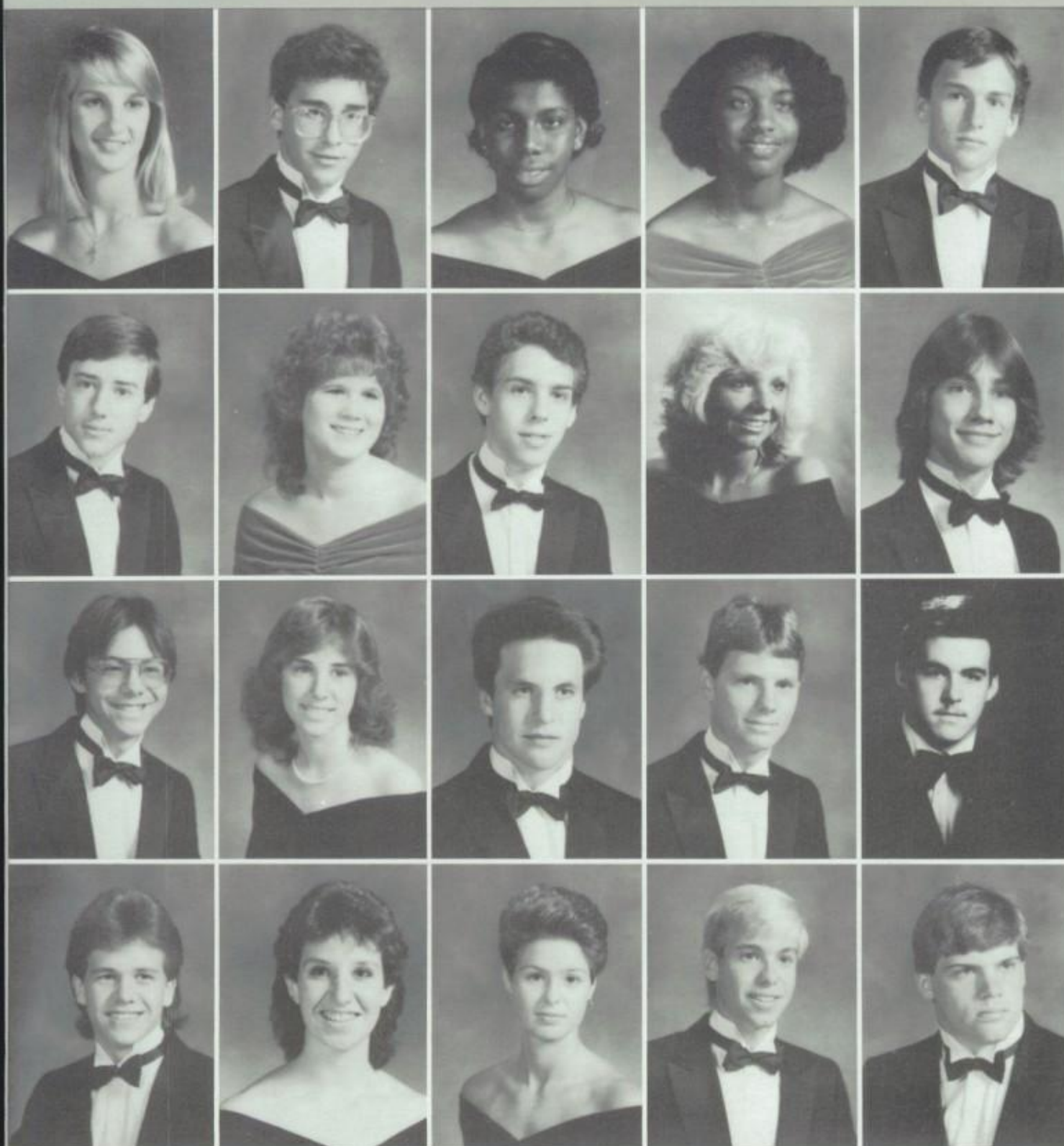
Martin, Kindra — General Activities

Martin, Mary — Softball 10,11,12; Young Life 10,11,12; Campaigners 11,12; Basketball 10,11; Key Club 12; Wingspan treas. 12; SCA rep. 12; Powder Puff 11,12

Mathews, Lisa — General Activities

Matthews, Charles — General Activities





Mayo, Karen — Powder Puff, DECA 11,12.
McClaskey, Terry — Wrestling 10; DECA 11,12.
McLeod, Dana — General Activities.
McLeod, Buena — General Activities.
McNicholas, Tom — Wrestling 10,11,12; Soccer 11,12;
Vice Pres. Senior Class; Executive Council 12; Latin Club
11,12; Leadership Workshop 12; Prom Host 11.

Meade, Jeffery — General Activities.
Mercer, Karen — French Club 10,11,12; FBLA 12; Pep
Club 10; JA 10, pres. 11,12.
Mickelson, Scott — Nexus 11; Computer Club 10, tres.
11,12.
Middeke, Lee Ann — TAB 11, pres. 12; Model UN 12;
French Club 10,11; Powder Puff 11,12; Indoor Track 11;
Young Life 10,11,12; ICC 12; Who's Who Among
American High School Students.
Miller, Dwayne — General Activities.

Miller, Wayne — Wrestling 10,11; Computer Club 10,11.
Moore, Julie — DECA 11,12.
Moore, Spencer — Football 10,11,12; Powder Puff Coach
11,12.
Moore, Walt — Soccer 10,11,12; DECA 12.
Moran, Scott — Football 10,11,12; Track 10.

Morehead, Scott — Fall Play; Drama Workshop;
Newspaper Staff 12.
Morgan, Donna — General Activities.
Morris, Tanya — Model UN 10,11 pres. 12; Debate
10,11,12; TAB 12; SCA 10,11,12; Marching Band 10,11,12;
Executive Council 12; Forensics 11,12; Key Club 12.
Newman, Garrick — Spanish Club 10, treas. 11; Computer
Club 10; Fall Play 11; Homecoming Committee 12; SCA
rep. 11; Video Club 11.
Nichols, Clark — Football 10,11,12; Track 10,11,12; Latin
Club 10,11; Executive Council 12.

OLD VERSUS NEW

The Last of the Old Cox Prepare to Graduate.

The Senior class of '84 may have been the first class to graduate from the new Cox, but the Senior class of '85 is the last graduating class that went to the old Cox. This fact merely emphasizes the uniqueness that the class of '85 possesses.

Many Seniors, however, feel that the new Cox does not have the same warmth and closeness as did the old building. As one senior put it, "I never get to see any of my old friends because there are so many freshmen". Another Senior felt more strongly about the subject and stated, "I don't like the new Cox. Not only are there too many freshmen, but classes start 5 minutes earlier this year and that adds up to 4 extra days of school this year!"

Despite all of the nostalgia about leaving the old school, the seniors have realized that the newer facilities are bigger and better than before. All in all, memories of the new Cox will be pleasant ones for the class of '85.



The old Cox, now used as a junior high school, holds many fond memories for the class of '85 who spent their sophomore year there.

'85 HAS SURVIVED

The Class Of '85 Survives Senior Slump Epidemic!



Gary Thomas shows signs of Senior Slump during Accounting.

Would it be another Senior Slump epidemic? The answer to this question appeared to be "YES"! Senior, Joe Slack, a classic example, found himself sleeping through Mr. Leagan's government class after only two days of school. Joe was rushed to the office where the attending physician, Dr. Karlan, made an immediate diagnosis — "Laziness" (despite Joe's constant mumbling "I'm a senior, it's senior slump!").

Dr. Karlan prescribed the remedy:

200 cc's of government homework.

2 mg's of ISS

100 cc's of Jeopardy participation

1 threat of no graduation. An epidemic warning was immediately issued to all teachers, telling them to be alert for other symptoms such as:

1. Head constantly on desk.
2. Assignments turned in two months late.
3. Students attendance to class is strictly physical.

Will future Seniors live through this near-fatal disease? As for us, '85 HAS SURVIVED!!!!!!!

Ocamb, Pamela — SCA 10,11; Young Life 10,11,12; Spanish Club 10,11; Key Club 12; Powder Puff 12; Yearbook 12; Computer Club 11; Homecoming Committee 12.

Ollice, Butch — Cross Country 12; Track 12; Computer Club 11,12; Nexus 11.

O'Neal, Kathi — General Activities.

Osteen, Geoff — Football 10,11,12; FHA 12; FBLA 11,12; DECA 10,11; Powder Puff coach 11,12; Track 10.

Pacheco, Edward — Falcon Focus 11,12; Homecoming Committee 12; Video Club 12.

Paige, James — General Activities.

Parker, Joy — General Activities.

Parker, Sandy — Young Life 10,11,12; Leadership Workshop 12; Key Club 11, sen. rep. 12; Yearbook sect. editor 11,12; Executive Council 12; Ring Dance Committee 11; Homecoming Committee 12; Who's Who Among American High School Students.

Pate, Elizabeth — Dance Company 10; SCA 10,11; DECA 11, pres. 12; Officer Training Conf. 12; Fashion Show Commentator 11.

Paterson, John — General Activities.

Pennington, Chip — Latin Club 10,11; Who's Who Among American High School Students.

Perez, Debi — Spanish Club 10,11; DECA 11; Prom Committee 11.

Perry, Kenneth — Track 10.

Pintos, Luis — Spanish Club 12; Soccer 12.

Pitrone, Ted — Wrestling 10,11,12; SCA rep. 10.

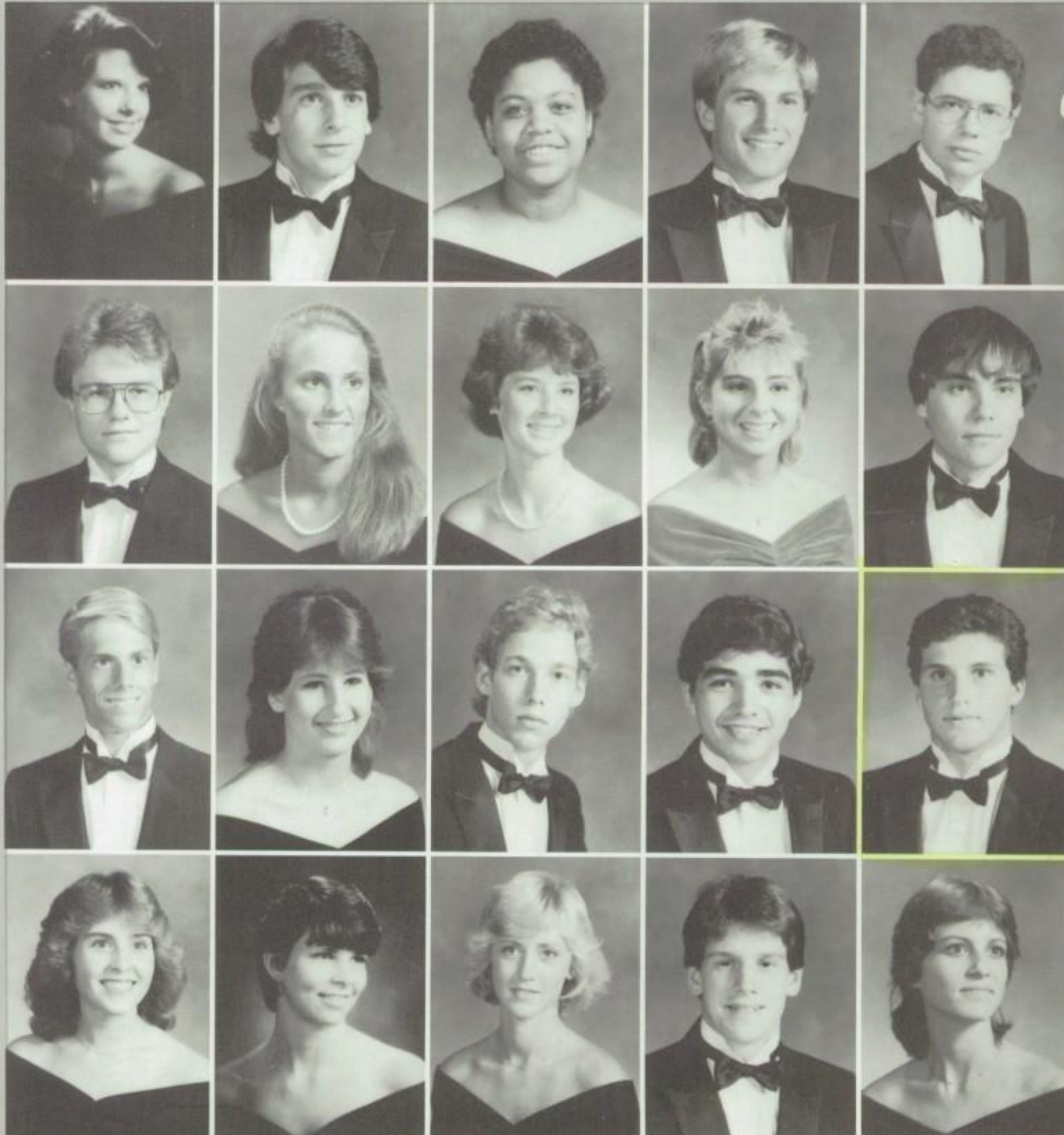
Ploeger, Melinda — Spanish Club 10; FHA 12; DECA 12.

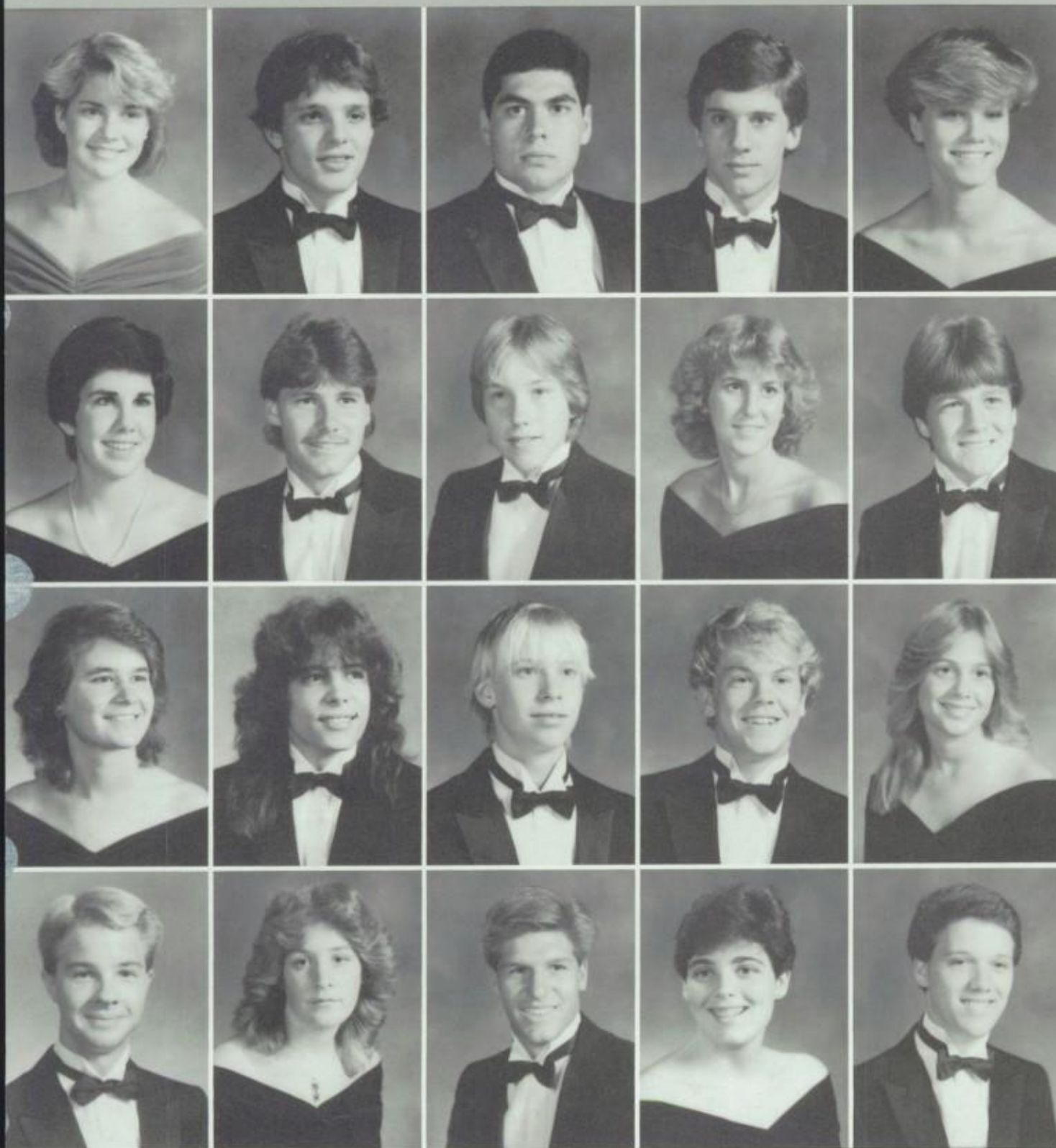
Pope, Cheryl — German Club 10; SCA rep. 10; Ring Dance Committee 11; Homecoming Committee 12.

Price, Lisa — Field Hockey 10,11,12; Track 10,11,12; Cheerleader 12; Homecoming Court 12; Powder Puff 12; Ring Dance Hostess 10; Spanish Club 10.

Pride, Keith — General Activities.

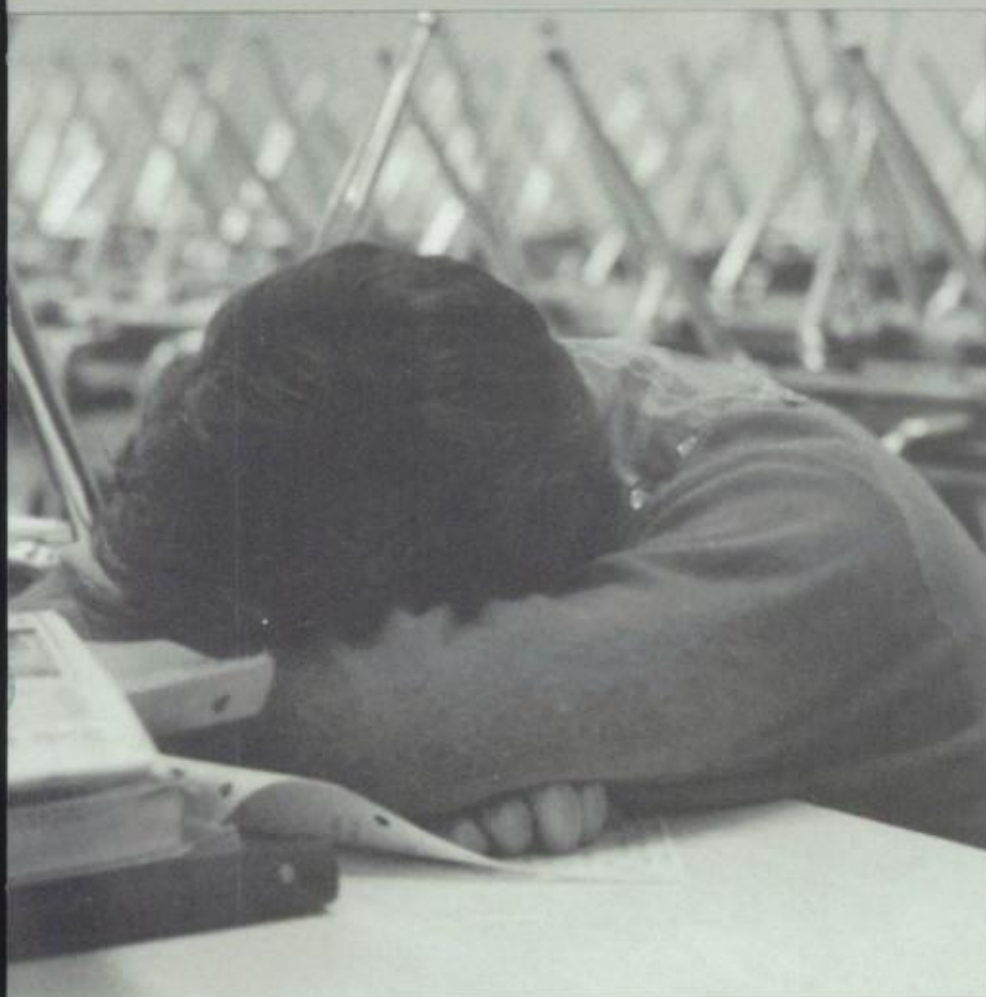
Pritchard, Donna — General Activities.



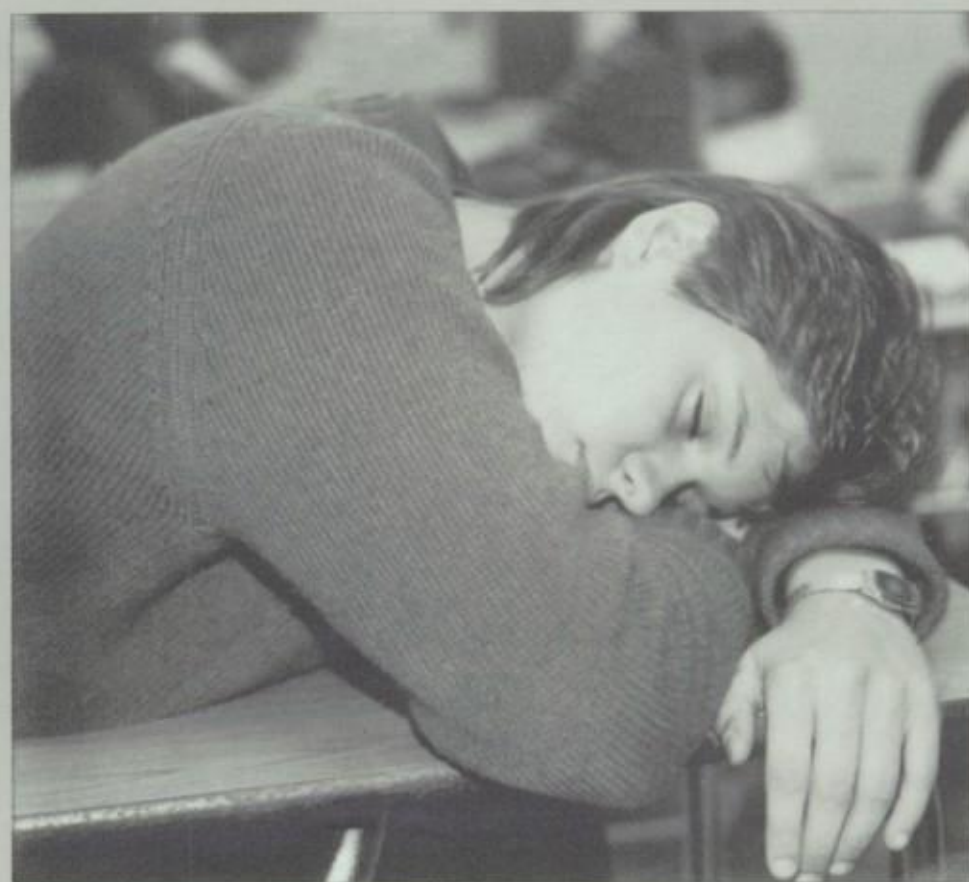


Probert, Cindy — Spanish Club, Pep Club, DECA : SCA rep.
 Prodan, Robert — General Activities.
 Radican, Carey — General Activities.
 Ralph, Phil — General Activities.
 Ramey, Laura — SCA 10,11; DECA 10,11,12; Powder Puff 11,12.
 Ratcliffe, Laura — General Activities.
 Reid, Doug — Football 10,12; Track 10,11; Basketball 10,11,12; Baseball 10.
 Reitzer, Dale — General Activities.
 Rhudy, Tanya — Anchor Club 11,12; Lettergirl 11; Student Congress 12; Coquettes 12; Powder Puff 11; Art Club 10,11,12.
 Rhue, Bart — General Activities.
 Richmeir, Andrea — Concert Band 10,11,12; Marching Band 10,11,12; German Club 10; ICC 12; Regional Band 10,11; Spring Musical 10,11.
 Rickel, Shane — General Activities.
 Ricks, Todd — General Activities.
 Riddick, Blair — Latin Club 10,11,12.
 Riffle, Karla — General Activities.

Rimer, Scott — Executive Council 12; Spanish Club 10,11; Track 10,11,12.
 Rowe, Kim — General Activities.
 Rueff, Erik — Soccer 10,11,12; SCA rep. 10,11; Executive Council 12; Spanish Club 10; Ring Dance Host.
 Ruffin, Anne — General Activities.
 Sadler, Evan — Video Club 10, pres. 11,12; Falcon Press 12; Forensics 12; VEMA state winner 10,11; Fall Play 11; Spring Play 11.



Elena Gaetano takes a break from her homework during study hall in the cafeteria.



Beth Dunton is yet ANOTHER victim of the Senior Slump epidemic.

TO TOP IT ALL OFF!

The Pros and Cons of Being a Senior



Eva Speckhart takes time out during lunch to sell sweatshirts.

- | | |
|---|--|
| P: Mom & Dad buy you a car for graduation. | P: You are first choice for getting a parking sticker. |
| C: You have to get a job to pay for gas. | C: All the freshmen beg you for a ride to school. |
| P: Your family anxiously awaits your graduation. | P: It's your big 18th birthday! |
| C: Half of them must stay home because you only get 5 tickets. | C: You have to register for the draft. |
| P: You thought you were going to get out of school at 12:30 as a senior. | P: HE asked you to prom. |
| C: The school board made a requirement forcing seniors to take 6 classes. | C: HE can't afford the tickets! |
| | P: Only a few more months until college. |
| | C: Your Friday nights are taken up filling out applications. |

Saimon, Nancy — COE 12; FFA 10; Health Occ. Students of America 10.

Sarvella, John — Computer Club 11, 12.

Saunders, Shelley — General Activities.

Sawhook, Jim — SCA 10, 11, 12; Executive Council 10, 11, 12; Sportsmanship Committee Chairman 11; Leadership Workshop 10; Boy's State 11; Alumni Committee 10.

Sawyer, Deana — Latin Club 11; DECA 12.

Schmale, Elizabeth — DECA 11; FBLA 12.

Scholl, Susan — Yearbook sect. editor 12; Latin Club 11; TAR 11; Virginia Classical League 11; Homecoming Committee 10; Who's Who Among American High School Students.

Schrader, Steve — General Activities.

Sereno, Kim — Softball 10; Newspaper Staff 12; French Club 10.

Shull, Daniel — Football 10, 11; Latin Club 10, 11; Track 10; JA vice-pres. 11; pres. 12.

Shupe, Stephanie — Field Hockey 10, 11, capt. 12; Basketball 10, 11, 12; Indoor Track 11, 12; Soccer 10, 11, 12; Senior Class Secretary 12; Spanish Club 11; Executive Council 12.

Sinclair, Lucinda — Thespians 10, 11, 12; Color Guard 11, 12; Wingspan 12; Fall Play 11, 12; Spring Musical 10, 11, 12.

Sisto, Michelle — FBLA pres. 12; SCA 11; Spanish Club 11; Volleyball 11.

Skipper, Nona — General Activities.

Smith, Collin — Golf 10, 11, 12.

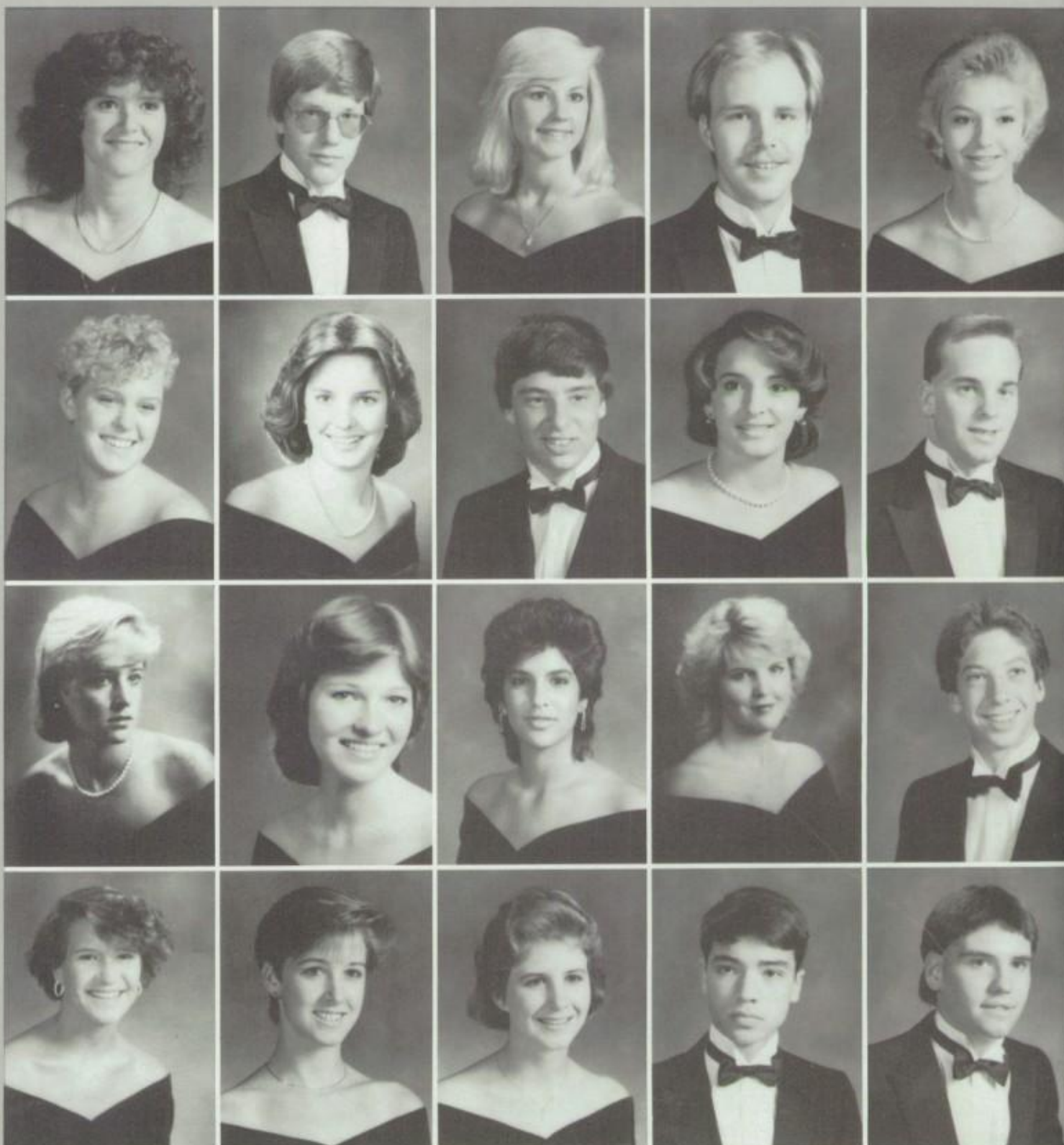
Smith, Kelly — General Activities.

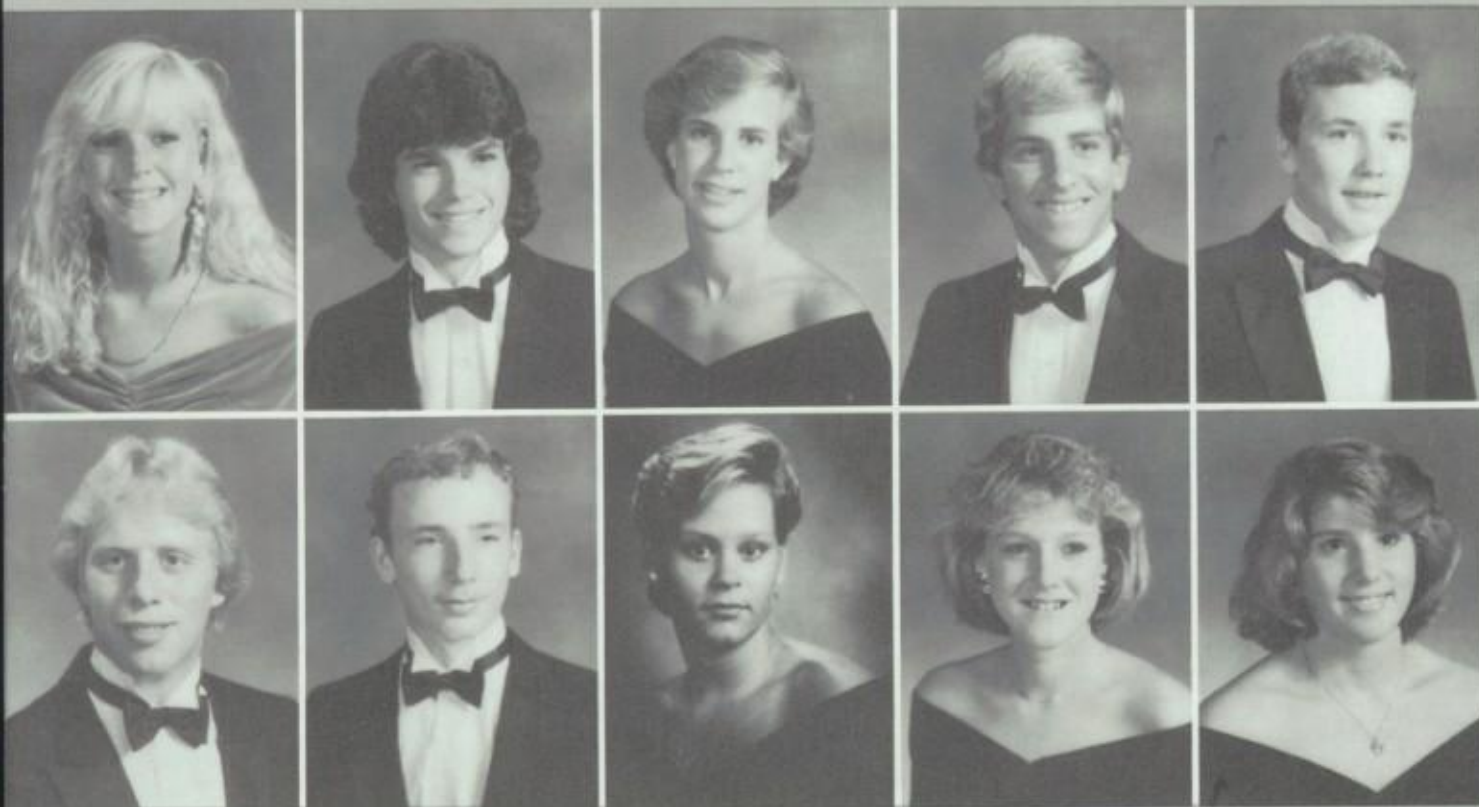
Smith, Leigh — Executive Council 12; Homecoming Chairman 12; Key Club 11, 12; French Club 10, 11; Young Life 10, 11, 12; ICC 11; secretary 12; Track 11; Powder Puff 11, 12.

Smith, Shelley — Yearbook sect. editor 12; German Club 10, 11; treasurer 12; Wingspan Staff 12; CMA 10, 12; Executive Council 12; Young Life 12; National Honor Society; Scholastic Ach. Team 10.

Smith, Thomas — Yearbook Staff 12; Key Club 12; French Club 12; Jets 11, 12; Scholastic Ach. Team 11; Junior Olympics 11.

Smith, Wende — General Activities.



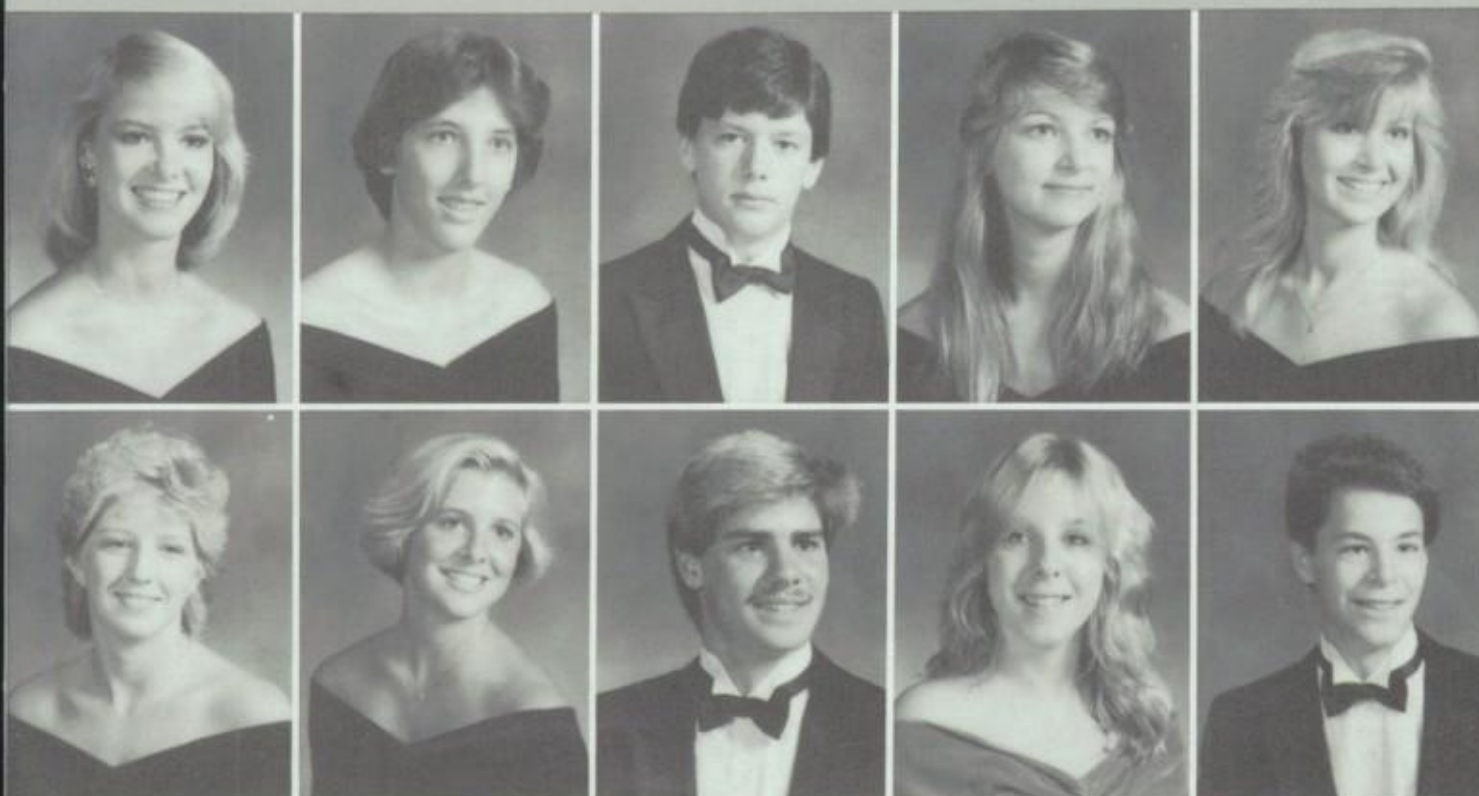


Sneed, Craig — Baseball 10,11,12; Young Life 11,12.
 Snyder, Matthew — General Activities.
 Speckhart, Eva — Executive Council 12; SCA rep. 11,12;
 Track 10,11,12; Spanish Club secretary 11; vice-pres. 12;
 Homecoming Float Chairman 11; ICC 12; Orientation
 Chairman 12; Cross Country 12.
 Spillane, Tim — Latin Club 10,11,12; SCA 10,11,12;
 Executive Council 12; Golf 10; Prom Committee; Senior
 Class Treasurer; Graduation Committee.
 Stallings, Keith — General Activities.

Staples, Greg — General Activities.
 Steele, Steve — General Activities.
 Stefovich, Angie — CMA 11,12; Homecoming Committee
 11.
 Stenger, Tracy — General Activities.
 Stevens, Wanda — SCA rep. 12; Track 10; French Club
 12; Key Club 12; TAR 12.



Theresa Kirkpatrick uses her time in study
 hall to prepare for a possible current events
 quiz in Gov't.



Strickler, Kristen — Spanish Club 10; Cross Country 11.
 Stubbs, Maryann — General Activities.
 Sweeney, Jay — Executive Council 11,12; Madrigals 10,11;
 Fall Play 11; Spring Musical 11,12; Regional Chorus 10,11;
 Model UN 12; Wingspan 12; United Way co-chairman
 11,12.
 Tarras, Kim — Soccer 11,12; Latin Club 11,12; Yearbook
 Staff 11, editor 12; National Honor Society 12.
 Taylor, Michelle — General Activities.

Taylor, Sandy — FBLA 11,12.
 Theurer, Tysha — French Club 10,11; SCA rep. 10,11;
 Cheerleader 11,12; ICC 10; Ring Dance Chairman 11;
 Powder Puff chairman 12; Senior Float chairman 12;
 Homecoming Court 11,12.
 Thomas, Gary — Art Club 10,11; JV Football 10; Track 12.
 Thompson, Sharon — General Activities.
 Tim, Matt — Golf 10,11,12.

LOOKING TO TOMORROW

Seniors Await College Replies

The dreaded preparations had arrived, making seniors angry and confused about college applications. "I wish they would have told us about all this stuff earlier" said senior Ted Pitrone after coming back from a guidance meeting.

In the beginning of the year, seniors had a difficult time choosing a prospective college. However, as the year progressed the process began to pick up.

Hoping for acceptance, seniors diligently filled out piles of applications. Several seniors voiced their opinions on their number

one choices: Roy Burchett supported ODU by saying "They've got a great Oceanography department!", Laurie Haynie recommended William and Mary since "... it's only an hour away and I can come home any time", UVA also held its ground with Debbie Peres saying, "All the good looking guys go there!".

After the tedious process was completed, seniors anxiously awaited responses from their favorite schools. These acceptances or denials would decide their fates for the upcoming years.



Leigh Smith looks at college pamphlets in the guidance office, hoping to find the perfect school.

Tobin, Susan — General Activities.

Tully, Hunter — Executive Council 12; Student Council 10, 11, 12; Tennis 10, 11, 12; Jr. Class Treasurer; United Way Chairman 12; Spanish Club 11, 12; Debate 12; Model U.N. 12.

Twisdale, Kevin — DECA 12; FBLA 12; SCA rep. 12.

Varville, Mary — Marching Band 10, 11, 12; Concert Band 10, 11, 12; Jazz Band 11, 12; Model U.N. 10, 12; Wingspan 12; Spring Musical 11, 12.

Venable, Jonnette — SCA rep. 10, 12; Executive Council 11; DECA 11, 12; Field Hockey Manager 11.

Vermillion, Marcie — General Activities.

Villanueva, Karen — Coquette 11; Track 11, 12.

Walker, James — Spring Musical 10, 11; Jazz Band 10, 11, 12; Marching Band 10, 11, 12; Concert Band 10, 11, 12; Regional Chorus 10, 11, 12.

Walker, Tom — All-State Choir 11, 12; Spring Musical 10; Band 10, 11, 12; Jazz Band 10, 11, 12.

Waterman, Angela — General Activities.

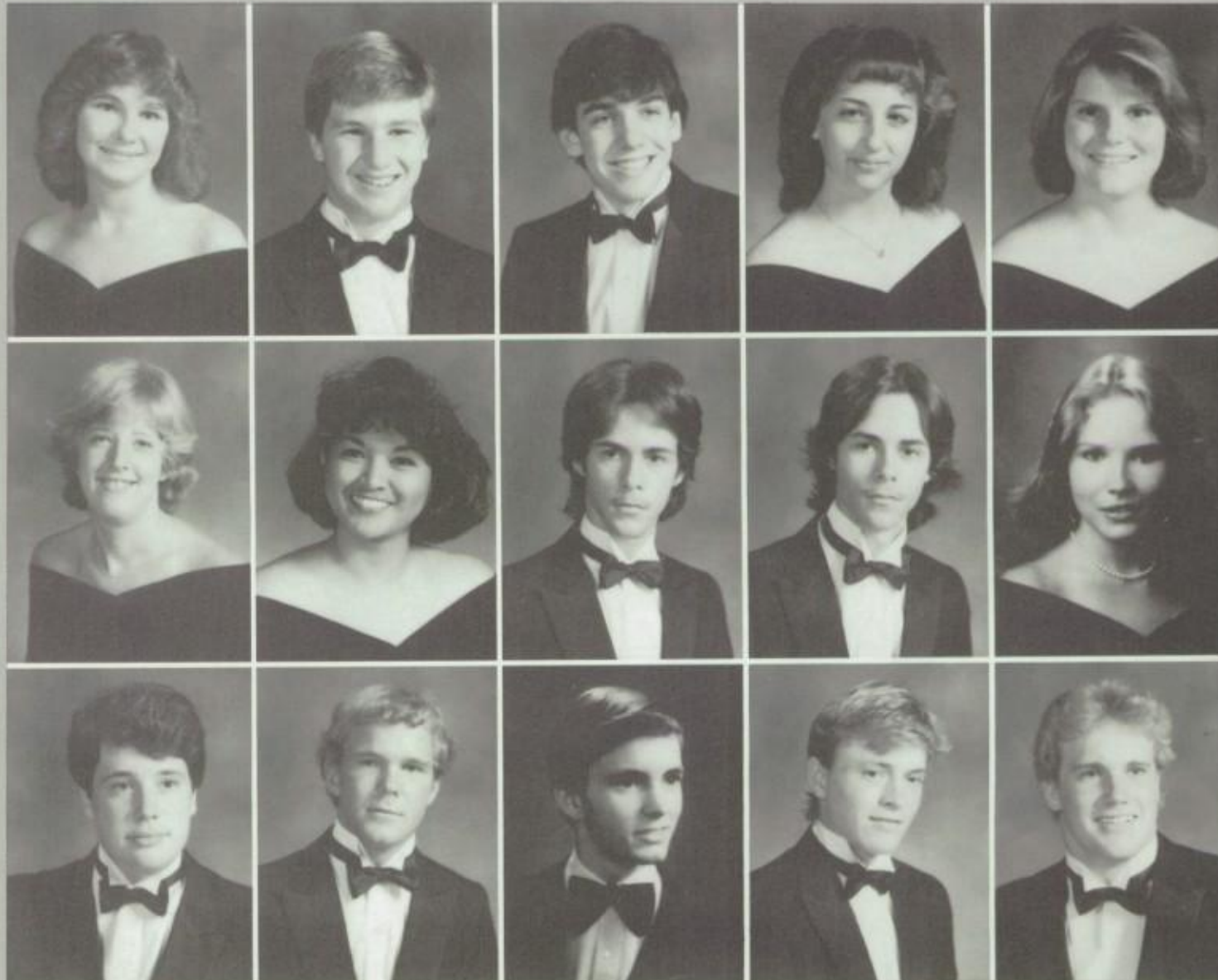
Watts, Todd — Executive Council 12; SCA 11, sgt. at arms 12; Fall Play 11; Spring Play 10, 11, 12; Debate Team 10, 11, 12; Model U.N. parl. 12; Thespians 10, 11, vice-pres. 12; TAR 12.

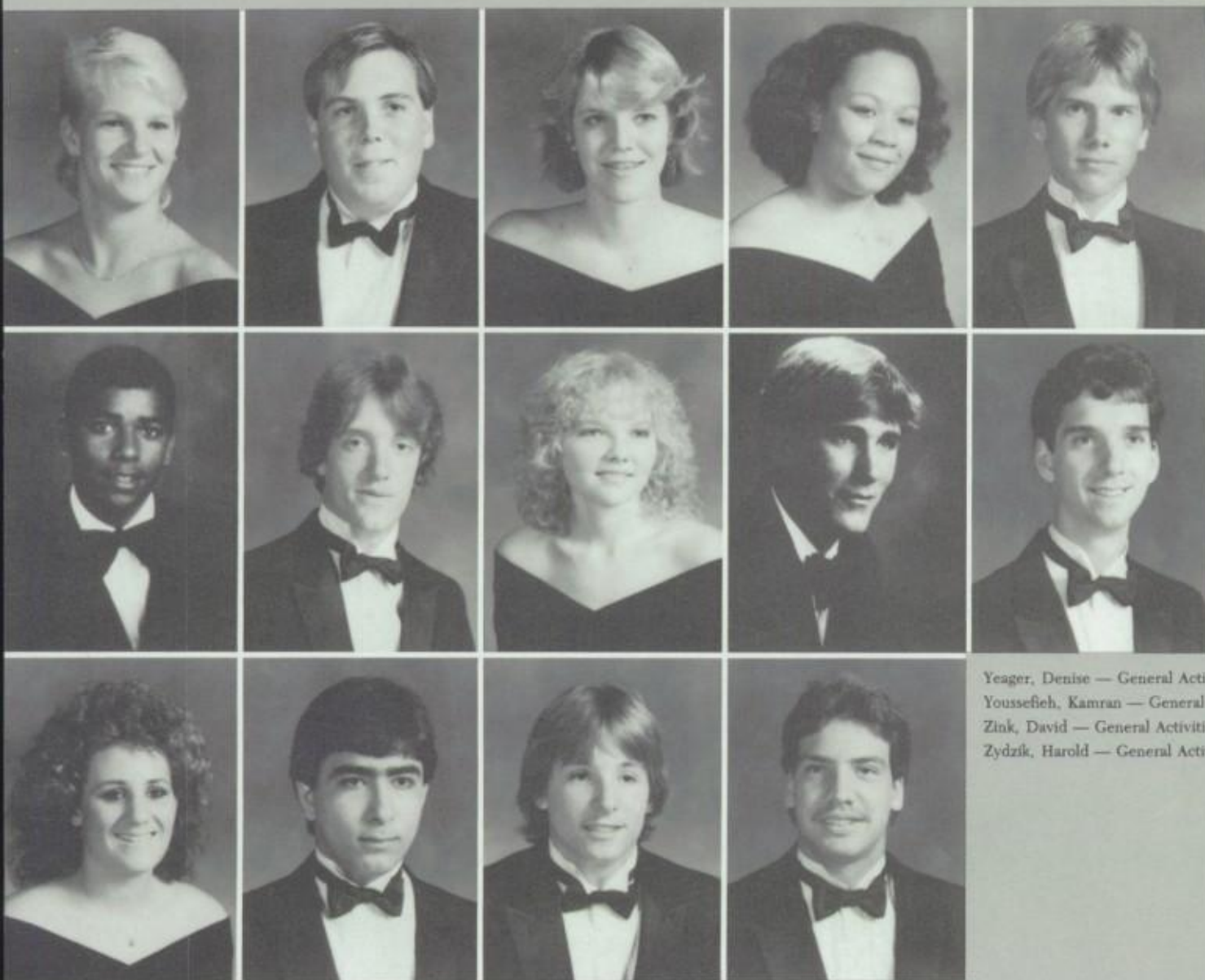
Weaver, John — Talon 11.

Weikel, Kenneth — Industrial Arts Club 11, 12; Regionals 10, 11.

Whitbeck, Paul — SCA rep. 10, 11; Yearbook 10; Indoor Track 12.

White, Lamar — Football 10, 11, capt. 12.





Willand, Carolyn — Basketball 10,11, capt. 12; Softball 10,11, capt. 12; Powder Puff 11,12; Prom Hostess 11; Powder Puff Committee 12; Prom Committee 12.

Willis, George — General Activities.

Willis, Lauri — General Activities.

Wilson, Hilda — French Club 10,11,12; German Club 11,12.

Winn, Brian — Baseball 11,12.

Witty, Jack — SCA 11,12; Shop Club 11,12; Electronics Club 12; Homecoming Committee 12.

Wood, Mark — Cross Country 10; DECA 12; Newspaper Staff 10.

Woodard, Nancy — General Activities.

Wright, Tony — Wrestling 10,11,12; German Club 10; Wingspan 12; Computer Club treas. 11.

Yaunche, Scott — General Activities.

Yeager, Denise — General Activities.

Youssefieh, Kamran — General Activities.

Zink, David — General Activities.

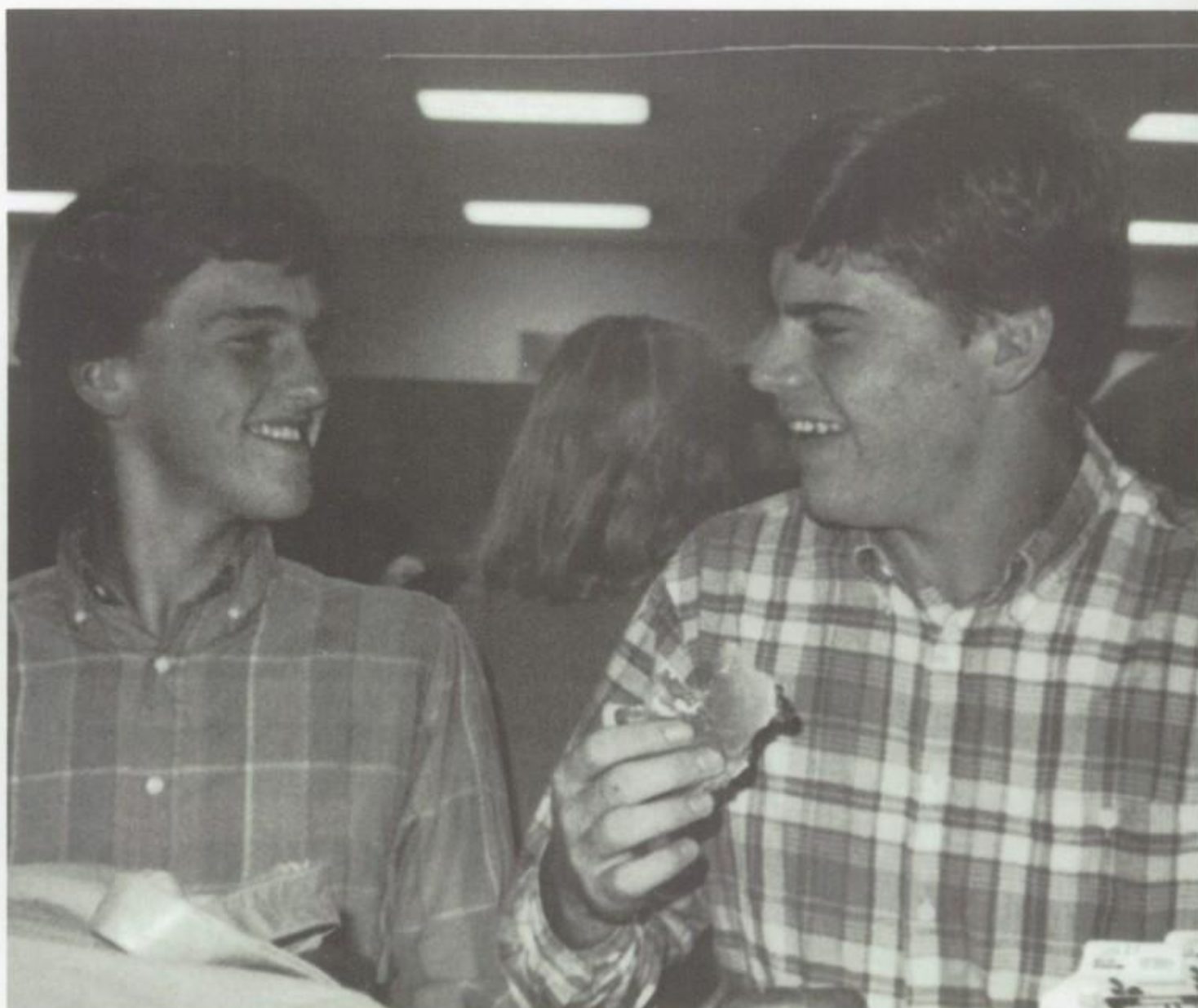
Zydzik, Harold — General Activities.



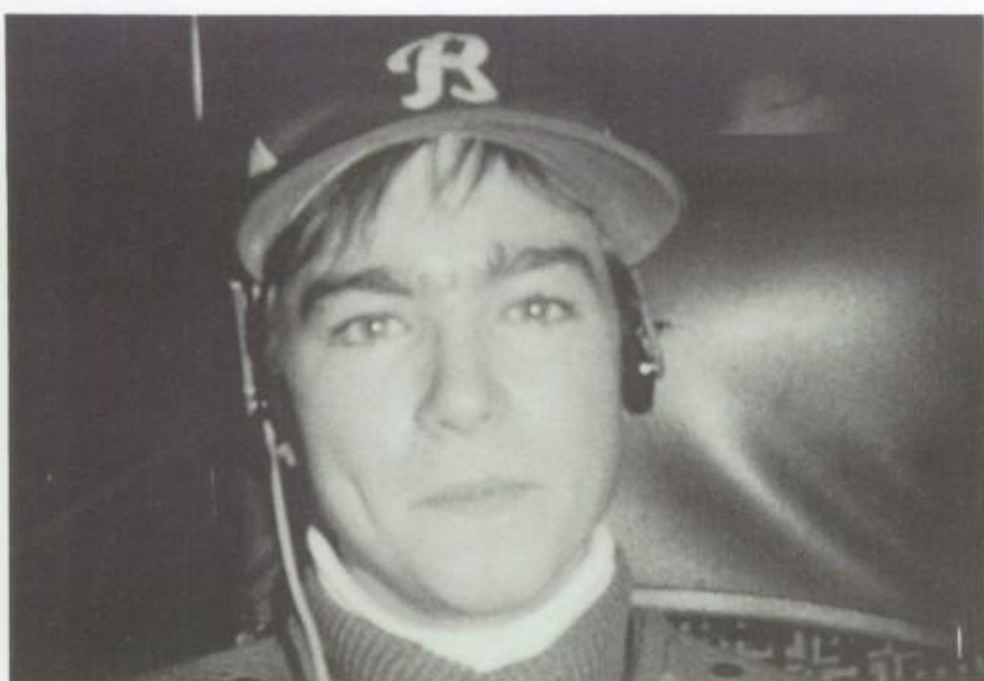
College applications required much time and attention by future college students.

"Hey, Clark. You really gonna eat that?"
 "Yeah, Tom, Wanna bite?"

"Hey, man. Which way to Woodstock?"



Junior hosts and hostesses pose for a picture at the 1984 Senior Prom. Front row: Carolyn Willandt, Jennifer Clarke, Kathy Connolly, Evan Speckhart, Leann Cyphers, Beth Dunton, Stephanie Shupe. Back row: Lew White, David Eun, Ken MacGillivray, Tom McNicholas, Bill Malla.



"Earth calling Space Cadet Malla!"

Laurie Haynie attempts to save Lee Clark from attack by the Killer Cuddler.





Mike Brown, Dawn Fraioli, Patty Busching, and Jeff Hall campaign, avidly for the 1984 Presidential Elections.

Gotcha! (I'm gonna getcha ...)



MEMORIES

A City of Friends



I dream'd in a dream I saw a
city invincible to the attacks of
the whole of the rest of the
earth,
I dream'd that was the new city
of Friends,
Nothing was greater there than
the quality of robust love, it
led the rest,
It was seen every hour in the
actions of the men of that city,
And in all their looks and words.
— Walt Whitman

"Tennis, anyone?"

Lew White and Carolyn Willandt clown around before the 1984 Senior Prom.

JUNIOR CLASS OFFICERS

America's Future Politicians?

Phil Akers
Greg Allen



John Allen
Marjorie Allen



Joann Alexander
Michele Allison



Katey Andrews
Suzette Andrews



Marie Armes
Cathy Ashbrook



Rachel Atkinson
Louis Auffant



Ashley Bailey
Nancy Baker



Rob Ballard
Teresa Ballew
Lenny Bano
Erik Barefield
Mike Barnes
Myron Barnes
Julie Barton
Kelli Bauer
Donyea Baxter



Laurie Bean
John Beasley
John Bender
Darlene Benhase
Robert Bennett
Lori Bentley
Brian Benton
Evie Bergstresser
Priscilla Bishop



Holly Bivins
Tracy Black
Arthur Blausey
John Bloemer
William Blount
Tom Bogstad
Jeff Bong
Tommy Boothe
Amy Boren



The junior class officers emerged from last year's elections ready, willing, and able to lead their class through one of the toughest years of high school. The officers faced difficult arrangements in planning for the year ahead. Necessary plans included the junior class Homecoming float, the annual powderpuff football game, the inevitable fundraisers (including the infamous cookie pie sale!), and most importantly, the junior's Ring Dance. "We want to leave Cox this year knowing we made our mark as juniors; anyone who attended our Ring Dance knew that," said secretary, Woody Ballew.

Three of the officers this year were experienced veterans of the school political system. Tim Brunick, president, was also president of his sophomore class. Tim's experience last year was invaluable he felt.

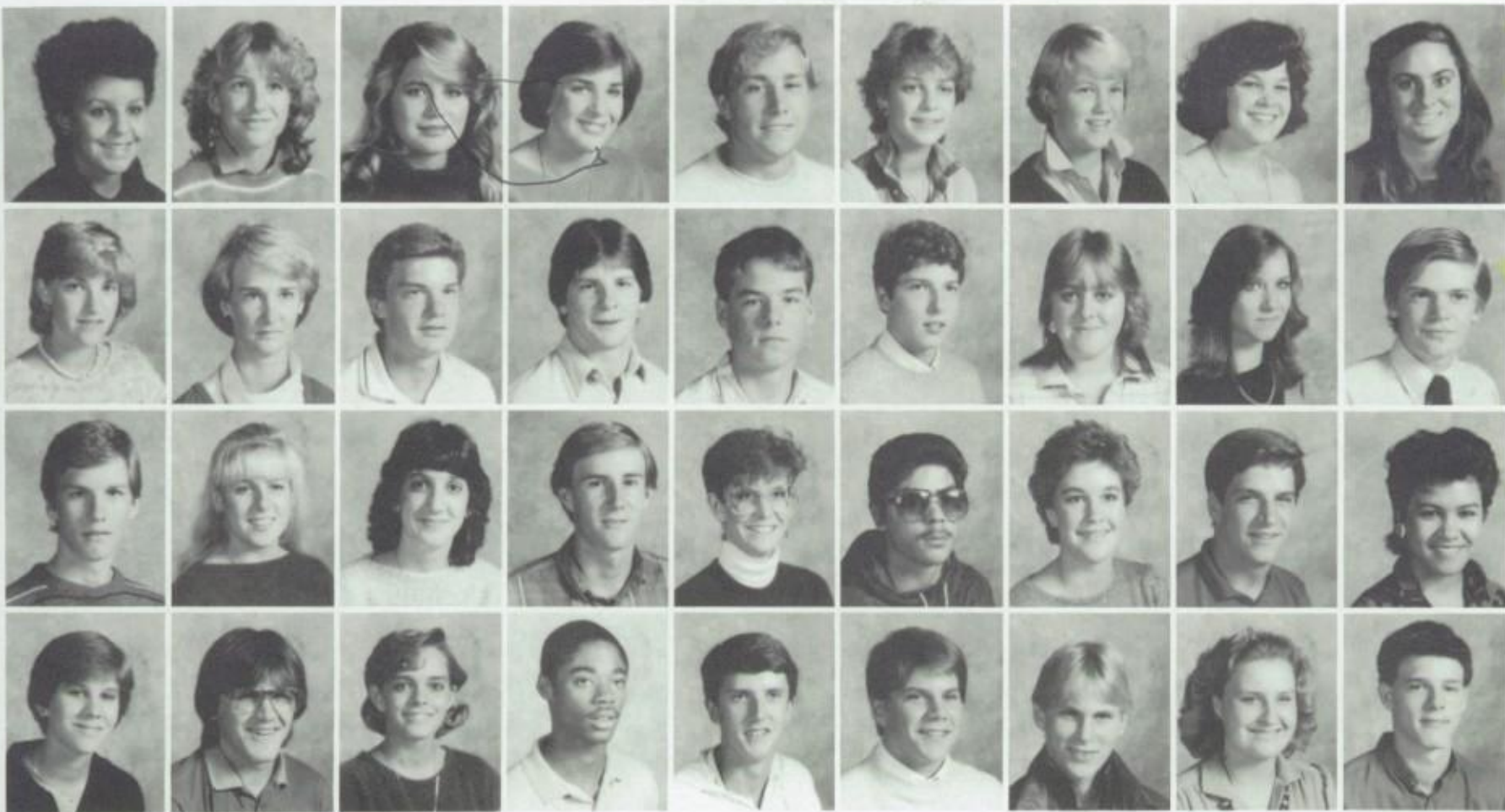
"I knew when I ran for junior class president what I was getting into and what problems I was faced with," Ron Copleland, vice president, has been a class officer since his freshman year; he was also president of the

Lynnhaven Junior High SCA and second vice president of his sophomore class. Ted Travelstead, treasurer, was treasurer of his sophomore class last year, too. Woody Ballew, secretary and Don Spencer, second vice president were both new to politics this year, but it didn't take away from their performance during the year.

The junior class officers had a great deal of praise for the junior class as a whole and especially Miss Mary Hopkins, the junior class sponsor. Said Brunick, "The juniors' contributions to all the school's activities were obvious. We played a very important part in the school as a whole, but I think we were also very close as a class." Ron Copleland best summed up the feelings about Miss Hopkins: "There is no one who can replace Miss Hopkins. Without her we couldn't do half of what we do. She's just great."

Second vice president Don Spencer bubbles over with enthusiasm for the junior class.





Brigitte Bove
Lori Bowers
Christine Brantley
Lauri Braun
Sean Brennan
Pam Brien
Amy Briggs
Bridget Brinkman
Audra Brinn

Kim Brisbin
Debbie Brown
Robert Broyles
Tim Brunick
Shawn Buck
Bob Buffington
Flora Bullard
Tammy Bunch
William Bundy

Paul Burlingame
Karol Carns
Anita Campbell
Geoff Campbell
Mary Campbell
Raysly Campos
Sara Cannon
John Carden
Bonnie Cardenas

Kim Carroll
Dwane Cashman
Allie Cason
Corey Cason
Greg Castle
Rob Cave
Jeff Chalut
Tina Chambers
Garrison Chance

Gina Chandler
Jonathan Chase

Pam Childers
Paul Christoff

Danielle Cianfrani
Tina Clanton

Colin Clark
Jocelyn Coakley

Dawn Cohan
Eric Coleman

Lisa Coleman
Jim Collier



Junior class officers Ted Travelstead, Ron Copeland, Woody Ballew, Don Spencer, and Tim Brunick are head-over-heels with enthusiasm for their class.



A SYMBOL OF PRIDE

Juniors Ring In Their Senior Year

Class rings often are one of the few mementos left from high school in the years after graduation. The juniors this year took special care in selecting their rings from Balfour's endless collection.

It wasn't as easy as it sounds. It took long hours of consultation with Mom and Dad, comparison with friends, and deciding on a final design. Would it be gold, silver, or that "New" metal, Celestrum? Should the stone be an artificial birthstone or a genuine one? Would the setting be a fashion ring or traditional? Decisions, decisions. "It was really

hard deciding between all the designs, but I'm really happy with the one I bought," said junior Stephanie Rohdenburg.

Price was often a factor in the decision-making process. "I love the ring I got, but the fact that my parents are paying for it made just a bit of difference in the style 'we' chose," said Carme Killey with a touch of good-natured sarcasm. You're not alone, Carme.

After all the comparisons and final decisions, the juniors have a memory that will last for years to come.

Linda Collins
Sherry Cook
Sonja Coonrad
Ron Copeland
Danny Cotton



Jebb Crisabulli
Michelle Criscione
Missey Crouch
Carrie Cubine
David Culver



Bob Curry
Suzanne Daley
Bill Dana
Jenni Davies
Beth Davis



Tiffanie Davis
Chris D'Domenicus
Kevin DeBroeck
Melney DeBroeck
Eric Deneroff



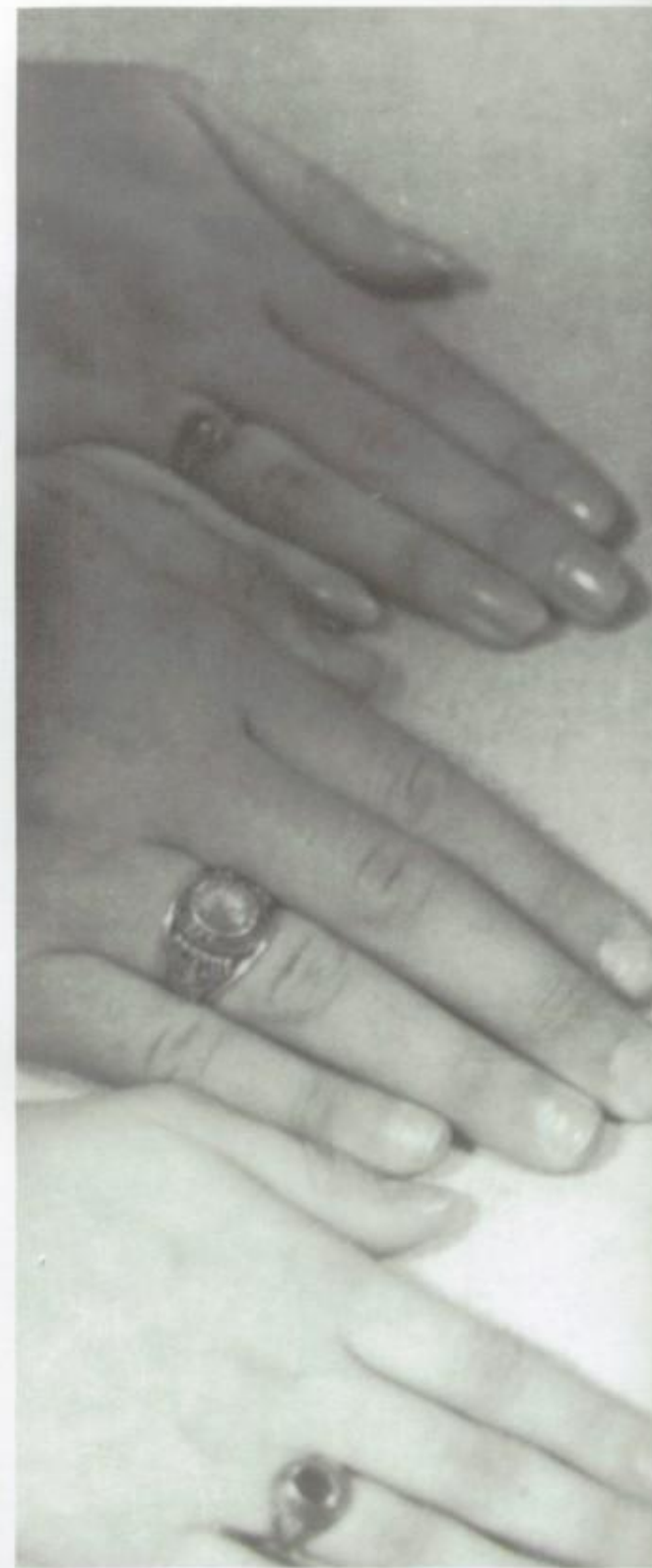
Susan Dennis
Brett Derr
Katrina DeSantos
John Dively
Sheida D'Jalaly



David Dodd
Bill Domanski
Pat Dooley
Paul Dubicki
Kim Dustin



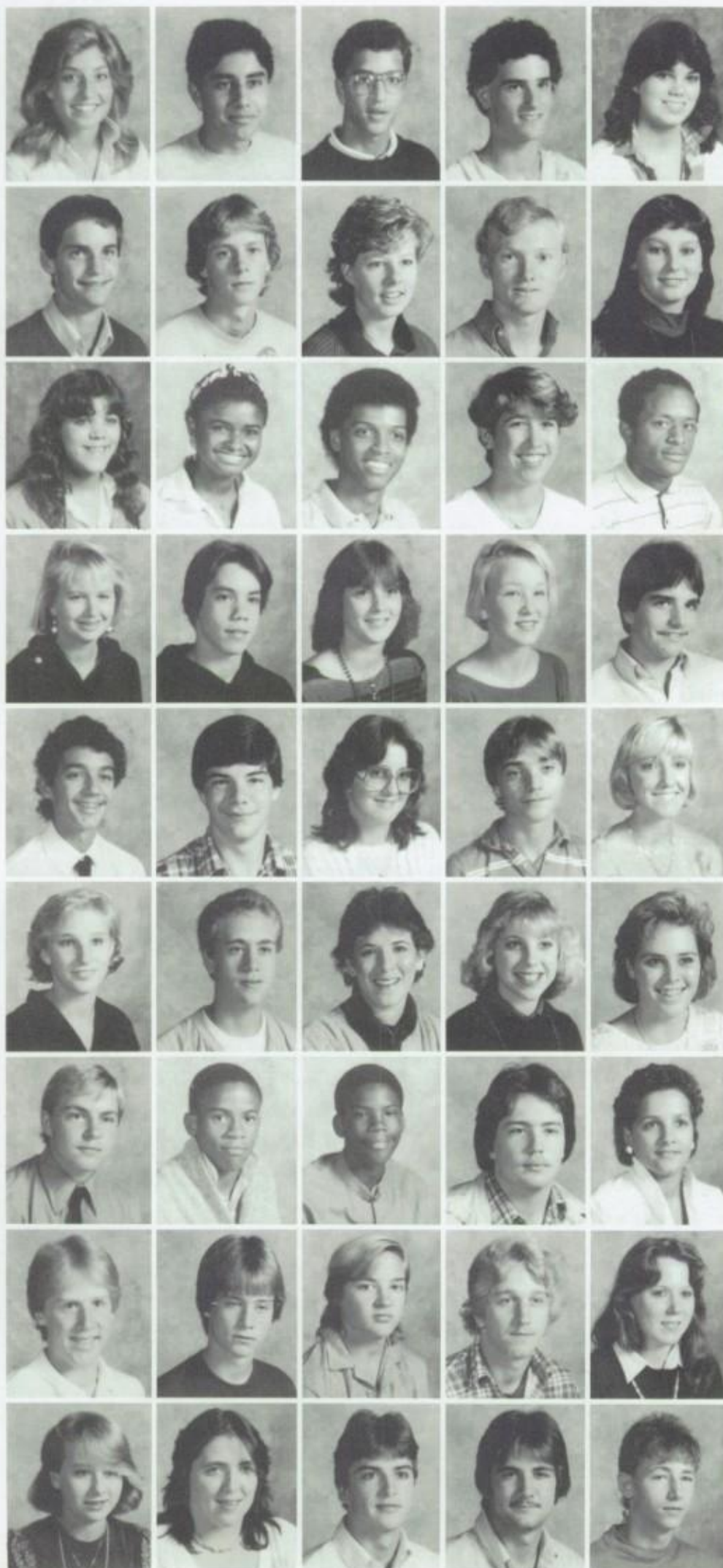
Angie Dyson
Kerith Edwards
Chrissy Elmore
Will Emerson
Chris Engel



All juniors received a packet of brochures displaying an enormous variety of ring styles and stones.



Juniors display the various styles of rings that they selected.



Terri Engel
Surena Fazeli-Matin
Bob Featherer
Ricky Feineis
Danika Feltz

Tim Fenn
William Fentress
Kelly Ferguson
Al Ferraro
Linette Fincannon

Kim Finley
Debbie Fisher
Damien Fisher
Stacey Fitzpatrick
Forris Fiveord

Carol Flynn
Hank Ford
Tonya Foreman
Amy Fox
Sean Fraser

Bobby Frenzley
Denny Friend
Sandy Fulghun
Chuck Ganser
Vicki Gates

Dee Dee George
Dave Geisen
Randi Goldberg
Jennifer Goodrich
Amy Gorman

Alan Granger
Derek Grayer
Jerome Grayer
Andrew Greenberg
Anastasia Grekusi

Glenn Grimsley
Robert Guess
Rich Gwaltney
Rick Hacki
Sue Haddock

Cheryl Hale
Louise Hale
Joe Haley
Jim Halhill
Chris Halquist



Voted "Most Academic" by their classmates, Susan Wood and Scott Keeling demonstrate their expertise in the subject of patty-cake.



Lee Hansen
Ron Hard
John Hardee



Joann Harris
Sandi Haselman
Jenni Harvey



Matt Hayden
Julie Hayes
Chris Hendrix



Brian Heston
Shelia Higgins
Will Highton
Eric Hildebrandt



Helen Hill
Stephanie Hill
Danny Hinton
Jennifer Hoelk



David Hoffman
Pam Holberg
William Holland
Kim Hood



Cheryl Hough
Christine House
Karen Howard
Pete Howard



Stephen Howe
Jennifer Howsare
Myjolie Hutchings
Eric Ingvaldsen



Kevin Jackson
Christoph Jacobi
Ulrike Jacobi
Nicole James



Mike Jarrett
Catherine Jarvis
Deedra Jenkins
Amy Jeroy



Liz Jones and Tommy Boothe show how they feel after being voted "Most Athletic" by their peers.



Steve Zanetti and Gretchen Meritt are proud that they were elected "Most Musically/Artistically Talented" by the junior class.

SUPER SIX!

Junior Stars Shine

In a vote taken in English classes, junior class students selected the six juniors outstanding in three categories, athletics, art/music, and academics. The people elected were as follows: Liz Jones and Tom Boothe for athletics, Gretchen Merritt and Steve Zanetti for art/music, and Susan Wood and Scott Keeling for academics.

Jones and Boothe are both very involved in the school's sports programs. Even throughout junior high they excelled in their sports. In ninth grade they were both selected for a similar award in athletics. Liz has been a cheerleader for two years, was the number two player on the tennis team, and played girls' soccer. Tom was a starting member of the football and baseball teams.

Merritt and Zanetti, though they were both selected for the same category, are involved in very different subjects. Gretchen is an extremely talented pianist. She has been taking piano lessons since she was five years old,

and she practices a minimum of an hour a day. In ninth grade she was the pianist for the madrigals. Steve is very interested in art and especially drawing. What does he like to draw? "Anything!" says Steve.

Wood and Keeling are both students concerned with keeping their grades up. Along with all of his studies, Scott finds time to do extracurricular activities; being treasurer of the S.C.A. takes up most of his spare time. Scott hopes to attend Princeton. Susan not only keeps busy doing very well in academics, but is also involved in additional activities. Aside from being copy editor for the yearbook, she is also a utility player for the softball team. In 1983-84, she was selected as a member of the Ledger Star Scholastic Achievement Team. "Even though I study," explains Susan, "I try to find as much time as possible to have fun."



David Johnson
Kelly Johnson



Robb Johnson
Jeannine Jones



Liz Jones
Tim Jones



Terry Josephson
Karen Kazakovich



Scott Keeling
Christine Kelly
Michael Kenney
Pam Kerr
Sally Kilada
Carme Kiley
Holly Kim
Michele King
Kevin Kingston



Lisa Kinner
Trey Knox
Dave Kravchak
Beth Kreider
Kathryn Krieger
Debbie Kuyper
James Kurfes
Jarrod Lair
David Larch



Tony Lauro
James Lauterbach
Richard Lawrance
Steve Lay
Mike Ledlow
Sherri Lee
Sheila Legacy
Lisa Lemish
David Lewis



Jeff Lewis
Rosemary Leyden
Jeri Lindsay
Kathryn Loftin
Maria Lompero
Steve Loschi
Barbara MacDonald
Dawn MacDonald
Heather MacKinnon



Paul Mallas
Kevin Mangels
Spencer Manning
Dawn Mariani
Tamayo Maricruz
Lilly Marion
Karla Marlinghouse
Apryl Marr
Pat Marshall



Ben Marsico
Rodney Martin
Russell Martin
David Mascitti
Ryan Matyas
Wendy McCollum
Martha McCrory
Lynne McGinnis
Charles McKay



Eric McKee
Connie McKenzie
Fred McKinney
Kriss McLaughlin
Shannon McLeod
Bryan McNeal
Dwayne McNeal
Wayne McNeal
Wayne McRae



Deedra Jenkins, Paul Burlingame, Diana Van Valkenburgh, Bob Buffington, Steve Zanetti and Kim Dustin demonstrate the juniors' interpretation of "Sands of Time" on their Homecoming float.

Terry Meeks
Gretchen Merritt



Renee Meyers
Leo Miele



Valerie Miklovic
David Miles



Kim Miller
Scott Miller



Wanda Mizelle
Michele Mohlere



Bobby Moody
Julie Moore



Reggie Moore
Leslie Moran



Scott Morlock
Michael Morningstar



Adam Morris
Priscilla Morris



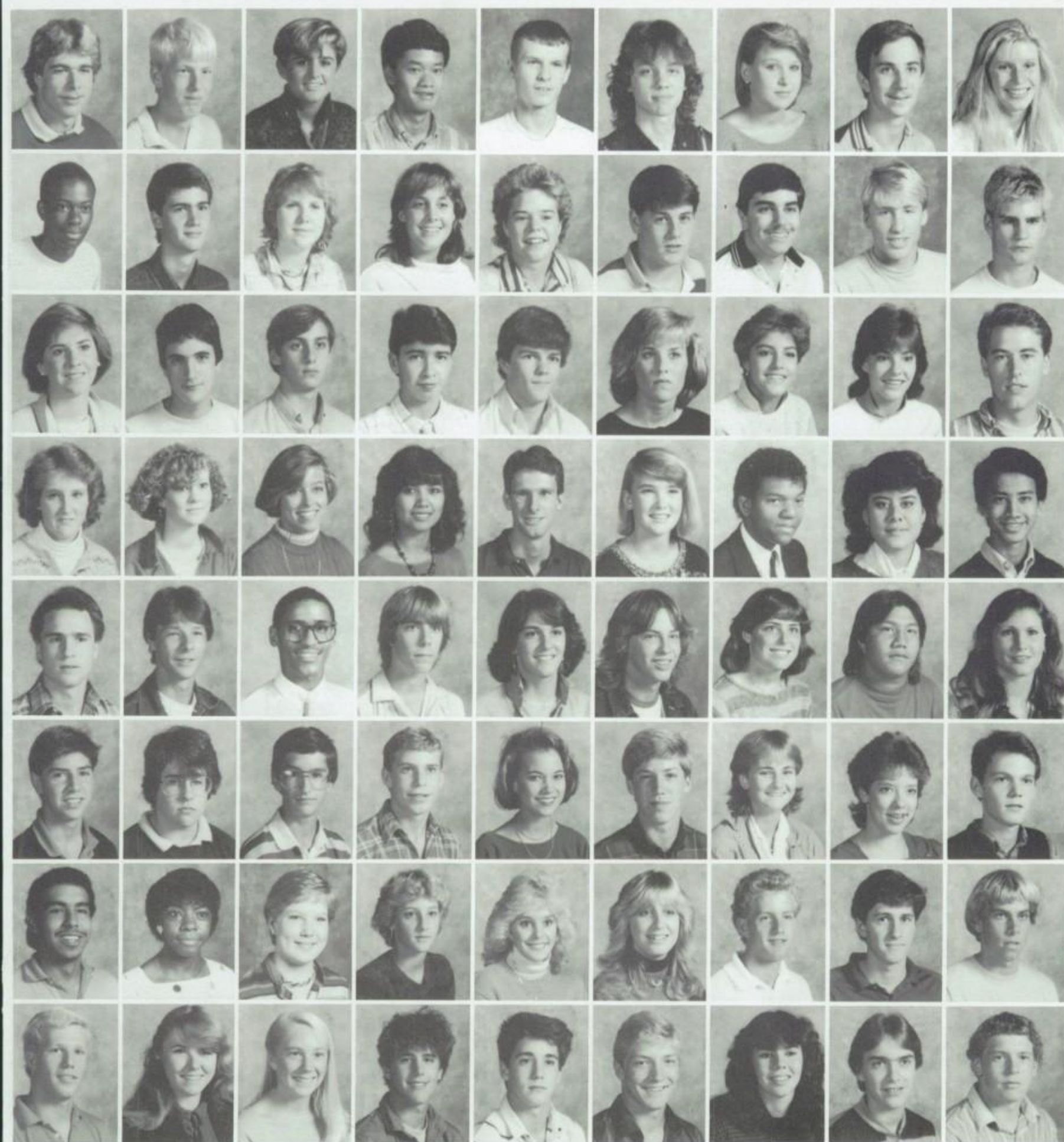
"PASSAGEWAYS THROUGH TIME"

Junior Float Shows Stages of Life

A small turnout did not dampen the spirits of the enthusiastic juniors who did show up prepared to build their class float. Though they had a flatbed to work with and napkins to stuff, the juniors faced insufficient manpower and non-existent funding. In spite of these obstacles, the float placed a respectable second in float competition, tying with the Latin Club. Miss Hopkins, the class sponsor, smiled happily when the winners were announced. "And I didn't even think they'd finish building! It's too bad there wasn't an award for Most Improved Float."

The race to finish by judging time was close. Between our spray paint fights and food runs to 7-11, we did manage to get a little work done," said Deedra Jenkins, a dedicated creator of the float. Finishing touches were still being added at 6:28 on Friday, while judging was scheduled for 6:30.

Said Kelly Wilson, a chairman for the float, "We really had a good time; the only disappointment was that it ended. We thought, 'What would we do the rest of the afternoons until six o'clock?'"



Gary Morrison
Jeff Moser
Roni Myers
Luona Nauyen
John Nelams
Jim Nelson
Lisa Newberry
Robert Newby
Asa Nilsson

Eric Norman
Pat O'Brien
Leslie Ochenhirt
Janice Oprandy
Angel Page
Mike Page
Pete Parenti
Charlie Parker
Curtis Parker

Anne Pasley
Mike Pekarsky
George Pereira
Roy Perez
Stephen Perkins
Karen Perry
Shannon Perry
Shirley Perry
Kelly Petersen

Amy Phillips
Julie Phillips
Jacquie Piazza
Maria Poole
Ron Potts
Carolyn Powers
Sean Prince
Li Pritchard
Keith Promsakha

Jeff Puckett
Mark Purvis
D.J. Qualls
Richard Quinn
Anne Rammell
Ardvari Rainic
Cheryl Rector
Richard Redding
Alexa Reed

Rich Reif
Michael Reust
Andrew Rhoades
Tim Ricks
Mary Riner
Kevin Ringenbach
Kristi Ritter
Lisa Ritzel
Paul Robertson

Manny Rodriguez
Karen Rogers
Stephanie Rohdenburg
Kelly Rothoff
Lisette Ruiz
April Sabourin
Earl Sammons
Rod Sandfield
Dirk Sanford

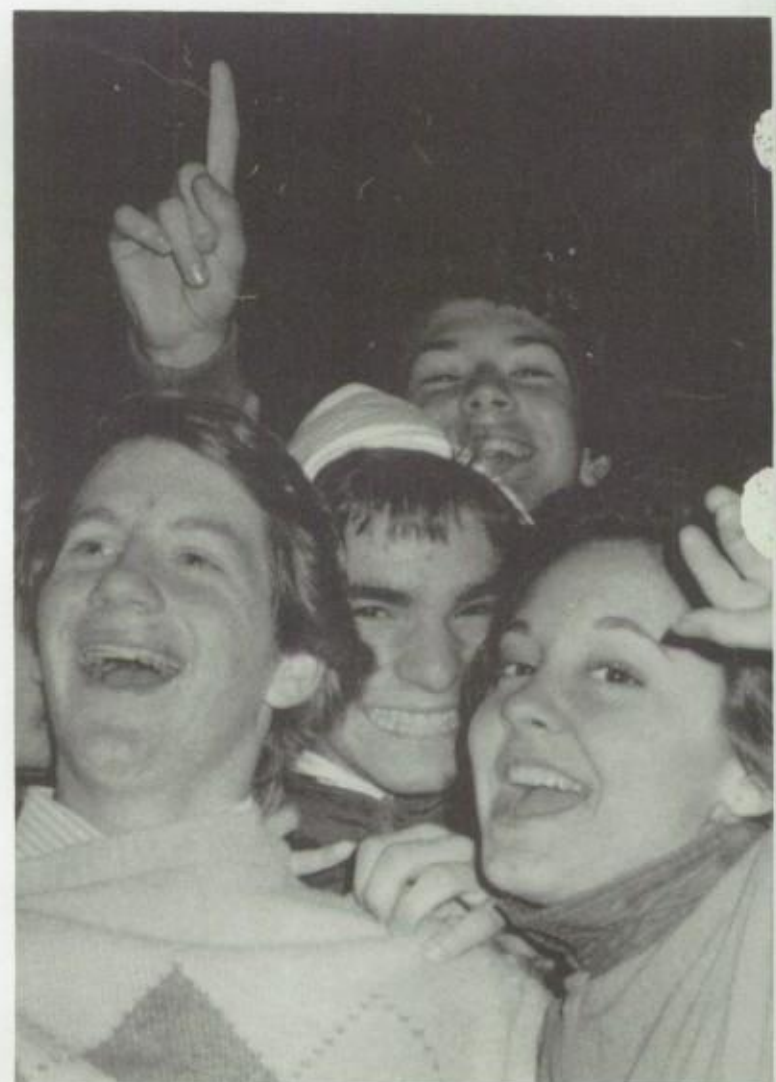
Scott Sanger
Shelly Satterwhite
Cathy Savage
Clarke Sawyer
Sean Sawyer
Chris Schellhammer
Victoria Schirman
Mike Schnackel



Juniors Kelly Wilson, Paul Burlingame, Deedra Jenkins, Steve Zanetti, Chris Engel, Susan Wood, and Tim Brunick work on an idea for the homecoming float.

Juniors Deedra Jenkins and Carme Kiley show their double spirit on Twins' Day of Spirit Week.

At a pep rally, Junior Diana Van Valkenburgh looks around anxiously for her lost class.



Morel Symons, Billy Williams, Bill Blount, and Mischelle Ward think the junior class is "Number One"!

Missy Shurtz
Chris Seabron
Sean Segerblom
David Shutt
Rob Sibert



Stephanie Siebeking
Christine Smith
Don Spencer
Patsy Spencer
Tammy Sprull



Jeff Stagge
Jackie Stanfield
Andy Starling
Mike Stauffer
Brenda Steele



Ann Steenburgh
Kristy Steinkamp
Sharon Stewart
Kim Stivers
Dan Sullivan



Ed Swap
Susan Sweeney
Matt Swingle
Perry Sylvera
Morel Symons



Andrina Tavenner
Teresa Taylor
Michael Teri
Kelley Tharp
Greg Thomas



Brian Thompson
Michael Tolve
Missy Tourgee
Brooke Townsend
Ted Travelstead



JUNIOR SPIRIT

A Class Of '86 Tradition



The juniors this year expressed their enthusiasm for the school loudly and proudly. "I think the juniors are the most spirited class, but it's always the same people cheering. Hopefully more juniors will get involved by their senior year," said junior Kelly Wilson. It can be hard getting everyone enthusiastic at the same time about the same thing, but the juniors managed to get quite a few of their class members involved. For example, during the Spirit Week before Homecoming, juniors showed their creativity and came away from the costume contests with four out of a possible six awards. (If that isn't spirit . . .!)

In addition "The Fearless Falcon Four-some" could always be seen at home football games, displaying wild combinations of green and gold outfits, showing the whole crowd their school spirit. This group composed of juniors Davey Johnson, Bob Buffington, Jim Youngberg, and Bill Blount, was well-known for its crazy antics and costumes. Their costumes consisted of oversized green, polka-dotted ties, gold paint and green glitter in their hair. They also were decorated with similar green/gold ornaments.

These four were not the only spirited Juniors. The Sophomore cheering section of last year graduated into the Junior cheering section of this year; not only this, but the ranks

swelled! The Juniors were joined with other spirited members of the lower classes. This pompom-waving crowd could be heard from all over the stadium, and in spite of the noise, fans and football players alike remarked that it was nice to see that kind of enthusiasm.

The juniors' support did not stop at sport support; large numbers of juniors were evident in many curricular and extracurricular activities. They joined clubs, chaired committees, played sports, and continued the school's tradition of excellence. Junior Carme Kiley summed up junior spirit in the following poem:

Spirited juniors were of the bold and proud,
And they showed their spirit by shouting
out loud.

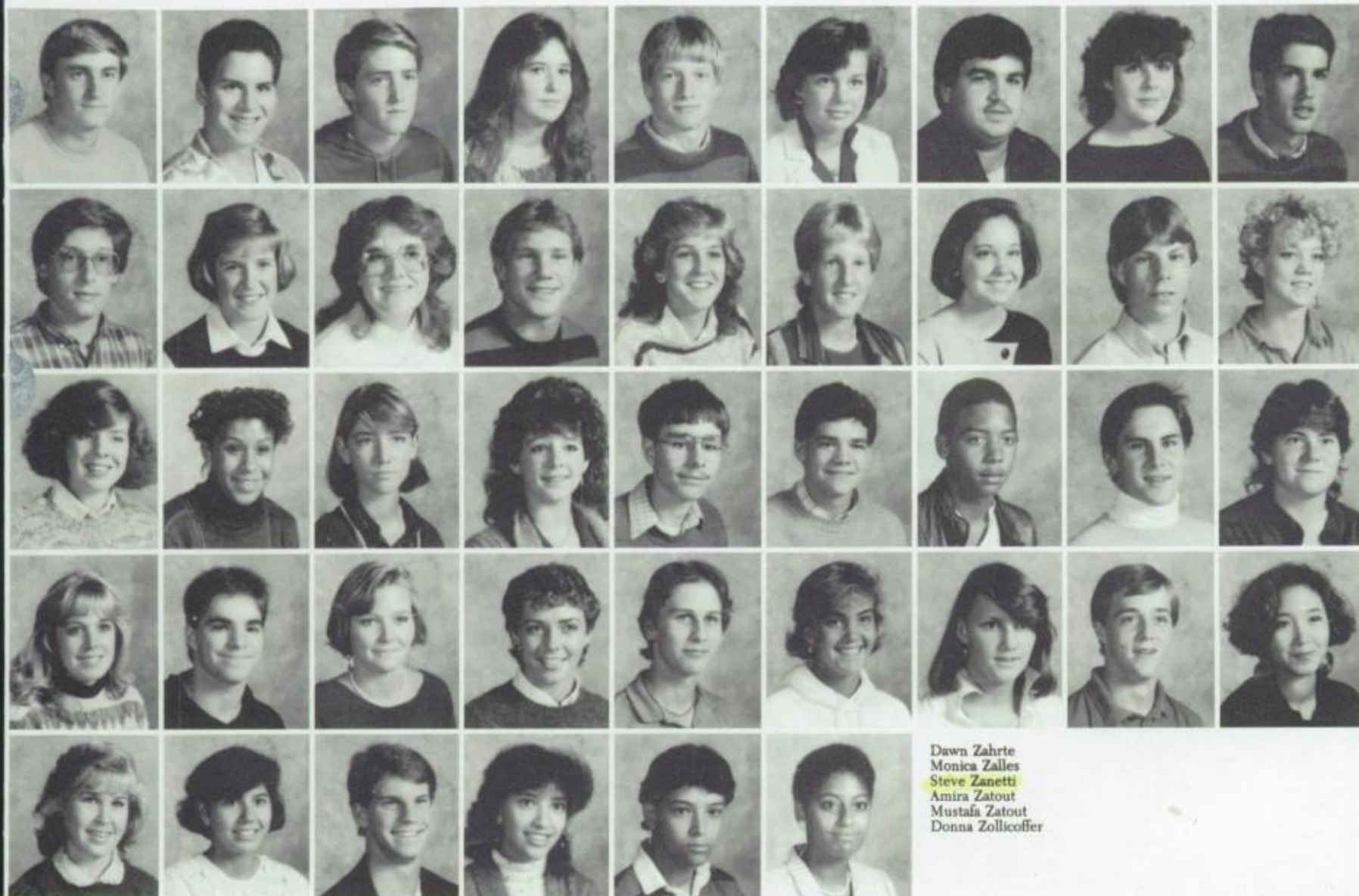
They showed that the Falcons are number
one,

Forever spirited and having fun.

They were found screaming and cheering at
games,

Leading the teams to their victorious claims.
Some showed their spirit by painting their
faces.

Other settled for calmly watching the races.
Some creatively dressed for Spirit Week, us-
ing wild ideas and clothes so chic. It did mat-
ter how they showed their spirit. Juniors were
there, and all could hear it.



Gary Tye
David Turner
Scott Trowbridge
Linda Vaneycken
Scott Van Geluwe
Diana Van Valkenburgh
Joseph Vastano
Laura Vair
Jon Vogt

Scott Voliva
Beth Von Kolnitz
Lorre Wadley
Billy Wagner
Jeri Waits
Erin Walsh
Michelle Ward
Craig Watson
Anna Wheelley

April Wheelous
Alisa White
Michelle White
Tammy Whiteside
John Whitson
Rob Wigg
Lamar Wiggins
Tim Wilbicht
Digger Wiley

Amy Wilkins
Billy Williams
Kelly Wilson
Susan Wood
David Wright
Sarah Wright
Diane Yeager
Jim Youngberg
Lulan Yu

Dawn Zahrte
Monica Zalles
Steve Zanetti
Amira Zatout
Mustafa Zatout
Donna Zollicoffer

SPIRIT ERUPTS

There's No Holding Back

"I think we're a pretty spirited bunch!" said Sophomore Anne Vinh. The judges at the class competition during the 1st pep rally agreed with Anne completely. "I was pretty surprised," said Meg Dobson. This seemed to be the general feeling; under classmen aren't supposed to be spirited!

At the Homecoming pep rally, the Seniors had a tough time pulling out a victory over the Sophomores for the 2nd class competition. Their enthusiasm, or their desire to avenge their reputation, saw them through.

The number of Sophomores on school teams was extremely high, and turnout at sporting events proved their interests and enthusiasm for the school.



"Who us? Have spirit?" But of course! Alison Davis and Caddy Wood are all for Cox!



Christine Abbate
Brad Adams
Leann Adams
Chuck Alfier
Sarah Allen
Kathy Allis
Jeff Ames
Corby Amos
Jason Anderson



Tor Anderson
Alecia Andrews
Rafi Anireza
John Aragona
Sarah Ashton
Gigi Badawi
Crystal Bagby
Tracey Bailey
Henry Baker



Jerry Baker
Pat Baldwin
Bobby Balog
Chris Banks
Ray Barata
William Barber
Ozzy Barboza
Will Barbra
Mark Barker



Wanda Barnard
John Barnes
Nita Barnes
Wayne Barrineau
Elbert Basinger
Stacy Bass
Kirsten Baum
Larry Bayles
Bowen Beacham



Bryan Beard
William Belzer
Melissa Bengson
John Bernhardt
John Best
Tim Blanchard
Allison Bloxson
Chris Boggs
Todd Bohlke

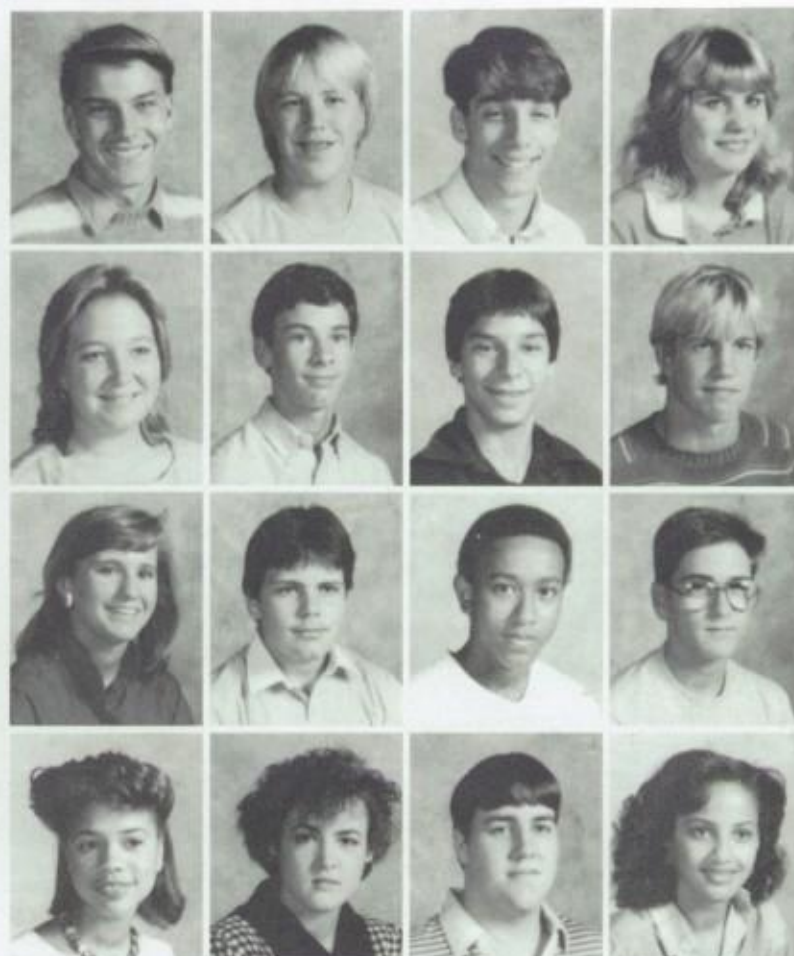


Mary Bolen
Jennifer Bollard
Denise Bosko
Mark Bowen
Troy Boyd
John Branch
Claudia Brassil
Joy Bratcher
Donnie Breckenridge





Troy Boyd, Sarah Hess, Sharon Chance, Meg Dobson, and Colleen Crowley express their thumbs-up approval of Cox.



Kevin Bremer
Randy Bresett
Ken Brethauer
Tammy Brian

Michelle Brien
Peter Brinkman
Darrin Brittingham
Chad Broadus

Kari Broocke
Joe Brooks
Danny Brown
David Brown

Juanita Brown
Kim Brown
Mike Brown
Ronda Brown

Tony Brown
Bill Brownlow
Jeff Bryan
Jennifer Bryson
Steve Burke
Pat Burton
Lisa Bushee
Mark Button
Stephanie Cameron

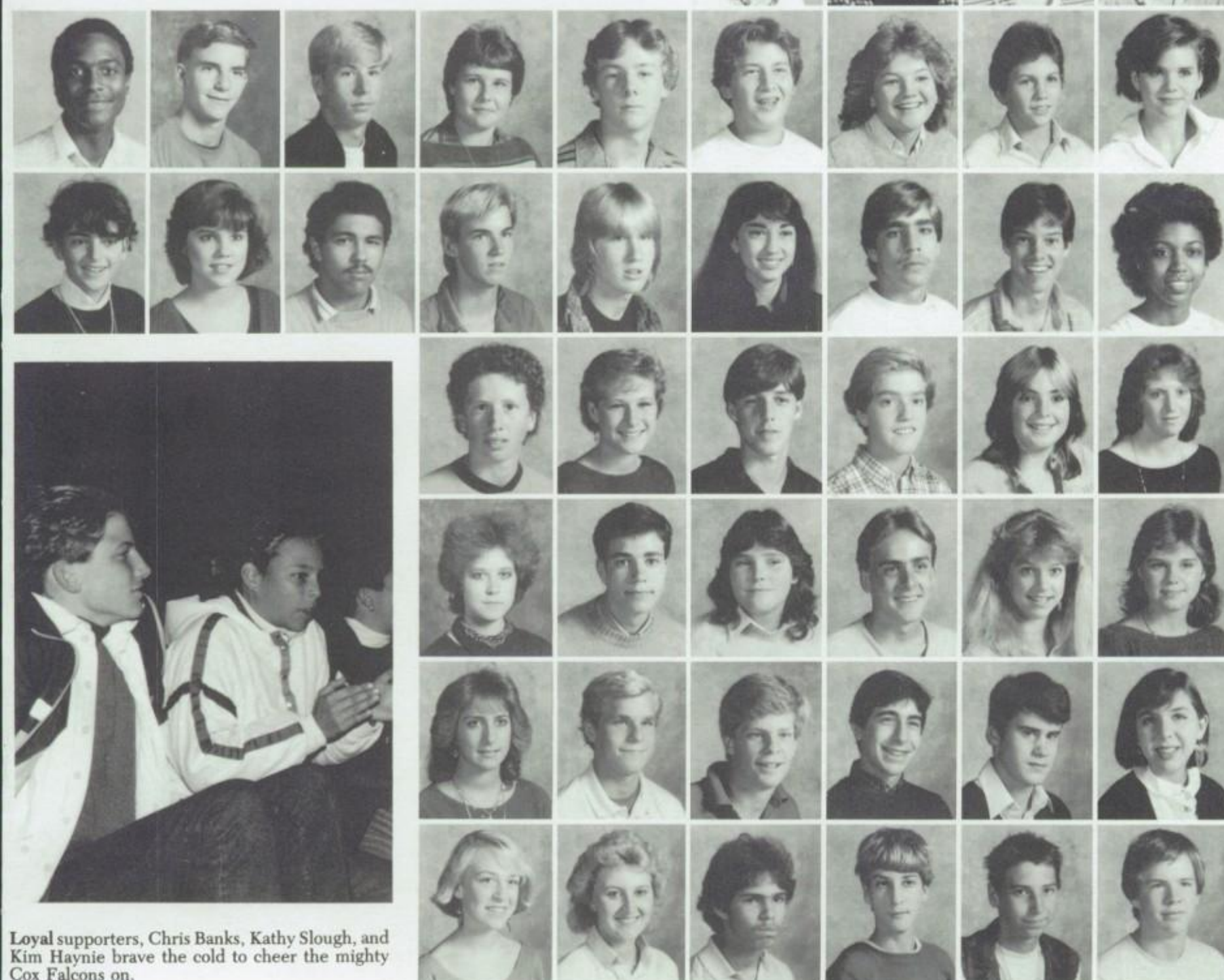
Cecile Capart
Barbara Capra
Butch Cardenas
David Carlson
Ned Carlstrom
Heather Carmichael
Tim Carroll
Robert Carserino
Pam Carter

Don Catchot
Sharon Chance
Rick Chapman
Jeff Chase
Dyan Chilcott
Cheryl Churchill

Robin Clark
Scott Clark
Jacinta Coggin
Scott Cohan
Ann Collins
Leigh Conselyea

Lisa Cook
Joe Cormier
Wendell Cosenza
Jeff Crisafulli
Paul Criswell
Kathy Crowder

Colleen Crowley
Michelle Culver
Kenny Cummings
Tom Cutler
Pete Dabieri
Gar Dana



Loyal supporters, Chris Banks, Kathy Slough, and Kim Haynie brave the cold to cheer the mighty Cox Falcons on.

Alex Darby
Jennifer Darden
Will Dasher
Wes David



Alison Davis
Christi Davis
Melanie Davis
Mike Davis



Renee Davis
Tracey Davis
Mikki Davis
Howard Decker



Felipe deGuzman
Aldo Dibelandino
Paul Dickenson
Steve Dimino



Tomi Dingle
Chris Divito
Meg Dobson
Jim Donahue



Mike Dooley
Paul Dovie
Tom Duke
Dwight Dunbar



Becky Dunn
John Dustin
Kipal Duvall
James Dyckman



Christi Edwards
Holly Edwards
Kathy Edwards
Laura Edwards
Tracy Edwards
Matt Ehrenzeller
Mike Eisenburger
Barbara Elliot
Susan Ellsworth



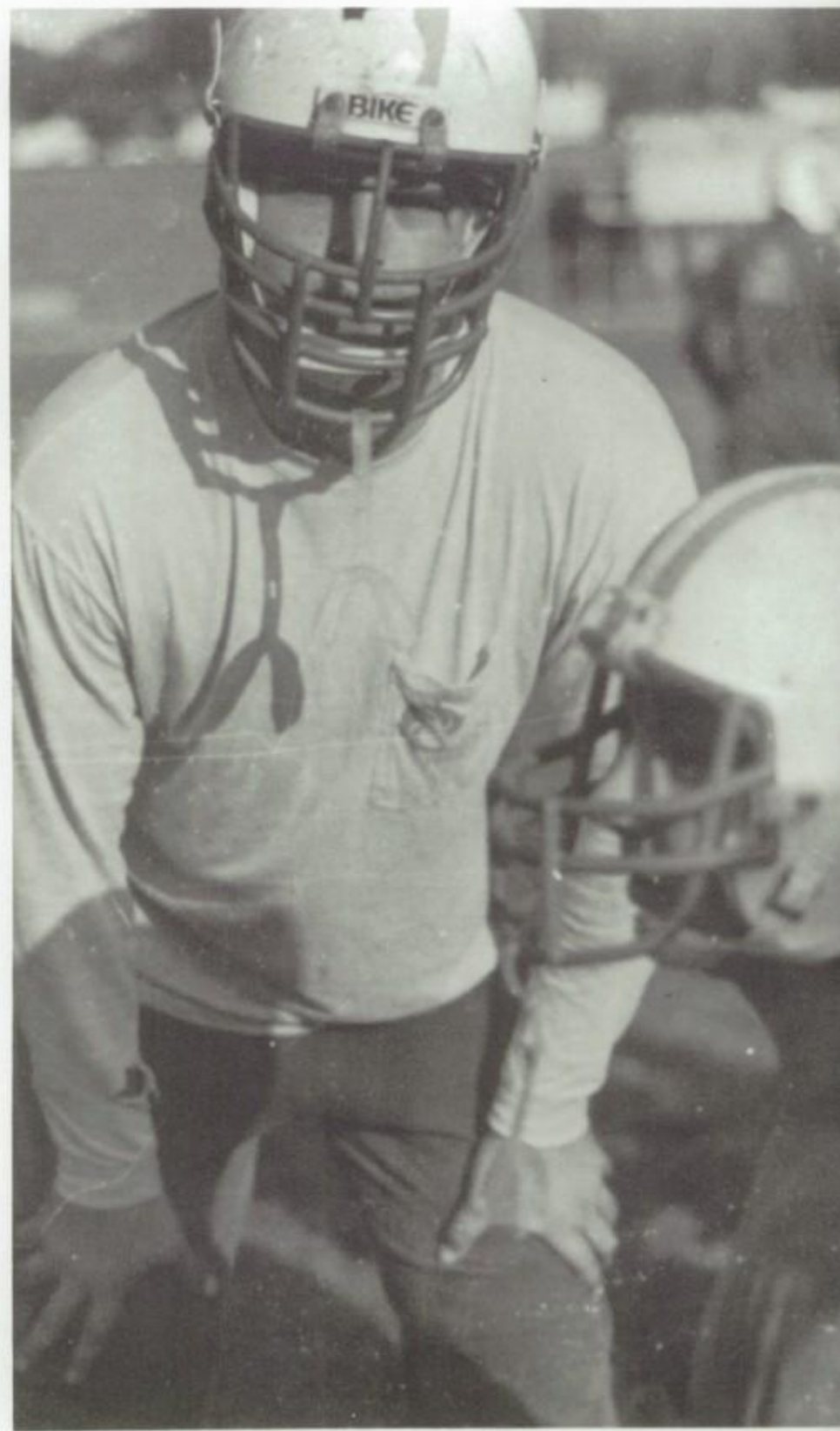
Jody Elswick
Stefanie Emerson
Ralph Enrique
Catherine Esau
Beth Eure
Denise Fallgren
Tobie Faulk
Dave Feineis
Brian Fentress



David Ferguson
Doug Ferguson
Anne Filer
Mike Fiske
Marlissee Flowers
Candace Fondren
Jana Forrester
Kathy Fosina
Chris Fountain

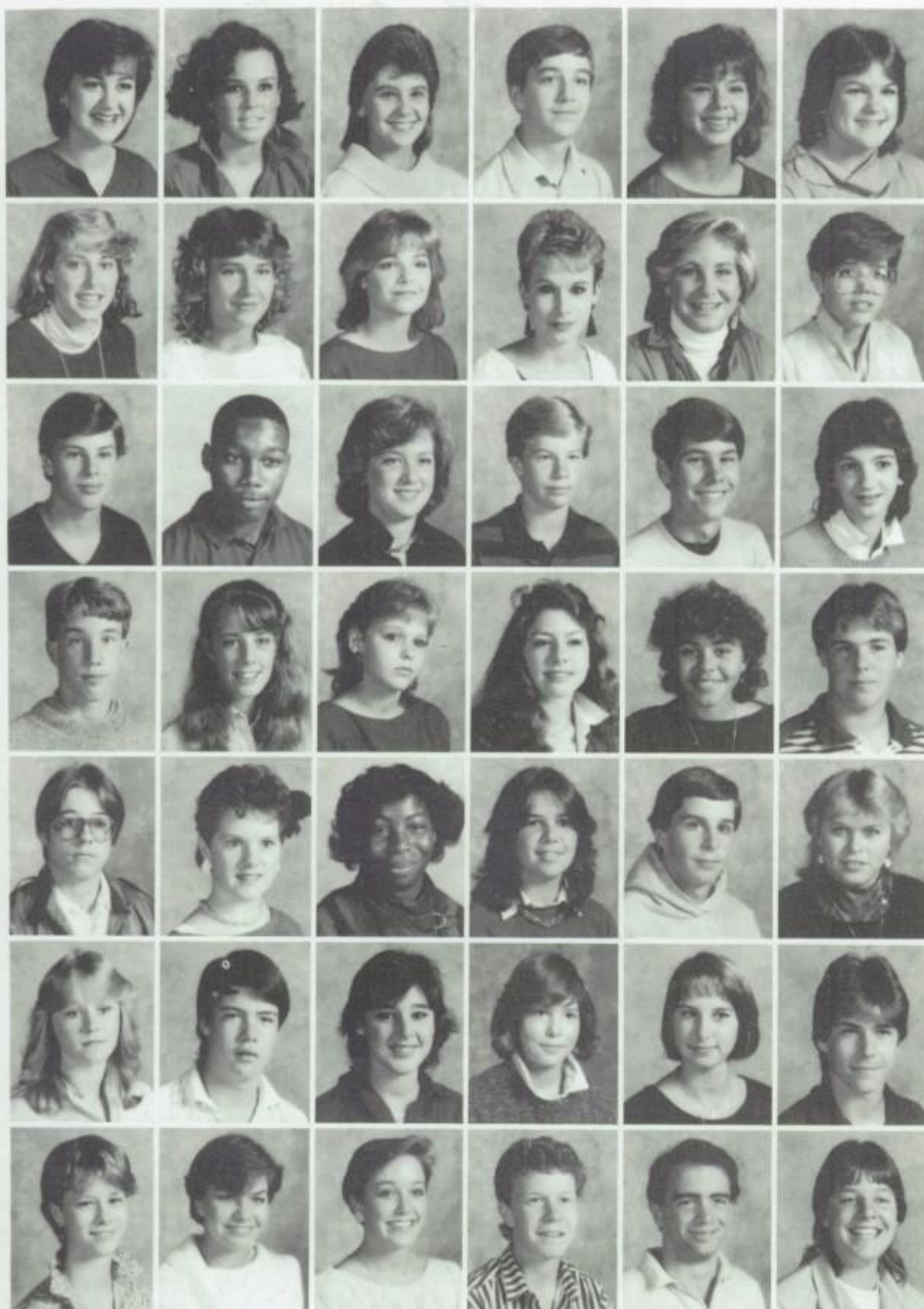


Rena Fozzard
Jerri Friedsam
Russell Fulford
Greg Fuller
Donald Gaines
Ricky Gaither
Chris Ganser
Tiki Garrett
Jennifer Garris





During practice, Lars Pierson, Paul O'Neil, and Mark Petersen discuss Play #44 in a huddle.



Carol Gaylor
Katie Geyer
Debbie Gehrlein
Dwight Gibbs
Robin Gilman
Michelle Ginn

Sharon Gish
JoAnn Gluckowski
Tracee Godwin
Kris Gommer
Lisa Goodall
Shannon Goodwin

Matt Gostel
Cedrick Gray
Lori Greber
Tommy Gregory
David Griffin
Shannon Grimsley

Jeff Griswold
Jennifer Grooters
April Groves
Lori Grubbs
Monica Gunn
Bobby Gunther

Louis Gwin
Jennie Hadfield
Nichole Hairston
Elizabeth Hale
Bill Haley
LeAnn Hallaman

Lisa Hannah
Tim Hannan
Susan Harder
Susan Harman
Lisa Harmon
John Harrington

Sandy Harrison
Katrina Haselman
Kim Haynie
David Hays
Mark Heckler
Mona Hedsbeth



"Ugh! I got it!" grunts Caddy Wood, sending the ball flying.

SOPHOMORE STARS

Excellence Shines On in Sports

Many Sophomores are avid participants in school sports. Not only are these sophomores participating, but they are excelling in sports. For example, Kathy Fosina was the starting goalie for field hockey and starting catcher for last year's softball team. Mark Peterson, a dedicated athlete, was chosen as one of the ten

"beefiest" buys in Virginia Beach. Commenting on his fame, Mark said, "I thought it was funny, but I already knew I was big."

Even the busiest of Sophomores can find time for sports. Caddy Wood, president of the Sophomore class, played on the softball and tennis team. While

being on cheerleading squad, both Kim Haynie and Mandy Tavares were members of the gymnastics team.

Many Sophomores played on Great Neck Junior High's teams as Freshmen. These athletes hoped that the experience would prepare them for the tougher high school teams.

Elizabeth Henry
Audrey Hernandez
Sarah Hess
Ron Hewlette
Dawn Hickok
Paul Higgins
Noah Hill
Pam Hinman
Cecilia Hodges



Amy Hoeverman
Richard Holland
Marshall Holt
Danny Hood
Tammy Huddleston
Honey Huff
Missi Humphreys
Mike Ives
Chris Jacobs



Sean Janezeck
John Jansen
Tylor Jesse
Becky Johnson
Dale Johnson
Henry Johnson
Holly Johnson
Jennifer Johnson
Laura Johnston



Barbie Jones
Kerry Jordan
Tania Jordan
Karen Kay
George Kapos
Leah Kelley
Kathryn Keefer
Rich Kent
Katie Kidd



With their heads in the clouds, sophomore class officers Caddy Wood, Scott Clark, Wendell Cosenza, and Sally March stand high above the others showing their superiority.

SORING SKY-HIGH

Success Within Reach

What's a MORP? And who thought up the idea of a kazoo band at the Powder Puff game halftime? Also, who conned Tice Tamayo and David Shull into being Baby New Year and Father Time on the sophomore class float? For the answers to these questions and more one needs only to turn to a sophomore class officer.

Caddy Wood, Scott Clark, Wendell Cosenza, and Sally

March are the four characters working behind the scenes to make the class of '87 the greatest. "At the beginning of the year, we decided that we wanted to be original and different in order to gain recognition for our class," said Sally.

Let us not forget the typical meeting. Scott slouches in his chair, pensively surveying the scene. Wendell is absorbed in drawing pictures of the Mr. Clean

bubbles. Sally, clad in her Fad t-shirt and black penny loafers, is scribbling away, trying desperately to catch up on the minutes; and Caddy, donned in her monogrammed sweater, calls for some kind of order among the class delegates.

Keep up the steady work guys, and at this rate, you'll have no trouble becoming known as original.

Jonathan Stauffer shows his respect and admiration for vice-president Scott Clark.



Father Time, alias David Shull, passes the time by riding the Homecoming float, one of the many projects executed by the sophomore class.



- Tara Kim
- Kelly Kincaid
- James King
- Kerry King
- Kevin King
- Larry King
- Chris Kmet
- Bill Knudsen
- Marcy Kosse
- Shawn Kountiz
- Mark Kravchak
- Lawrence Krieger
- Carrie Kroboth
- Danny LaBore
- Lisa Lacroix
- Mike Lambe
- Danny Lane
- Ann Leadbeater
- Quentin Legg
- Donovan Lenaghan
- Grant Leonard
- Courtney Lester
- Eric Lewis
- Charlie Lindauer
- Chris Lloyd
- Jim Logan
- Colleen Long
- Wanda Long
- Bobby Loomis
- Hope Lucas
- Jennifer Lucas
- Tamara Lucas
- Toby Lucy
- Dennis Luster
- Lisa MacDonald
- Nell-Garwood MacEachern
- Geraldine Maraia
- Sally March
- Kay Marella
- Jimmy Mariani
- Matt Maroon
- Alec Marshall
- Larry Mayo
- Spencer McAlister
- William McCallum
- Susan McClellan
- Norina McDaniels
- Chris McElfresh
- Heather McFillin
- Bobbi McKellar
- Maggie McKeon
- Michele McKinght
- Bob McLean
- Tammy McLeod
- Winston McLeod
- Jeff Meyers
- Sean MGloughlin
- Denise Mickelson
- Gary Middeke
- Eric Milby
- Paul Miles
- Chrissy Miller
- Shayne Miller
- Sara Molyneux
- David Moody
- Charlie Moore
- Shannon Moore
- Maria Morquez
- Don Morris
- Christi Morrissey
- Mark Moser
- David Mosman
- Jennifer Moyer
- John Mucha
- Jim Mulick
- Dan Murphy
- Keith Murphy
- Michelle Myers

GOOFING OFF

Shannon Myers
Shawn Myers
Cliff Nelson
Kristin Nelson
Paul Nelson
Craig Nevins



Melanie Nissenon
Alan Norman
Bill Nottingham
Lois Nourse
Brooke Oates
Jon Oden



Becky Oglesby
Paul O'Neil
Michelle Orenduff
Gina Pacheco
Frank Palermo
Pace Palmer



Pogo Parr
Pam Pascual
Sam Pavay
Tom Payne
John Peckans
Bobby Pellerin



Jennifer Pennington
Mike Penny
Joel Perry
Jon Perry
Mark Petersen
Scott Petersen



Rob Pewett
Kris Phelps
Tim Phillips
George Picard
Lars Pierson
Kim Pollard



Berry Porter
Taekwon Poppa
Natalia Porto
Raven Prevette
Elizabeth Prodan
Susan Rayfield



Mary Redding
Kara Reed
Shannon Reed
Anna Rees
Greg Renno
Christine Reynolds



Randi Rhoades
Crista Rhudy
Lori Ricci
Matt Richey
Amy Riddick
Arlene Ridge



Rhea Rieve
Gary Roberts
Patti Roberts
Paul Roberts
Mark Robertson
Steven Robertson



Christi Edwards and Meg Dobson are obviously engrossed in their biological studies.

All Play and No Work?

Tiki Garrett makes a face with the aid of her extra two hands as friend Sharon Chance stands by unaffected.

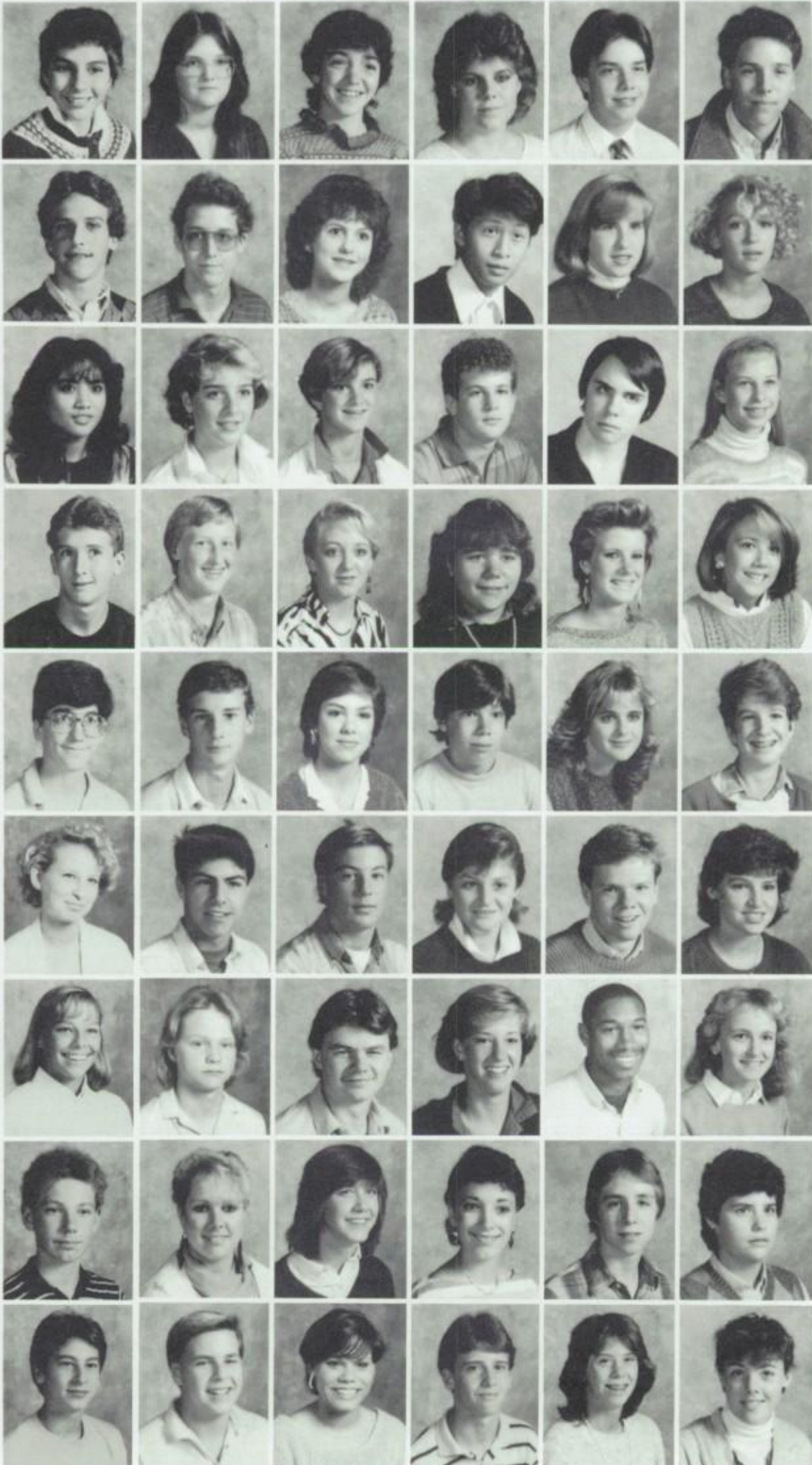


Sophomore Kathy Slough and junior Liz Jones engage in some serious clowning on their way to Mexico.

Giggling. Passing notes. Chattering. Daydreaming. All a part of passing the time by Goofing Off. During a hectic six-hour day, you must do something in order to keep your sanity. Messing around seems the easiest and most popular outlet.

"If you failed a test 1st bell, and the whole P.E. class got in trouble and had to run extra laps, and it turns out you forgot to do your English homework, then you're either going to get hysterical, or you're going to let off some steam by joking around," said Nell-Garwood

McEachern. So, here's some advice. Maybe the day's been a total loss, but keep your sense of humor, laugh, and joke a little ... or a lot. Some more advice: just don't get caught.



Debbie Rose
Stacy Ross
Karen Roullet
Kathy Rodiger
Jay Russell
Alex Sadler

Ted Sakis
Randy Sarvella
Kim Savino
Eddie Scafidi
Donellen Schlosser
Mandy Schmale

Lisa Schmid
Mollie Schmidt
Racheal Schmidt
Drew Schnitt
Paul Schreiber
Sonya Scott

Jason Scruggs
Geno Seay
Lorin Sebastian
Kim Senter
Cathy Sereno
Missy Serrano

Matthew Setford
Kevin Shea
Christian Sharrock
Charlie Shelton
Nikki Sheppard
Marcie Shields

Melissa Shon
Lance Shores
David Shull
Barbie Silbert
Chris Sisler
Melissa Slaven

Kathy Slough
Alan Smith
Michael Smith
Vince Sneed
Kathy Spencer

Chris Sprouse
Tammy Spruill
Kim Stafford
Heather Stamer
Arthur Staples
Becky Starbuck

Mike Staub
Jonathan Stauffer
Danielle Stefonich
Carl Stephenson
Sheri Stockton
Melissa Streeter

"Carl? Oh, Carl?" whispers Mrs. Willcox, in an attempt to stir Carl Trafton from his beauty sleep.



Chrissy Strickland
Michelle Strickler
Kim Stroud
Jerrie Stuart
Cyndie Stull
Mike Summerlin

Lee Scott
Greg Super
Chris Swisher
Cheri Syke
Tice Tamayo
Tamara Tasheiko

Stephanie Tatem
Mandy Tavares
Natalie Taylor
Steve Taylor
Drew Teri
Chuck Theurer

Henry Thompson
Walter Thompson
Kim Tolbert
Bobby Torbert
Alex Townsend
Carl Trafton



Charles Trent
Diane Trice
Marilyn Trice
Cindy Tucker
Michelle Turner
Danny Tyrrell
Christi Underhill
Cathy Van Eycken
Chris Varville



Craig Venable
George Viar
Garnet Vincent
Anne Vinh
Anna Vita
Anne Waite
Kerry Walker
Steve Walker
Judy Walsh



Richard Walsh
Brian Ward
Wendy Ward
Don Washburn



Lain Watson
Lisa Weeks
John Welch
Eric Weller



Brad Wentz
Mike Whaley
Molly Whelahan
Christine White



"Come on, Sadie! Give me my term paper, please!" pleads Claudia Brassil. The teacher will never believe this!



EXCUSES, EXCUSES

You Won't Believe This But ...

"I was walking by my cat's litter box, and I dropped it in there ... you can imagine what happened."

"Well, I went up to my grandparents' house for their 50th anniversary celebration. I did it — I promise, but I left it up there. They're mailing it to me; it'll be here in a month. Will you accept it?"

"Well, in a fit of sympathy I didn't do it. I decided you already had enough papers to grade. I wanted to spare you one ... mine."

"Well, we had a small kitchen fire. The only thing I had in my hand was my homework paper, so I used it to put out the fire. How come my hand isn't burned? Well, um ..."

"I put it on my desk, and for some reason my little sister stuck it in her library book. Her teacher took her book away in class and turned it back into the library. So now my homework is in a biography about Theodore Roosevelt in the Trantwood

Elementary Library."

"I have a two-year old brother who is in the stage where he eats anything and everything. Well, he got a hold of my paper. This little corner was all I could salvage."

Would you believe these stories? Most teachers wouldn't. These along with the more trite expressions, "My dog ate it," and "It's in my locker," are just a part of a teacher's daily routine. Who says kids nowadays aren't creative? You find a desperate kid who's lost his homework ... then you'll get some creativity.

Listen, next time you've forgotten to do your homework and the teacher asks why, stop and think for a moment. Instead of using a common excuse, exercise your originality and creative abilities by thinking of a new, fresh excuse. Who knows? The teacher might be astonished to hear something different and give you some extra credit ... though probably not for your homework.

Amused, Mrs. Hightower listens to Lorin Sebastian as she tries to invent a clever excuse.



Stacy White
Amy Whiteman
Cynthia Wilbricht
Kristin Wilcox



Robert Wilcox
Chris Wiley
Mark Williams
Richard Williams



Jeff Willis
John Willis
Rick Windmiller
Jackie Winstead



Caddy Wood
Kenneth T. Wood
John Woodard
Deedee Woolard



Gena Yates
Robert Yu
Jim Zinas
Randy Zinc



Jenny Zook
Shelley Zufelt

LOOKING TO THE FUTURE

Last Minute Preparations

The Freshman class of Cox entered the Homecoming Parade with the theme of Past, Present and Future Freshman as a car instead of a float. This move to the car category helped make the Freshman entry unique from most of the other clubs and classes which had constructed floats.

During the closing days of the Homecoming week, the freshman workers searched for a suitable vehicle which wound up being donated by J.D. Miles and Sons. The green pick-up truck was mainly decorated on the day of the big game. Some twenty freshman frantically fastened balloons, streamers, cans, signs, and a banner to the truck in an attempt to have it ready in time.

Sherri Miles, the chairman of the Freshman Homecoming Committee, said, "Mrs. Moser, the freshman class sponsor, was the biggest help," in addition to the hard freshman workers.

As the parade opened, the finished Freshmen entry rolled around the track lead by six teens dressed in 50's outfits — representing Past Freshmen. Representing Present Freshmen were the spirited Freshmen officers in the pick-up section of the truck. Bringing up the rear were ninth graders dressed in wild costumes representing Future Freshmen. Although the Freshmen product did not place in the competition, Mark Mayett summed up the Freshmen participation as being a "big success."

Aggas, Cindy
Ainley, Shawn
Akbari, Carmen
Akers, Andrea
Akins, Grant



Akins, Todd
Ala, Nelson
Aldrich, James
Alexander, Gary
Allan, Glen



Allvaro, John
Almy, Elizabeth
Ames, Melissa
Amos, Courtney
Anderton, Ross



Andrews, Nicole
Antonio, Brady
Archambeau, Pam
Ayscue, John
Babel, Alison



Bailey, Bret
Baldwin, Lori
Barentine, James
Barton, Karen
Bauer, Krista
Becker, Amy
Bell, Bobby
Bell, Brian



Bell, Missy
Bentley, Mike
Bentti, Anna-Liisa
Beougher, Julie
Bargdoll, Haines
Berling, Eric
Bernier, Allison
Berry, Liz



Blain, Mary
Bolen, Aimee
Borghoff, Frank
Boswell, Jennifer
Bowden, Gary
Bowers, Derek
Boyd, Brandon
Bradley, Mike



Brannegan, Shannon
Brathauer, Steve
Brumfield, Curtis
Bryant, John
Bryant, Scott
Brock, Phillip
Brown, Chris
Brown, Mike



What do you look forward to most about next year? Scott Musten: Teasing the Freshmen! Ray Turner: I Don't! Carrie Eaton: Learning to Drive!



The Freshmen entry was unique by using a truck instead of a float.



Leigh Brownell
Jaye Brownell
Karen Broyles
Derek Breckenridg
Suzanne Bremer
Amy Brennan
Shannon Brennan
David Buchanan

Kelly Buck
Marc Bulatao
Michelle Bullard
Chris Busching
James Bushee
Mike Button
Kim Byerly
Colleen Byrne

Jeff Byrne
Harve Cabart
Bobby Caldwell
Mary Carlson
Donald Carlstrom
Amy Carney
David Carr
Jennifer Carroll

Rodel Catahan
Dinah Catlett
Todd Cauvet
Cindy Cefalu
Adrienne Chamberlain
Brett Charbonneau
Jennifer Check
John Chernesky

Danielle Chiaiese
Shawn Chilcott
Charlie Cho
Beth Clanton
Brian Clark
Carylon Clark
Gina Clark
Schelly Clark

George Cobb
Lynn Colby
Karen Colehamer
Carolyn Coleman
Hunter Collier

Rodney Collins
Joann Concannon
Matt Concert
Rob Conger
Eric Conner

Jennifer Connor
Courtney Conover
Katrina Cooke
Christian Cool
William Cooper



Jeff attending the Homecoming Dance.

Go Team!

Freshmen Enthusiasm, At It's Peak

It's the invasion of the Greatindavens for the second time in two years, and they are approaching in numbers. Who are these bold adventurers? Freshmen, of course, coming from three local junior highs: Great Neck, Independence, and Lynnhaven. Despite the diversity in their backgrounds, "Freshmen have begun to get a feeling like they belong," as Miss Oakley, a freshman teacher, put it. "Freshmen of the first year really broke the ice." Although Freshmen wouldn't be expected to have a lot of school spirit, this great addition to the student body seems to be breaking that tradition. Freshmen Class President Mark Mayette recognized Freshmen enthusiasm by saying, "Just about every day someone asks me if we are having a meeting soon or not." Perhaps if a junior varsity could be set up, Freshmen wouldn't have to go back to their old junior highs to participate in sports. Instead, they could involve themselves in athletics here at Cox, and spirit might be stronger!



Freshmen Spirit haunts the halls of Cox.

Corona, Teresa
Coup, Jason
Courson, Virginia
Cox, Tracy
Crain, Kevin
Craine, David
Crisafulli, Nick
Cuffee, Lori



Currey, John
Curry, Kevin
Damuth, Philip
Dano, James
Darnell, Dennis
Dasilva, Walter
Davenport, Sean
Davis, Heather



Davis, Mandy
Dawson, Shannon
DeBeneck, Rachel
Decker, Chris
Dehm, Cassie
Deneroff, David
Diaz, Denise
Djalaly, Sepanda



Dobbins, Ryan
Donaldson, Angela
Dozier, Alison
Drye, Leigh Ayn
Dumlao, Paul
Dunbar, Steve
Dunham, Keith
Dunn, Angie



DuPaul, Eric
Dysart, Fred
Easter, Dwight
Eaton, Carrie
Eby, Jerry
Edmondson, Karen
Ehrenzeller, Mike
Ehrgood, John



Eldon, Janet
Elmadani, Fay
Engel, Ricky
Erb, Scott
Eskridge, Jana
Evans, Graham
Ewing, Jim
Fay, Kevin



Fedon, Charlene
Fike, Janet
Finch, Michael
Fitzpatrick, Scott
Flint, Stacy
Flynn, Ronnie
Foley, Melinda
Ford, Marc





Forehand, Alan
Foster, Kimberlee
Fountain, Heidi
Fox, John
Francville, John
France, Kellam
Fraser, Michelle
French, Chris

Furguele, Amy
Fuller, Scott
Garner, Chris
Garrigues, Greg
Garvin, Knox
Gates, James
Goff, Sonja
Goldberg, Craig

Golden, Tim
Gower, Kathi
Green, Stefanie
Gunter, Carol
Gunther, Steve
Gutermuth, Nancy
Haines, April
Haley, Patty

Hall, Sean
Hammer, Mike
Hampton, William
Hansen, Lisa
Hanson, Chris
Hanzl, Carl
Hard, Jeff
Hardesty, Shelley

Harding, Jill
Harford, Bill
Harris, Bruzer
Harris, Jimmy
Harvey, Lisa

Hatch, Vicki
Hayden, Lane
Hayes, Shawn
Hayth, Alan
Henderson, Carole

Henderson, Tracee
Hendricks, Eddy
Herzke, Colleen
Heston, James
Hierholzer, Greg

Highton, Molly
Hill, Amy
Hinson, Keith
Hobart, David
Hobbs, Denise

Hodges, Melinda
Hoffman, Jennifer
Hogan, Kelly
Holik, Renee
Holtmann, Suzanne

Hopkins, Roxanna
Horton, Kristen
Horton, Staci
Hough, Laura
Houlihan, Pat



Freshman Mary Carlson extends to get a tough backhand volley.

If you could change one thing about yourself, what would it be? Alex Lampros: Make my feet smaller. Allison Bernier: I'd want to be beautiful! Ryan Dobbins: I'd turn my eyes Yellow-Green.

WHO'S IN CHARGE HERE?

Our Leaders

In charge of the largest class at Cox the team of Mark Mayette: President, Carrie Monger: Vice President, Gina Clark: Secretary, and Mandy Davis: Treasurer, set the Freshmen class on course for their 84-85 destination: a great year.

The Key to this goal is the uniqueness of the Freshmen class. Mark Mayette explained, "We have people from many different schools here. With all their ideas, it is going to be a terrific year."

In addition the Freshmen leaders felt that they would have to encourage Freshmen involvement in clubs and sports to achieve class success.



Trying to hold the campaign together, Mark Mayette was on his way to the Presidency.

Hubenthal, Charlie
Huffman, Christal
Huffman, Christina
Huggins, Matt
Hume, Carrie
Hunter, Shelli
Huntley, Sharon
Hurt, Margaret



Ingram, Michelle
Jackson, Coley
Jackson, Eric
Jackson, Matt
Jackson, Trina
Jacquin, Rayn
Jaffee, Mike
Jarrett, Richard



Jefferson, Jerel
Jehson, Karen
Jenkins, Kris
Jennings, Lisa
Johnson, Cullen
Johnson, Donald
Johnson, Kim
Johnson, Tracy



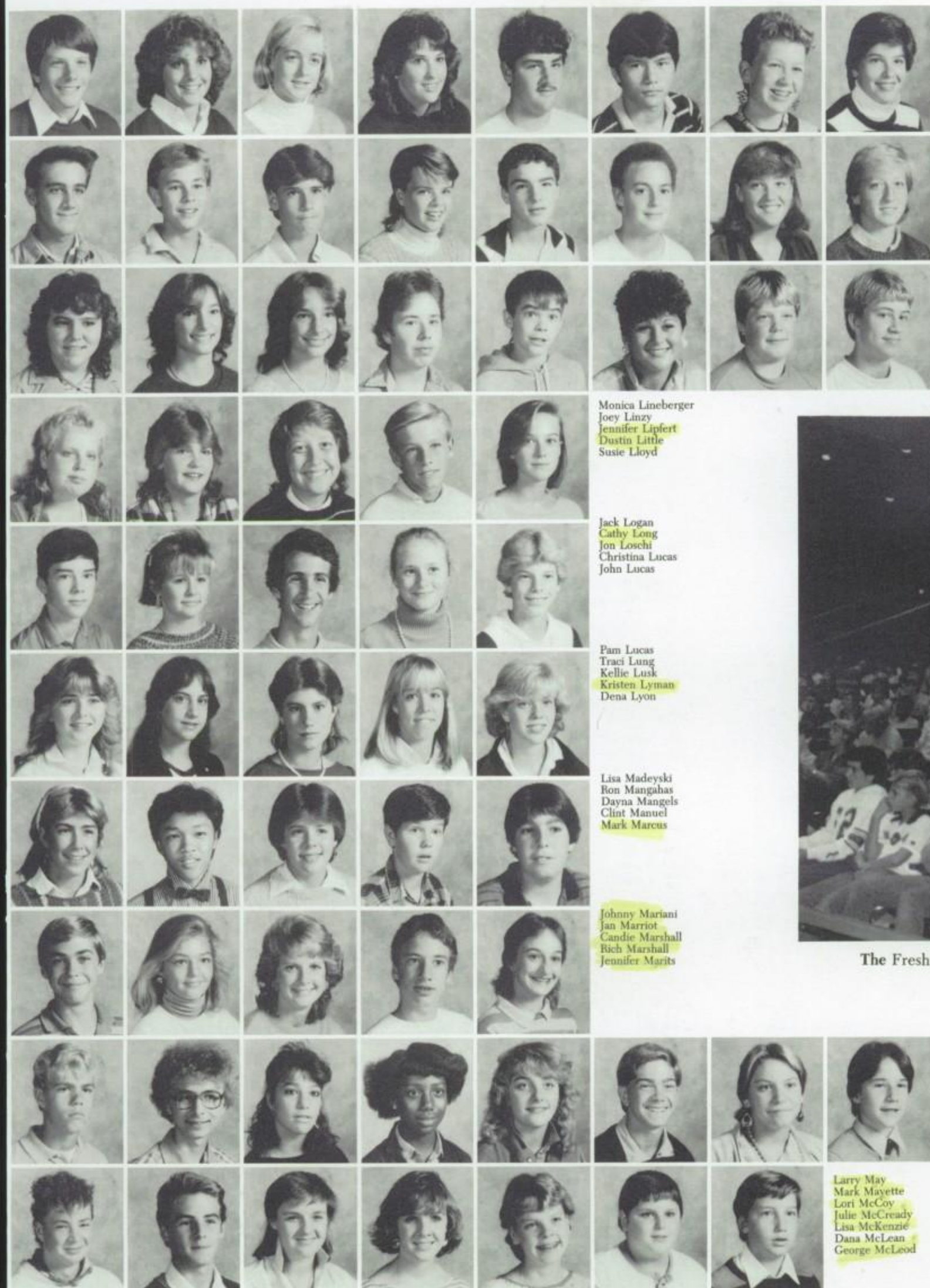
Johnson, Sean
Johnston, Billy
Jones, Jerry
Jones, Revonda
Jordan, Anthony
Jordan, Kim
Jordan, Robert
Jungmann, Dennis



Kearley, Tim
Keefe, Kelli
Keller, Phil
Kelly, Bill
Kelly, Bob
Keltner, Chris
Kemp, Suzanne
Kerr, Tricia



If you could live anywhere in the world, where would it be? Kim Jordan: Switzerland Marian Sullivan: Australia Ricky Engel: Colorado



Jeremy Kessinger
Kate Kiem
Christy Kindred
Kim King
Steve Klemstine
Aaron Kosh
Barbara Knoth
Jennifer Koss

Mike Kotarides
Jerry Kr Kraft
Tommy Krotzer
Jennifer Kuhlmann
John Kurek
Craig Kurtz
Alex Lampros
Amy Lane

Lorrie Larkin
Amy Lee
Lori Lee
David Leonard
Beav Lewis
Jennifer Lewis
Mark Lewis
Weel Lindsay

Monica Lineberger
Joey Linzy
Jennifer Lipfert
Dustin Little
Susie Lloyd

Jack Logan
Cathy Long
Jon Loschi
Christina Lucas
John Lucas

Pam Lucas
Traci Lung
Kellie Lusk
Kristen Lyman
Dena Lyon

Lisa Madeyski
Ron Mangahas
Dayna Mangels
Clint Manuel
Mark Marcus

Johnny Mariani
Jan Marriot
Candie Marshall
Rich Marshall
Jennifer Marits

Zach Marston
Scott Martin
Debbie Mascitti
Jennifer Mathews
Jernon Matosich
Gary Matthews
Tara Mauldin
Jeff May

Larry May
Mark Mayette
Lori McCoy
Julie McCready
Lisa McKenzie
Dana McLean
George McLeod



The Freshmen Class chooses its officers.



Missy attends the Victory Dance.

McMannes, James
McBaughton, Steve
Medlin, Mark
Melvin, Michele
Meszaros, Dana
Miele, Donaldson
Mikkelsen, Joe
Miller, Heather



Miller, Stephan
Miles, Sherri
Mills, Pam
Mills, Rusty
Mitchell, Isha
Mitchell, Jay
Mitchell, Leslie
Mitchell, Megan



Molnar, Mark
Monger, Carrie
Moore, Allison
Moore, Beth
Moore, Jamie
Moore, Nancy
Moore, Robby
Moore, Sean



Moore, Teddy
Morrisette, Jeff
Morrison, Kevin
Morse, Anna
Morter, Tony
Moser, Kim
Mower, Melissa
Mumpower, Tom



Murphy, Jeanne
Murphy, Timothy
Musten, Scott
Neal, Betsy
Nelson, Larry
Nelson, Shauna
Nelson, Tricia
Nichols, Jason



Noble, Kim
Nobles, Leslie
Norwood, Billy
Newbern, Kathy
Newberry, Shane
Newbert, Le Ann
Ocamb, Kim
Oden, Heather



Odum, Holli
O'Toole, Joe
Olejar, Carol
O'Neal, Connie
Orchid, Lance
Owen, Kimberly
Owens, Tony
Owsinay, Christine



Paschall, Mary
Pasley, Carol
Patterson, Michelle
Payne, Andy
Pellerin, Karen
Perez, Danniella
Perez, Debbie
Perez, Melissa





Jennifer Perry
Michelle Peterson
Greg Powett
David Phinisey
Kirsten Poore



Jennifer Potts
Judith Powell
Tom Piazza
Tony Picard



Lark Pierce
Robert Pierce
John Prodon
Brindi Patcher
Alicia Ray



Stephanie Reaves
Christine Redding
Michelle Rector
Greg Reed
Kristin Regula



Olaf Reichenmiller
Becky Reid
Sheri Renno
Abby Rhoades
Laranda Rice
Tim Rich
Tara Richards
Raelynn Richardson



Liz Riner
Dan Rippel
Todd Robbins
Debbie Roberts
John Robinson
James Rogers
Tina Rogers
Joe Piles



Monica Stewart reads the latest news, while a curious onlooker catches the camera man.

I WISH . . .

Everyone has opinions.

What is worst about your freshmen year?

Mary Paschall: No Respect! Ryan Turner: Freshmen jokes

Christina Short: Everyone's bigger than me!

What is the worst trait of Cox students?

Sharon Huntley: They're bossy

Ryan Dobbins: They're half-asleep

Jennifer Kuhlmann: The Seniors have big Egos!

What do you think of the CHS cafeteria food?

Alex Lampros: It stinks, but the snacks are great.

Jennifer Kuhlmann: It's better than my mom's.

Ryan Dobbins: It's O.K., if you like dog food.

If you were stranded on a deserted Island, Who would you want to be stranded with?

Ryan Turner: Beth Clanton

Jennifer Kuhlmann: Henry Kurek

Marian Sullivan: Rob Lowe

What is your Pet Peeve?

Allison Bernier: When people scrape their finger nails on a chalkboard.

Alex Lampros: Teachers repeating "shut up!"

What do you like least about going to high school?

Alison Dozier: Getting up early

Ryan Turner: It's school, isn't it!

GREAT ARTIST

How to Mold Talent

INGREDIANTS:

- 1 Freshman
- 1 pt. red paint
- 2 pieces chalk
- 1 cup talent
- 2 tp. imagination

MIX:

- paint and chalk,
- let cool.

KNEED:

- Freshman in talent,
- dab with imagination.

COAT:

- talented Freshman
- with paint mixture,
- wait a few years.

Romaine, Scott
Rose, Beth
Rothoff, Troy
Rowe, Paul
Sabourin, Bill



Sale, Talley
Salyer, Ned
Savage, Allissa
Schmirr, Lisa
Schneider, Grant



School, Gary
Schrob, Alan
Schroeder, Sean
Schroeder, Stacy
Schugardt, Jason



Schweickert, Mary
Scott, Robert
Scotti, Adam
Seay, Windy
Segerblom, Kevin



Segerblom, Scott
Setzer, Scott
Shedlock, William
Shepard, Mike
Shipley, Teresa
Short, Christina
Shupe, Holly
Siau, Ivey



Shupe, Rob
Siggins, Michael
Simpkins, Donna
Slaven, Susan
Smith, Amy
Smith, Chris
Smith, Cristie
Smith, Donnyell



Smith, Kim
Smithwick, Amy
Snyder, Shauna
Speckhart, Mike
Spencer, Amy
Stallings, Mike
Stanfield, Jeff
Starling, Jennifer



Steele, Jeffrey
Stein, Roger
Steinkamp, Karen
Stevens, Lee
Stewart, Becky
Stewart, Monica
Stewart, Robin
Stickney, Patrick



Stiles, Rhonda
Stoner, Barbara
Stroud, Wanda
Sulecki, Sharon
Sullivan, Jenny
Sullivan, Marian
Sutton, Hollie
Sutton, Matt



What did you like best about your Freshmen year? Alex Lampros: Watching Senior guys, Ryan Turner: Not going to junior high. Leslie Mitchell: I saw Brian Ward!



Sonia Tamayo
Jennifer Taylor
Jennifer Tekaucic
David Thomas
Eric Thomas
Michelle Thomas
Keith Thompson
Laurie Thompson

Tami Thompson
Felecia Thorton
Michele Tichonoff
Bill Tolbert
Paul Tomlinson
Kritine Trounson
Maren Trout
Darren Trusty

Dawn Tucker
Ryan Turner
Paul Tye
Maurice Unger
Jeff Unrau
Mike Vastano
Jill Vallery
Pat Vermillion

Carol Vest
Angelito Villanueva
Denise Vincent
Christian
VonSchmidt-Pauli
Laura Vore
Danny Wagner
Micheal Wagner
Geoffrey Wallace

Chia-Ming Wang
Patrice Ward
Melissa Wardzinski
Roger Warren
Dennis Weber
Ginger Wentz
Debby Werkmeister
Andrew White

Ricky White
Roy White
Darnell Wicker
Steve Wilcox
Denny Wilhelm
Regina Wilhelm
Krista Wilkes
Tammy Williams

Rosko Williams
Cathy Willoughby
Emma Wilson
Tim Wilson
Wade Wise
Shandra Witcher
Chris Wombolt
Pete Workman

Tony Wyatt
Deanne Yeager
Krista Yeatts
Greg Yellis
Amir Yok
Duane Young
T.J. Young



A fine display of Abstract art, as shown by Knox Garvin.

The Evergreen Forest

MRS. WATERS LEADS TO COX

Toward Excellence in Education

Under the leadership of principal Lottie B. Waters, Cox continues to pursue a goal of excellence in all facets of education.

Mrs. Waters sees the growth of educational excellence demonstrated through the achievements in various areas this year. Mrs. Waters applauds the sports teams at Cox. The athletic program continues to grow and prosper with the continued victories and spirit of such teams as wrestling, girls' basketball, field hockey, and tennis. Mrs. Waters feels that the vastly improved band has helped to bring pride and spirit to the students of Cox.

Cox students continue to excel academically. Mrs. Waters sees a significant increase in the number of honor roll students. Students have also been recognized indi-

vidually. For example, David Eun has been selected as a Jefferson Scholar finalist.

The PTA continues to help Cox achieve excellence. This year the PTA completed a very expensive landscaping project. Though the project completion date was 1986, the PTA was able to complete it this year. Thus through the dedication and effort of our PTA, we are able to enjoy a more beautiful school.

Mrs. Waters also complimented the achievements of our faculty. Various teachers have been recognized at the state level for service in their professional organizations. Administration was pleased with faculty involvement and leadership in curriculum development and textbook adoption committees. The

faculty's commitment to excellence in education is best reflected in the participation of the teachers in a program to support writing across the curriculum and involvement in interdisciplinary planning and teaching.

When asked about future goals for Cox, Mrs. Waters said that she felt that Cox will see "a continued pursuit of excellence because of the emphasis we place on instruction." We hope to see a continuation of the valuable community support that Cox enjoys. Through the efforts of students, faculty, administration, school affiliated organizations, and community members, Cox will achieve excellence.

Dr. Karlen's second year as a vice-principal at Cox seems to be as rewarding as her first.



After a hard day of disciplining, Mr. Griffin looks a little worn out. Even though he's now new at the job, it never gets easier.



Mr. Williams smiles at the change from teaching at a junior high to becoming vice-principal at a high school.



Mr. Griffin tends to a little book work, one of the more tedious jobs as an administrator. He is often seen behind a pile of I.S.S.

forms, O.S.S. forms, detention forms, and other papers.

Kim,
Whats up
Its been fun
knowing you for 2 years
or so & you're very
nice keep doing them
lines & hope to
see you over the
summer.

Mrs. Waters in her spare time Jacks
off for the students

P.S Love that
picture
Love you
Gaby

Mrs. Waters is largely responsible for the
achievements of our school and hopes to be
as successful in the future.

A personal relationship, as well as a work-
ing relationship, has also been established
between some faculty members, such as
Mrs. Manuel, and Mrs. Waters.

Give me a call in a week
or two & I might
be able to get
you that

Yes, I will two-way
Dr. I do it with you for it
you good looking
thing you



Elizabeth B. McBride — Nurse; Norfolk General Hospital, R.N.; Sponser C.M.A.

Bruce Stewart — Student Activities Coordinator; Louisburg Coll., A.S.A.; B.S., Campbell Univ.; M.S., UVA, William & Mary

Mary Stewart Darden — Librarian; B.A., Salem Coll.; Co-Sponser Falcon Focus Video Club



Pam Hodgkiss — Library Clerk

Jerry Long — Librarian; B.A., Madison Univ.; M.A., O.D.U. Univ. Sponser Library Club

Joan M. Manuel — Librarian AV.; B.S., Longwood Coll.; M.S., O.D.U. Univ.; Sponser Falcon Focus Video Club



Jewell R. Seacrist — Bookkeeper; B.E.C., Capitol Comm. Coll.; B.E.C., Charleston, West Virginia

Mary Anne Bray — Secretary; Assoc. of Arts, O.D.U. Univ.

Laura Houtwed — Office Manager



Barbara Ann Malla — Office Staff

Barbara Senter — Secretary; Tidewater Comm. Coll.

Gerri S. Deihl — Guidance Sec.; CES., T.C.C.



AMICABLE ADMINISTRATION

Who Are These People?

We all see our administration every day, but do we know anything about them? If not, read on.

The members of the administration do more than just oversee the daily progress of the students and the activities in the school. The members of our administration are probably the most avid supporters of the various athletic and academic teams and clubs in Cox. Each of their faces is a common sight during some of the most important athletic events or even at the latest Forensics competition.

Our administration has the responsibility of overseeing the education of fourteen hundred students while also conducting their own personal lives.

Out of the administration most of them like the hobbies cooking, golfing, gardening, crafts, sewing, travel, reading, fishing, and skiing.



As Mrs. Manuel is showing her pearly whites for this picture, she is waiting for some unsuspecting victim.



Tom Copley — Director of Guidance; B.A., Lynchburg Coll.; M.Ed., Coll. of William and Mary; CAS, O.D.U.

Linda K. Davis — Guidance Counselor; B.A., Wake Forest Univ.; M.S.Ed. O.D.U.

Mary Henry — Guidance Counselor; B.S., Norfolk State Univ.; M.S. Hampton Institute



Roberta Owens — Guidance Counselor; B.S.Ed., Univ. of Detroit; M.A., Univ. of Detroit

Gus Polizos — Guidance Counselor; Bach of PHIL., Illinois Wesleyan Univ.

Kay Scarborough — Counselor; B.S., East Carolina Univ.; M.A., O.D.U.

TEDIOUS TEACHER DUTIES



7:55 Oh great! Here comes that smart alec boy who is always late. He struts in here acting like he's doing me a favor by allowing ME to write HIM a pass. What did I ever do to deserve 1st bell attendance duty?!

9:03 Here I sit in this lonesome, deserted corridor ... Whoops, I spoke too soon! Here comes Pass-

less Paul. I wonder what his excuse will be today: "My teacher told me I didn't need a pass" ... "I must have passed out in the bathroom, I never heard the bell ring" ... or the all too familiar "somebody must have stolen it!" I wish they'd invent some new ones!

11:30 Ten more minutes of this horrible lunch duty.

Lets hope that we make it through yet another day without a food fight. I've had about all the dropped plates of spaghetti that I can take. How many more lunch bells 'til June?

Everyday the teachers at Cox experience situations similar to these in their "tedious teacher duties." Is it more of a headache or a break?

ALEXANDER, WILLIS — enjoys sailing
 AMBROSE, STEVEN — enjoys photography
 ARMSTRONG, HANK — enjoys biking, being at the beach
 BABCOCK, MARGARET — enjoys riding, bird-watching
 BAISCH, LINDA — enjoys racketball, aerobics



BANDY, JUDY — enjoys reading, exercising
 BECKER, LARRY — enjoys traveling, international folkdancing.
 BLAND, MARK — enjoys chess, tennis, golf, trapping
 BLIZZARD, ANN — enjoys traveling
 BOYLL, WILLIAM



BROWN, ALAN — enjoys cooking, gardening, photography
 BUTLER, JACQUELINE — enjoys tennis, sailing
 CAMPBELL, PAULETTE — enjoys tennis, piano
 CROCKER, NANCY — enjoys the beach, tennis
 CRUSER, VESTA — enjoys the beach, rading, traveling



CUMMINGS, PAMELA — enjoys snow skiing, golf, jogging
 CURITS, DAPHNE — enjoys sports, reading
 DAVIS MARTHA — enjoys traveling, rading, running
 DEMERS, RENEE — enjoys piano, guitar
 DICKENS, INGRID — enjoys reading, sewing, swimming.



DUVALL, BETTY
 FERMIL, AMELIA — enjoys spa, tennis, swimming
 FISHER, TOM — enjoys sports, boating, scuba diving
 FOWLKES, NANCY — enjoys reading, field hockey
 GARRETT, JAMES





Mrs. Cummings tends to the tedious task of grading papers while she "mans the hall."

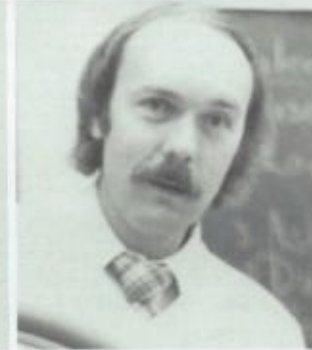
Getting a little book work done, Mr. Boyle brings out the electric calculator and briefcase.



GARVIE, EDWARD — enjoys tennis, bicycling
GUTERMUTH, WILLIAM — enjoys hunting, sportfishing
HABIT, AL — enjoys fishing
HALLOCK, SYLVIA — enjoys golf, swimming
HAMPSON, BRIDGET — enjoys boating, tennis, traveling



HAMPTON, JUDY
HARING, SHARON — enjoys reading, crossword puzzles.
HARRIS, JUDITH — enjoys crafts
HARRIS, MARY — enjoys biking, tennis, aerobics, reading
HAYNES, MELODY — enjoys running



HELLEN, CAROL — enjoys needlework, bicycling
HOLLAND, DEBORAH — enjoys walking, jogging, reading, sewing
HOLLAND, STUART — enjoys tennis, sailing
HOOTS, LEON — enjoys sailing, photography
HOPKINS, MARY — enjoys tennis, cooking, traveling



HUTCHESON, MARY — enjoys walking, reading, traveling
HUX, KIM — enjoys sewing, cooking, shopping
INGRAM, JOHN
JACKSON, EVAN — enjoys computers, graphic arts
JANOSKO, KEN



JENKINS, KAREN — enjoys reading, racquetball, volleyball
 JENKINS, TERRY — enjoys fishing backpacking, golf
 JOYNES, DUFF — enjoys bowling, collecting tropical fish
 KOEPPEN, ARTHUR — enjoys fine arts, horticulture, sports
 LABARBERA, TOMMY — enjoys shooting, camping



LAHM, JANET
 LEAGAN, GARY — enjoys golf, writing
 MARSHALL, VINCE — enjoys golf, running
 MARTIN DON — enjoys running, needlework
 MARTINO, JEANETTE — enjoys family, gardening



MAY, SUSAN — enjoys racquetball
 MONCOL, DEBORAH — enjoys dancing, calligraphy
 MULLARNEY-YANO, JIM — enjoys hiking, guitar, writing
 NEWILL, DORIAN — enjoys piano, crossword puzzles
 O'KEEFE, JOSEPH



OAKLEY, MARGARET — enjoys listening to jazz.
 ONTKO, GEORGE — enjoys tennis, basketball
 PANGLE, JENNIE — enjoys watching old movies
 RIFFLE, GAIL — enjoys needlework
 ROBERTSON, PATRICIA — enjoys computers, reading



NOT PICTURED: CARSON, GWYLAN — enjoys sailing, camping, reading
 DOWNIE, SUSAN — enjoys backgammon, tennis, golf
 GARDNER, VIRGINIA
 EASON, JO-ANN — enjoys reading, collecting antiques
 GARDNER, VIRGINIA — enjoys crafts, gardening
 HARRIS, THERESA — enjoys camping, cooking, cross stitch

HARTRANFT, GARY — enjoys tennis, wrestling, running
 JAMES, VIRGINIA — enjoys politics, soccer
 LAMBRIOLA, ROBERT
 MOSHER, DEBORA — enjoys singing, scuba, sailing
 MURPHY, JANIS — enjoys music, theater, biking
 NORTON, ELIZABETH — enjoys sewing, needlework, gardening
 WINGBLADE, THERESA

EFFECTIVE EXTRA EFFORT

and a little Creativity

Teachers seem more excited about teaching now than in years past. Many faculty members put on skits or have the class present skits as a way of teaching. "If it is seen visually," remarked Mr. Smith, "they may retain the information better," and it sure beats a lecture. The students also seem to enjoy being entertained educationally.

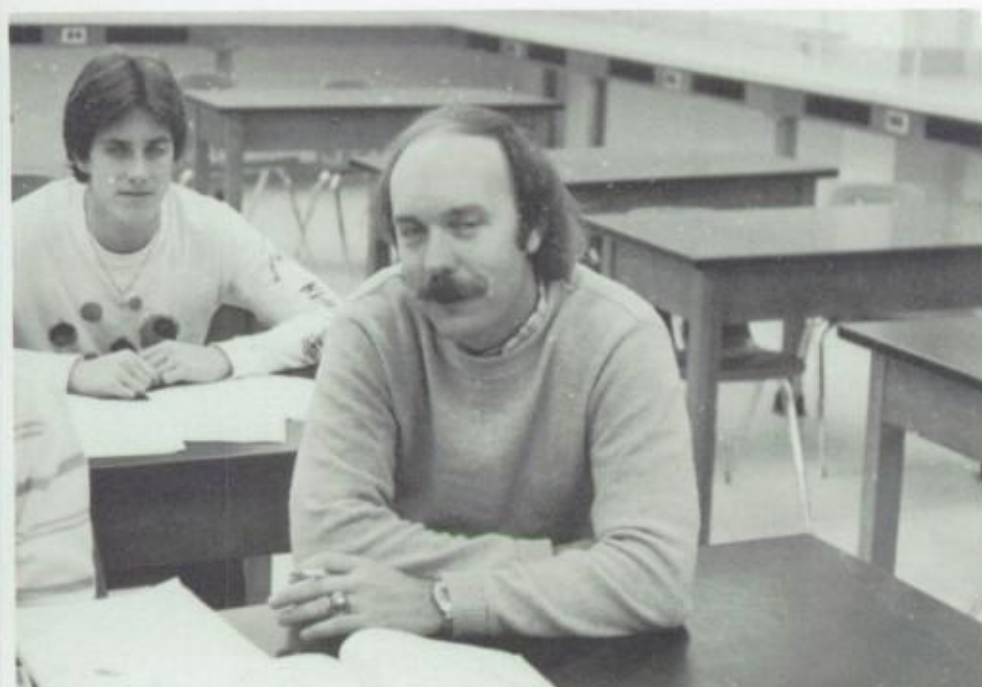
Besides being a teacher, faculty members are also taking interest in some of the students' private affairs. They are like counselors or more personally, friends,

someone to talk to. Teachers are beginning to realize that what goes on outside of a student's life very much affects his school work.

It is because of this extra effort that students are Stepping Ahead academically. On SRA scores released his year, Cox juniors placed the highest in comparison to all other beach district schools. This is not only an accomplishment of the student body, but even more so, an achievement of excellent teaching.

Miss Fowlkes demonstrates bad driving techniques in one of her skits for Driver's Education.

Mr. Hoots is often seen spending time after school helping his Physics students.



RODE, ROBERT — enjoys camping, building
 SAMFORD, KATHERINE — enjoys golf
 SAWYER, TERRI — enjoys skiing, field hockey, volleyball
 SMITH, SYLVESTER — enjoys tennis, bike riding, reading
 SMITH, TOM — enjoys golf



SNODGRASS, JAMES — enjoys soccer, collecting coffee mugs
 THORNTON, ROLAND — enjoys golf
 TRAMMELL, JOEL — enjoys music, traveling, reading
 TUGMAN, JANE — enjoys sailing
 WALTER, NEOLA — enjoys reading, sewing, traveling



WATERS, EARL — enjoys reading, jogging
 WHITE, STEPHEN — enjoys fishing, hunting
 WILCHER, RIXEY — enjoys firearms, astronomy
 WILD, ANN — enjoys reading mysteries
 WILEY MARILYN — enjoys debate, reading



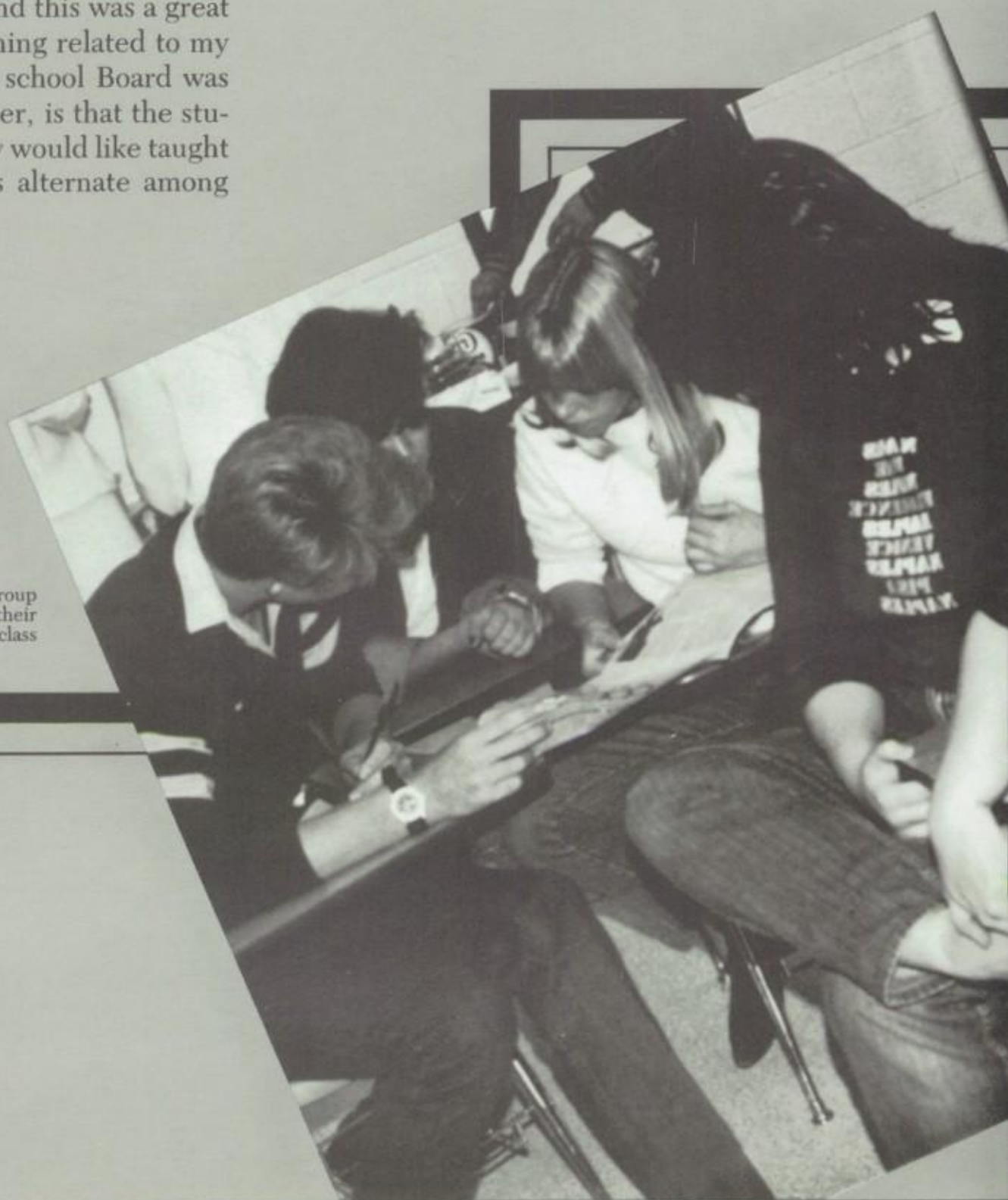
WILSON, HILDA — enjoys sewing, collecting antique clocks
 WINSLOW, DEONDRA — enjoys needlecrafts, shopping
 WOLCOTT, ANNE — enjoys sailing, swimming
 WOODHOUSE, BETTY JO — enjoys drawing, painting
 WYCHE, — enjoys reading

"Knowledge is a treasure but practice is a key to it.

"Always set goals . . . when these goals are almost reached . . . set your goals higher and strive to an even higher goal!!"

This year, for the first time, all seven high schools were given the opportunity to teach a different AP course which is not usually offered. This was to find out what the students were interested in, so future courses could be established. Cox was selected to teach Biology. Tonya Morris, one of the few students taking the course said, "I'm really glad Cox is teaching Biology rather than any other AP course. I want to study to be a doctor and this was a great opportunity for me to be taught something related to my profession." This was exactly what the school Board was looking for. One major difficulty however, is that the students can't choose which AP course they would like taught at their school. Each year the courses alternate among high schools.

One of the best ways to learn is a group project. Here several students show their group abilities while researching for a class presentation.

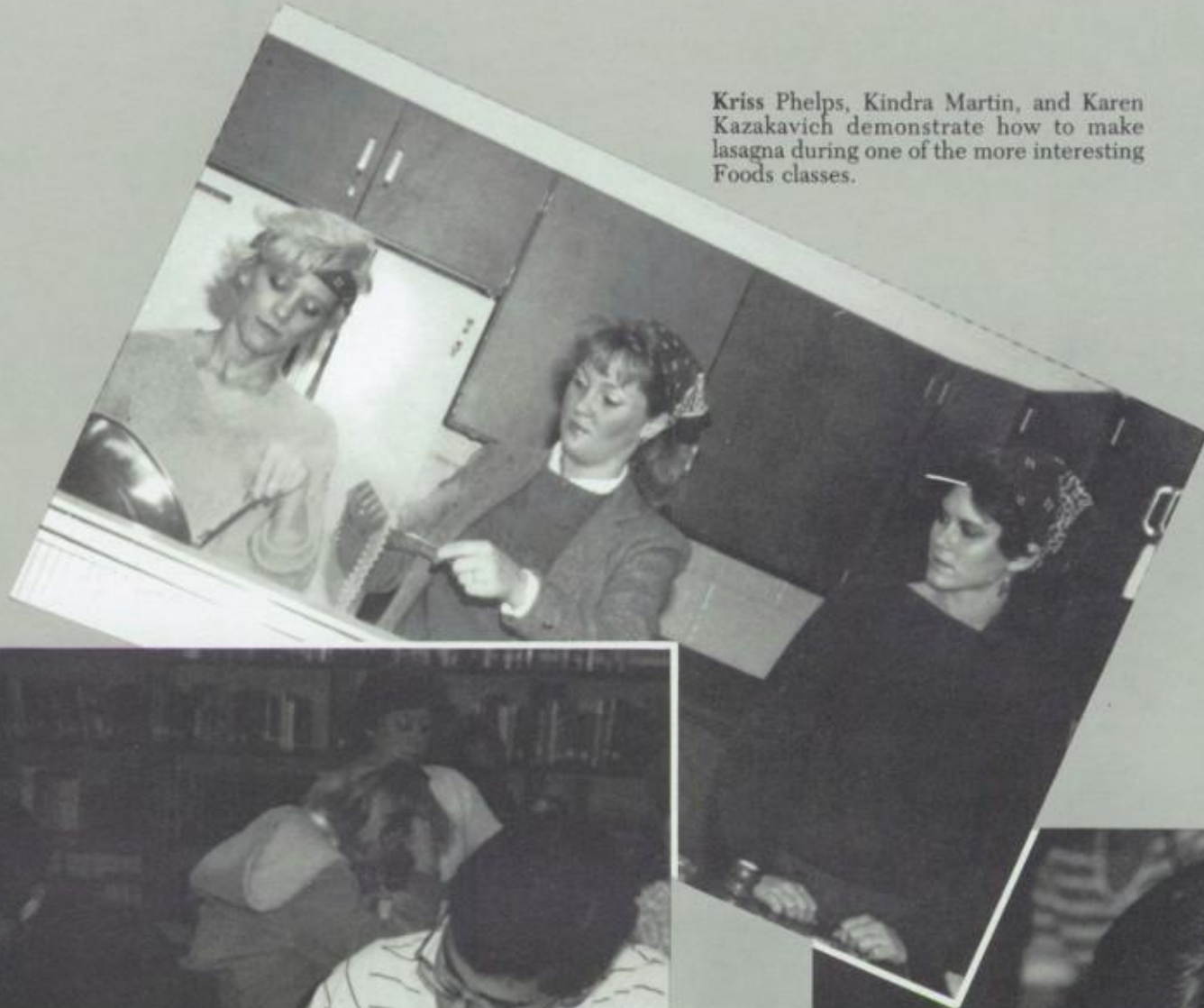


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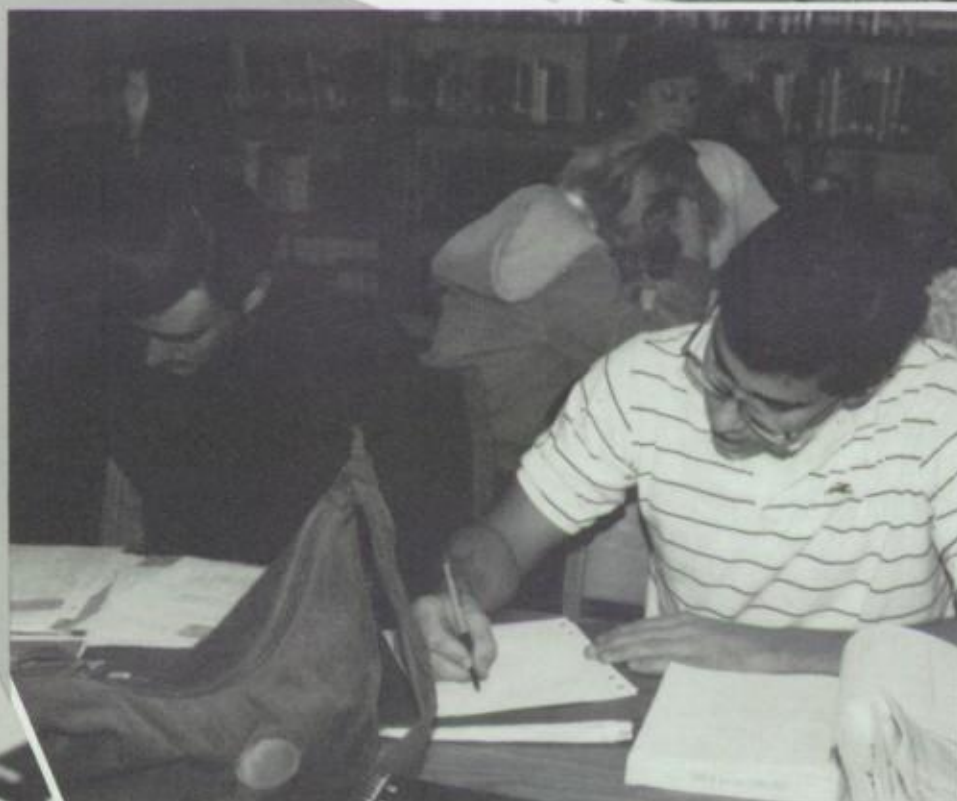
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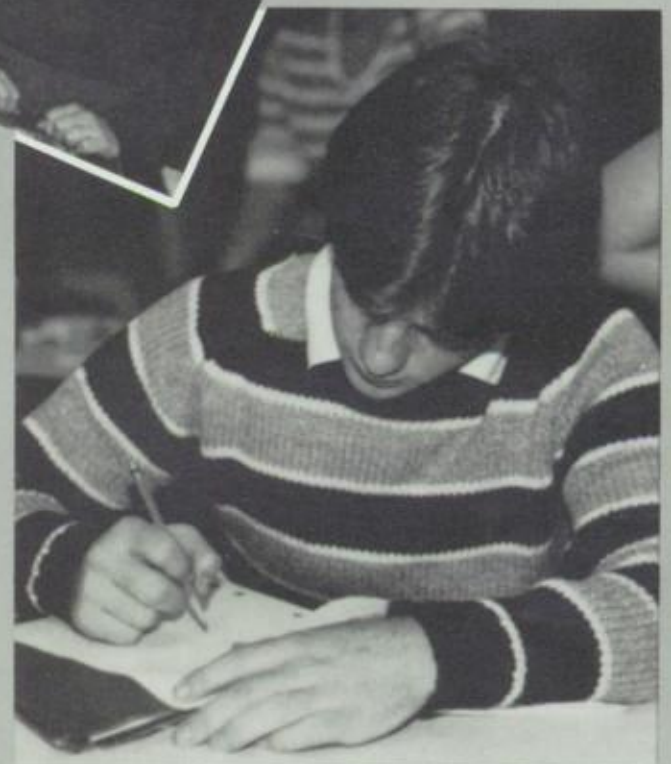
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Kriss Phelps, Kindra Martin, and Karen Kazakavich demonstrate how to make lasagna during one of the more interesting Foods classes.



Seniors Terry McClasky and Hasque Russ set an example for the underclassmen while studying diligently during study hall.



Junior Tim Brunnick is caught doing his homework during lunch. Tim is often found cramming school work because he is involved in many after school activities.

A

ACADEMICS

ENGLISH

The Required Subject

English . . . this is the word every high school student has heard at least a thousand times. Be it the lowliest freshman, talking about Mrs. Cummings' Russian Revolution paper, or the highest senior, complaining about one of Mr. Lambriola's "killer" essays, we have all experienced the trials and tribulations of English.

From freshman to senior, everyone is required to sit through fifty minutes a day, five days a week, one-hundred-and-eighty-one days a year, and four years of high school in English. Of course, this gets boring in time for even the most studious person. "English is unavoidable; we not only take it to get into college, but we also take English to graduate from high school," says junior Beth Davis. "Without those required high school English credits, there is no diploma."

Outside of straight "English" classes, there are a variety of other English-related courses offered. Some of these include Public Speaking, Advanced Composition, and Journalism. These are all excellent elective courses. Public Speaking helps everyone; it is good to be able to speak at public occasions easily and confidently. "Advanced Composition is a must for all college-bound students. It helps them to prepare for college term papers and reports. I know it has helped me!" comments Pam Pugh, who graduated last year and is now attending East Carolina University. Journalism is important for all those going into that field.

With the aid of these interesting electives, the field of English is not quite so grim (even though Lamby's reputation is a hard one to overcome!).

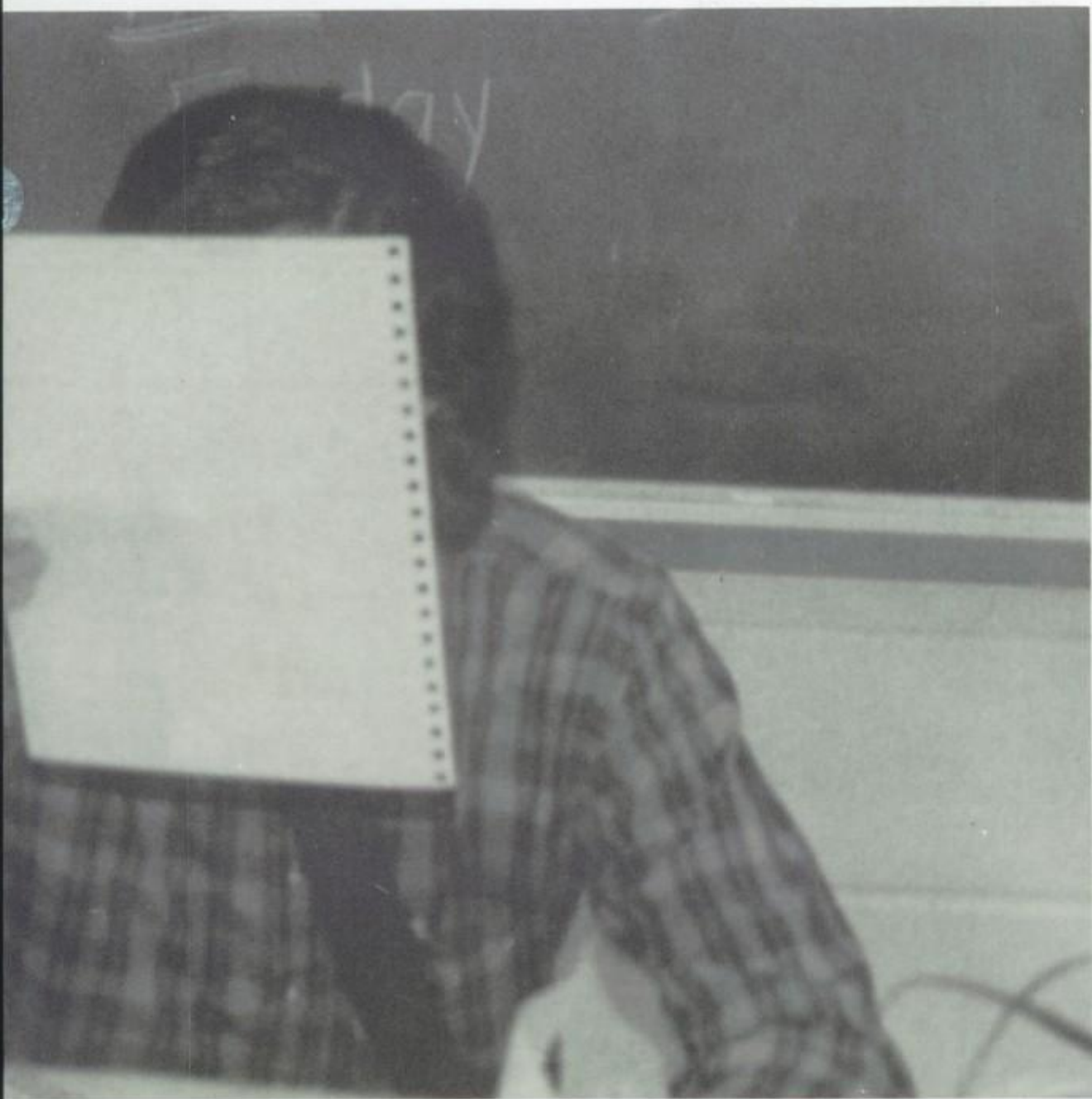


This student, like many others, hopes to finish his English report in the sanctity of the library.

Scott Segerbloom pays close attention to Mrs. Cummings in second bell.



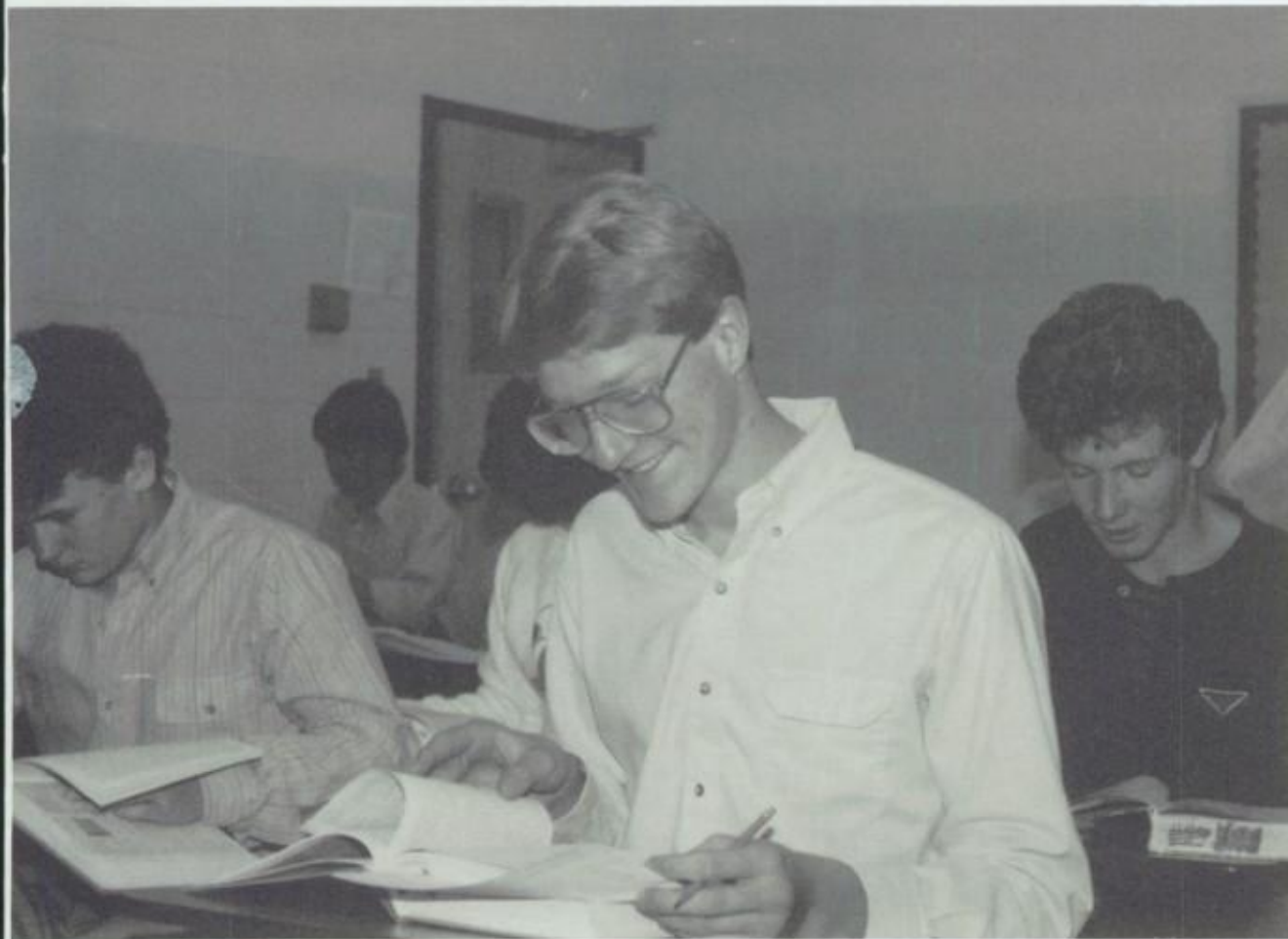
Mollie Schmidt, like many typical English students, works hard to finish grammar exercises.



Mr. Lambriola, who wishes to remain anonymous, is the English teacher every senior prays he does not get.



Kelly Johnson prepares for an oral report, a favorite assignment of English teachers.



John Dustin laughs as he and fellow classmates Drew Schnitt and Donovan Lenehan are taken through the paces of the notorious Nebraska Curriculum.

MATH AND SCIENCE

Important To the College-Bound

Math and Science are two of the most important fields in today's world, and colleges have begun to place a heavy emphasis on them. This is why many students have sweated through difficult courses such as Chemistry, Physics, Calculus, and Math Analysis.

Due to the major emphasis colleges have placed on Math recently, most students end up taking more than what is required to graduate. Although this is somewhat annoying to those of us who would prefer to sit back and relax during our high school years (which, after all, are supposed to be the best years of our lives), it motivates us and gives us a challenge. We realize, to get into college, this must be taken in stride.

Science, another course largely empha-

sized by colleges, is different from math in that it is relevant to everyday life. It is also interesting: from dissecting frogs in Biology to witnessing chemical reactions in Chemistry. "Science makes us appreciate nature and ask questions," says junior Andrina Tavenner.

Another math/science-related subject is Computer Science. "This course would be beneficial to anyone, seeing as how our country is rapidly growing to depend more and more on computers," comments senior Gerri Frankoski. Computer Science is instruction in BASIC and is a semester course. Advance Placement Computer Science is instruction in a different language, PASCAL, and is a year-long course. These courses are fun as well as educational.



"What does DNA stand for? Hmm ... let's see. That's deoxy-something or other ..."

Algebra is hard for some, unlike for Beth Clanton, who breezes through a test most would have trouble with.



Colin Clark, Scott Moran, and Henry Thompson work as a group to solve a program in Mrs. Robertson's 4th bell class, Computer Science.



Janet Eldon, an Algebra student of Miss Hampson, had to work for a good grade, as shown here.

Susan Wood and Stephanie Rohdenburg ask Mrs. Perliek, a chemistry teacher, about project topics for the Science Fair.

Students in French class listen attentively as paraphernalia of the French culture stands on the cabinet shelves in the background.

Stephanie Seabeking anxiously awaits her test paper in German class.

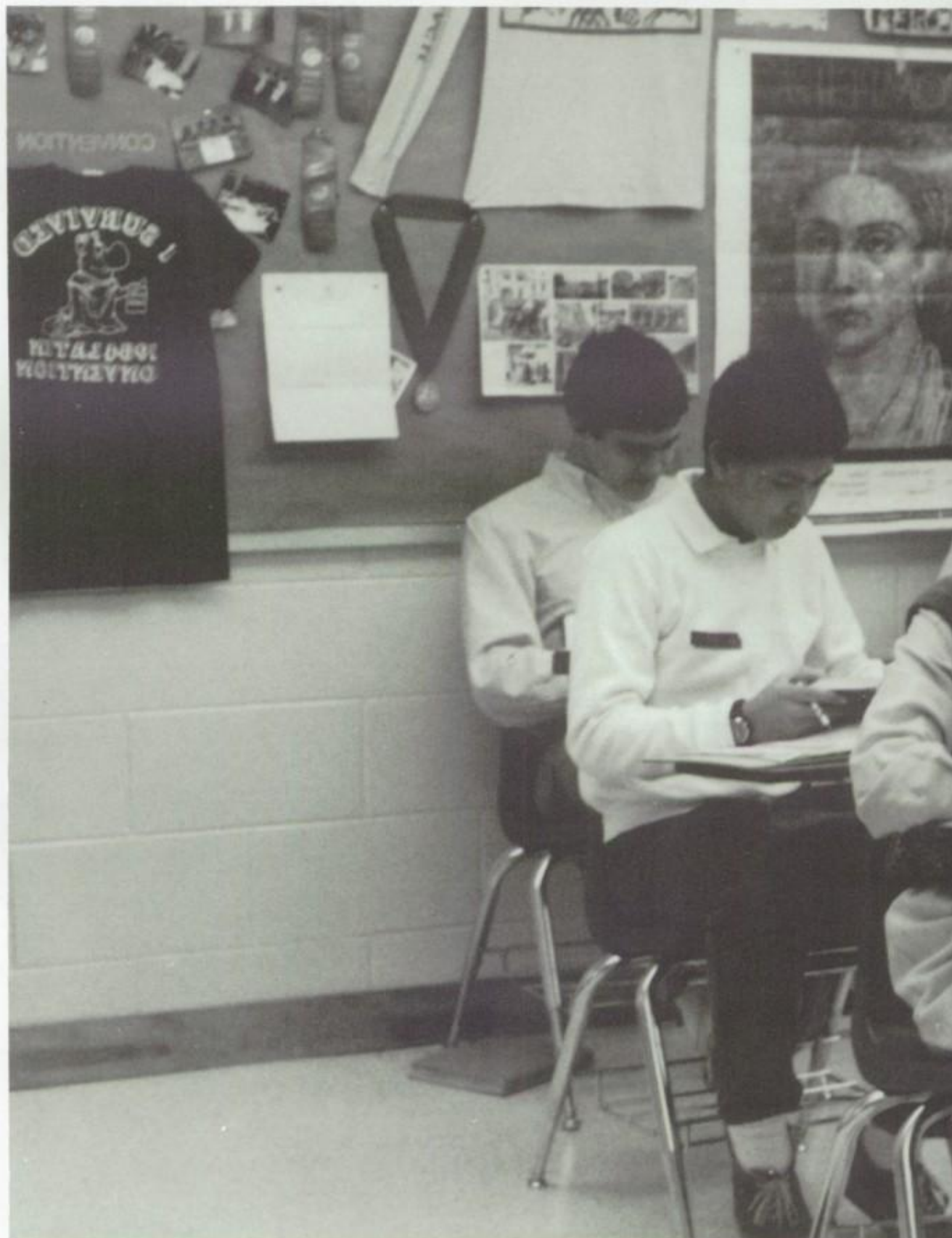


Mr. Waters prepares to lecture his Spanish class.



Spanish students not only learn the language, they learn about the people, the foods, and the customs of the land.

With the bulletin board in the background paying tribute to the accomplishments and activities of the Latin classes, students in Latin III take a quiz.





TOUR THE WORLD!

With Cox Foreign Language

"Bonjour", "Hola", "Salvete", and "Guten Tag" are greetings heard by everyone taking a foreign language. The language you take determines the greeting you hear everyday for a year.

"Bonjour", as most students know, means "hello" in French. French is offered years I-V at Cox. The language is beneficial to students who plan to travel abroad, and students also take French because they like the way it sounds. "The people are impressed if you can speak it," comments junior Kristen Epperly.

"Hola" is Spanish greeting for "hello". Students take Spanish for a variety of reasons. Some say it is the easiest language to learn, and some take it in case of that last-minute trip to Mexico. Spanish students do things to learn about the Spanish people, foods, and customs.

"Salvete" is the Latin greeting. Latin students can also give a variety of reasons for

taking their language. "It helped me a lot on my SATs. A lot of the English words are direct derivatives from Latin words," says senior Martha Duke. Latin students also participate in a state-wide Latin convention, where they compete with students from all across the state in such contests as oratory, costume, poster, and model contests.

Last but not least, a student walking into a German classroom would be greeted with the word "Guten Tag", literally meaning "good day". High lights of German class would include such activities as skits, German scrabble, the yearly trip to Germany (in the spring), and the ever-popular singing of German beer hall songs and Christmas carols.

So you see, languages can be fun as well as beneficial, and who knows when that second language will come in handy?!?



Miss Oakley gets involved with her French classes.



WE MEAN BUSINESS!

Business Courses are Capital Classes

2324 First Avenue
Va. Beach, VA 23454
January 28, 1985

Cox High School
2325 Shore Haven Drive
Va. Beach, VA 23454
Cox High Business Dept.:

It has been brought to our attention that the students coming out of the business program at Frank W. Cox High School are some of the best qualified potential business employees in the area.

We are looking for potential secretaries, clerk typists, and stenographers. We feel your typing and stenography programs prepare your students for the real job market.

We are also interested in future accoun-

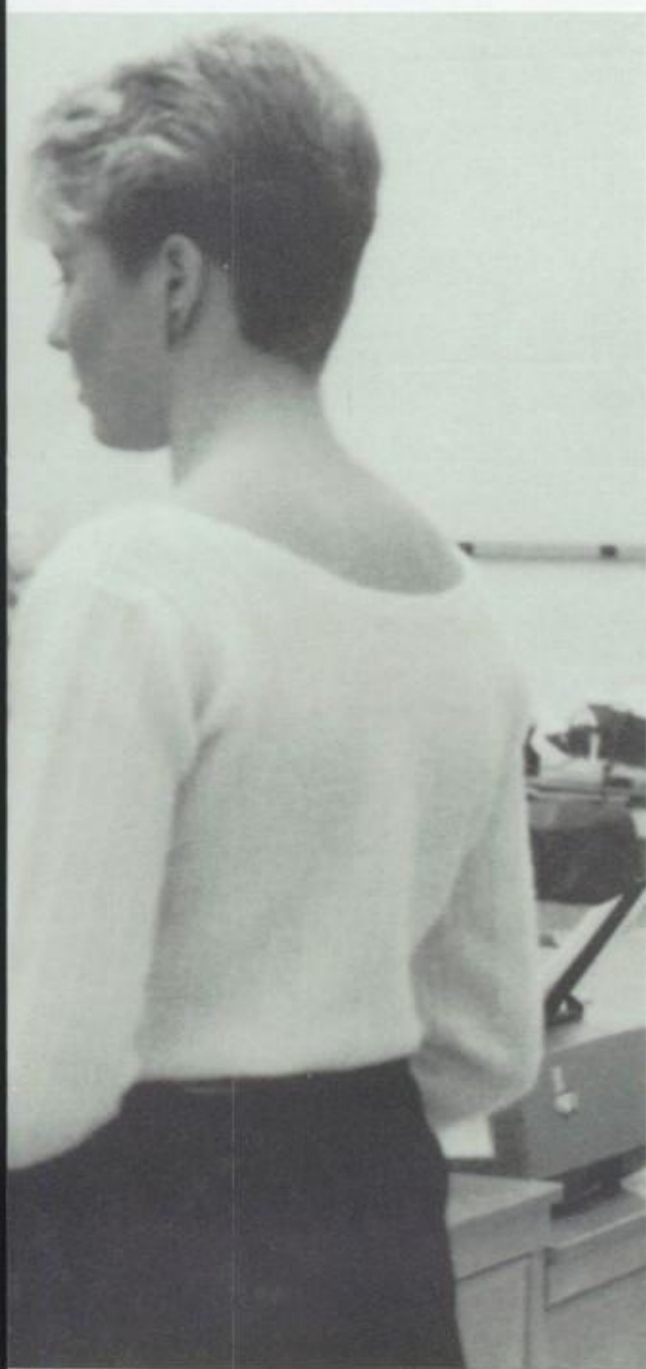
tants, business and economics majors, and business law majors. We have job positions open for business students interested in these fields. These students do not necessarily have to be interested solely in going into business as a permanent job, but we feel that giving qualified students the chance to find out if they would like to do these jobs as a permanent vocation would help us, the students, and society as a whole.

Please have any of your students interested in pursuing a job in business contact us as soon as possible.

Thank You,
The Employment Association
of Virginia



Typing a formal report is just one of the many formats students in Typing II cover.



Mrs. Tugman helps a student with centering in Typing II.

Accounting students work diligently at computing a company's expenses and profits.



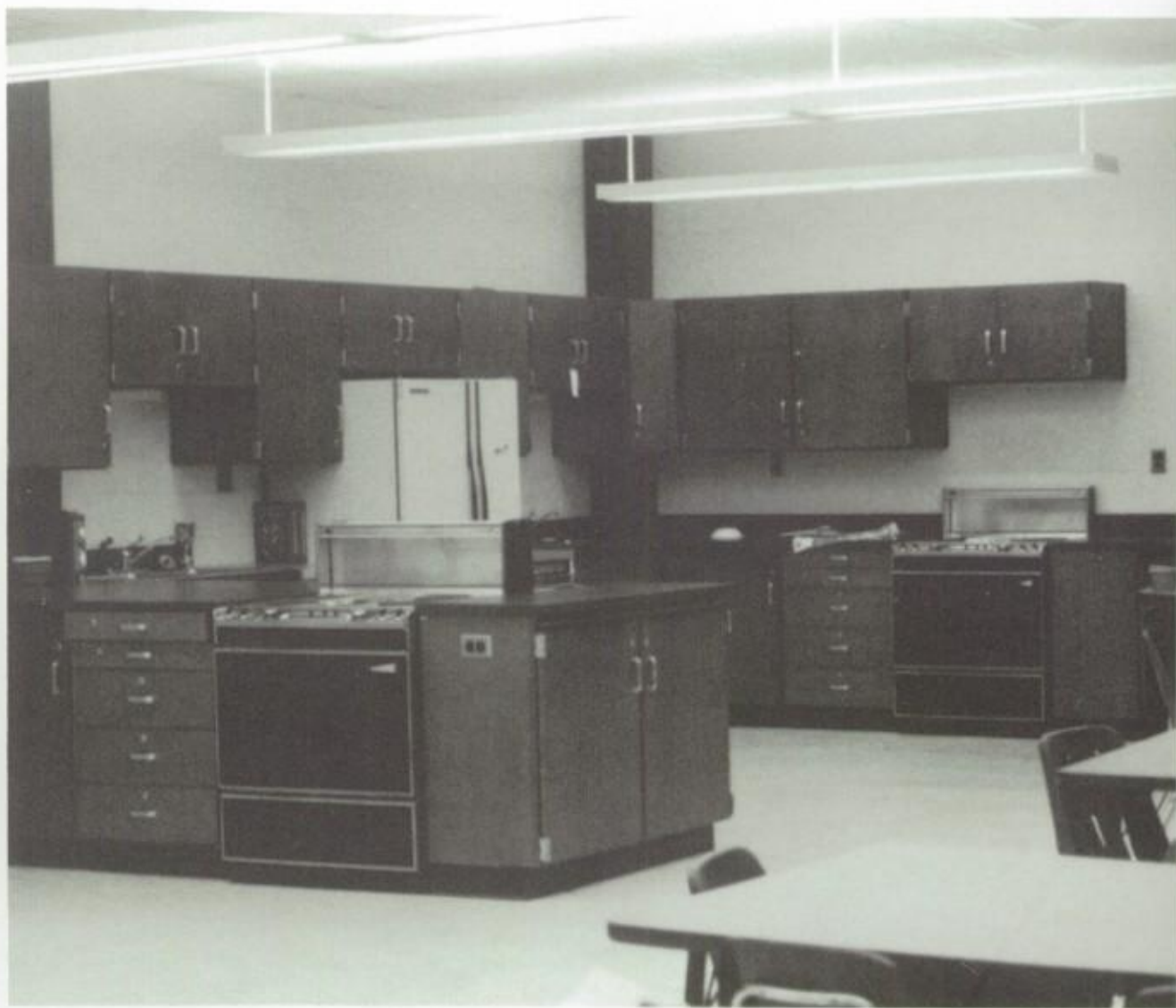
Mrs. Winslow instructs her Typing I class in vertical centering.



Two students work on tax returns in Accounting class.

A common sight to those taking Home Ec and Foods, the kitchens are well-equipped and kept immaculate.

The table set with placemats and water glasses, students eat what they make in a home-like atmosphere.



Sewing is just one of the areas students cover in Home Ec I.

"What does it taste like to you, David?" "Uh, gee ... I don't really know, Spencer. What do you think, Charlie?" "I can't believe I'm eating this!"



"This is harder than it looks!"

SELF-IMPROVEMENT STRIKES THE NATION

Cox High Follows the Trend

The idea of self-improvement has certainly conquered the nation. It seems that everywhere you turn, there is someone dieting, working out, or just trying to make life better for himself. So it goes with high school students preparing for life outside their parents' homes.

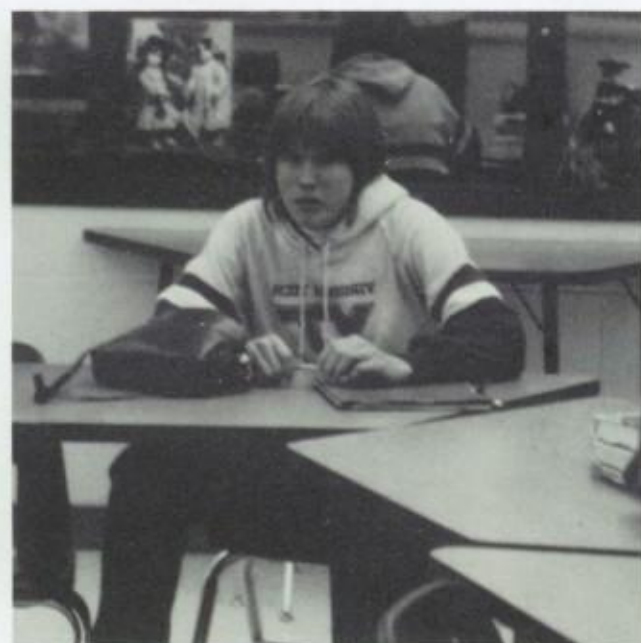
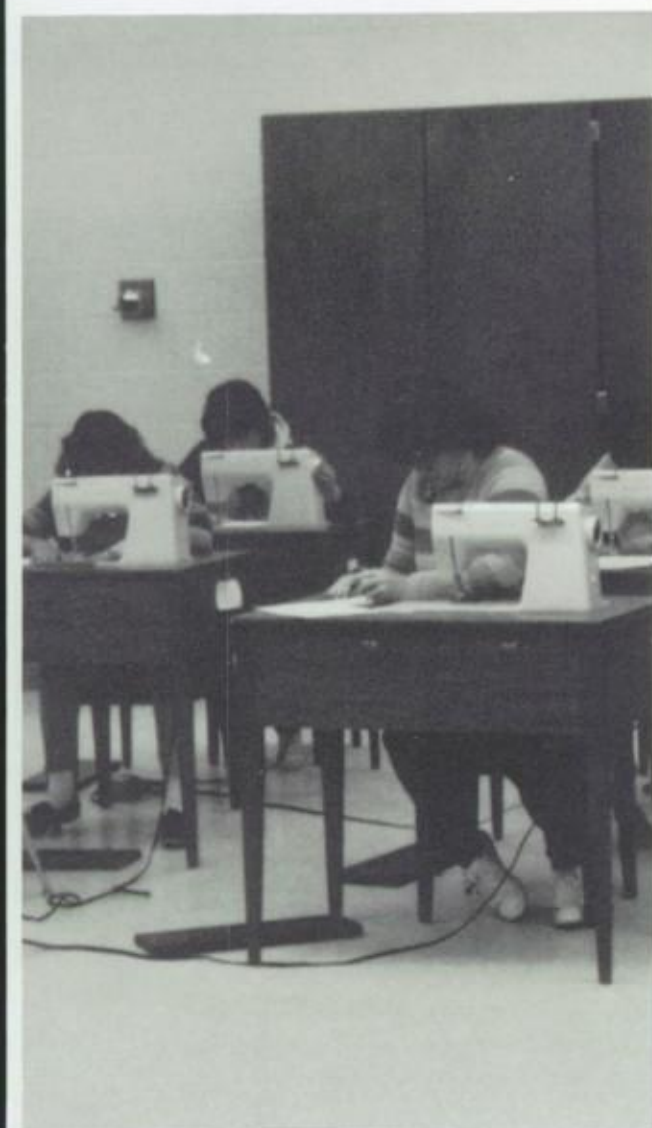
Our school rides on the wave of the nation by offering a variety of self-improvement courses, Foods, Home Economics, Independent Living, and Marriage and the Family to name a few. These courses are all well attended.

Foods and Home Economics are geared more with the "home body" in mind. The classes let everybody, not just females (as is the common misconception), get more acquainted with cooking and how to run a household smoothly.

Independent Living prepares people now for life without Mom and Dad's help. The classes let people get acquainted with living on their own and life after high school. This class can benefit everyone. Everybody at some point in time is going to be out on his own. This prepares people and lets them know what's to be expected and how to handle it.

Marriage and the Family is a class geared towards getting people prepared for married life and the family. How many people have held a baby in their arms for the first time and wanted to yell "HELP!" the first time the baby cried? This class prepares students for this situation and many others.

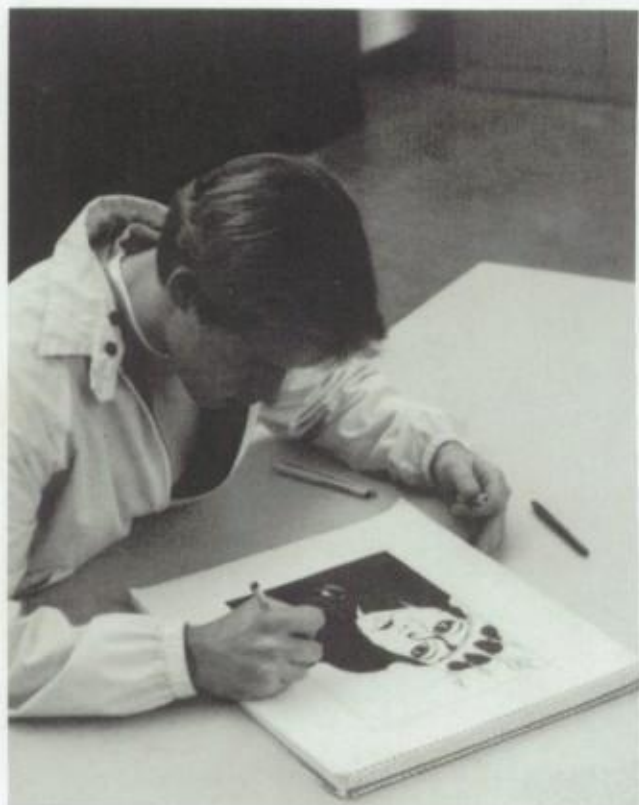
There are many ways to improve yourself and some can even be found in the halls of this school.



Suzy Hall relaxes as the first day of Independent Living commences.

How great is AP History, Mr. Trammell? "This great!!"

AP Art student Dennis McQueeney works on another fantastic creation.



AP Computer Science students goof off for the camera while taking a break from their usually tedious programming.



Max Natzet seems to have not gotten enough sleep last night!

AP Biology teacher Mrs. Martino catches Max in the act of yawning (adjacent picture).



Calculus teacher Mrs. Waller aides David Eun with his homework as David Hernandez gloats because he has the correct solution.



STUDENTS GO BEYOND THE CALL OF DUTY

AP Students Accept the Challenge

Challenges are presented to students at Cox in a variety of forms; however, Advanced Placement (AP) classes have to be the most challenging of all classes.

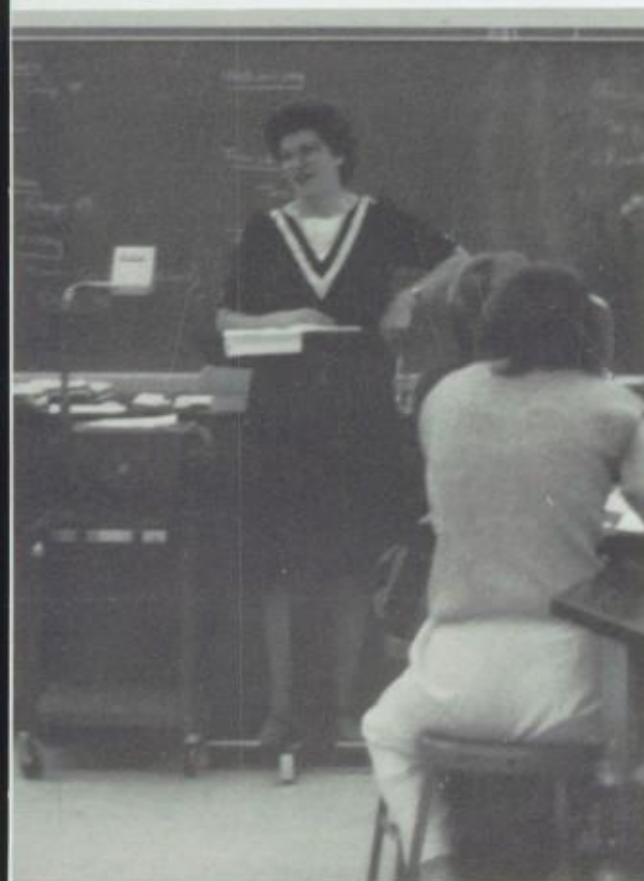
A student taking an AP course benefits from the class in many ways. He not only challenges himself, but he may also receive college credit for his efforts, saving both money and time. The curriculum of an AP course is directed toward passing the dreaded "AP exam," taken in May. A student scoring a "4" or "5" (out of a possible "5") on the exam is almost guaranteed college credit for the course; a "3" may gain the student credit, but that depends upon the college he is planning to attend.

There is also diversity in the subjects of AP courses. The courses offered at Cox High this past year were American History, Art, Biology, Calculus and Computer Science. Taking these advanced courses adds an extra 1/4 point when class rank is determined, since the

courses are taught on a college level.

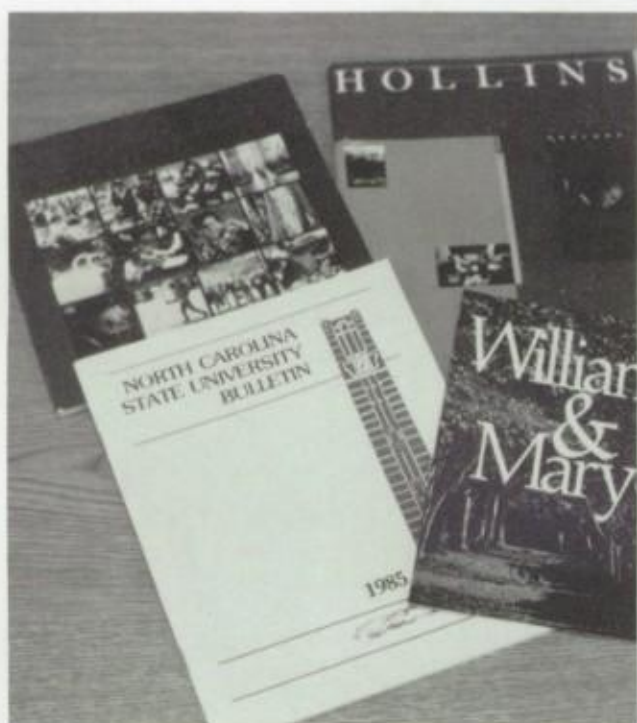
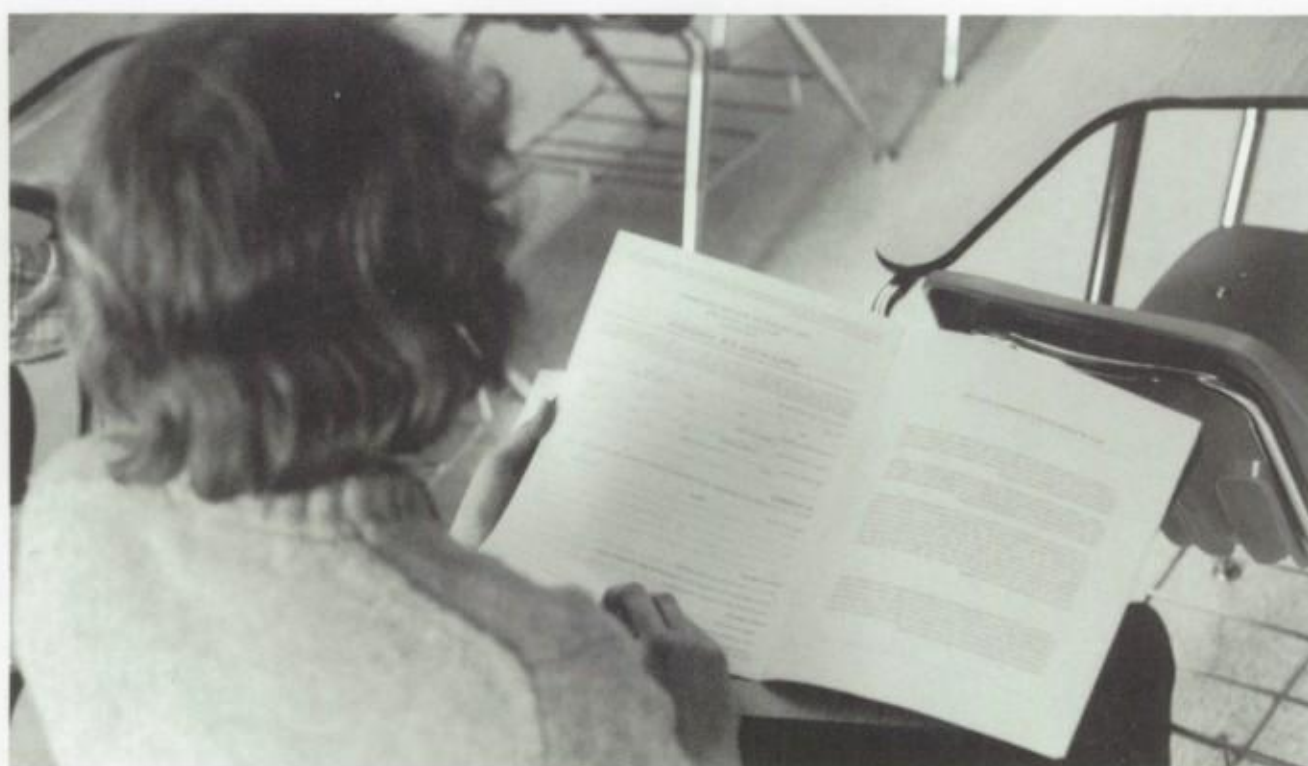
AP courses are also fun and interesting. They are like specialty courses; students in the same class usually share the same interests. Also, although much more is expected from an AP student, the atmosphere is usually one of ease. These things should be remembered when trying to decide whether or not to go "beyond the call of duty" and take the AP course.

However, some juniors this year may shy from signing up for one particular AP class, one that was not available to seniors this year due to an extremely low enrollment. Probably the toughest class available, AP English is taught by Mr. Robert Lambriola, voted English teacher of the year in the state of Virginia. Will enough students accept the challenge and enroll? I guess we will just have to wait and see.



Penants and pictures advertise colleges and universities in the guidance department offices.

Shelley Smith looks over a William and Mary application. Little did she know at the time that she would be accepted.



Booklets and brochures describing colleges will become a familiar sight to juniors in the coming year.



Juniors Kelly Wilson, Stephanie Rohdenburg, and Susan Wood help display college sweatshirts, a popular way to advertise your favorite school.



UVA, HERE I COME?

The Day the Fateful Letter Came

April 18, 1985

Dear Diary,

Well, it's here. The letter that decides my fate came in today's mail.

My hands are shaking; I'm petrified to open it, and here I've been waiting for it so anxiously! What if it's a rejection slip?!? "I am sorry to say that you are not the type of student the University of Virginia is currently seeking. We might suggest that you attend a community college and re-apply next year." I'll kill myself! UVA is the only school I've ever even thought about attending! So I didn't get a 1300 on my SATS, and I only have a 3.2 average, but I'm still a very hard worker and good student!

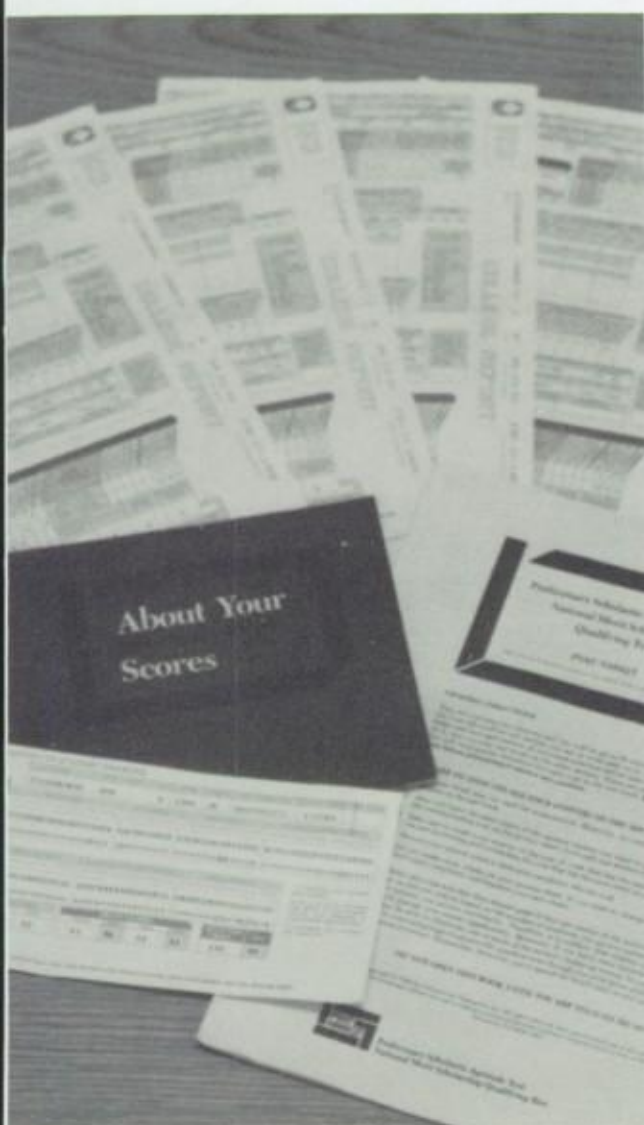
On the other hand, I might have been accepted! That would really make all this worry worthwhile. To be accepted would be to

fulfill a lifetime dream. And my parents would be ecstatic!

Oh, I don't know! I guess I should just open the stupid thing and get all this anxiety over with. But I've worked so hard, and to think a letter could throw away all those years of struggling and hard work! It could throw away all those years of trying to understand Chemistry, memorizing equations for Algebra and Math Analysis, and trying to figure out Shakespeare and Emerson. All that could go to waste!

What about all the time I put into filling out applications? I had forgotten about that! It has taken me weeks to get everything properly filled out. I hate to think I did all that just to be told I haven't been accepted.

Oh, well, I've had enough of this. Here it goes. Let's just hope it's good news!



PSATS and Achievement tests are just two of the many tests students have to take before applying to college.

BOYS' STATE: David Eun, David Hernandez, and Ed Brownlow.



AT THE HEAD OF THE CLASS

Students Strive for Excellence

Students are honored and recognized in a variety of ways by our faculty and administration. Among the ways are through Governor's School, Leadership Workshop, Boys' and Girls' State, and the recognition of National Merit scholars.

Four people are chosen from a multitude of screened students for Governor's School, although only two attended this year. To be one of those four is a great honor. Governor's School consists of a four to six week session in the summer in which students live in a dorm and go to classes, much like a college student would. "It was really interesting and I learned a lot. You really get to experience what college is all about," says Scott Keeling, a junior who attended this past summer.

Leadership Workshop is another activity for which students are screened and chosen to

attend. Like Governor's School, it is held in the summer, but only for five to six days. Students also live in a college dorm. It consists of a variety of seminars and activities. "Leadership Workshop was an interesting experience and I'm glad I was a part of it," replies senior Ken MacGillivray.

Boys' and Girls' State are attended by those students who are the most active. Again, these students are selected by the administration and faculty.

National Merit semi-finalists and finalists are selected by their PSAT scores. Those who receive this honor usually score a 1300 or above on the test. Scholarships are awarded to those who scored the best in the nation.

Through these opportunities, our best students receive their due recognition.





LEADERSHIP WORKSHOP: **Kneeling:** Lee Clark, Laura Haynie, Caddy Wood, Kim Brookes, Sandy Parker, David Eun, and Tim Spillane. **Standing:** Ed Brownlow, Jennifer Clarke, Tim Brunick, Leslie Lowe, Ken MacGillivray, and Tom McNichols.

NATIONAL MERIT SEMI-FINALIST: Leslie Lowe.

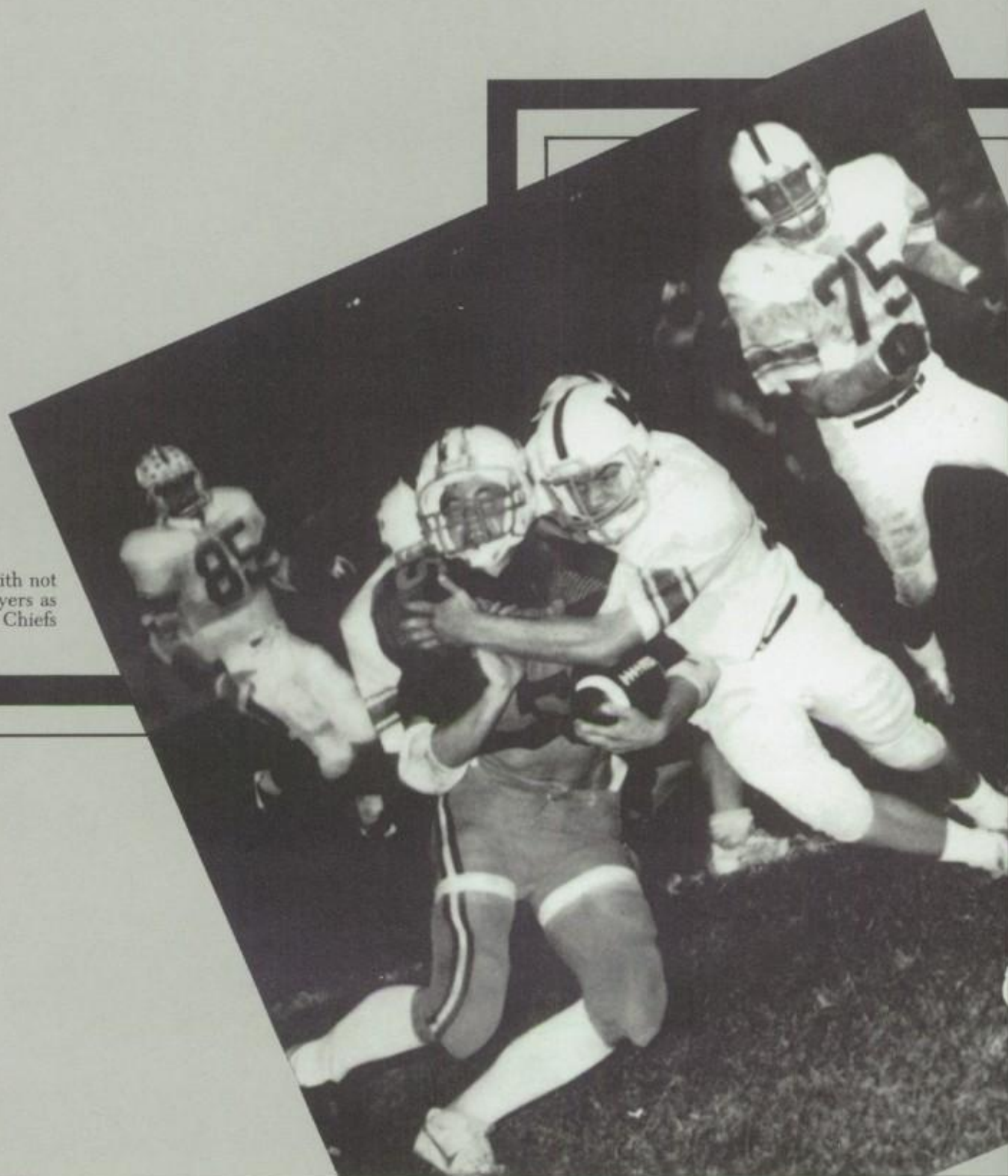


GIRLS' STATE: Lisa Matthews and Leslie Lowe.

GOVERNOR'S SCHOOL: Scott Keeling and Christine Smith.

If you think you are beaten you are,
if you dare not you don't.
If you like to win but you think you can't
it's almost a cinch that you won't.
If you think you'll lose you're lost
for out in the world you'll find,
Success begins with a fellow's will,
it's all in the **State of Mind**.
If you think you are outclassed, you are
you've got to think high to rise
You've got to be sure of yourself
before you can ever win a prize.
Think big and your deeds will grow
think small and you'll fall behind.
Think that you can and you will,
it's all in the **State of Mind**.
Life's battles don't always go
to the stronger or faster man.
But in the end the man who wins
is the man who **knows** he can.

Spencer Moore has his arms full with not only the ball but 3 Kempsville players as well. The Falcons went on to tie the Chiefs in our Homecoming game.



S

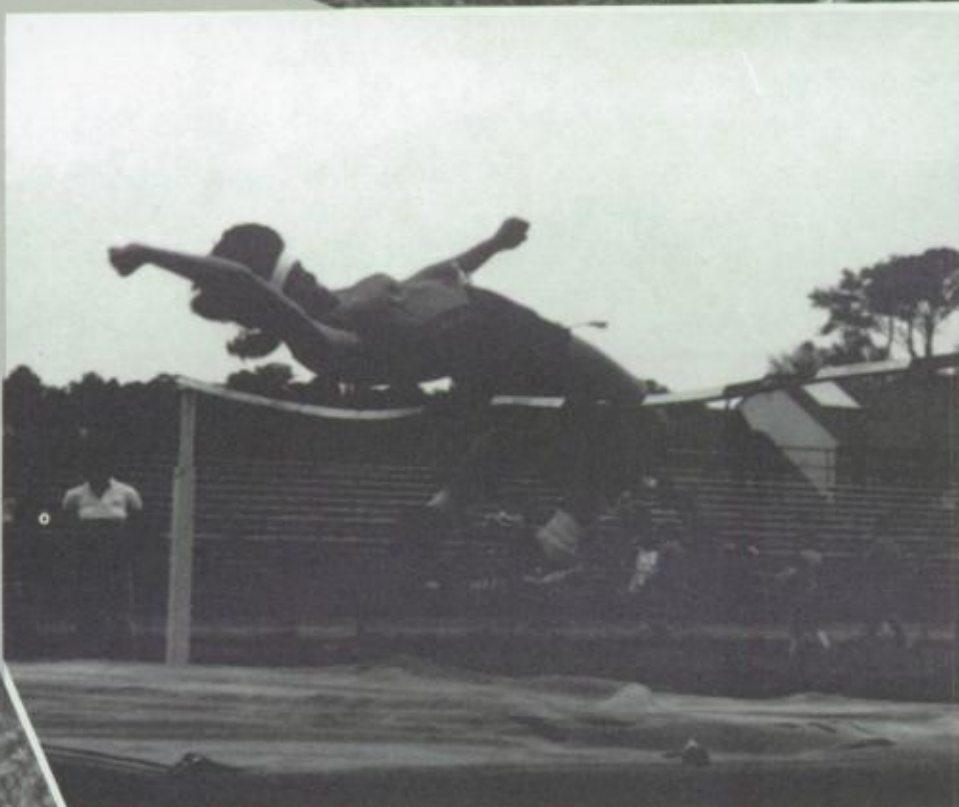
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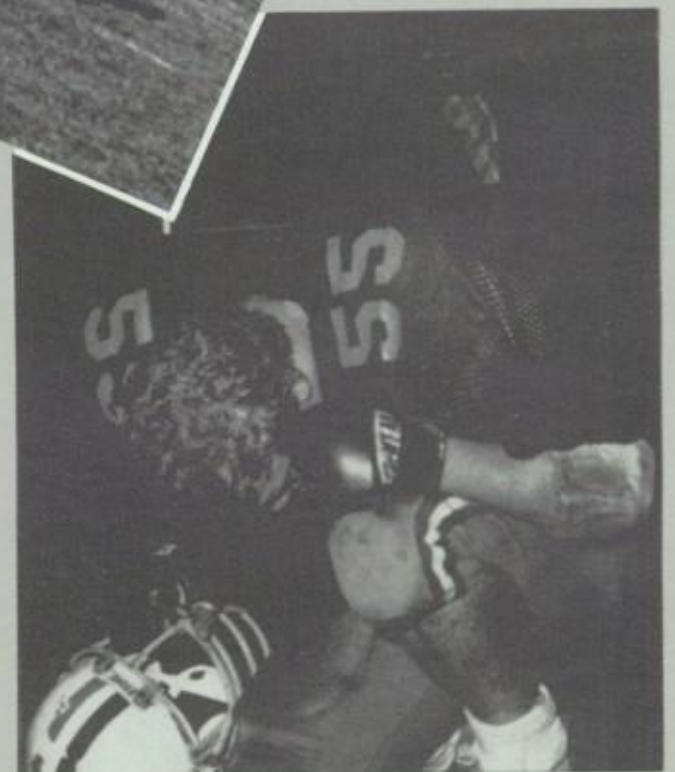
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Mary Fike, one of the four seniors who played for 3 years and participated in all 3 district championships, whacks the ball to score another point for the Falcons over F.C.



Junior Liz Jones strains to gain a little height. Liz is well known for her talents. Along with track she is involved in 4 other sports.



Senior Lew White takes a moment to himself to think during halftime.

S

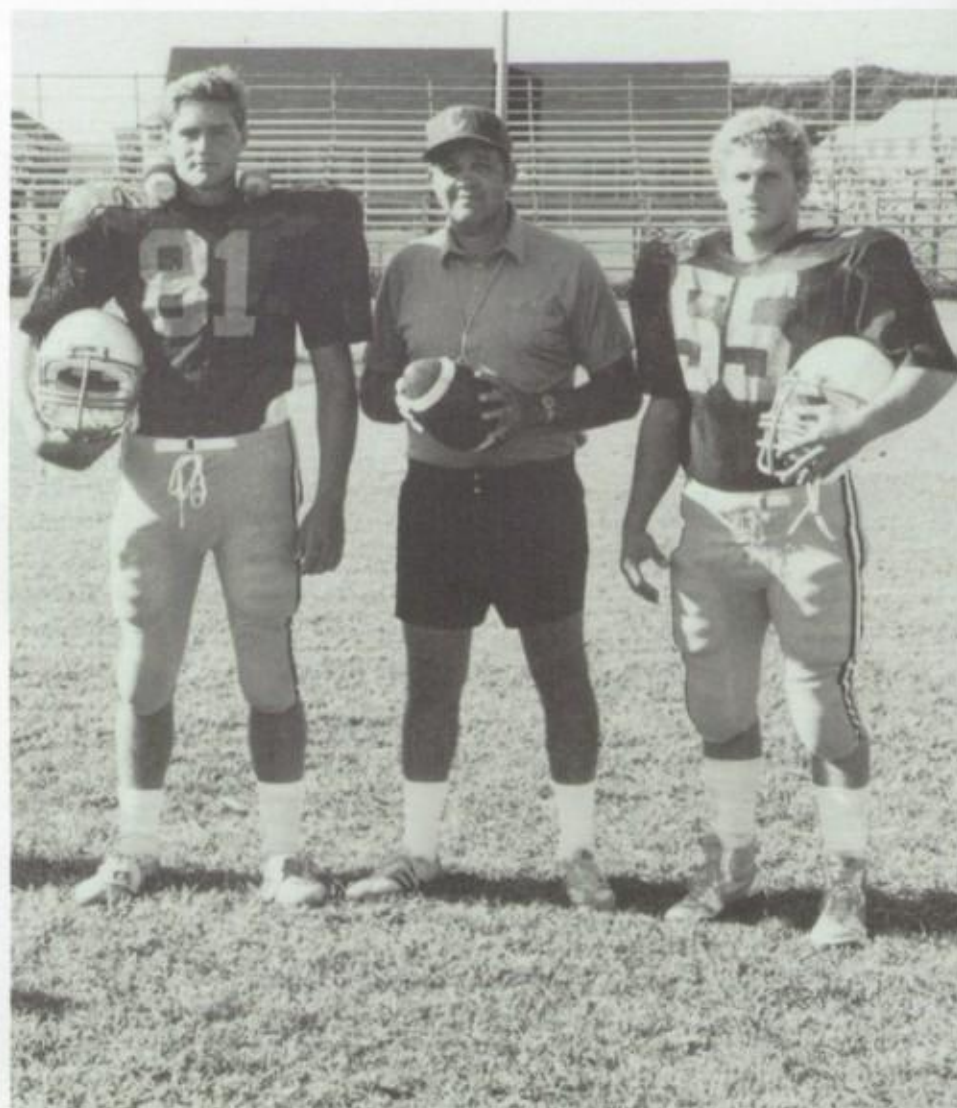
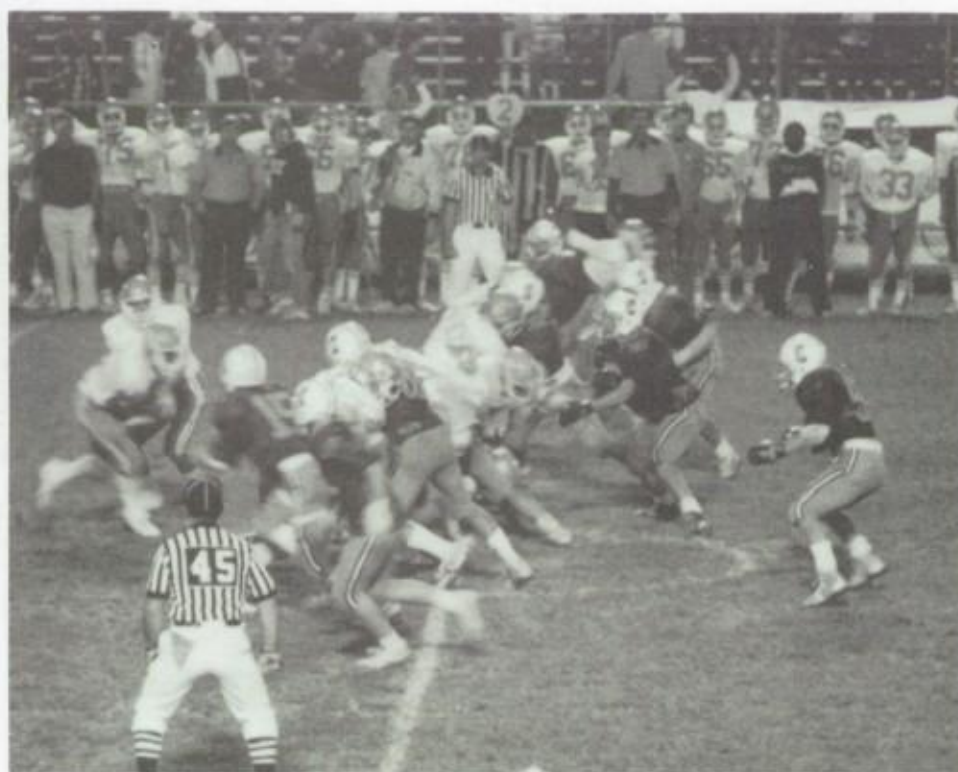
SPORTS



While taking a breather, senior Rick George glances at the scoreboard, awaiting his return to the field.

Co-captains Chip Dustin and Lew White take time out for a quick photo session with Coach Al Habit.

"When the going gets tough, the tough get going" — the Falcons show First Colonial what they are made of!



FIGHTING TO THE END

Falcon Football Gives Their All

The Falcon football team finished their season with a record of 3-6-1. The record, however, was no indication of how the team played. At times our team played better than the opposition but scored fewer points. Kellam, the district champions, scored only one

touchdown in a heartbreaking 7-0 loss for the Falcons. This is only one example of the many close games which the Falcons encountered.

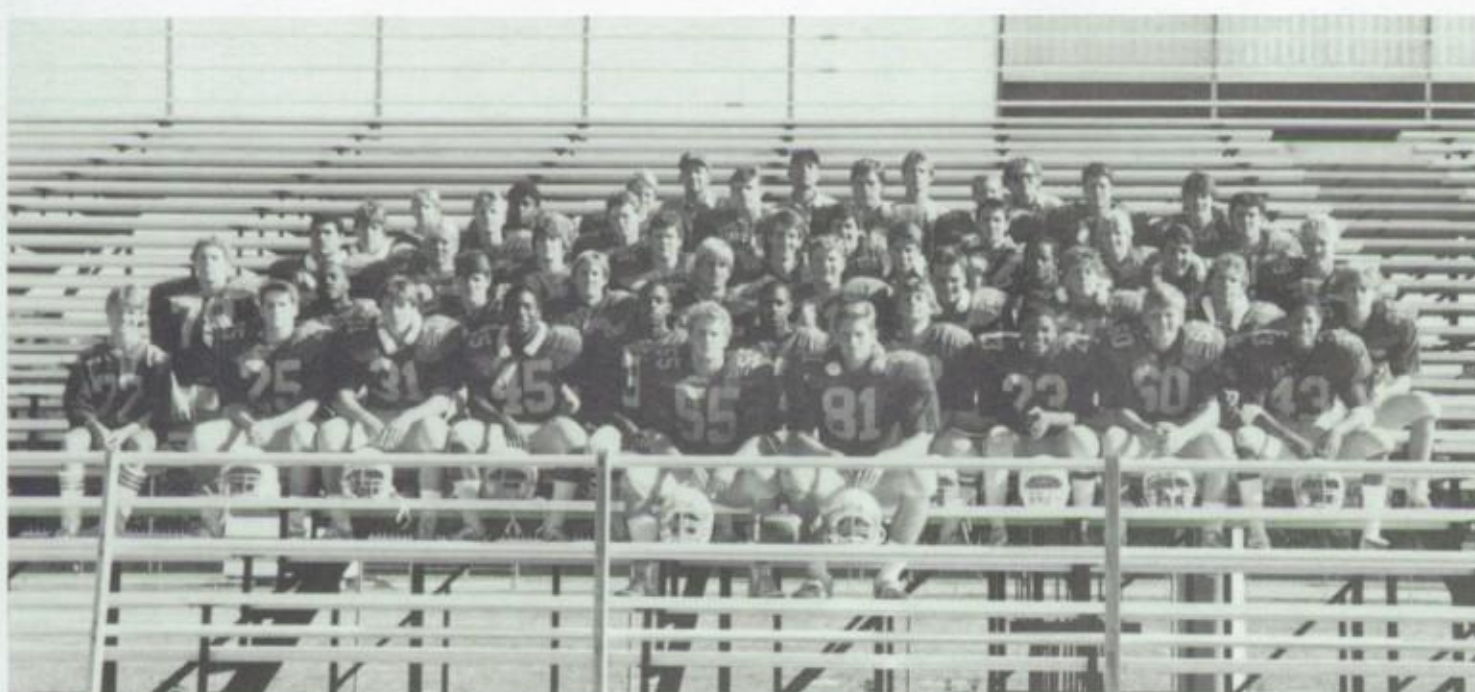
The offense never really came together; averaging only nine points a game. The defense was the key to the team, placing sec-

ond in the district in the number of points allowed per game. Heading the defense were Seniors Chip Dustin and Spencer Moore who both made the beach district defensive team.

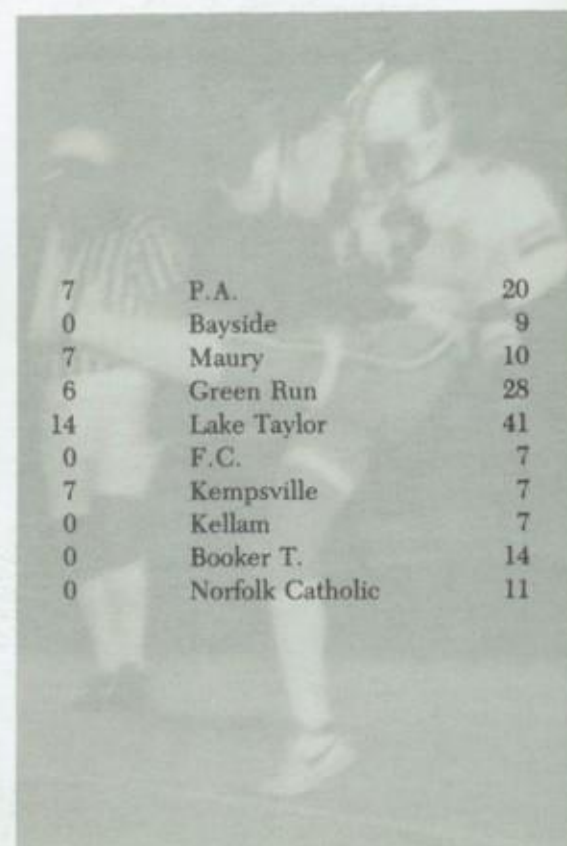
Lew White and Chip Dustin, the two co-captains of the team,

both agreed that a few more breaks in the close games would have helped the Falcon's record. Clark Nichols was quoted as saying, "I hate everybody. Bring it on!"

Front Row: Lew White, Chip Dustin. First Row: Paul Dickinson, Scott Miller, Tony Lacco, Tony Brown, Wayne McNeal, Dwayne McNeal, Paul Oneal, Bryan McNeal, Rob Siebert, Reggie Moore. Second Row: Mike Schnackel, Donyea Baxter, Mike Page, Geoff Campbell, Jeff Ostein, Matt Marks, Tom Boothe, Rick George, William Emerson, Brian Ward. Third Row: Carry Radican, Lars Pierson, Tim Brunnick, Steve Howard, Neal Lipscomb, Rob Cave, Al Fulford, Dave Summers, Chris Schellhemmer. Fourth Row: Pete Howard, Steve Higgins, Greg Bell, Scott Moran, Tim Willbricht, Matt Erinzeller, Larry Mailes. Fifth Row: Rob Shupe, Mike Brown, John Dustin, Clark Nichols, Mark Peterson, Chris Foutine, Spencer Moore, Doug Reed. Sixth Row: John Ingram, Gary Hartranft, Hank Armstrong.

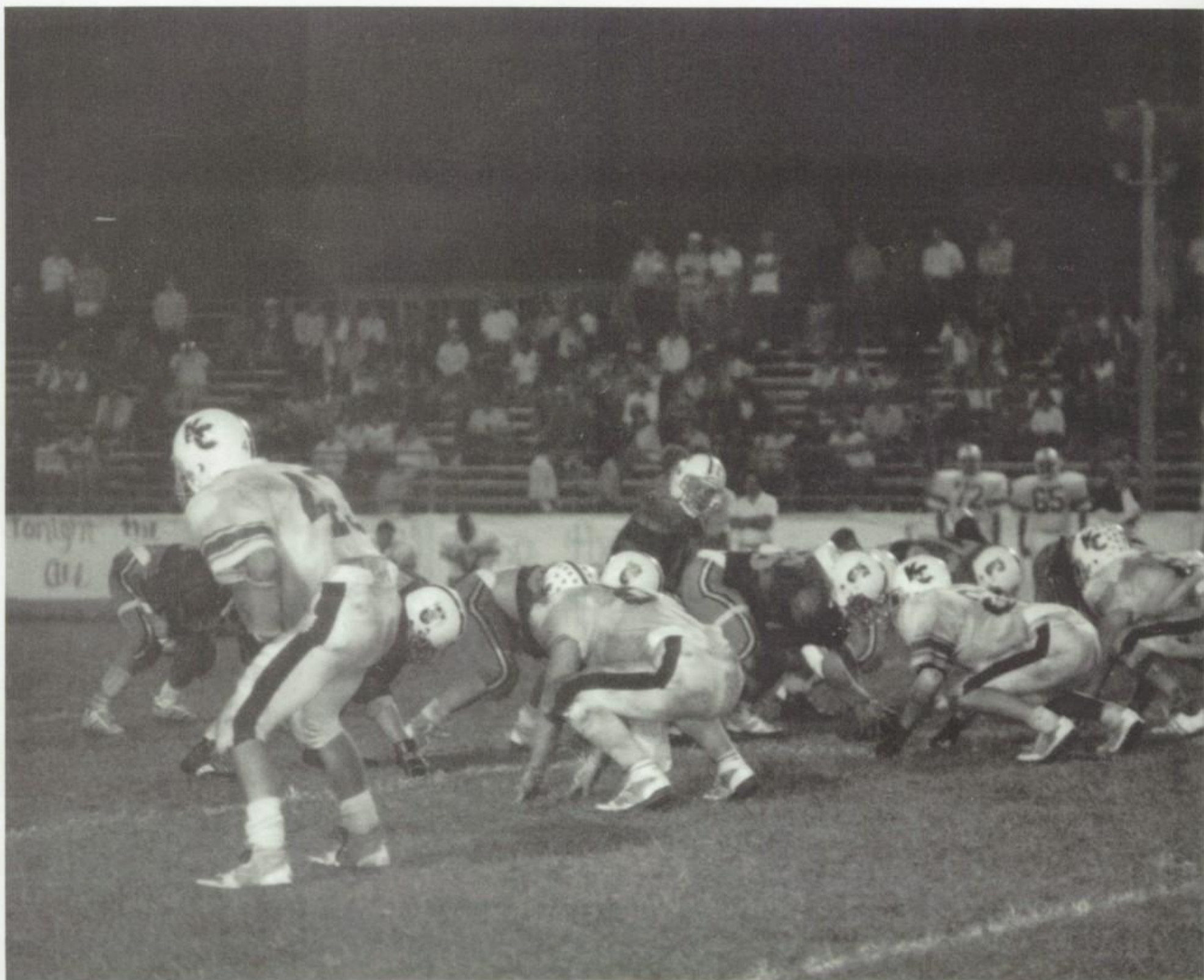


Senior Lew White (#55) and teammates keep together while pouncing on a Norfolk Academy runaway.



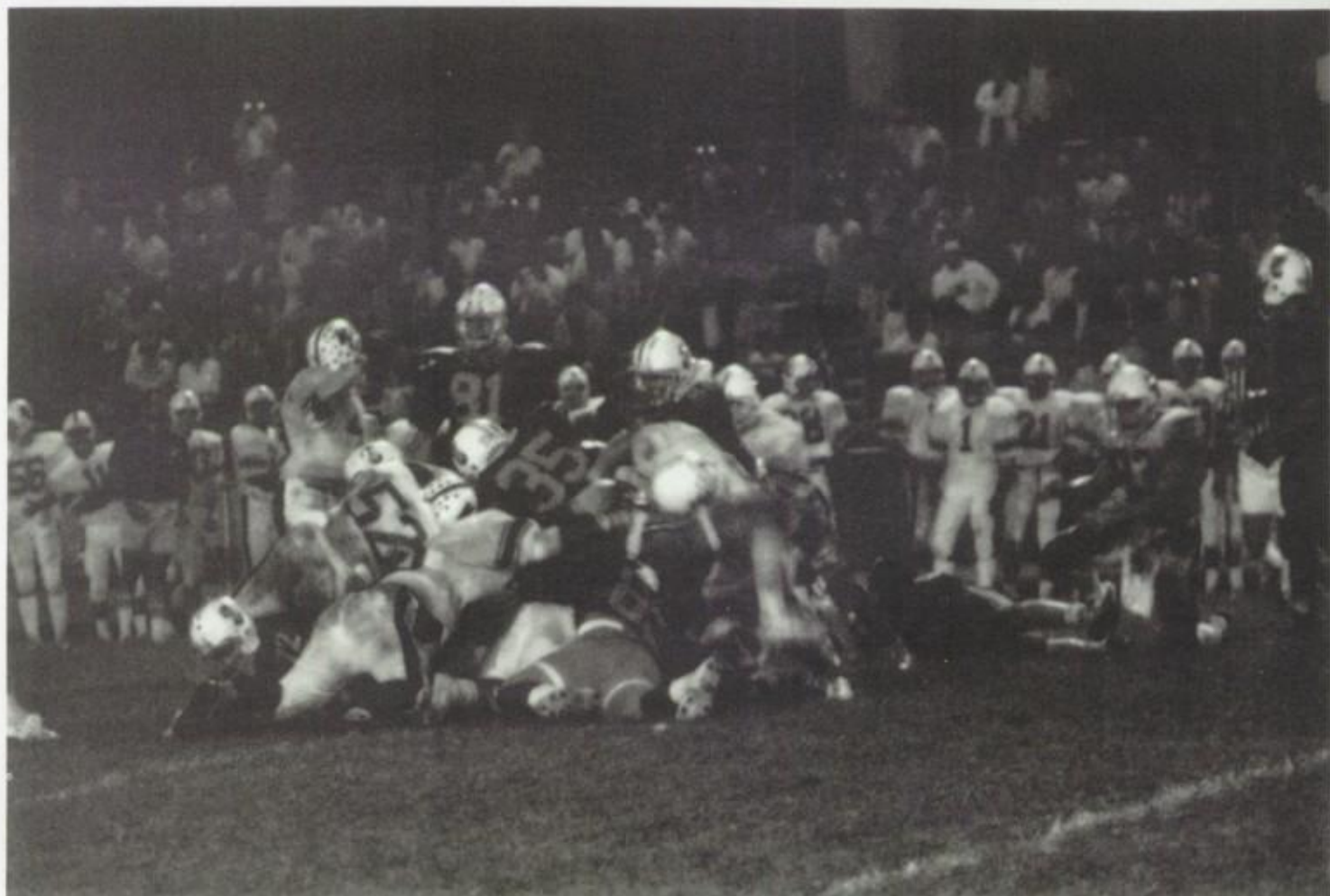
Bryan McNeal shows his enthusiasm as the Falcons score a touchdown against F.C.

7	P.A.	20
0	Bayside	9
7	Maury	10
6	Green Run	28
14	Lake Taylor	41
0	F.C.	7
7	Kempsville	7
0	Kellam	7
0	Booker T.	14
0	Norfolk Catholic	11

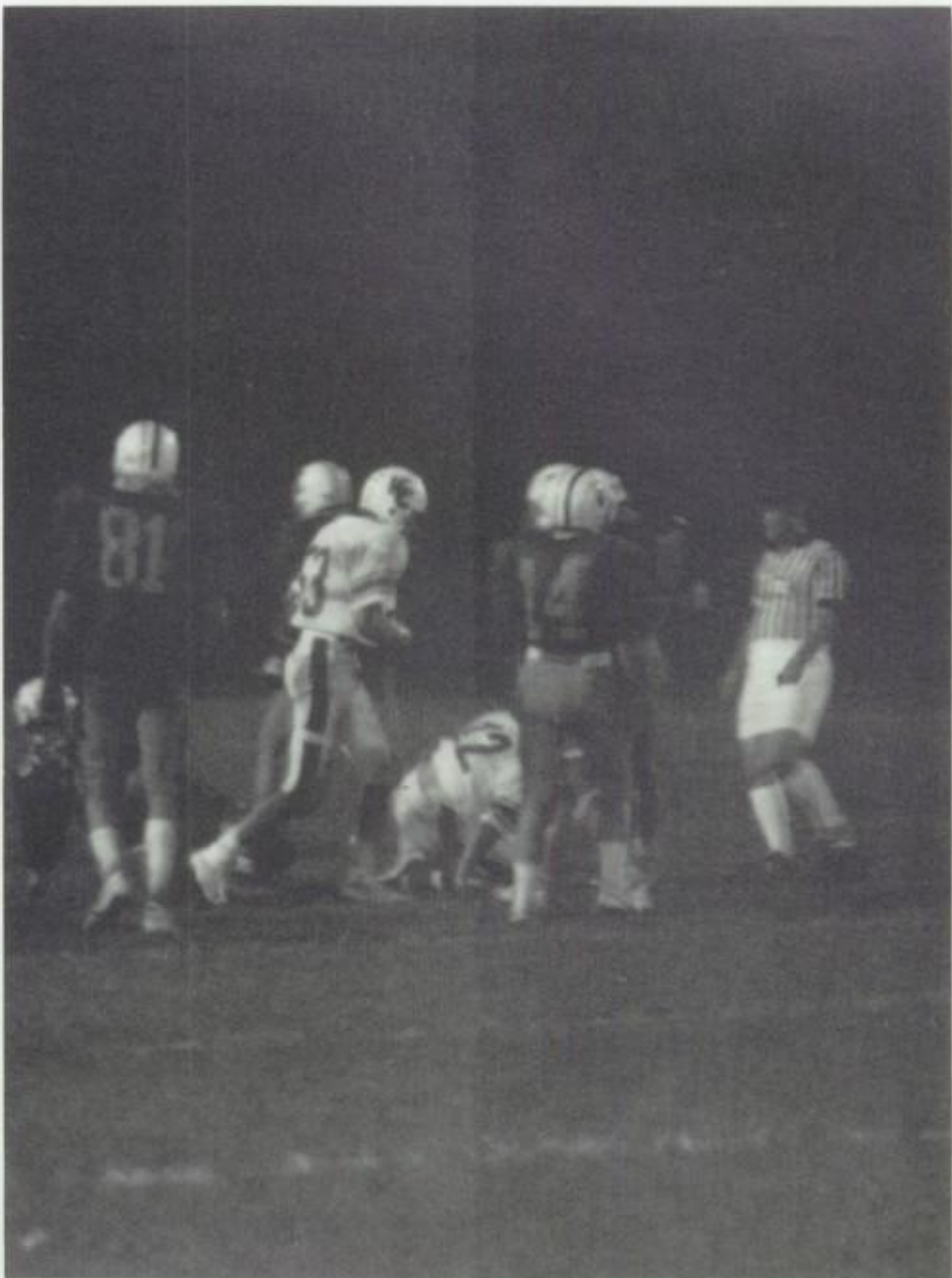


Falcons prepare to hike the ball on the Kempsville 40 yard line.

"Head of the Heap," Falcons fight to recover the ball.



Junior Robby Cave takes time out to catch his breath after playing a hard quarter.



Falcons once again show them how it's done.

For some of the team, "time out" means a time to rest, but for others it's a time to plan the next strategy.





Junior Jackie Stanfield shows her aggressiveness as she charges her opponent.



Junior Woody Ballew's perserverance shines through as she takes a quick breath. **Rachel Atkinson** demonstrates her skill in dribbling the hockey ball.

MAKING GOALS

Lady Falcons Get On The Ball



The Field Hockey team had an outstanding season this year. The Falcons, coached by Miss Nancy Fowlkes, captured their fourth consecutive Beach District Championship by remaining undefeated in district play with a record of 12-0. The Lady Falcons' two losses were both to Kempsville in the Beach District Tournament Final and the Eastern Regional Final. The Lady Falcons had beaten Kempsville twice during the season.

There are four seniors on this

year's team. They are Kim Armstrong, Mary Fike, Lisa Price, and Stephanie Shupe. These four did an excellent in both offense and defense. Their experience helped lead the team to 16 victories.

The starting juniors are Woody Ballew, Rachel Atkinson, Kristin Epperly, Dee Dee George, Lynn Nelson, and Erin Walsh. The other two juniors are Jackie Stanfield and Kristi Ritter. The sophomores are Laura Edwards, Geraldine Maraia, Kathy Sereno, and Kathy Slough. The goalie is sophomore Kathy Focina. She allowed only four goals to be scored on her

from the field of play. That is quite an exceptional feat! She and the tenacious defense did an excellent job.

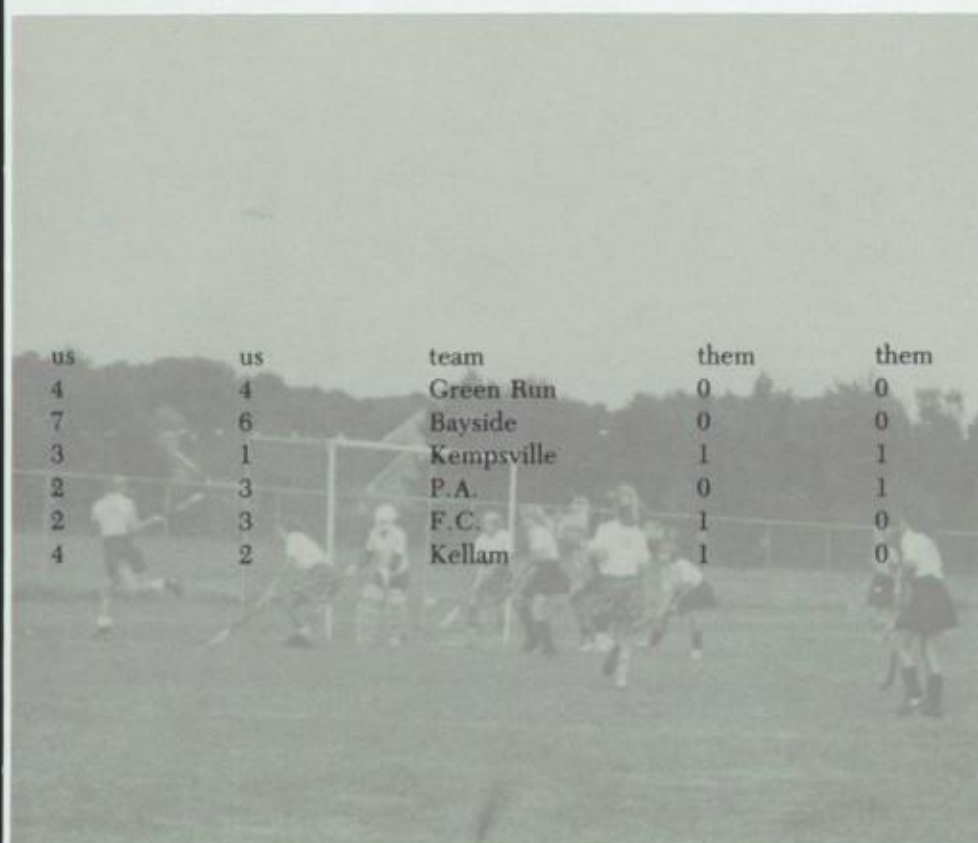
The offense is led by captain Stephanie Shupe. She is the team's leading goal scorer. She has 19 goals; Woody Ballew added another 11. The Lady Falcons are proud of winning the District Championship. Although they did not win the Regional Championship or the State Championship, Miss Fowlkes said, "Based on the statistics, we were the second best team in the state."

Miss Fowlkes did an excellent

job in coaching this year's team. Captain Stephanie Shupe said "she makes you want to win!" Miss Fowlkes' past achievements include 2 State Championships, 3 Regional titles, and 4 Beach District titles.

Congratulations to the team and Miss Fowlkes for their hard work, it paid off!

Woody Ballew and Kristin Epperly return from their successful attempt at a goal.



us	us	team	them	them
4	4	Green Run	0	0
7	6	Bayside	0	0
3	1	Kempsville	1	1
2	3	P.A.	0	1
2	3	F.C.	1	0
4	2	Kellam	1	0

CHEERS

The RUSSIANS Are Coming

Cheerleading is a special kind of sport. This close family is responsible for raising the spirits of Cox fans, even when it seems almost impossible. If anyone can get the stands as rowdy as the Cox fans it's the cheerleaders.

While talking to Kim Armstrong, she commented, "Cheering is a very special feeling. It's one I wish everyone could have a chance to feel and experience; I will miss cheering greatly." This special feeling is also felt by many of the Cox cheerleaders. It is quite obvious in their peppy attitudes and cheery smiles.

Not only are these special athletes responsible for school spirit, but they also

set a role model for other students. This special team has many rules and restrictions which each cheerleader must meet in order to continue cheering. This special team is one that should be complimented for its ability to raise the spirits of Cox fans.

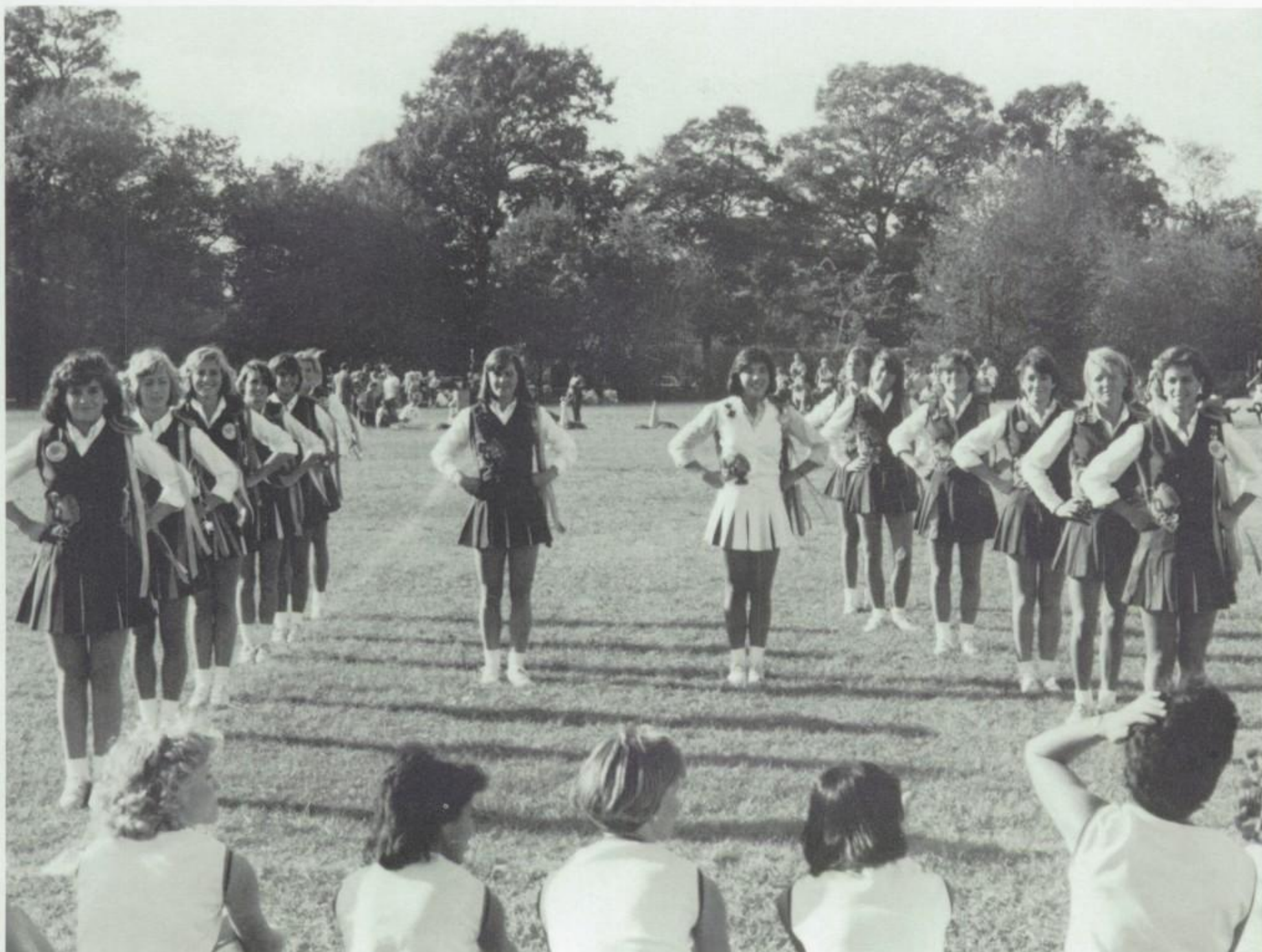
Right: The cheerleaders display their sense of poise and balance to the spectators. Below: Row 1: Sarah Wright, Missy Tourgee, Sandy Haselman, Brooke Townsend. Row 2: Lisa Price, Liz Jones, Rachel Atkinson, Kari Catron, Tysha Theurer. Row 3: Nan Butler, Leslie Lowe, Kim Armstrong. Row 4: Mandy Tavares, Jennifer Moyer.



Nan Butler, Leslie Lowe, Kim Armstrong and Tysha Theurer gather for a friendly pose during a break in the action.

Kari Catron and Mandy Tavares demonstrate their spirited cheers for an enthusiastic crowd.

The cheerleaders line up to do a cheer for the Norfolk Catholic cheerleaders.



Missy Tourgee and Brooke Townsend show their ability to do excellent russians.



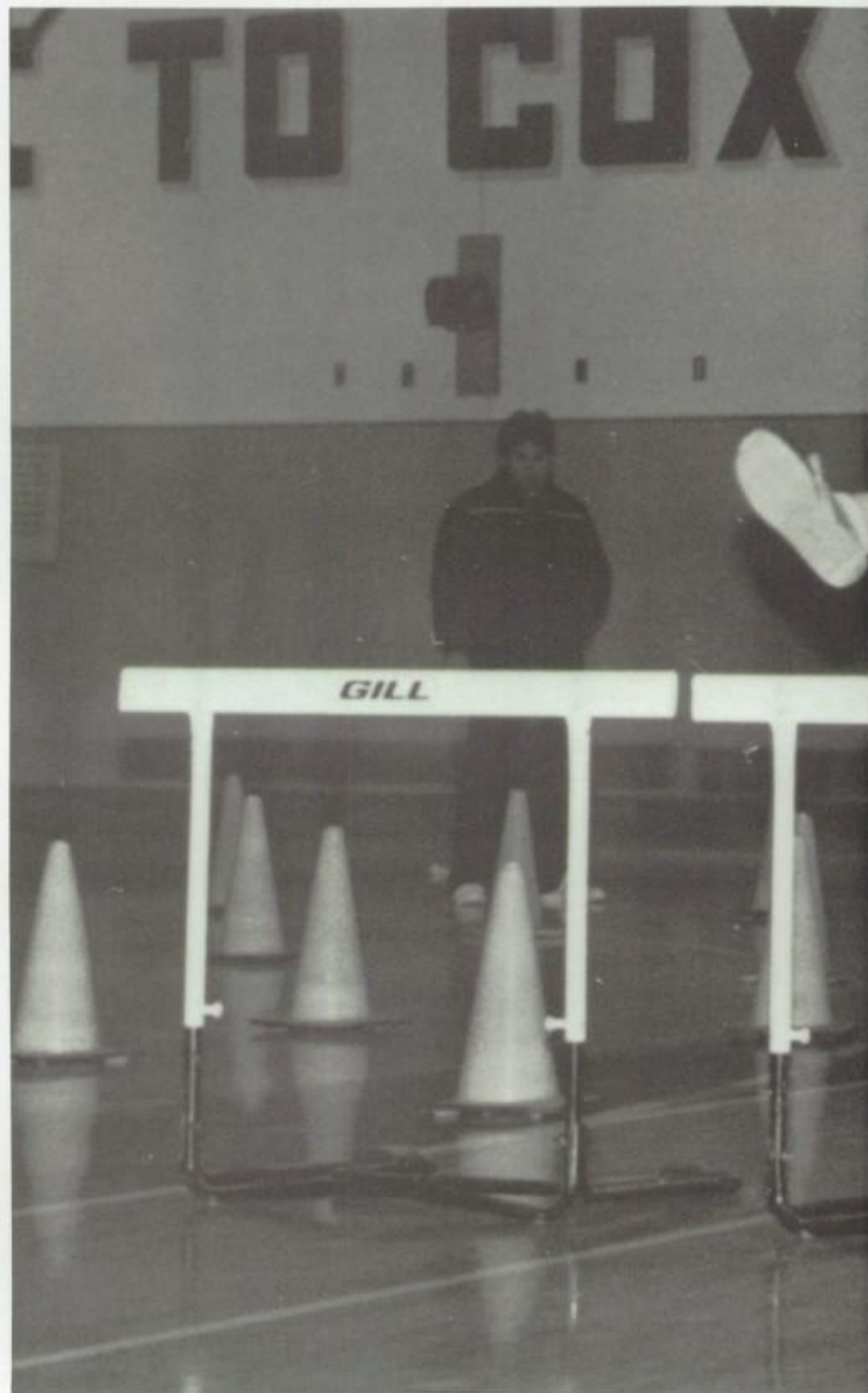
Missy Tourgee cheers for the mighty Falcon football team.

Kelly Rothoff takes one last breath before finishing her race.

Liz Jones gives it her all in the broad jump competition.



Mary Fike pushes herself to the limit to overpass a First Colonial runner.



NOTHING BEATS A GREAT PAIR OF LEGS

Lady Falcons Have Sheer Energy

The Lady Falcons indoor track team finished the 84/85 regular season five and one. "A lot of people don't realize the importance of track. It takes not only dedication, but also a lot of mental strength," comments Carme Kiley. This is true. Track is not publicized as much as many other sports. Perhaps people don't realize the amount of individual effort which is put into becoming a good runner or high jumper. Track is very different than other sports; in softball a player can always rely on the other people on the field, but in track it's just you. And when you

are heading for the last stretch you have to push and push, trying not to give up," says Jackie Stanfield.

Along with all the mental strength comes the physical stress. In running, one must push his body to the limit, many times resulting in pulled or bruised muscles and sprained ankles. Kim Armstrong comments, "Track is a sport where one sweats and goes through so much pain but when it seems impossible, it all pays off."

As this season goes, the Lady Falcons once again prove their excellence and endurance on the track.

Stephanie Shupe takes her last step before winning the race for the Lady Falcon Runners.



Jackie Stanfield leaps to another victory for Cox.

Carme Kiley glides through the air with the grace of a gazelle.

Kellam	0	Cox	0
F.C.	0	Cox	0
P.A.	0	Cox	0
Bayside	0	Cox	0
Green Run	0	Cox	0
Kempville	0	Cox	0

COX RUNNERS

They're on the Right Track!

Despite the widespread dislike of running by most students, the members of the spring track team endured the aches, pains, and sprains of this sport. They went outside every day and braved the elements, not only to develop their physical but also their mental well-being. "It was a great learning experience for everyone," commented Wayne McNeal.

The four coaches, Al Habit, Nancy Fowlkes, Glenn Bahr, and

Melody Haynes, split the responsibilities of the great undertaking. The result was a well-rounded team of people who worked exceptionally well together. Carme Kiley commented, "I learned the true meaning of dedication."

An excellent team, one of unity, was the result of several long hours of practice. "In the end, it's all worth it," remarked Dwayne McNeal. The Falcons' track team once again defended the reputation of mighty Falcon Country.

With a heave and a ho, Cary Radican throws his best distance.



Champion Margy Barden leads the race as usual!

Rodney Rothoff burns up the track in winning yet another first.





Christine Smith and Kelly Rothoff push to the limit to overpass a Kempsville runner.

With his last spurt of energy, Manny Rodriguez makes a perfect baton pass to Dwayne McNeal.



COX SETS THE PACE

While Others Chase

This year's boys' indoor track team had the best season it has had in years. Coach Barr agrees that this year's team is one to be cheered on. The stress and hard work required to succeed in track is tremendous. While the individual is training, he must

develop mentally as well as physically. It takes a great deal of will power to go the extra mile and not think of that sore leg but, instead, of the success of the team as a whole. "Coach Barr is an excellent coach. He doesn't make you succeed; he makes

you want to succeed, and that's a big difference," comments Steve Zanetti.

The hard work and dedication not only improve one's times and physical shape, but it also improves one mentally, which improves the person as an indi-

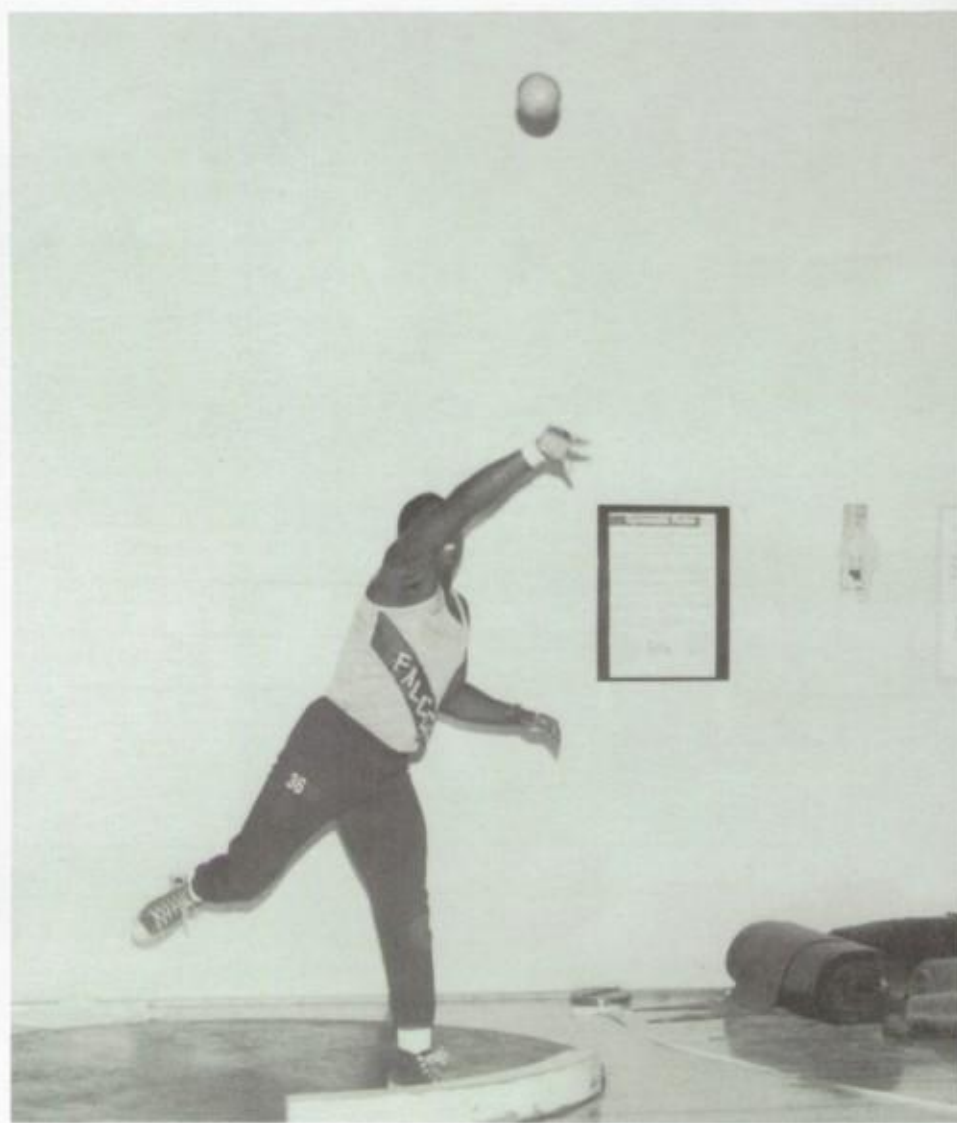
vidual.

The next time you see a student trying to go that extra mile, and one who won't give up until he's done his very best, ask him if he is a Falcon runner. Most likely, the answer will be yes.

Mark Bowen outdistances the opposing runner.

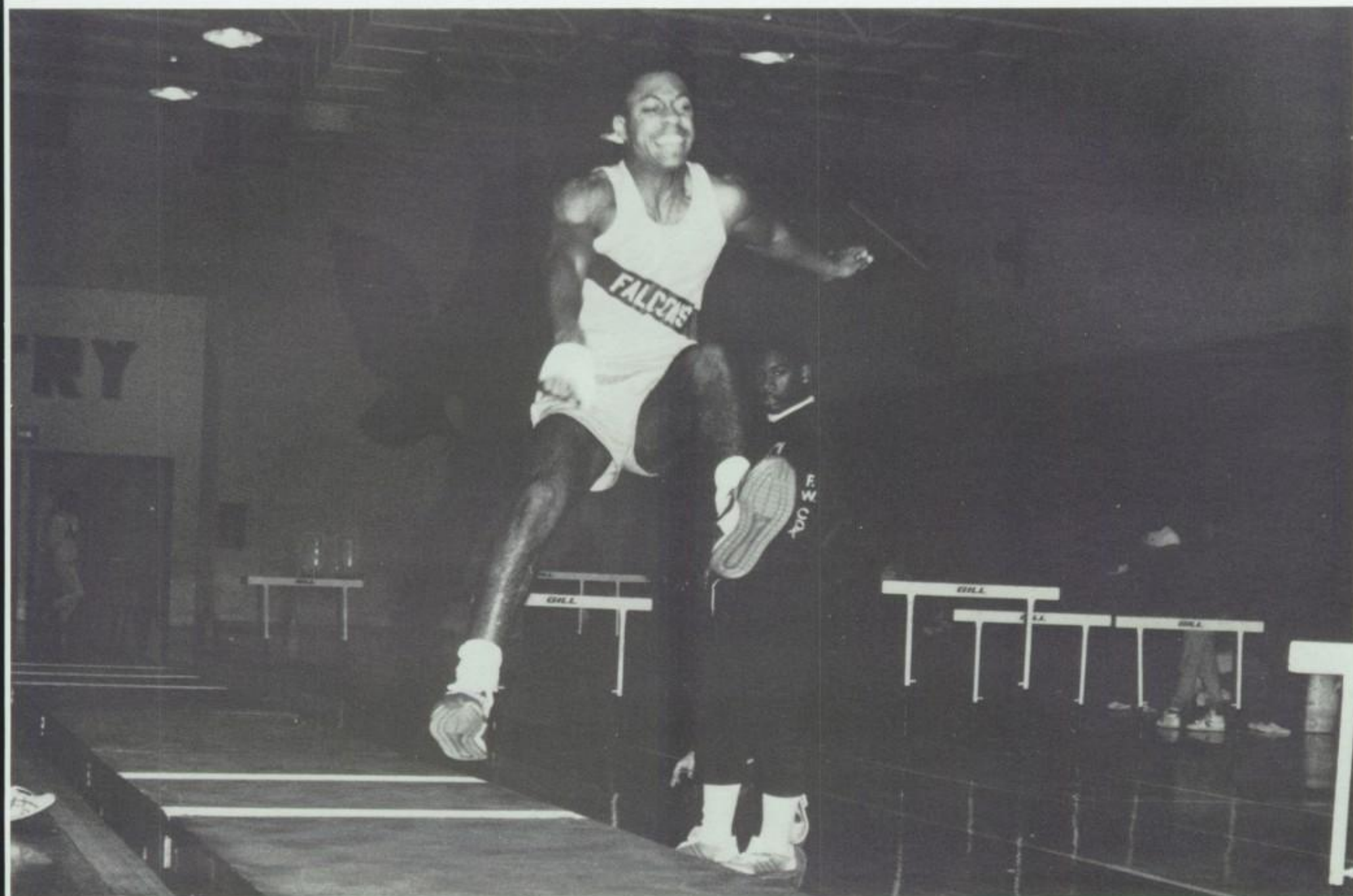


Wayne McRae sends the shotput flying with one powerful push.



Dwayne McNeal sprints across the finish line as indoor-track fans mill around.



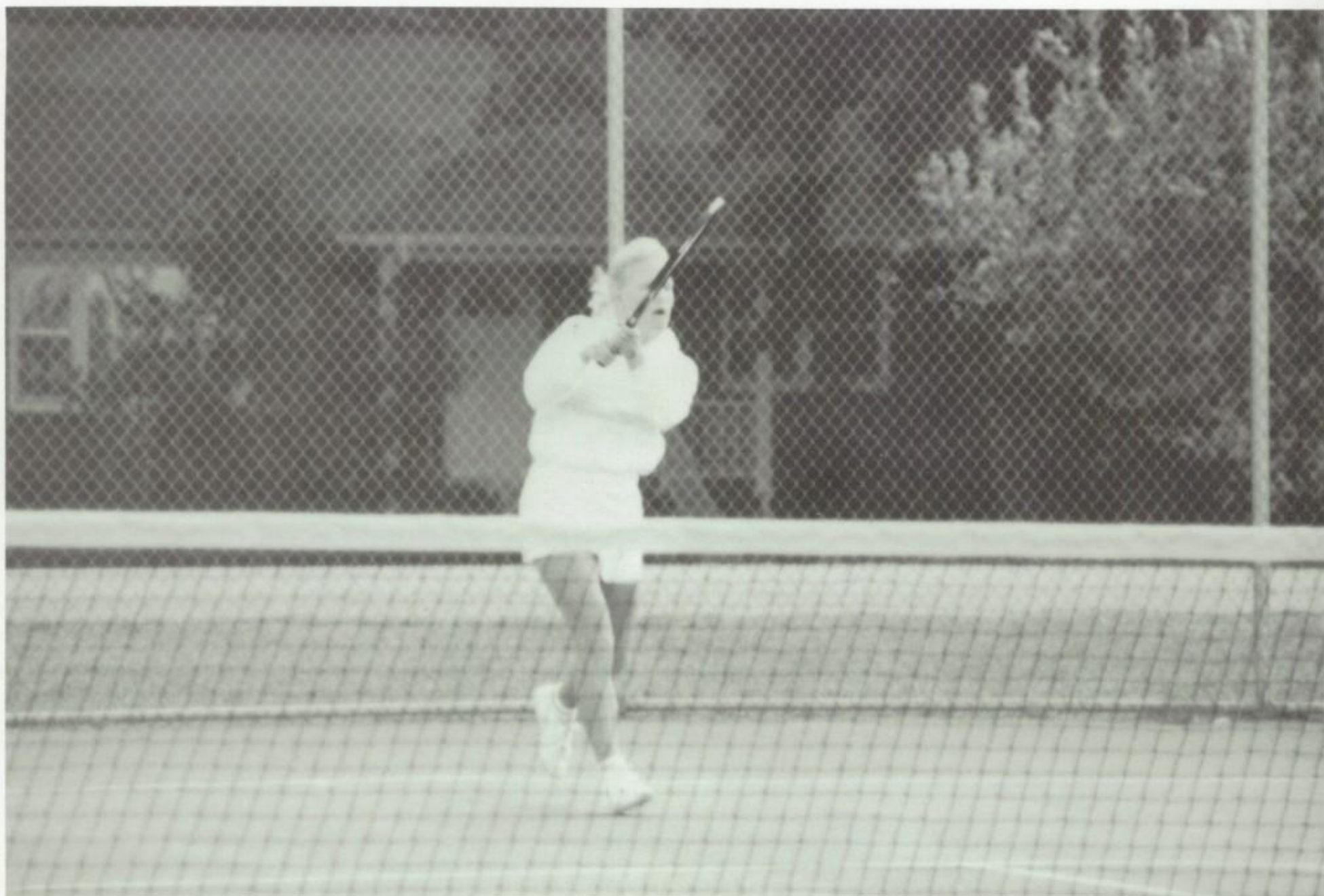


Pat Dooley propels himself into the air in order to clear the bar safely.

Wayne McNeal struggles to jump that extra inch.



Dwayne McNeal sprints to a first place award for the mighty Falcon track team.



Displaying her exceptional backhand, Captain Barbara Hansen returns a tough shot.



Junior Missy Tourgee awaits the return of a well hit shot.

Junior Shannon McLeod demonstrates the ABC's of tennis.



NET WORK

Lady Falcons Get in the Swing

The Lady Falcons started the season in the middle of August knowing they had a chance of netting the Beach District Championship. Practice lasted two hours every day. "Practice sometimes seemed like it would never end, but all the hard work was worth it!" exclaimed Missy Tourgee.

The Falcons started the season with an impressive 9-0 victory over the tough Kempsville team. The girls' only Beach District loss was against arch-rivals First Colo-

nial. The score was 4-5. Yet the Falcons were determined to come back at the next match, and they did; the girls won 5-4. After that victory, the Falcons and the Patriots were tied and a play-off was in order. The girls played F.C. for a third time at the end of the season and won the close match, 5-4. Coach Holland said, "It was a fantastic feeling beating a team who has not been defeated in four years. It was a delight."

The Falcons went on to win the

Regional Tournament handily. Their first victory was against Western Branch, 9-0, and the second was against Maury at 8-1. "We were quite surprised that Regionals were not as hard as Districts," said junior Shannon McLeod.

The team's next hurdle was the State Tournament, where they reached the "final four" and were hoping to go further. However, E.C. Glass High School stopped the Falcons in the semi-finals

with a score of 8-1. Captain Barbara Hansen said, "I'm so proud of this team, that losing in state was not depressing."

The Falcons had a fantastic season and are hoping to go even further next year. "This season has been the best, not only because we all got along well. It was a lot of fun," said senior Kara Kinley.



us	them	team	us	them
9	0	Kempsville	9	0
9	0	Green Run	9	0
5	4	F.C.	4	5
9	0	Bayside	9	0
9	0	Kellam	9	0
9	0	Princess Anne	9	0
Playoffs				
5	4	F.C.		
Regionals				
9	0	Western Branch		
8	1	Maury		
State				
1	8	E.C. Glass		

Watching intently, senior Kara Kinley concentrates on a fellow teammate's match.

Jim Youngberg demonstrates his backhand at a tennis match.

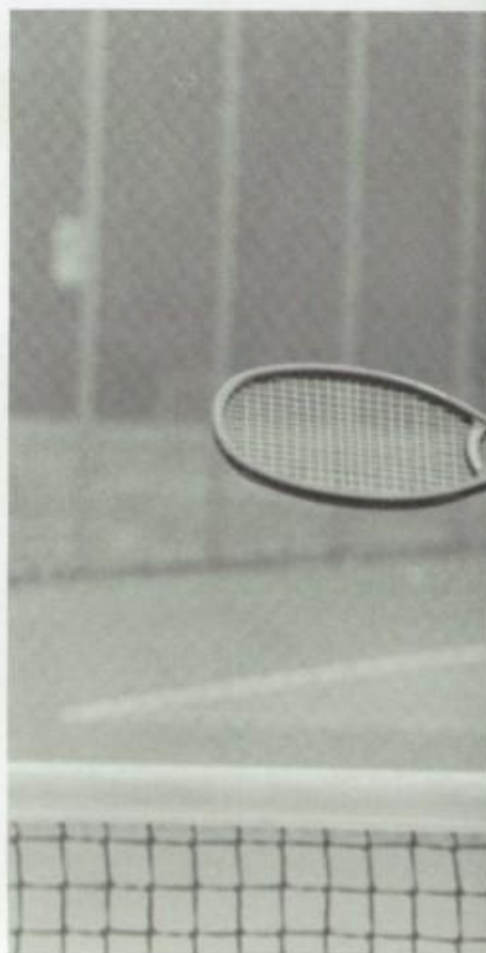


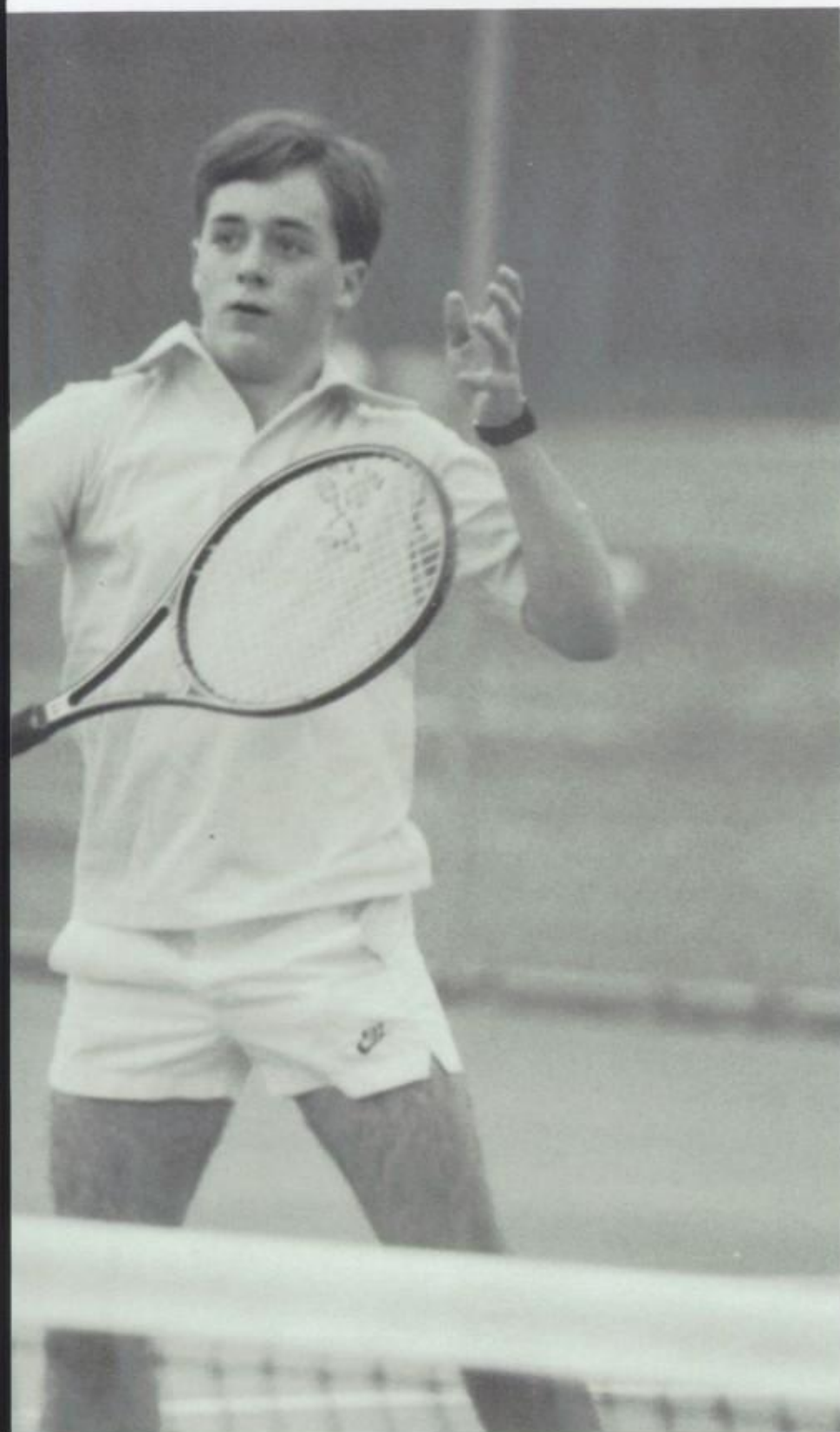
Front row L to R; Lou Nguyen, Richard Quinn, Carl Trafton, Jim Youngberg, Peter Brinkman, David Eun, Second Row, L to R; Adam Medlin, Jim Burritt, Matt Swingle, Mike Davis, Rob Broyels, Hunter Tully, Kenneth Rice.

LEFT: Freshman Peter Brinkman puts flair into his powerful forehand.

RIGHT: Senior Ken Rice and Sophomore Matt Swingle hold the top awards from the Beach District Tennis Championship Singles Tournament.

LOWER MIDDLE: Junior Hunter Tully demonstrates the correct form for a forehand volley.





BOYS' TENNIS

Acing the Season Again

Many of you have seen Ivan Lendl and John McEnroe at work. Perhaps not so many of you have seen the mighty Falcons boys' tennis team; watch out Wimbledon!

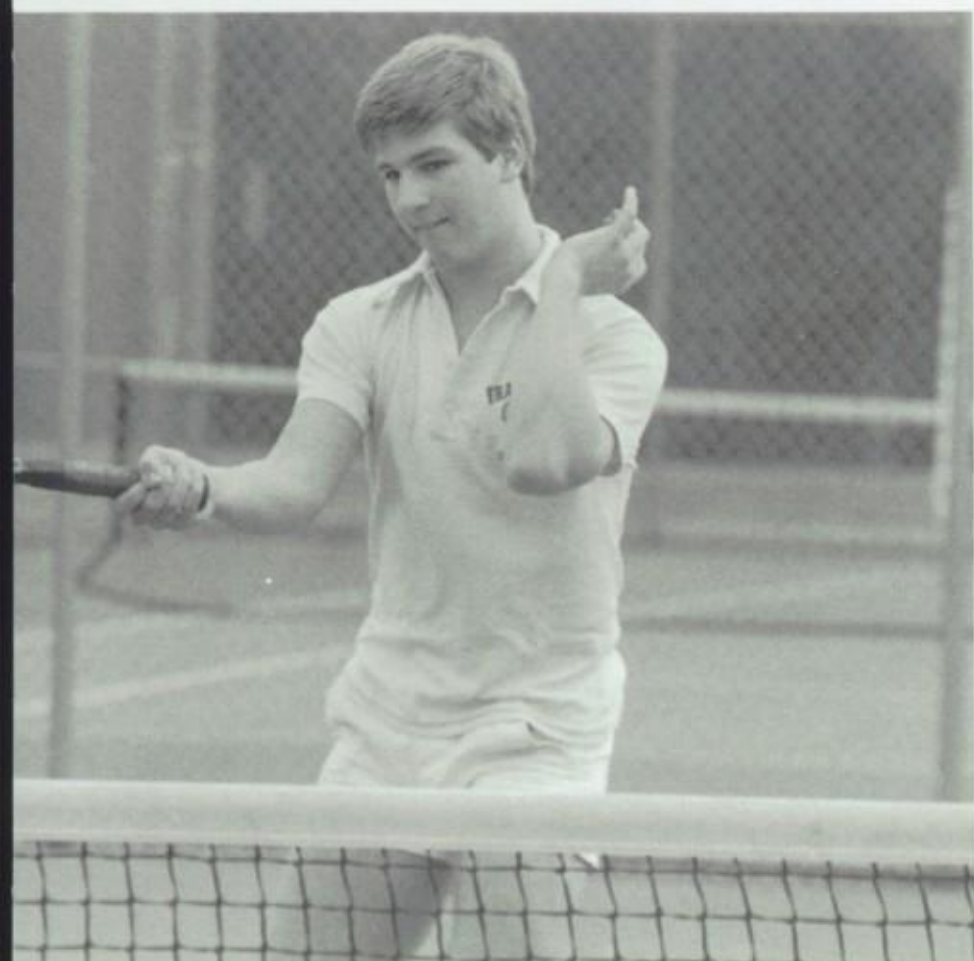
The 1983-1984 boys' tennis team lived up to the reputation of the outstanding athletes who defend Cox country. With one senior, three sophomores, and two freshmen, the Falcons dominated the courts. Mr. Hoots commented, "This team was rather unique. They were so young with only one senior, but we had an exceptional season and should have an equal, if not better, season next year."

True, a great team needs great players,

but what about the coach? Jim Youngberg responds: "Mr. Hoots is an excellent coach. He encouraged us and made us want to win. And what is just as important is that Mr. Hoots is a great friend on and off the court."

Mike Davis stated, "No one was outstanding. We worked together as a team, maintaining the winning spirit throughout every match." And that they did; the Falcons and their perfect techniques took away the title, and they aim to keep it.

Sophomore Mike Davis demonstrates his match-winning forehand.

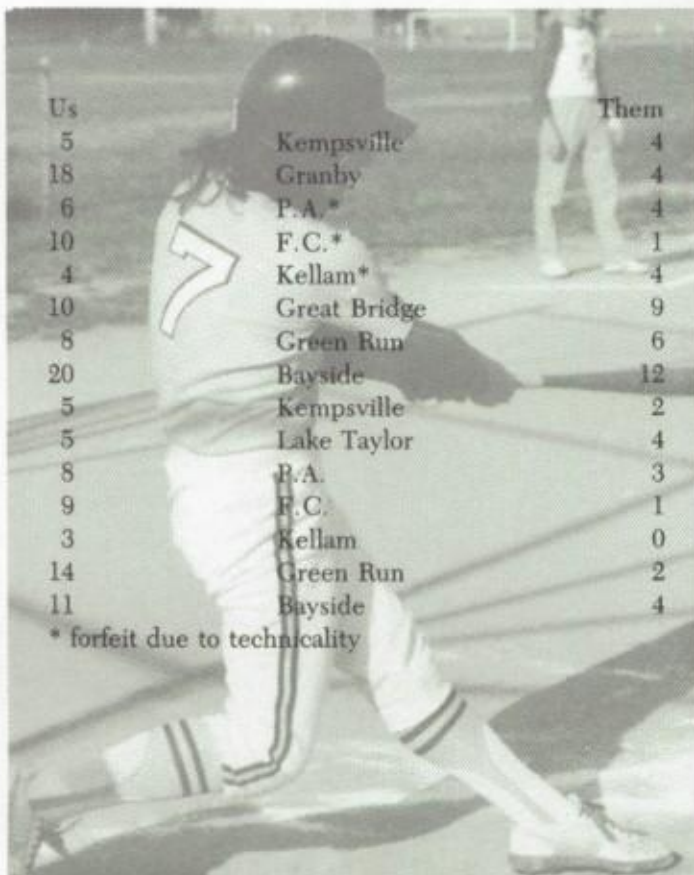


Us		Them
6	P.A.	3
5	Hampton	4
4	Kecoughtan	5
7	Green Run	2
8	Kellam	1
8	F.C.	1
5	Kempsville	4
9	Bayside	0
8	P.A.	1
9	Green Run	0
7	Kellam	2
9	F.C.	0
3	Kempsville	6
8	Bayside	1
Eastern region semis:		
Cox		Maury
7		2
Eastern region finals:		
Cox		Phoebus
2		7



Mary Martin lunges for a line drive hit sharply down the third-base line.

The starting infield gathers on the mound for a conference with Coach Koeppen.



Us		Them
5	Kempsville	4
18	Granby	4
6	P.A.*	4
10	F.C.*	1
4	Kellam*	4
10	Great Bridge	9
8	Green Run	6
20	Bayside	12
5	Kempsville	2
5	Lake Taylor	4
8	P.A.	3
9	F.C.	1
3	Kellam	0
14	Green Run	2
11	Bayside	4

* forfeit due to technicality



DIAMONDS ARE A GIRL'S BEST FRIEND

We're Outstanding in the Field

We're outstanding in the softball field, that is. The school's girls' softball team has dominated the Beach district, Eastern region, and state for the past few years. Last year was no exception. The team finished the season with the impressive record of 13 wins and 3 losses, with the 3 losses coming through a technicality in the Virginia High

School League rules. Junior Kelly Wilson commented on the team: "I've never been as proud as when I belonged to such a dedicated team."

Led by captains Jennifer Lair and Kathy Moore, the team seemed to take on the air of a family, like so many other teams. Coach Koeppen and his wife kept a watchful eye over every-

thing. "They're the best bunch of girls I can ever hope to work with," commented the coach.

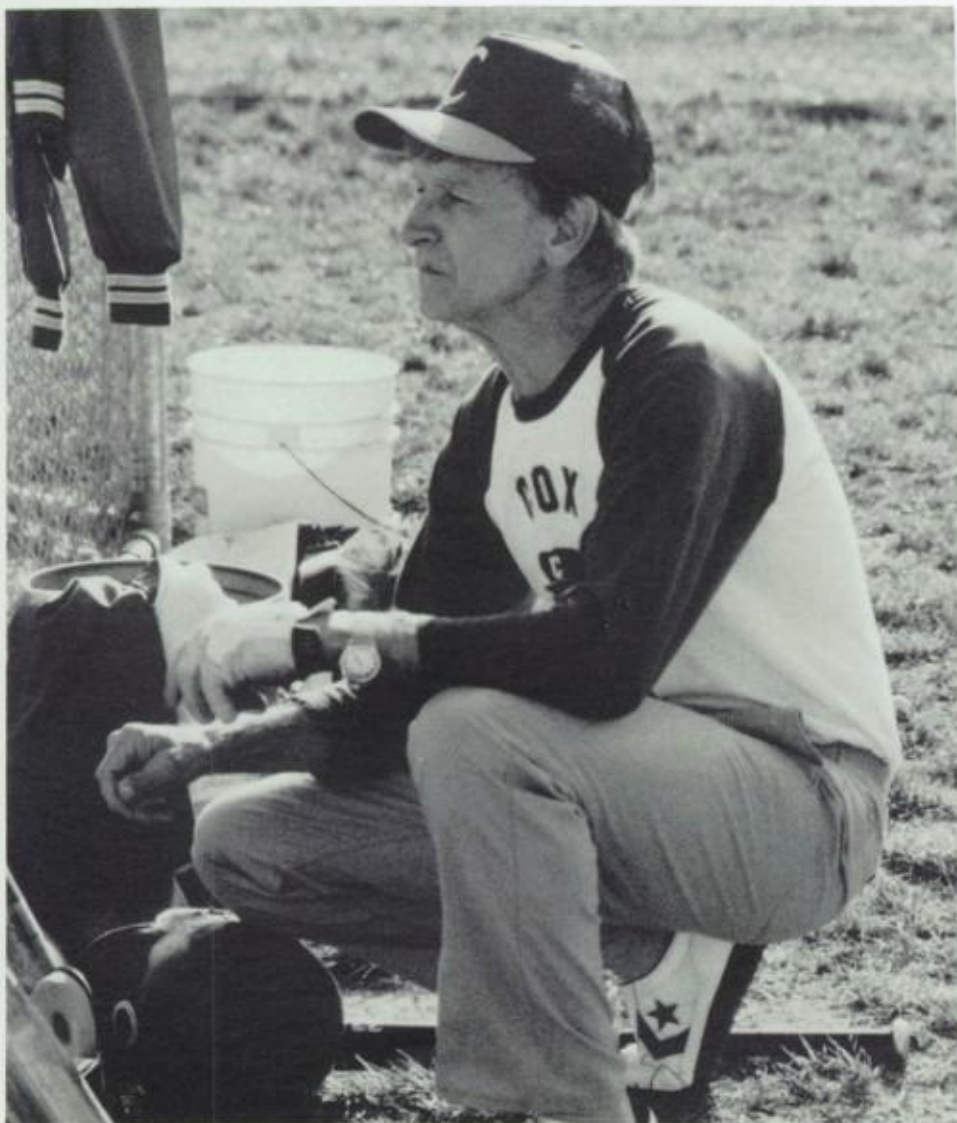
At the end of the season, Beach district coaches submitted nominations for the all-Beach softball squad. Three members of the Cox softball team were chosen: Jennifer Lair as one of two pitchers selected — Jennifer was also chosen as the Most Valu-

able Player for the Cox team, — Carolyn Willandt as the first baseman, and Mary Fike as an outfielder. Several other Cox players were chosen for the second team and honorable mention awards.

This season proved once again the dominant abilities of the mighty Falcon softball team.



Lying down: Mary Martin. First row: Ann Swap, mgr., Kim Campbell, Kristi Ritter, Kathy Moore, Mary Fike, Kelly Wilson, Coach Koeppen. Second row: Kim Howard, mgr., Caddy Wood, Kathy Fosina, Jennifer Lair, Susan Wood, Carolyn Willandt, Beth Harris, Shelia Higgins, T.J. Johnson, Lisa Lemisch.



Coach Koeppen analyzes a tricky game situation.

Junior Shelia Higgins prepares to make a move from third base.

Stratton Decker and Jim Palermo discuss their winning strategy.

Coach Fisher concentrates on what is happening at home plate.



Pitcher Dave McGovern practices his curve ball.



FALCON BASEBALL

Base-ically on the Ball

The Falcon's baseball team had an exceptional season during 1983-1984. Seniors Dave McGovern, Marvin Smith, Mike Moen, Stratton Dechert, Chris Young, Jon Waite, and Jim Palermo led the Falcon's team to an unforgettable season. Junior Craig Sneed remarked, "Mr. Fisher has been an excellent coach; he works us hard, but it's all worth it." Jon Waite commented, "He's a great coach; he really helped a lot." Jim Palermo loves a challenge, and he told

about the season: "I think we should have won the Beach District title, but we peaked too soon and had a downfall."

"Next year should be a building year," Tom Boothe added. "However, we should still have an exceptional season." Coach Fisher's opinion of his mighty Falcons was quite obvious: "Last year's team played enjoyable and exciting baseball."

The season was just another case where the Falcon's stood proud and brave!



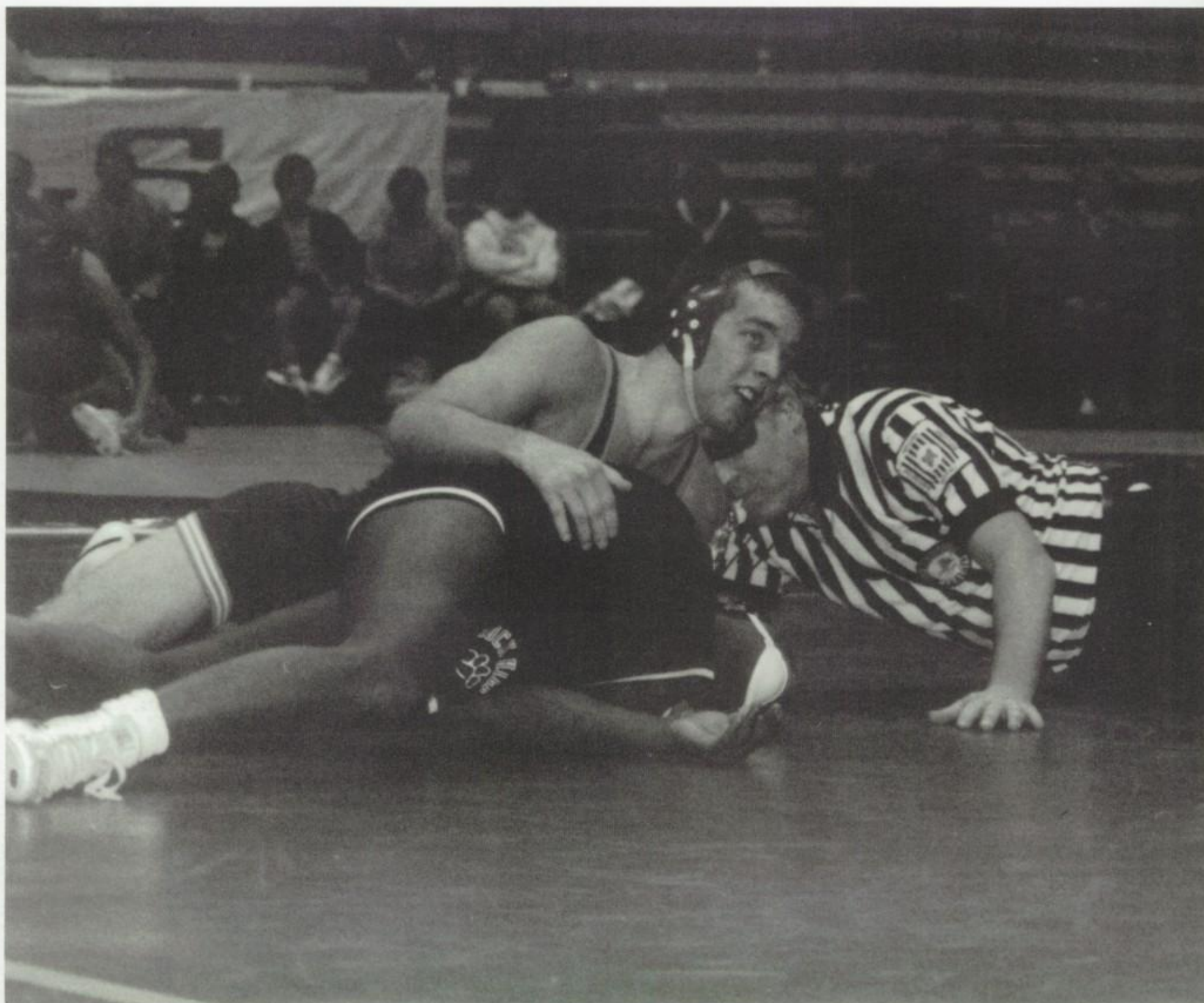
Standing: Coach Tom Fisher, Larry Maihles, Mike Moen, Tim Fenn, Stratton Dechert, Jim Palermo, Jon Waite, Paul Berlingame, Dennis McQueenie, Clark Hume, Tom Boothe, Dave McGovern. **Kneeling:** Chris Young, Fred McKinney, Craig Sneed, Brian Winn, Robbie Cave, Marvin Smith, Mark Barker, Leonard Haddock.



Freshman Mark Barker displays intense concentration before his turn at bat.



Senior Craig Sneed gives the fans one last glance before he steps to bat.



THE MEAN GREEN MACHINE

A Team That Runs On Pride



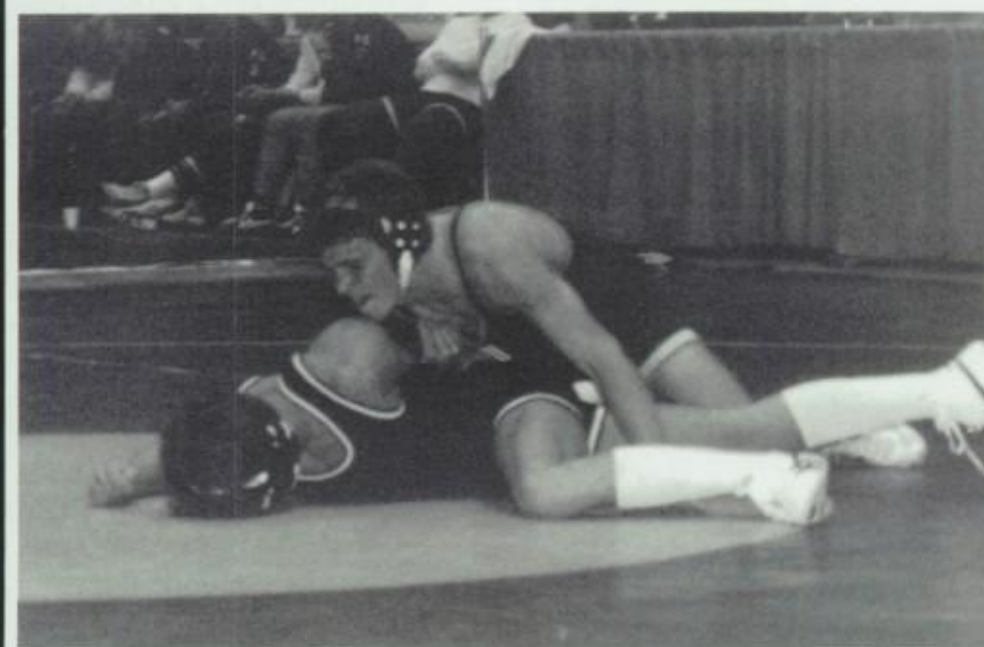
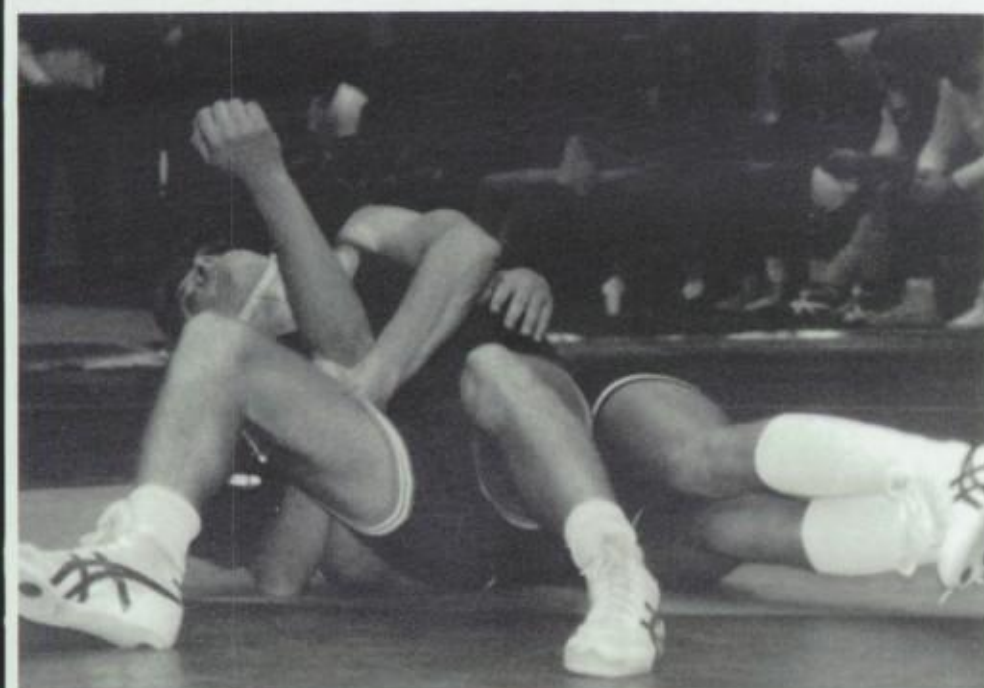
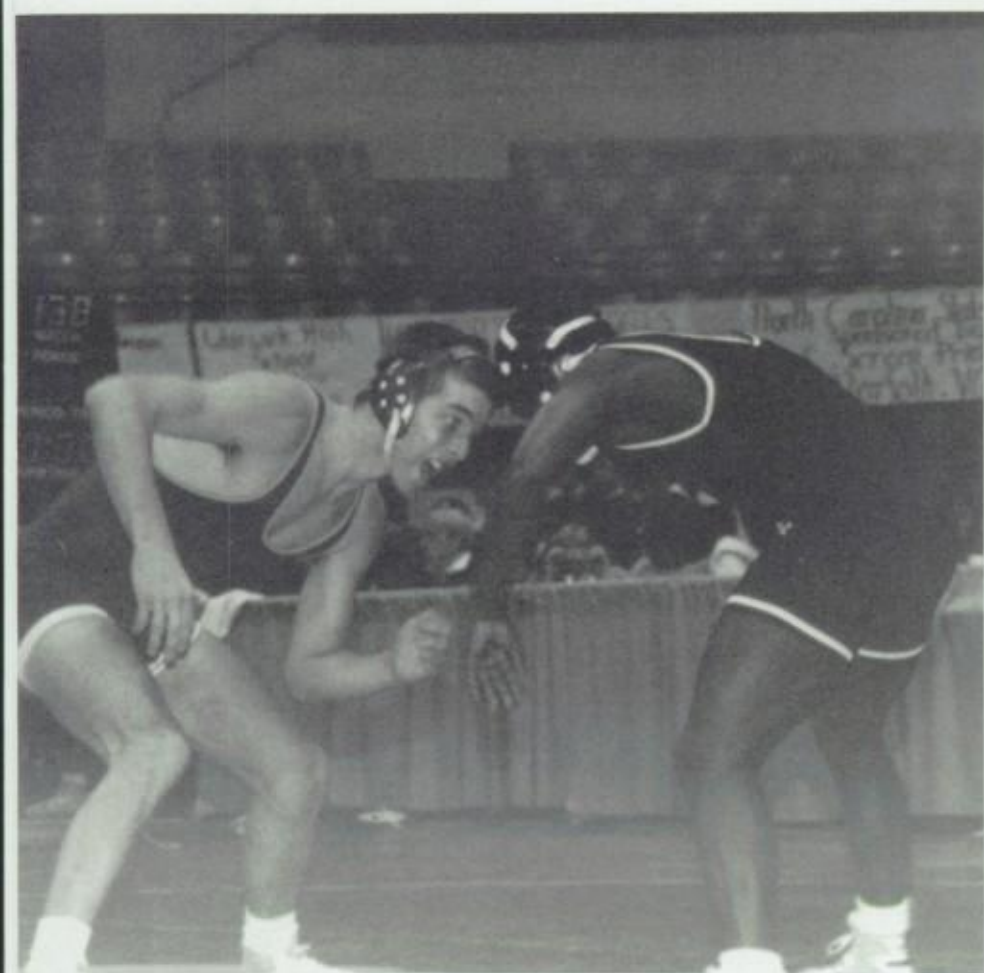
Throughout the Falcons' history, we have been known for our outstanding sports programs and athletes. One sport that stands out from the rest is wrestling; our wrestling team, or machine, as some call it, is known throughout the state. After the 1983-1984 season, the Falcon wrestling machine was feared by

all surrounding schools. Superior athletes such as David Andrews, Charles McKay, Bill Wagner, and all the other wrestlers are known throughout the city for their endurance and superior wrestling ability. There is rarely any question of which school will be city, if not state, champions because the Falcons take it away

every time. The Falcons not only win their matches, they dominate them. Fans come from all over to watch the wrestling matches. So all hail the Cox wrestlers. Compliment them. Psych them. But don't get them mad!

David Andrews catches the coach's eye for advice on his next move.

Mark Peterson takes the advantage and goes for the points.

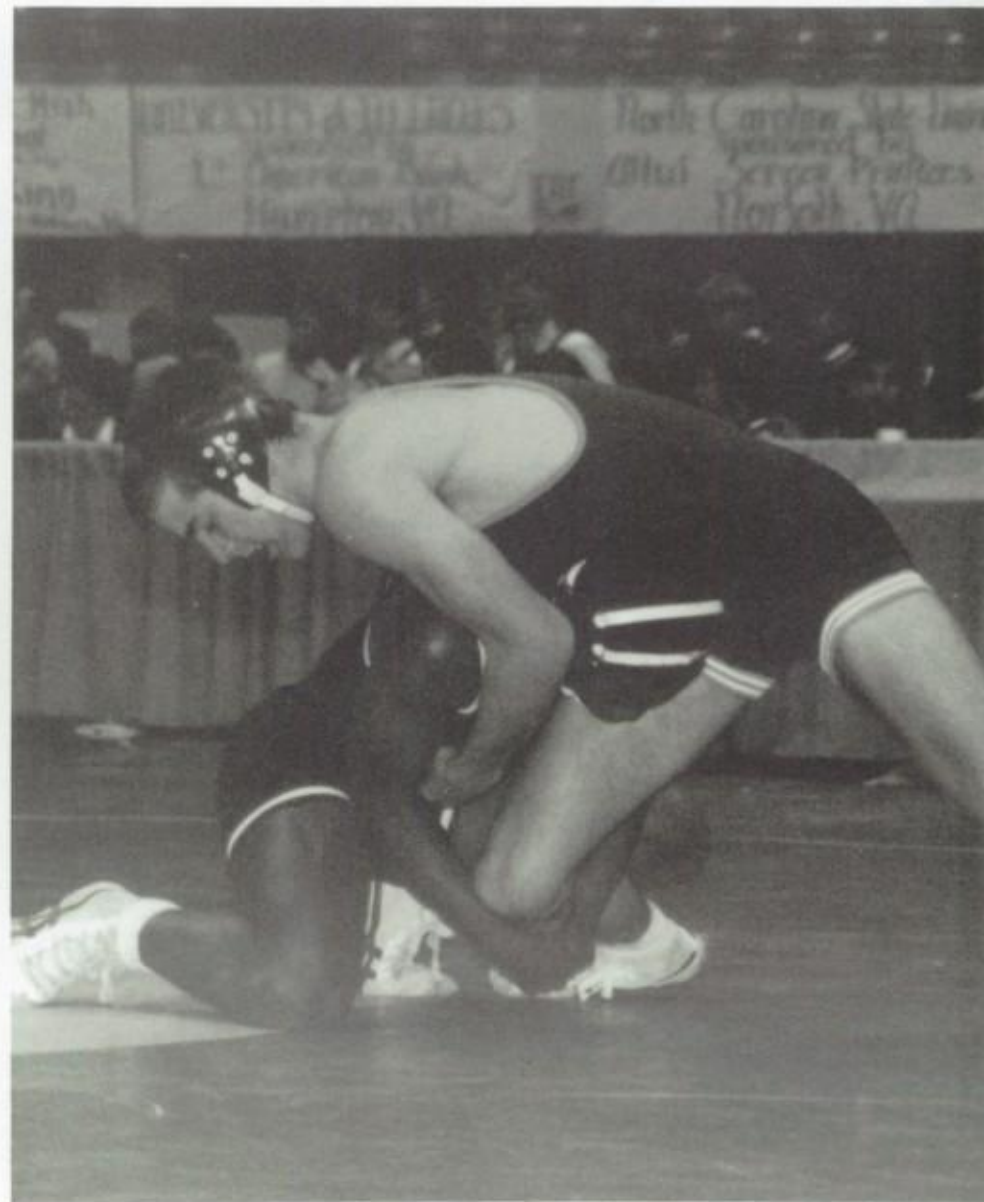


TOP: David Andrews and his opponent wait to see who will make the first move. **MIDDLE:** Pogo Parr forces his opponent onto the mat in order to set up for a pin.

BOTTOM: Pogo Parr uses one of his techniques to put the opposing wrestler in an awkward position.

At a time out, Tony Lauro receives advice from coach Hartranft and asst. coach Chris Conkwright.

David Andrews makes a quick move to prevent his opponent from gaining control over the match.



Billy Wagner exults in his victory over the Robinson wrestler at Virginia Duals.



John Bloemer prepares to start the third period of the match against his Rockhill opponent at Virginia Duals.

PINNING AND WINNING

Cox Wrestlers

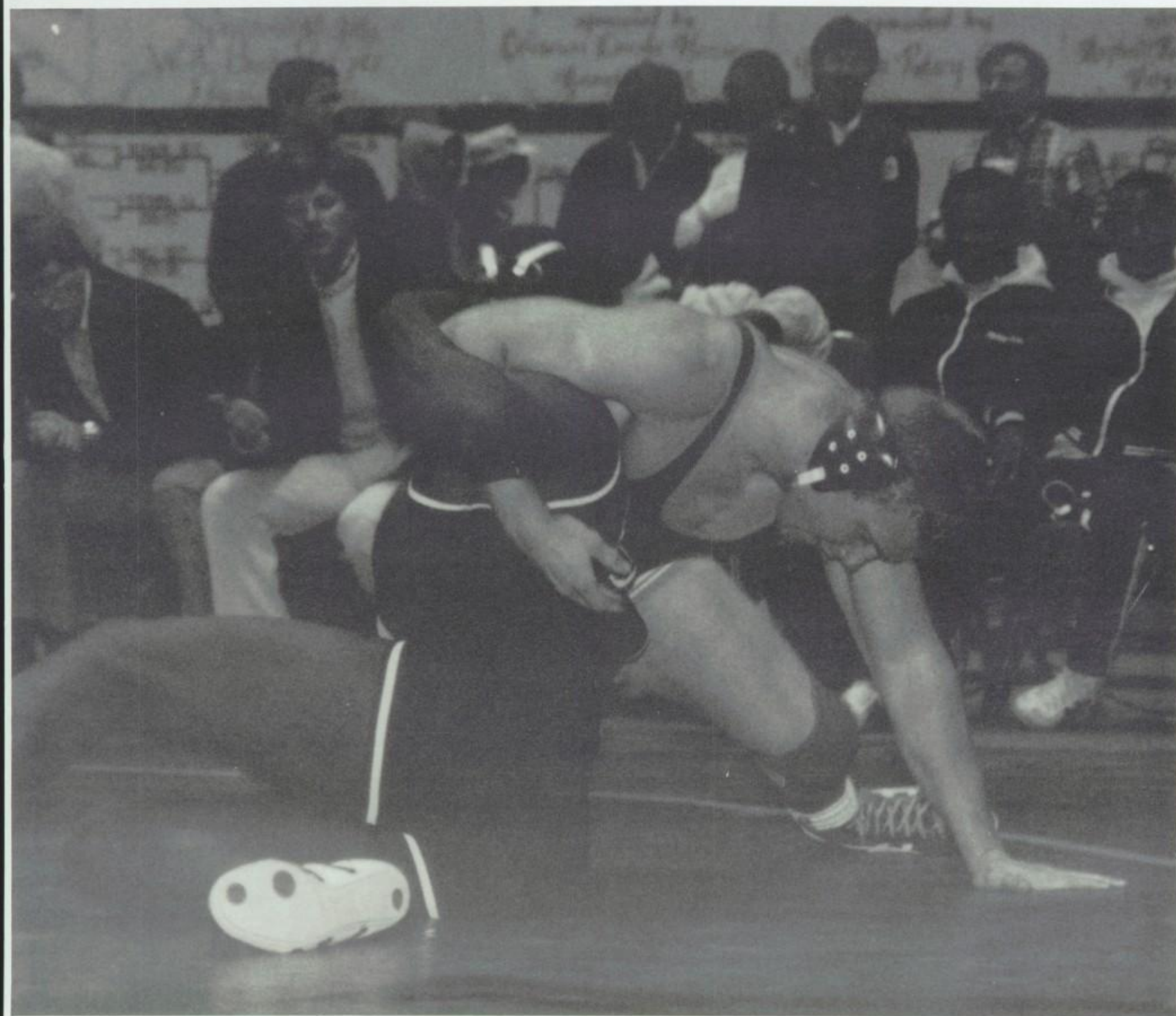
Pinning and winning are all that Cox wrestlers know. With intense dedication, those men practice an average of 18 hours a week. Could you imagine having to drop thirty-two pounds in a month? Well, this is everyday routine for the Falcon wrestlers.

A normal practice is two-and-a-half miles of running and an hour of exercises and then one more hour of intense drilling. Though the physical conditioning of a wrestler is important, nothing can

exceed the mental toughness imposed on them by Coach Hartranft.

Mental toughness plays the most important role in the success of a wrestler. With the will to "Strive for Five," the Falcons will dominate the mats once again. Pride, tradition, and dedication go hand-in-hand with the almighty Cox wrestlers.

Lew White puts all of his strength into pulling an opponent onto his back.





Sheila Legacy demonstrates the poise and skill necessary to have a successful beam routine.

ROUNDING OFF THE YEAR

A Perfect Ten

Gymnastics is an unusual sport. It is both a team and an individual effort. Most gymnasts start at a very early age with simple tumbling routines, and develop their skills and dexterity through years of dedication. At a certain point, the gymnast reaches a time when everything

comes together, and her hard work pays off. This describes the Falcon's gymnastics team. Their hard work and dedication is quite evident as they tumble across the mat and fly through the air, defeating all laws of gravity.

The gymnasts once again proved their superiority in the

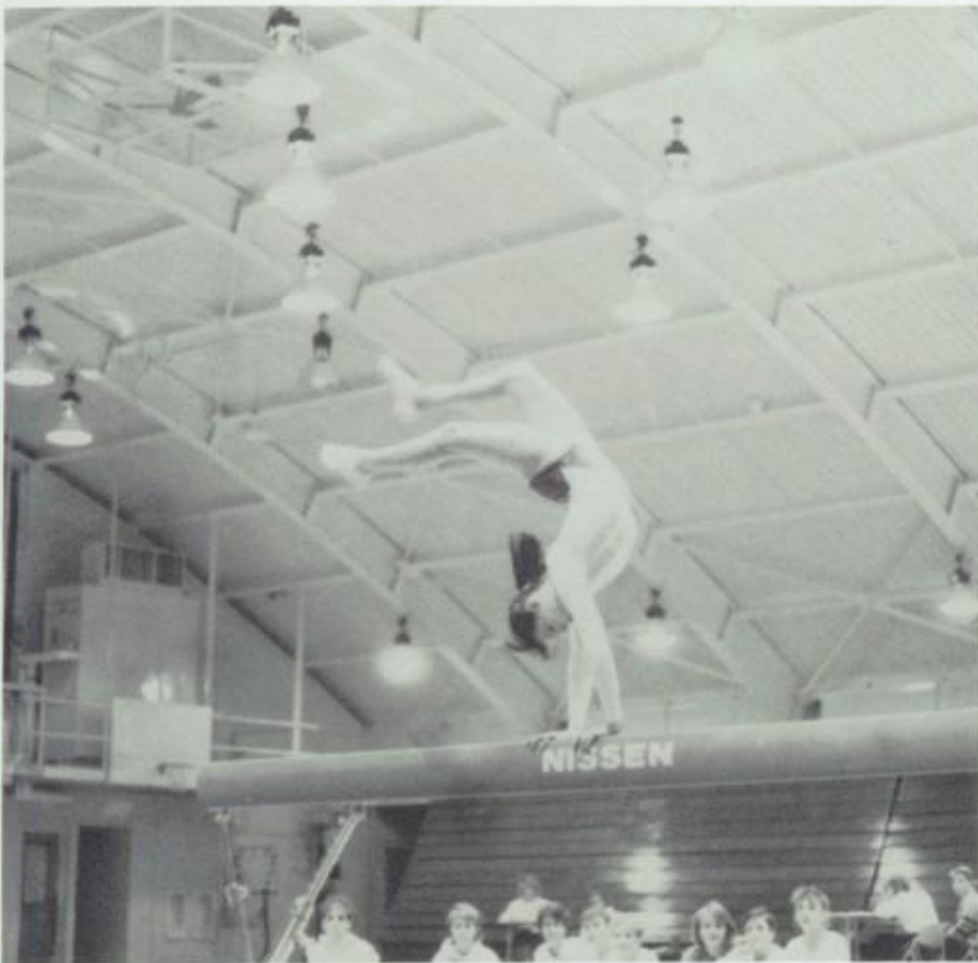
district. "We practice up to six days a week, but it is worth it everytime the Falcons are announced as the winning team," comments Lori Bowers. "Not only are we one of the best teams in the city, but we also have one of the best coaches. Who could ask for more?" says

Kim Haynie.

To watch the gymnasts is to admire them. The daring stunts and graceful techniques are breath-taking. So next time you see a Cox gymnast, ask them what it is like to fly, not only high, but above all other schools.

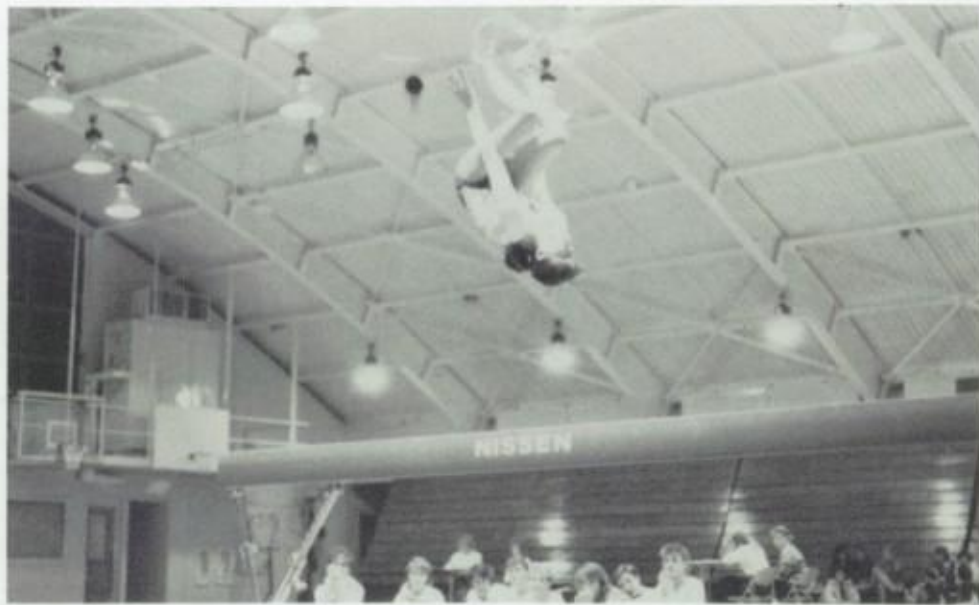


Row 1: Abbey Rhodes, Leslie Lowe, Liz Jones, Natalie Taylor. Row 2: mgrs., left, Christen Sharrock. Row 3: Lori Bowers, Mandy Tavares, Kim Haynie, Sheila Legacy.



Natalie Taylor demonstrates a complex move on the beam.

Natalie Taylor performs a high scoring flip on the beam.



Gymnasts Kim Haynie, Liz Jones, and Sheila Legacy pose for a picture with the team mascot.

Us		Them
0	F.C.	0
0	P.A.	0
0	Bayside	0
0	Kellam	0
0	Green Run	0
0	F.C.	0
0	P.A.	0
0	Kempville	0
0	Bayside	0
0	Green Run	0
0	Kellam	0

C-O-X

Cheerleaders Show Their Spirit

Cox cheerleaders travel from gym to gym to support the excellent athletes of Cox High School. This team has to raise the spirits of up to as many as 3,000 fans. Cheerleaders are always there offering a smile or a "Go Cox" when times are good or bad.

Being a cheerleader is not all

"glory". Because of the many different sports, the cheerleaders often have to cheer for 2 or 3 games at a time. In order to do so, the team has to divide themselves up. But no matter what the game is, a cheerleader can always be found yelling them on.



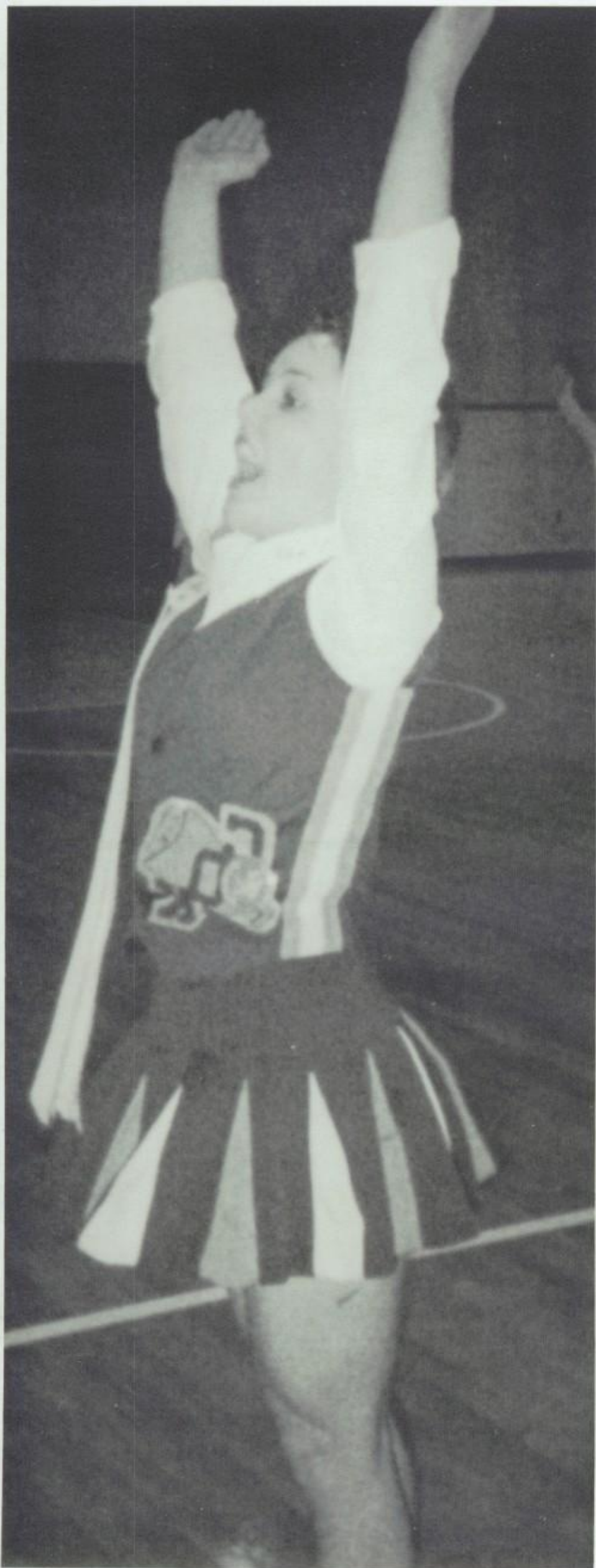
Co-captains, Leslie Lowe and Kim Armstrong pose for a picture at one of the last times they will be cheering here.

CENTER — (From left) Kim Armstrong, Lisa Price, Kim Haynie, Missy Tourgee, Liz Jones, Leslie Lowe, Kari Brooke, and Lisa Dubicki concentrate on the girls basketball game against a Penninsula team.

L to R — Kari Brooke, Sarah Wright, Lisa Dubicki, Lori Grubbs, and Sandy Haselman give a cheer to the Mighty Falcons.



Sophomore, Kim Haynie introduces herself during the "HELLO" cheer.



Senior, Lisa Price gives a cheer at a time-out in a basketball game.

Junior, Liz Jones shows sophomore, Kim Haynie the correct way to cheer.



(In splits) co-captains Leslie Lowe and Kim Armstrong; (Stooping) Lisa Dubicki, Kari Catron, and Lisa Price; (sitting) Kari Brooke, Kim Haynie, Sandy Haselman,

Sarah Wright, Liz Jones, Brooke Townsend, Amy Wilkins, Mandy Tavares, and Lori Grubbs.

Senior Doug Reed jumps above the reach of the opposing player to award the Falcons two points.



Art Blausey makes a jump shot while Greg Barnes guards the opponent.



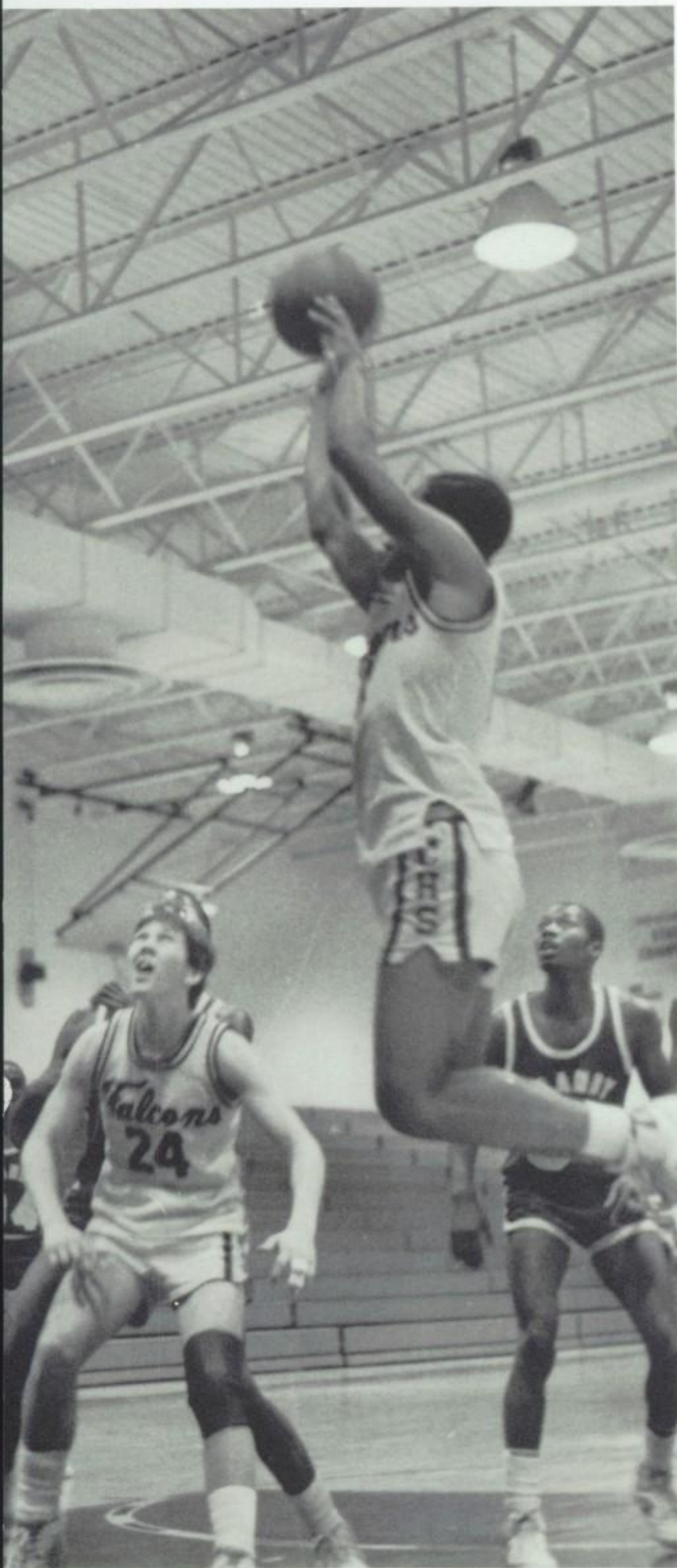
Forris Fulford kicks up his heels at the chance to shoot.



At a time out, the boys get a few pointers from Coach Marshall.

GETTING ON THE BALL

Falcon Boys Shoot For More



This year's Boy's Basketball season did not turn out as expected. The team fought through the season with the experience and guidance of Doug Reid and John Barnes.

According to Reggie Moore, "This year was a rebuilding year for the team. Next year we are going to be awesome!"

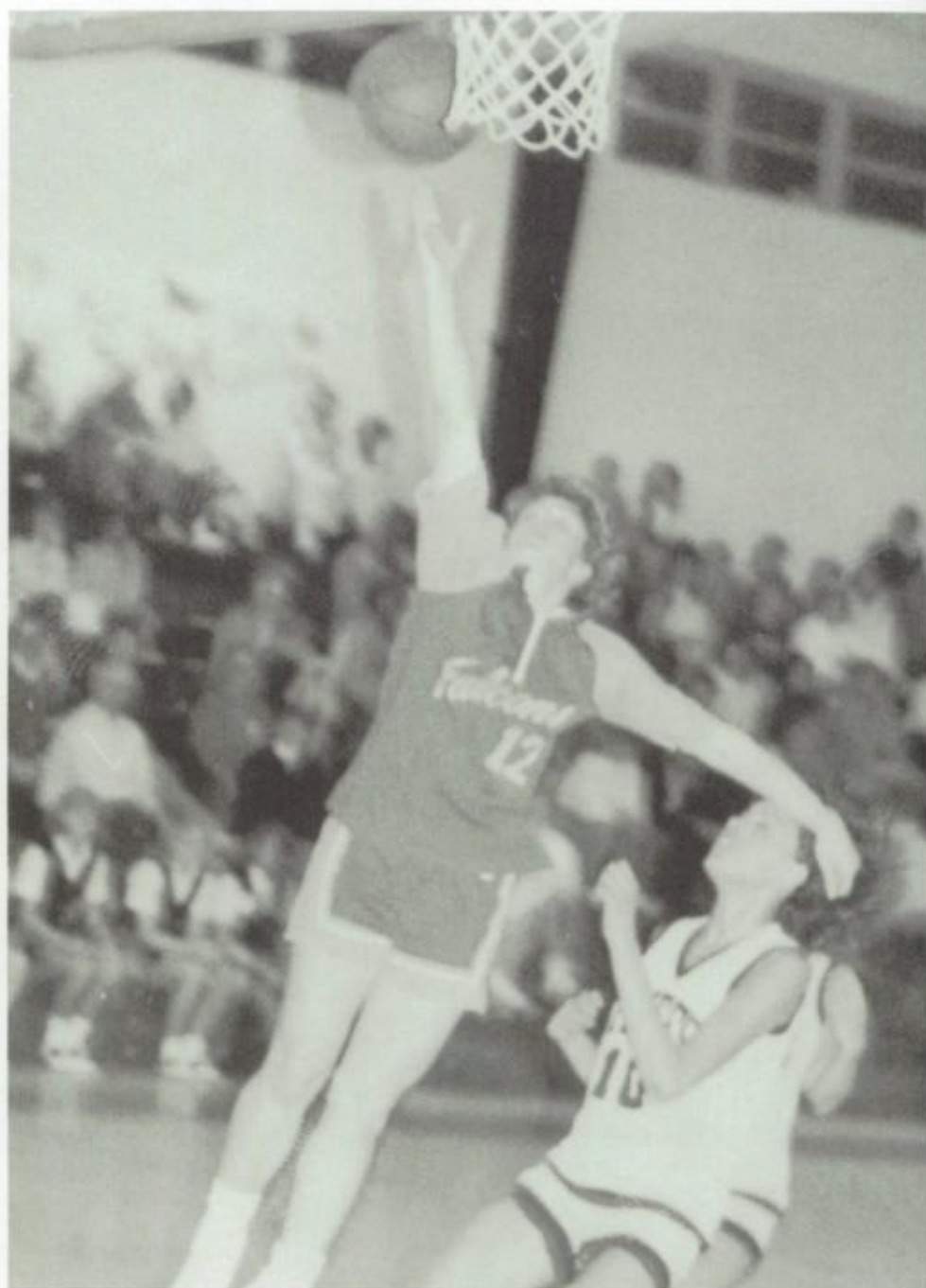
John Dustin commented, "There were only two Seniors on this year's team but they were the best captains I've ever had. They always tried to keep the team spirit high."

All of the players from this season plan to return next year, so here's some advice to our opponents — WATCH OUT!!!



(Back row) Takewan Hodges, Coach Marshall, Art Blausey, Frank Palermo, Kevin Shea, John Dustin. (Middle row) Leonard Haddock (manager), Matt Swingle, Reggie Moore, Cory Cason, Forris Fulford, Brian McNeal, Brian Fentress, P.J. Dubicki. (kneeling) Doug Reid and Greg Barnes.

Sheila Higgins once more gives Cox 2 points and the opponents no hope.



Senior Carolyn Willandt shoots for two! Senior Beth Dunton shows her perfect form in her jump shot.



Carolyn Willandt scores even against Kellam's strong defense.

Shelia demonstrates her excellent defense techniques.



Defying gravity Carolyn shoots for two.

COX GIRLS

Voted Supreme On The Court

This year's basketball team dominated all courts. With the outstanding players of Cox, they managed to clear the boards. When talking to Carolyn Willandt, senior captain, she commented, "This year the team worked so well together. There isn't really one person who led the team in playing ability, be-

cause everyone's playing was excellent."

"I love playing basketball, and when you play with a team like this you love it even more," commented Beth Dunton. The team that sticks together, cheers together, and runs together; wins together.

Troy Parker aggressively steals the ball away from his unwary opponent.



Alfred Ascercion drives the ball down the field with a powerful kick.



FALCON SOCCER PLAYERS SCORE

They Play the Field Well

The 1983-84 boys' soccer team didn't do as well as expected. The season may have started off on the wrong foot, but as the season wore on, things really began looking up. Goalie Walt Moore comments on the season: "The season may not have started off great, but we improved. I don't think that our team ever gave up; we always made the best out of everything."

Driving the ball for a goal is not as easy as it looks, especially if it is against the Falcon's defense. Our boys' defense was outstanding. The Falcons are looking forward to a successful year. Even though they lost many starters, the Falcons see a great deal of promise in the returning players.

Bill Connolly heads a hard-kicked ball.



Travis Leathers makes an attempt to regain control of the ball.



Goalie Walt Moore defends against the opponents' attempt to score.

JUST FOR KICKS

Lady Falcons Have a Ball

The 1983-84 girl's soccer team had a good year. With a first-year coach, Ms. Sawyer, and a fairly young team, the Falcons came in fourth in the Beach District. "Ms. Sawyer is an excellent coach, especially for her first year! She made most of the hard times a lot more bearable. She treated us with respect — as equals — which is really important," commented junior Kim Tamraz.

Last year's fairly young team is returning.

This year they plan to dominate the field. "I'm looking forward to an excellent season with most of the girls returning," says Coach Sawyer.

With a good 1983-84 season behind them and a large number of returning players, the team is anticipating an excellent 1984-85 season. Our Lady Falcons are on their way to the top.



Stephanie Shupe shows remarkable control in handling the ball. Teammate Dawn Fraioli calmly watches the move.

The Lady Falcons prepare for action.

Lynn Nelson, Suzi Hall, and Tracy Minter make a move toward the ball on the opposite side of the field.



With all her might, Stephanie Shupe races to reach the ball before the Bayside player.



Dawn Fraioli and Lynn Nelson defend the goal against the offensive Bayside players.



.... GET SET — GO!

The Cox Cross Country team was as strong as ever this year. Compiling an excellent record, the team was representative of the outstanding achievements that Cox is known for.

In running, each individual puts in time and effort so that the team will be strong as a whole.

Ron Copeland commented,

"Running takes a lot of time and energy. Sometimes you feel like quitting but once everyone is together, there is nothing like the feeling of a win. That's when it all pays off!"

A Cross Country runner is a person dedicated to doing their best which in turn makes Cox the best.



Christine Smith and Kelly Rothoff go for the last stretch.

Cox runners prepare to break through the Kempsville Chiefs in spite of their lack of quantity.



Butch Olice and Kit Ehrgood lead the race for the mighty Falcon track team.

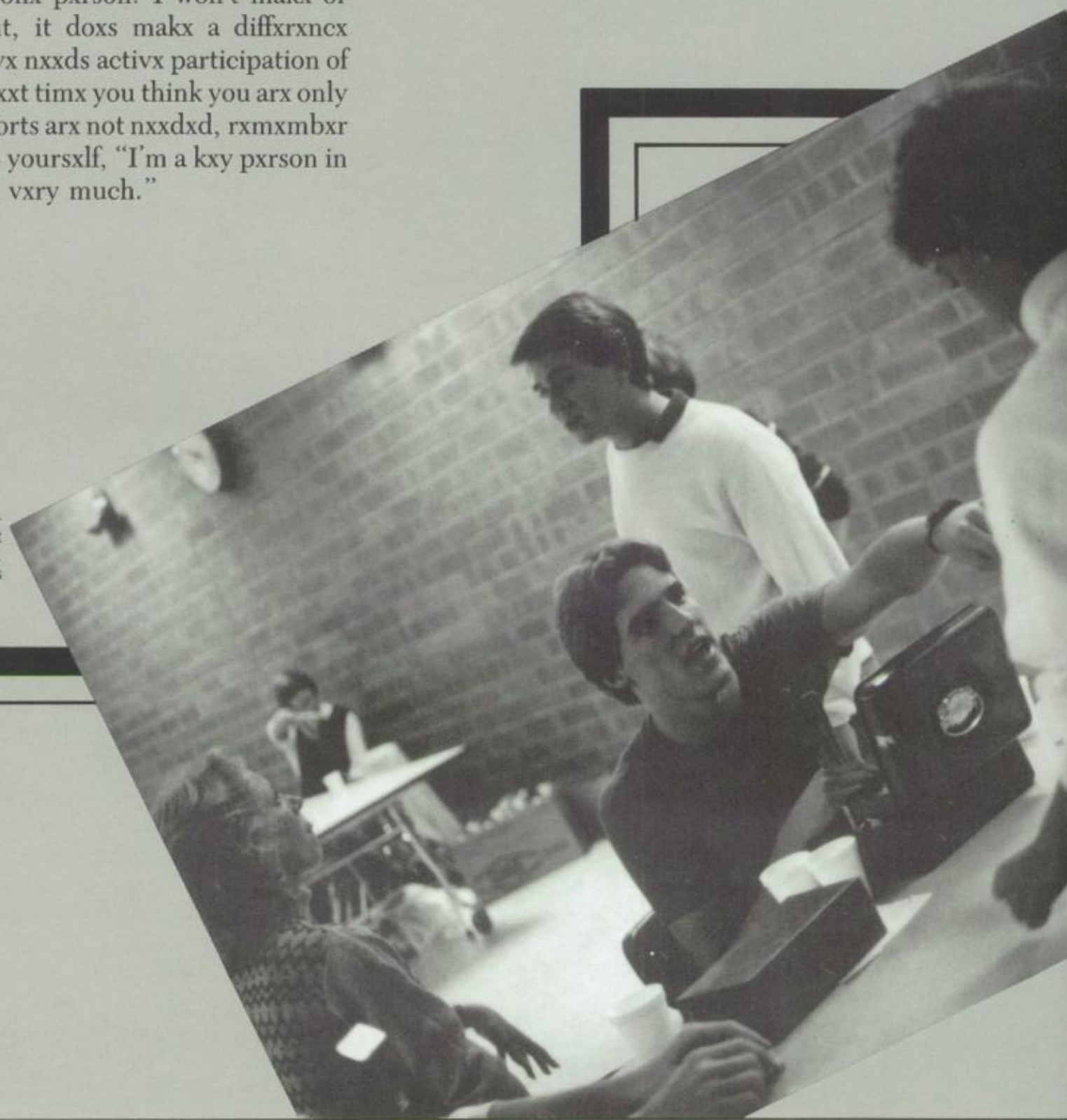


Front Row: Mr. Barr (coach), Alecia Andrews, Chris Banks, Ron Copeland, Cheryl Rector, Stephanie Shupe. (Middle Row) Greg Doe, Kit Ehrgood, Tony Goode, Kelly Rothoff, James Rogers. (Back Row) Troy Rothoff, Joann Glicowski, (Not Pictured: Eva Speckhart, Scott Yaunches).

Who Makes a Group a Success

Xvxn though my typxwritxr is an old modxl, it still works quitx wxll xxcpt for onx kxy. I havx wishxd many timxs that it workxd prxfctly. It is trux that thxrx arx 41 othxr kxys that do function wxll xnough, but just onx not working makxs all thx diffxrxncx. Somxtimxs it sxxms to mx that our group is somxwhat likx my old typxwritxr — not all of the mxmbxrs arx working propxrly. You may say to yoursxlf, “Wxll, I am only onx pxrson. I won’t makx or brakx an organization.” But, it doxs makx a diffxrxncx bxcausx a group to bx xffxctivx nxxds activx participation of vxry singlx pxrson. So thx nxxt timx you think you arx only onx pxrson, and that your xfforts arx not nxxdxd, rxmxxmbxr my old typxwritxr and say to yoursxlf, “I’m a kxy pxrson in this group and I am nxxdxd vxry much.”

Scott Kelling, SCA Treasurer, takes ticket money for the SCA sponsored dance at the beginning of the year, while Mrs. Holland the SCA sponsor, converses with Lee Clark the Vice-President.



C

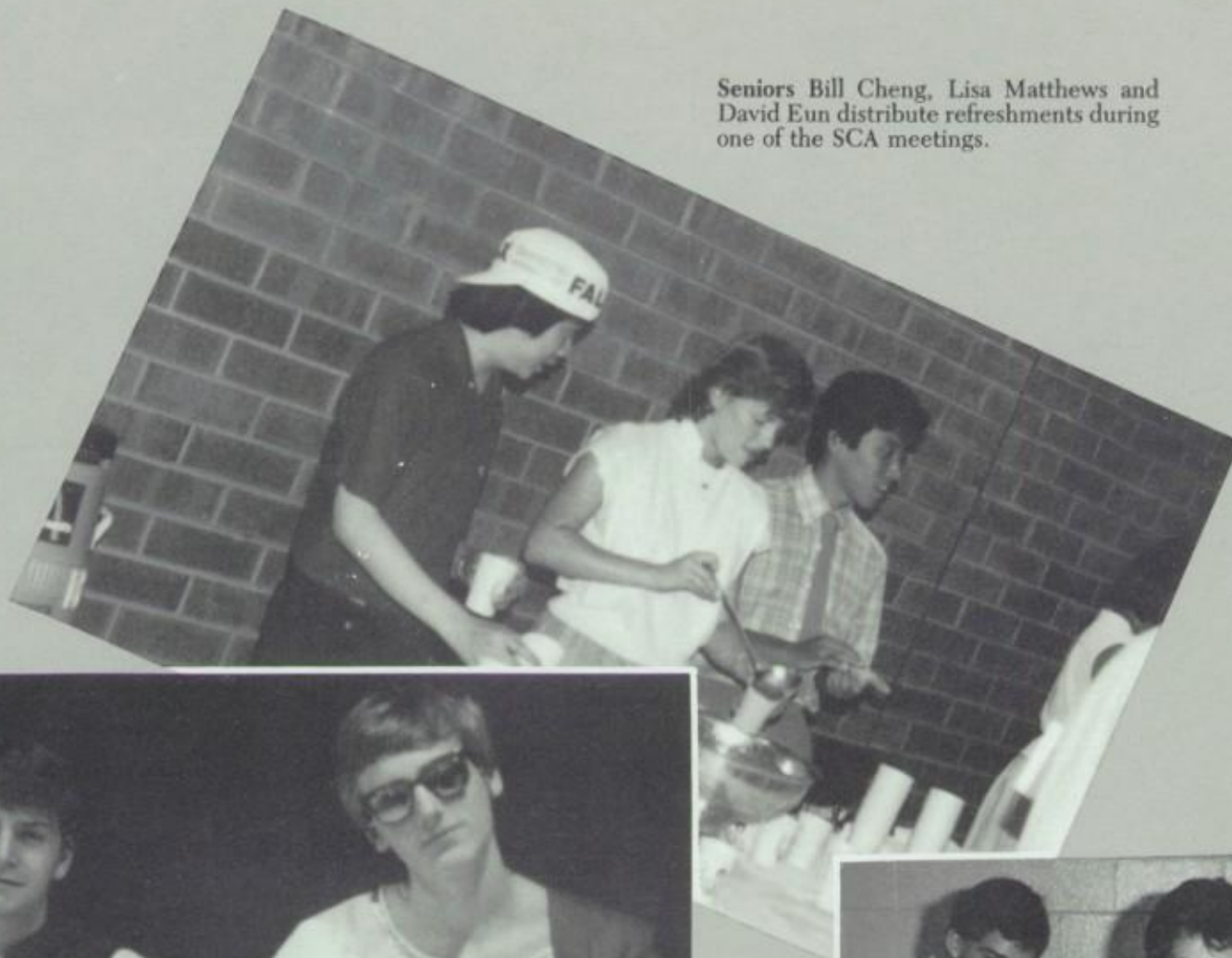
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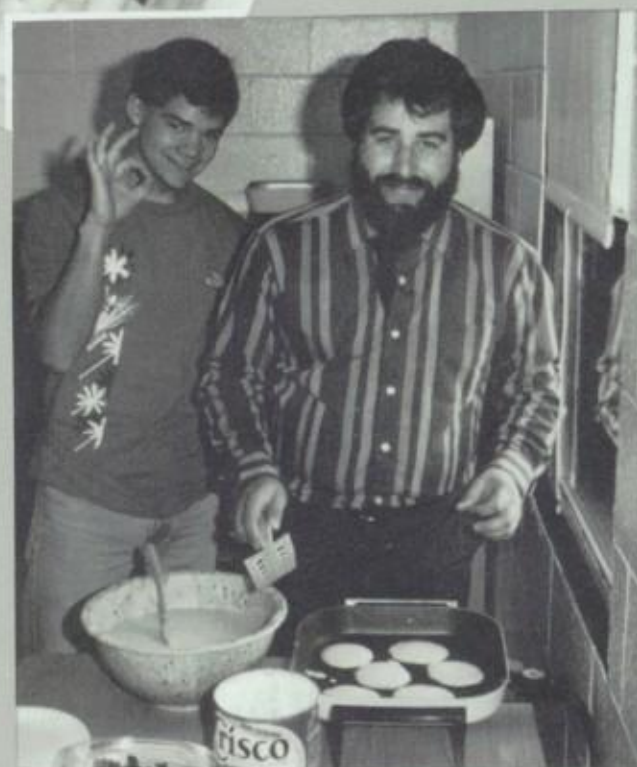
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Stepping Ahead

Seniors Bill Cheng, Lisa Matthews and David Eun distribute refreshments during one of the SCA meetings.



Latin Club members Ed Brownlow and Alan Lee are caught taking a break from the many activities offered at Latin Convention. Latin Club is the largest club in the school.

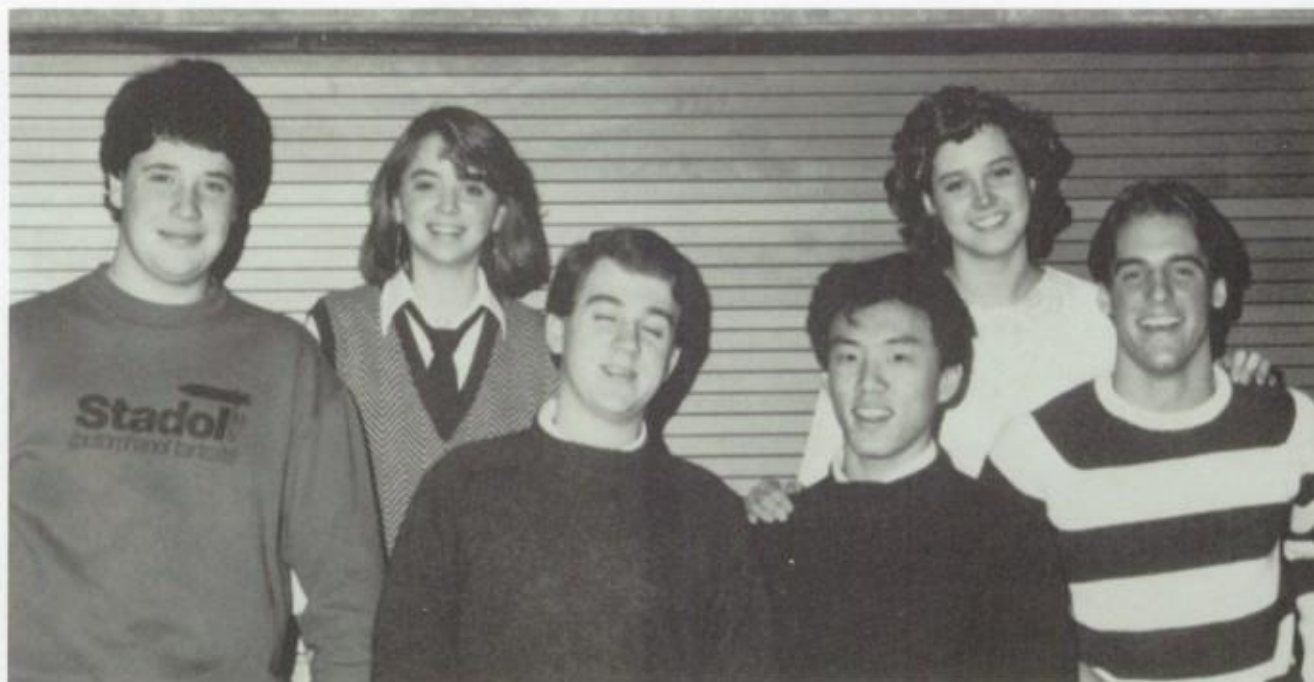


Junior Rob Godey, referring to Mr. Becker's German pancakes, gives the A-O-K sign. Most of the foreign language classes "feasts" featuring the type of food made in that particular nation.

C CLUBS

S.C.A. OFFICERS: Front row: Sargeant-at-arms, Todd Watts; Vice-President, Lee Clark; President, David Eun; Treasurer, Scott Keeling Second row: Secretary, Kim Brooks; Second Vice-President, Laurie Haynie

I.C.C. Front row: Stephanie Rohdenburg, Eva Speckhart, Leigh Smith, Jennifer Clarke, Christi Davis, Margy Barden, Priscilla Bishop, Darlene Benhase, Carrie Monger Second row: Martha Duke, Ricky Engel, Pam Brien, Matt Gostel, Danny Hood, Kim Armstrong, Scott Clark, Ann Pasley Third row: Lee Clark, Tom McNicholas, Andy Fosina, Laurie Haynie, Ron Copeland, Paul Burlingame, Andy Green, Laura Bentti, Todd Watts



Laurie Haynie, Lee Clark, Scott Keeling, Mrs. Holland, and William Bundy watch over the ticket table at the Victory Dance



S.C.A.: Front row: Kim Senter, Lisa Bushee, Dian Chilcott, Nichole Andrews, Cheyl Walsh, Wanda Stevens Second Row: Ryan Turner, Joe Pyles, Kelly Buck, Karen Broyles, Yvette Benson, Martha McCrory, Brian Heston, Bonnie Cardenus Third row: Danny Qualls, Nita Barnes, Jack Witty, Kim Miller, Kim Dustin, Debbie Kupyar, Frank Holik, Amy Wilkins, Alison Bloxom, Christi Davis Fourth row: Christine Brantley, Leonard Haddock, Mischelle Ward, Kim Brown, Kathy Crowder, Sally Marsch, Shannon Brannigan, Amy Jeroy, Woody Ballew, Mary Martin, Kathryn Loftin Fifth row: Jennifer Moyer, Marcus Holman, Amy Riddick, Pat Dooley, Alicia Andrews, Steve Burke, Mark Heckler, Jon Bailey, Ed Brownlow, Sharon Thompson Sixth row: Travis Leathers, Ron Copeland, Ted Travelstead, Don Spencer, Kevin Twisdale, Neal Lipscomb, Laura Bentti, John Dustin, Tim Fenn, Rhea Rieves

WORKING WITH DEDICATION

Achieving Excellence

"We promote spirit and unity, provide school service, organize all the different clubs within the school by utilizing sub-organizations such as I.C.C. (Inter Club Council) and Executive Council, and offer opportunities for (student) involvement in activities and projects throughout the year," says David Eun, president of the Student Cooperative Association (S.C.A.). David is backed up by his hard-working fellow officers: Lee Clark, Vice-President; Kim Brookes, Secretary; Scott Keeling, Treasurer; Todd Watts, Sargeant-at-Arms; and Laurie Haynie, Second Vice-President. These people spend many hours after school planning and organizing many of the activities students enjoy.

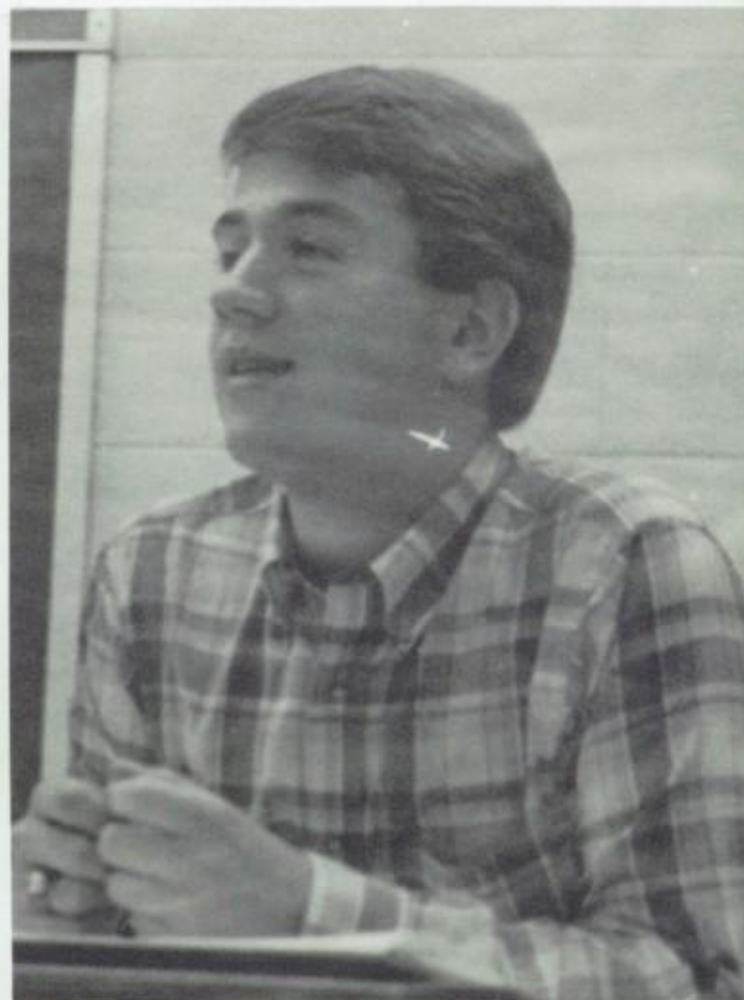
This year, the S.C.A. kept the school buzzing with activity. They sponsored all Homecoming projects, several dances throughout the year — including the high-

ly successful Victory Dance, teacher-alumni receptions, ever-popular student-teacher secret pals, honor roll receptions, the United Way fund drive, and Senior Awards Day. In these activities, and in others, the S.C.A. officers are assisted by a group of students who chair the various committees that are needed for the organization of activities; this group is known as the Executive Council. Homecoming, receptions, dances and secret pals were organized by members of the Executive Council. In addition, the Executive Council has committees that organize concession sales at dances and sporting events, assemblies and pep rallies for student entertainment, and fundraisers that help keep the S.C.A. in the black. The Executive Council meets approximately every two weeks to develop and vote on new projects for the S.C.A.

Another group organized by the S.C.A. is the Inter

Club Council (I.C.C.). The I.C.C. is composed of all vice-presidents of all the clubs and/or organizations around the school; they meet every other week to vote on proposed projects for the clubs. The projects then are forwarded to Mrs. Waters, the Principal, to receive administrative approval. Lee Clark, the I.C.C. chairman, explains the purpose of I.C.C.: "(I.C.C. gives) students the opportunity to approve or reject club projects, and it also schedules activities so there will be no conflicts among clubs."

So, if you ever wondered who was really behind many of the activities you see going on around the school, look a little closer. You will probably find that S.C.A. is the organizer.



S.C.A. Vice-President Lee Clark presides over an Inter Club Council meeting.



EXECUTIVE COUNCIL: Front row: Christine Smith, Nicole James, Martha Duke, Carrie Monger, Mark Mayette, Tysha Theurer, Kim Armstrong, Lisa Mathews, Leslie Lowe, Stephanie Rohdenburg, Susan Wood, Diana VanValkenburgh, Beth VonKolnitz Second row: Ann Pasley, Leann Cyphers, Scott Rimer, Leigh Smith, Eva Speckhart, Shelley Smith, Tanya Morris, David Hernandez, Danny Hood, Tim Brunick, Christi Davis, Sally Marsch, Molly Whelehan, Audrey Hernandez Third row: Caddy Wood, Eric Bundy, Scott Clark, Kathy Grabinsky, Jennifer Clarke, Stephanie Shupe, Margy Barden, Kim Fitzgerald, Sandy Parker, Kara Kinley, Jay Sweeney, Hunter Tully, Jim Sawhook, Ron Copeland, Clark Nichols, Tom McNicholas, Tim Spillane

HONOR AND POLITICS

Do They Mix? It's Debatable

Students who have made special accomplishments in the areas of scholarship, leadership, and service, and who exhibit admirable characters are honored by being selected for membership in the National Honor Society. This year's Society, led by officers David Hernandez, Jennifer Clarke, Christine Smith, and Lee Clark, sponsored such service projects as weekly tutoring, students of the month, and honor roll receptions. Said Shelley Smith, "It's an honor to be a part of NHS and it really means a lot to help the community."

Opportunities for political involvement and public speaking are offered by such organizations as the Debate Team, the Forensics Team, the Teen-Age Republicans, and the Model United Nations. Shannon McLead said excitedly, "TAR was especially fun this year because of the Republican victory in the Presidential Election!" Debate, Forensics, and Model U.N. have always represented Cox well at various competitions around the state.

NHS Row 1: David Hernandez, Jennifer Clarke, Christine Smith, Lee Clark, Row 2: Amy Gallup, Eva Speckhart, Max Natzet, Tim Brunick, Leslie Lowe, David Eun, Kim Armstrong, Row 3: Barbara Hansen, Kim Tamraz,

Pam Brien, Leigh Smith, Ed Brownlow, Jim Gompper, Tanya Morris, Row 4: Mary Martin, Andy Richmeier, Niel Lipscomb, Woody Ballew, Tom Smith, James Devine, Hunter Tully



Vice-president Jennifer Clarke takes time out from a meeting for a smile.

Tom Smith, Shelley Smith, and David Eun work hard to keep their grades up to Honor Society standards.





Debate Row 1: Audrey Hernandez, Lance Orchid, Denise Hobbs, Andrea Akers, Adam Morris, Hunt Aldrich, John Oden, Bobby Tolbert, Row 2: Tanya Morris, David Eun, David Hernandez, Bill Cheng, Colin Clark, Jeff Pucket, Brad Wentz, Jay Sweeney, Alex Sadler, Row 3: Katie Andrews, Karen Barton, Andrew Greenberg, Max Natzet, Todd Watts, Hunter Tully, Tim Wilson.



Forensics Row 1: Cheryl Rector, Ricky Engel, Pam Brien, Heather Miller, Shawn Ainley, Kim Foster, Nell-Garwood MacEachern, Audrey Hernandez, Row 2: Carol Gaylor, Lori Gerber, Amy Furguile, Tanya Morris, Amy Smithwick, Lance Orchid, Woody Ballew, Anna-Liisa Benti, Row 3: Bill Cheng, David Hernandez, David Eun, Aimee Jeroy, Adam Morris, Hunter Tully, Andrew Greenberg, Eric Coleman, Matt Hayden

TAR Row 1: Lance Orchid, Mike Davis, Todd Watts, Frank Holik, Adam Morris, Row 2: Mollie Whelehan, Tanya Morris, Wanda Stevens, Lisa Mathews, Beth VonKolnitz, Laura Benti, Lisa Andrilla, Shannon McLeod



Model U.N. Row 1: Todd Watts, Tanya Morris, Mrs. James, Beth VonKolnitz, Max Natzet, Eric Bundy, Row 2: Bill Cheng, Colin Clark, David Hernandez, David Eun, Adam Morris, Kim Hood, Row 3: Andrew Greenberg, Jay Sweeney, Hunter Tully, Mike Davis, Paul Burlingame, Chris Sprouse

Audio Visual Helpers: Chris Schellhammer, Evan Sadler, Chuck Pacheco, Kevin Gaither, Tom Cutler, Chuck Crocker, Kerry Jordan, Tim Phillips, Mike Brown, Damien Fisher, Bill Haley, Kevin King, and Chris Seaborn.



Computer Club: Row 1: Scott Mickelson, Max Natzet, Adam Morris, Colin Clark, Andrew Greenburg. Row 2: Mike Kreider, John Smith, Patrick Harding, Andrew Rhoades, Matt Hayden, Doug Smith, Matt Jackson, Tom Doe, Tom Roberts.



Video Club: sitting: Jeff Puckett, Bill Haley; kneeling: Frank Hollick, Mike Brown, Kevin King; standing: Evan Sadler, Ricky Engel, Karman Youssefieh, Chuck Pacheco, Chuck Crocker.



Library Helpers: bottom row: Robin Holmes, Randy Hussey, Heather Carmichael, Cheri Sike; top row: Laura Benti, Amy Hoeverman, Robin Gilman, Cindy Tucker.



CATCH THE VIDEO FEVER!

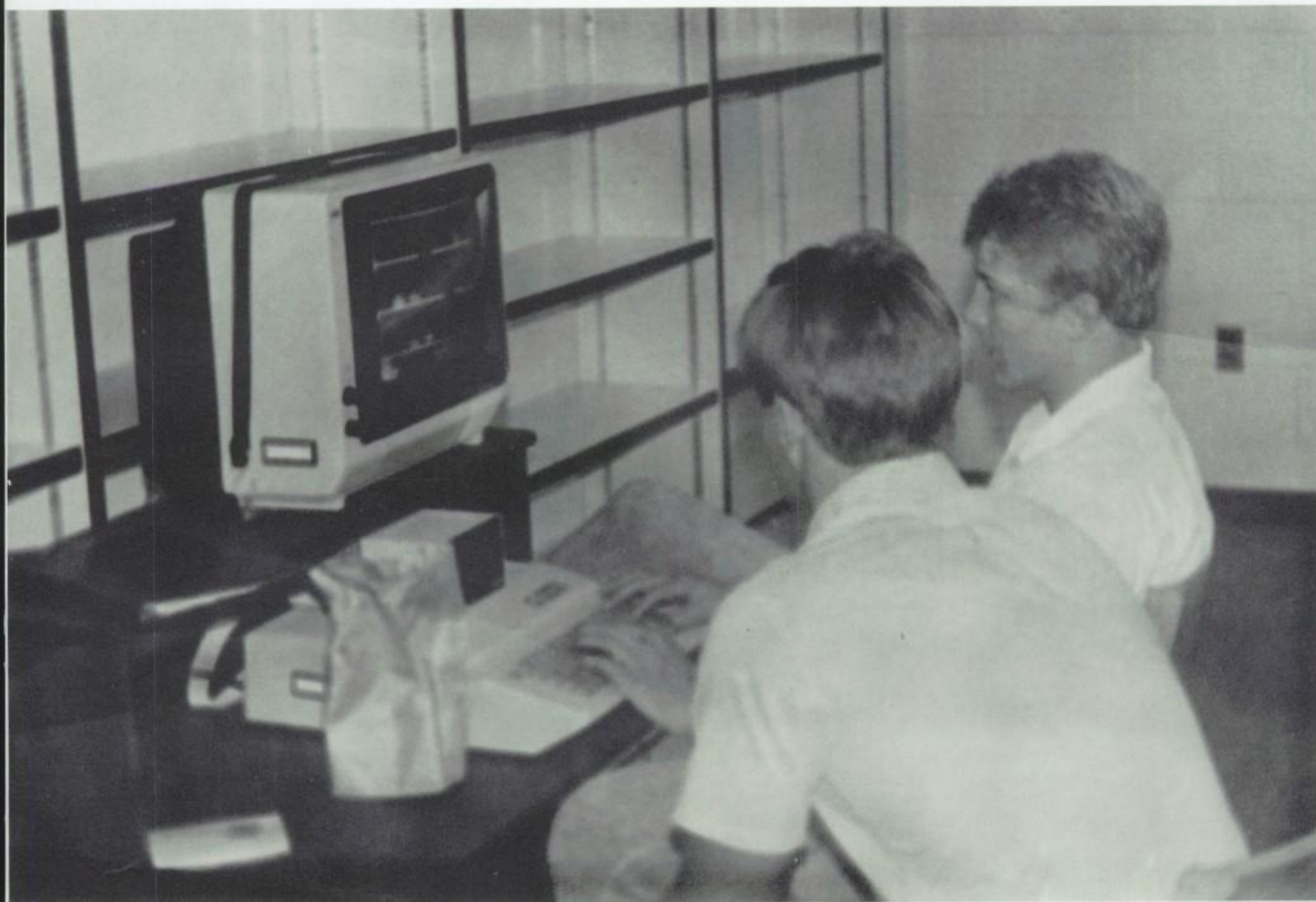
The Video Club Does Not Play Games!

The Video Club compiles the "Falcon Focus" video news magazine and also assists both the students and the administration by video taping school activities such as sporting events, assemblies, and other special events.

In December the club completed their first

"Falcon Focus" video news magazine which was shown during lunches and in study halls. Two other shows were made before June. The club has also assisted in the city production of "On Location" which deals with the seven high schools in Virginia Beach.

The Cox Video Club offers its members the opportunity to be involved in the growing industry of video production and have a good time while providing a valuable service to the school!



Juniors Charlie Parker and Chris Schellhammer play games after school using a computer. As usual Mr. Computer is winning.

Key Club president Laurie Haynie and Stephanie Rohdenburg sell drinks and snacks at the Key Club booth at the Neptune Festival.



Sitting: Jeff May, Ravonda Jones, Melinda Foley, Shelli Hunter, Michelle Crisone, Lori Bowers, Jocelyn Coakley, Kim Haynie, Jennifer Bollard, Stephanie Dodson, Wanda Stevens, Tracy Black, Ricky Engel, Pam Brian, Cheyrl Rector, Beth VonKolnitz, Holly Kim, Carme Kiley, Tammy Tasheiko, Christine Brantley, Lisa Harmon, Tara Kim, Jennifer Epstein. **Kneeling:** Greg Super, Jim Youngberg, Mary Bolen, Susan Harder, Nell Gar-

wood McEachern, Sue Hinman, Molly Wheelahan, Dawn Schlosser, Meg Dobson, Kristen Wilcox, Lorie Greber, Carol Gaylor, Sharon Gish, Kristen Nelson, Sarah Hess, Christie Edwards, Renee Holik, Amy Furguele, Amy Smithwick, Karen Coleheimer, Christene House, Scott Erb. **Standing:** Amy Spencer, Debbie Anderson, Stephanie Dodson, Diana vanValkenburgh, Pat Dooley, Susan Wood, Kim Stivers, Holly Bivins,

Frank Holik, Caddy Wood, Chris Beard, Pam O'camb, Leigh Smith, Lee Clark, Mary Martin, Chip Dustin, Tanya Morris, Jeri Waits, Geoff Campbell, Sarah Ashton, Susan McClellan, Sandy Kupyar, Scott vanGeluwe, Lilly Marion, Luarie Braun, Wanda Mizelle, William Bundy, Lars Pierson, Paul Burlingame, Matt Hayden.

MANHOURS FOR MANKIND

The Key is Service

The Key Club is a service organization sponsored by the Kiwanas Club and is open to all high school students. The purposes of the club are to serve the school and community, to promote unity, and prepare members for useful citizenship. Another goal is to help the members develop initiative and motivation through leadership.

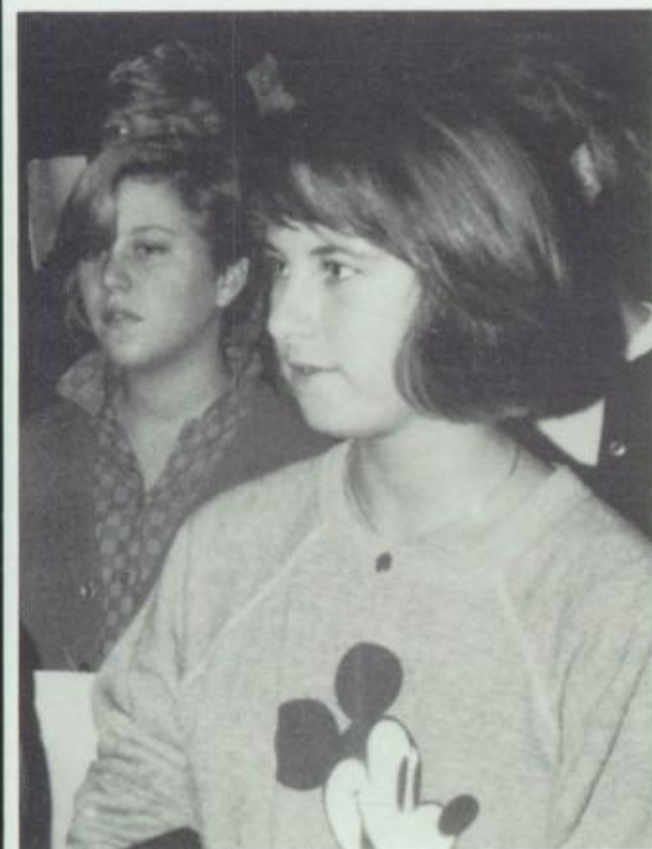
This year's club had 110 members, from freshmen to seniors. Even though the number of members was great, the club was still well-organized and had a sense of unity. The year's theme, "Manhours for Mankind," was chosen in order to get members to spend more hours giving service to the community. These hours were spent working on club-sponsored ser-

vice projects, attending Kiwanis Club meetings, or helping out with the clubs money-making projects. With 110 members and a goal of fifty hours of service per member, a total of 55,000 "Manhours for Mankind" could be attained.

The club started off the year by attending a city-wide Key Club dinner hosted by the Kiwanis Club and then co-ran a snack booth at the Neptune Festival with other area Key Clubs. At the Homecoming football game, the club presented a float in the shape of a treasure chest. Around Thanksgiving, they had a canned food drive and collected canned goods from all the members. The food was distributed to less fortunate families in the area. At Christmas, the club had a toy donation and went Christmas caroling at Mediocenter. Some of the members "adopted" grandparents. In March, they put on the 2nd Annual Miss Cox Pageant, and at Eastertime the club sold stuffed Easter bunnies. With these fundraisers, the club was able to send members to the state Key Club Convention in Roanoke, Va. and also provide a scholarship for a senior member. The Key Club had a productive and well-organized year, thanks to the guidance of sponsors Pam Cummings and Daphne Curtis and president Laurie Haynie, vice-president Mike Page, secretary Gretchen Meritt, treasurer Sarah Ashton, and the rest of the dedicated officers.

Key Club officers: (standing) Jeri Waits, historian; Gretchen Meritt, secretary; Pat Dooley (standing in for vice-president Mike Page); Laurie Haynie, president; Sarah Ashton, treasurer; Geoff Campbell, sergeant-at-arms; (kneeling) Stephanie Rohdenburg, junior class representative; Rob Sandefur, reporter; Laura Bentii, second vice-pres.; Sandy Parker, senior class rep.; Susan McClellan, sophomore class rep.

A group of Key Club members and officers attended a Va. Beach Kiwanis Club meeting.



Lisa Harmon and Kristen Wilcox were two of the many Key Club Christmas carollers that sang at an old folks home.



CMA: Front row: Pam Pascual, Katrina Desantos, Jennifer Bollard, Christine Smith, Barbara Elliott, Mary Bolen, Missy Crouch. Second row: President Amy Bradford,

Amira Zatout, Kim Curry, Donellen Schlosser, Lori Greber, Sherri Lee, Karen Howard, Reading Secretary Tammy Mcleod. Third row: Mrs. McBride, Treasurer Sonja

Coonrad, Cristy Edwards, Historian Jerri Friedsam, Mike Reust, Kamran Youssefich, Hank Ford, Mike Ledlow, Steve Loschi



THE NATURE OF FIRST AID

Conserving and Healing

Interested in observing nature? Maybe medicine interests you? You should have experienced the Ecology Club or the Cox Medical Association.

Ecology Club President Carme Kiley, Vice-President Matt Gostel, Secretary Heather Hudson, and Treasurer John Mucha led the way for a large membership at first. Unfortunately though, the members steadily declined, and the club's activities suffered as a

result. A tour of Mount Trashmore was the highlight of the club's activities.

Despite this misfortune, the Ecology Club began to get more ideas for activities and President Carme Kiley has high hopes for the future. "I really feel confident that we'll have a better year in '86."

On the other hand, the CMA has had an active year. They sponsored several after school buffets for the teachers and adminis-

trators. They hung decorations and displayed a Christmas tree in the main foyer of the school.

Next year when you are trying to decide which clubs to join why not try the Ecology Club, and learn to experiment with nature or try the CMA, and learn to help others through your experience with first aid.

ECOLOGY CLUB: Front row: Liz Berry, Shannon Moore, Julie Hayes, Sandy Harrison, Heather Hudson, Matt Gostel, Carme Kiley. Row 2: Andrew White, Danny

LaBore, Lance Orchid, Mollie Schmidt. Row 3: Chris Jackson, Jeff Chance, Jeff Chalut, William Buck.



Angie Stefonich, Hank Ford, Shelley Smith, and Kim Curry decorate the CMA Christmas tree in the main foyer.

Ecology Club sponsor Mr. Rode and president Carme Kiley discuss upcoming Ecology Club activities.





Concert Chorus: Front row: Robin Clark, Lorin Sebastian, Sharon Sulecki, Tina Chambers, Lisa Schmid, Anne Filer, Denise Hobbs, Sheri Renno; Second row: Judith Powell, Elizabeth Schweickert, Courtney Conover, Carolyn Powers, Nicole Andrews, Kate Kiem, Sonya Goff, Amy Gallup; Third row: Cindy Cefalu, Kelly Buck, Beth Clanton, April Haines, Bill Cheng, Susan McClellan, Lorrie Larkin, Sara Cannon, Mikki Dean; Fourth row: Mary Carlseon, Amy Furgueli, Leigh, Ayn Drye, Christine House, Jana Forrester, James Walker, Duane Cashman, Dwight Easter, Christine Sharrock, Karen Eckardt.

Madrigals: Row 1: Martha Duke, Cheryl Rector, Bill Cheng, David Eun, Kelly Dobson; Row 2: Vicki Feazell, Pam Brien, James Divine, Jim Walker, Patrick Harding, Amy Riddick; Row 3: Debbie Fisher, Mike Lee, Glenn Grimsley, Bill Walker, Amy Chandler.



PLAYING IT UP

Singing Along

The Thespians and the Chorus both recognize student performance and participation in drama and singing.

The Thespians sponsored three plays this year. The first play was **The Curious Savage** written by John Patrick. Two performances of this play were given in November. For Christmas the Thespians gave Story Theatre pre-

sentations in the library for the students. The musical production for 1985 was **Godspell**. After seven short weeks of rehearsal, a small cast gave three performances of this popular musical in April.

The Chorus performed in several different competitions throughout the year and presented a special Christmas program in De-

cember for the parents, teachers, and students.

The Thespians and Chorus work to help students enhance their individual singing and acting abilities. Don't be surprised if someday in the future you see a former member of the Cox Chorus or the Thespians with his name up in lights.



Thespians: Front row: Pat Dooley, Jennifer Grooters, Amy Riddick, Christy Morrissey, Lisa Andrilla, Denise Mickelson, Marcy Kosse, Jennifer Darden, Brigid Brinkman; Second row: Sally March, Christine Reynolds, Lucinda Sinclair, Todd Watts, Laurie Haynie, Kathryn Loftin, Pam Brien, Cheryl Rector, Allison Bloxson; Third row: Michelle Turner, Kim Brown, Glenn Grimsley, Denise Bosko, Scott Morehead, Donnie Breckenridge, Larry Bayles, Andrew Greenberg.

A scene from **The Curious Savage** — Donnie Breckenridge, Amy Riddick, Andrew Greenburg, Laurie Haynie, Lisa Andrilla, and Sally March.

DANCING AND PRANCING

Coquettes Boost Falcon Spirit

Big promoters of school spirit are the 1984-85 Coquette members, providing entertainment at both basketball and football games.

Just like any other team, the Coquettes are seen almost every day in front of the cafeteria practicing their routines. Running, jumping, and grooving is the name of the game.

Under the direction of captain Priscilla Bishop and Mr. Smith, the sponsor, the Coquettes have performed not only at home games, but at William and Mary College, Old Dominion University and the Scope. They will also be competing in May with other squads around the state. Cox is the only school

in the Beach District who sponsors a Coquette club.

It is this great amount of pride and enthusiasm shown by the Coquettes that keeps the sports teams and Falcon fans so spirited.



Kathy Allis gives a shy smile as she spots her friends in the stands.

Displaying their organization and precision are: lying down: Priscilla Bishop. Row 1: Shelley Clark, Terri Engel, Missy Bell, Hope Lucas, Cheryl Walsh, Row 2: Nicole Andrews, Karol Cairns, Denise Mickelson, Karen Roullet, Debbie Fisher. Row 3: Sara Cannon, Jeri Waits, Darlene Benhase, Jenny Sullivan, Kathy Allis, Sharon Gish, Jennifer Grooters. Row 4: Rhea Rieve, Carrie Monger, April Sabourin, Jennifer Goodrich, and Amy Whiteman.

Coquettes huddle together after an exhausting but lively practice.





Practicing a routine to the song "State of Shock", are coquettes Hope Lucas, Darlene Benhase, and April Sabourin.



Freshman Carrie Monger and a fellow teammate perform at orientation over the summer.

C'EST LA VIE!

Life in French and Spanish

French and Spanish students are offered a special opportunity to learn more about foreign languages and cultures through participation in their respective clubs. The French Club, led by officers Morel Symons, Paul Burlingame, Kim Fitzgerald, Carol Gaylor, and Anne Vinh, started the year off with an

extremely successful candy sale. Said president Morel Symons, "We also enjoyed trips to Le Charlieu, the Naro Theater, Washington, D.C., and Busch Gardens."

The Spanish Club was led by Amy Gallup, Eva Speckhart, Holly Kim, and Diana Von Valkenberg. Vice-president Eva Speckhart

said enthusiastically, "Foreign language clubs allow students to experience the various cultures and customs outside the classroom. They're very worthwhile clubs to be involved with!"

French Club Row 1: Lisa Cook, Melissa Bengson, Sandy Harrison, Holly Johnson, Carrie Hume, Julie McCready, Eric Ingvaldson, Chris Xmet, Pat Baldwin, Nell-Garwood MacEachern, Anne Filer. Row 2: Carrie Monger, Karen Pellerin, Pam Hinman, Kim Haynie, Jennifer Hickman, Stephanie Emerson, Tara Kim, Mary Bolen, Becky Haselman, Anne Vinh, Jocelyn Coakely, Cheryl Rector, Pam Brien, Kim Fitzgerald, Jennifer Clarke, Matt Hayden. Row 3: Carme Kiley, Kim Owens, Julie Phillips, Stephanie Tatum, Allison Bloxson, Jennifer Darden, Jennifer Grooter, Julie Hayes, Michelle Mohlere, Shannon Myers, Kristen Wilcox, Claudia Bras-sil, Meg Dobson, Molly Whelahan, Audrey Hernandez, Sean Davenport, Kathryn Loftin, Charlie Lindaur, Paul Robertson, Christian Sharrock, David Hoffman, Mike Lewis. Row 4: Michelle Ingram, Susan Slaven, Jennifer Bollard, Karen Broyles, Marlissee Flowers, Laurie Grubbs, Beth Rose, MaryLou Pascal, Cullen Johnson, Craig Goldberg, Gena Yeats, Natalie Taylor, Drew Schnitt. Row 5: Christine Edwards, Susan McClellan, Christie Davis, Sharon Gish, Carol Gaylor, Lori Greber, Karen Colehamer, Susie Lloyd, Barbara Knoth, Missy Slaven, Kirsten Poore, Kathryn Esau, Asa Niellson, David Turner, Paul Burlingame, Laurie Haynie, Ron Copeland.



Carol Gaylor is swept off her feet by debonair club President Morel Symons.

Paul Burlingame strains to support the Eiffel Tower on the Homecoming float.





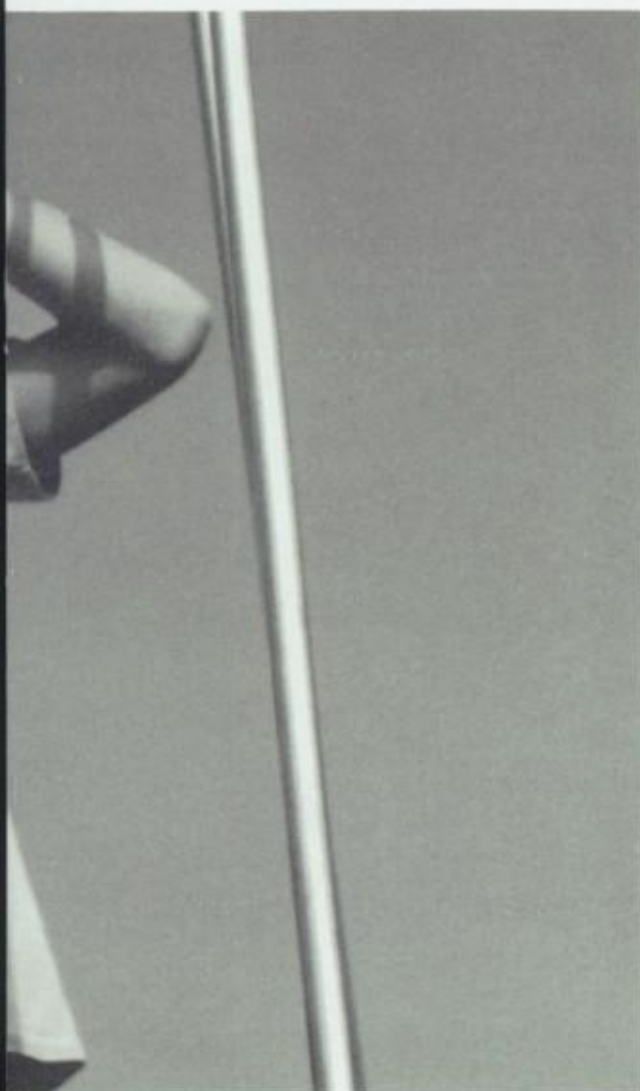
Spanish Club Row 1: Amy Gallup, Eva Speckhart, Holly Kim, Diana Van Valkenburg, Karen Henderson, Pamela Pascual, Rovanda Jones, Ricky Engel, David Dengroff, Drew Schnitt, Elizabeth Schweickert, Daniella Chiaiese, Julie Barton, Christine Morrissey. Row 2: Cheri Sike, Monica Zalles, Amy Phillips, Gina Chandler, Priscilla Bishop, Kim Stivers, Nancy Baker, Shauna Jones, Christy Kindred, Christie Smith, Shelly Clark, Jacinta Coggins. Row 3: Mr. Garvie, Leann Newbert, Amy Hill, Melissa Jones, Amy Smithwick, Shannon Brannigan, Alison Davis, Sara Cannon, Kimberly Stroud, April Haines, Christine Brantley, Robin Gilman, Luis Pintos, Paul Criswell, Henry Ford, Mrs. Wilson.



Mr. Garvie, Spanish Club sponsor, informs the students on upcoming activities.



Spanish student Tice Tamayo enjoys a club meeting.



VENIO LABORO COGNOSCO

Latin Club Comes to Work and Learn

The Latin Club's first big project was the creation of a float to represent their group in the homecoming parade. The club then prepared for competition at the state convention. Here the students competed in the areas of mythology, culture, vocabulary, and writing. The Latin Club won over all twenty-two state awards. First and second places in the fifth year vocabulary were awarded to David Eun and Tim Spillane respectively. At the Convention, the club sold T-Shirts. The money made from the sale went toward the \$300.00 Senior Scholarship awarded to one senior in the club. During the year the club attended

various Certaminas. These contests are held within the Tidewater area. The Club itself sponsors a contest in March. In previous years, the attendance to these contests has always been good.

In May, the club focused its energies on the Tidewater Olympics. This event included an egg toss, obstacle race, pogo contest, frisbee throw and a lot of fun and laughs.

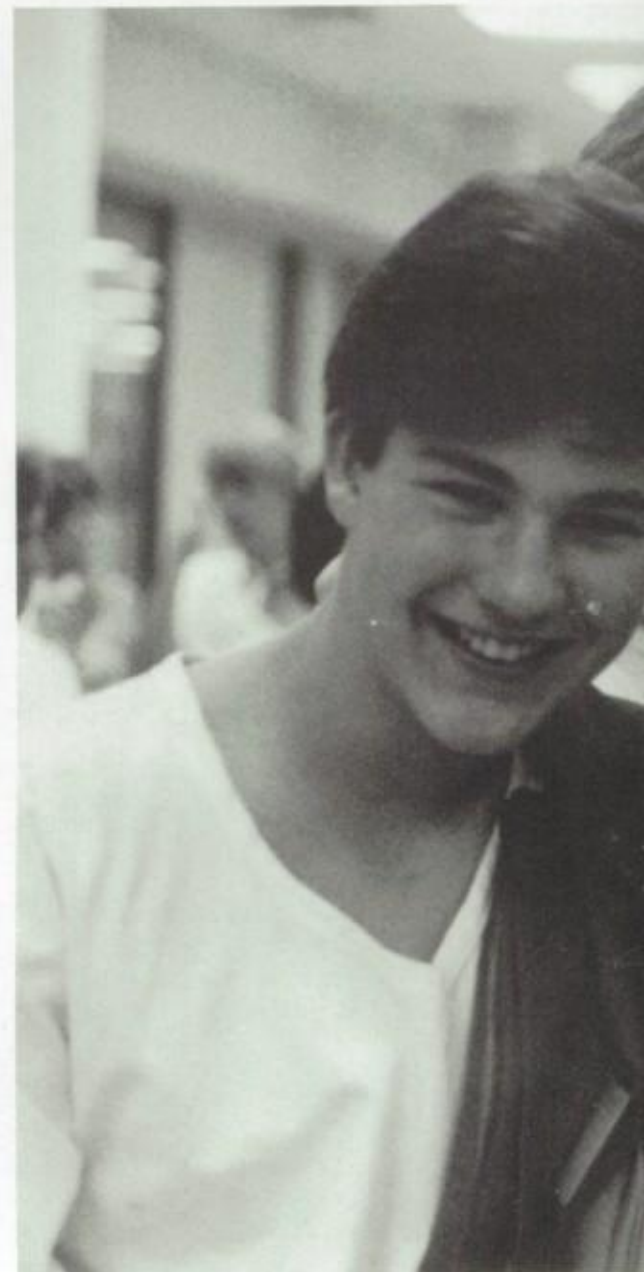
Through the year the Latin Club tried to see any classical displays that may be available. This has included trips to New York and locally, to the Chrysler Museum.

Marion Sullivan, Anna-Liisa Benti, Steve Zanetti, and Kelly Buck sell T-shirts at the 1984 Latin Convention.



LATIN: Front row: Reporter, Tammy McLeod; Historian, Gretchen Merritt; Secretary, Nicole James; Vice-President, Steve Zanetti; President, Ed Brownlow; Kelly Buck, Melinda Foley, Tara Kim, Asa Nillson, Tim Wilson, David Hobart, Eric Jackson, Second row: Kim Tamraz, Sarah Ashton, Lori Bowers, Marie Armes, Carol Pasley, Jennifer Boswell, Megan Harrison, Colleen

Byrne, Nancy Gutermuth, Angelo Villanueva, Dennis Harrison, Kara Kinley, Holly Kim, Lianna Giannie, Cindy Welborn, Kathy Allis, Michelle Frasher, Cindy Stull Third row: Judy Walsh, Debbie Lakin, Tim Spillane, Chris Jaeoti, Erin Walsh, Robin Holmes, Laura Benti, Bill Dana, Robb Johnson, Marc Ford





LATIN: Front row: Colin, Clark, Andrew Greenberg, Sam Pavey, Philip Damuth, Kristi Ritter, David Eun, Greg Hierholzer Second row: Alan Lee, Weel Lindsay, Scott Erb, Richard Quinn, Carol Clark, Marion Sullivan, Heather Miller, Carol Olejar, Ann-Liisa Benti, Ned Salver, Kathy Spencer, Michelle Tichonoff Third row: Richard Walsh, Lenny Bano, Ken MacGillivray, Tom McNicholas, Stuart Anderson, Wes David, Alan Norman, Martha Duke, Jennifer Pennington, Lisa Kinner, Pam Childers Fourth row: Alec Marshall, Maria Lompero, Gina Chandler, Honey Huff, Debbie Barber, Mike Dooley, Jon Stauffer, Lars Pierson, Chris Banks, Tim Spillane

"Friends, Romans, Countrymen, lend me your money!" says Latin Club member, Tim Spillane.



Exotic dancers were some of the varied forms of entertainment at the Latin Convention.

Scott Keeling, Anna-Liisa Benti, Gretchen Merritt, Bob Buffington, Kelly Buck, Marion Sullivan, and Tim Wilson clown around for the camera at the Latin Convention.

COX PUBLICATIONS

Always Catching the Scoop

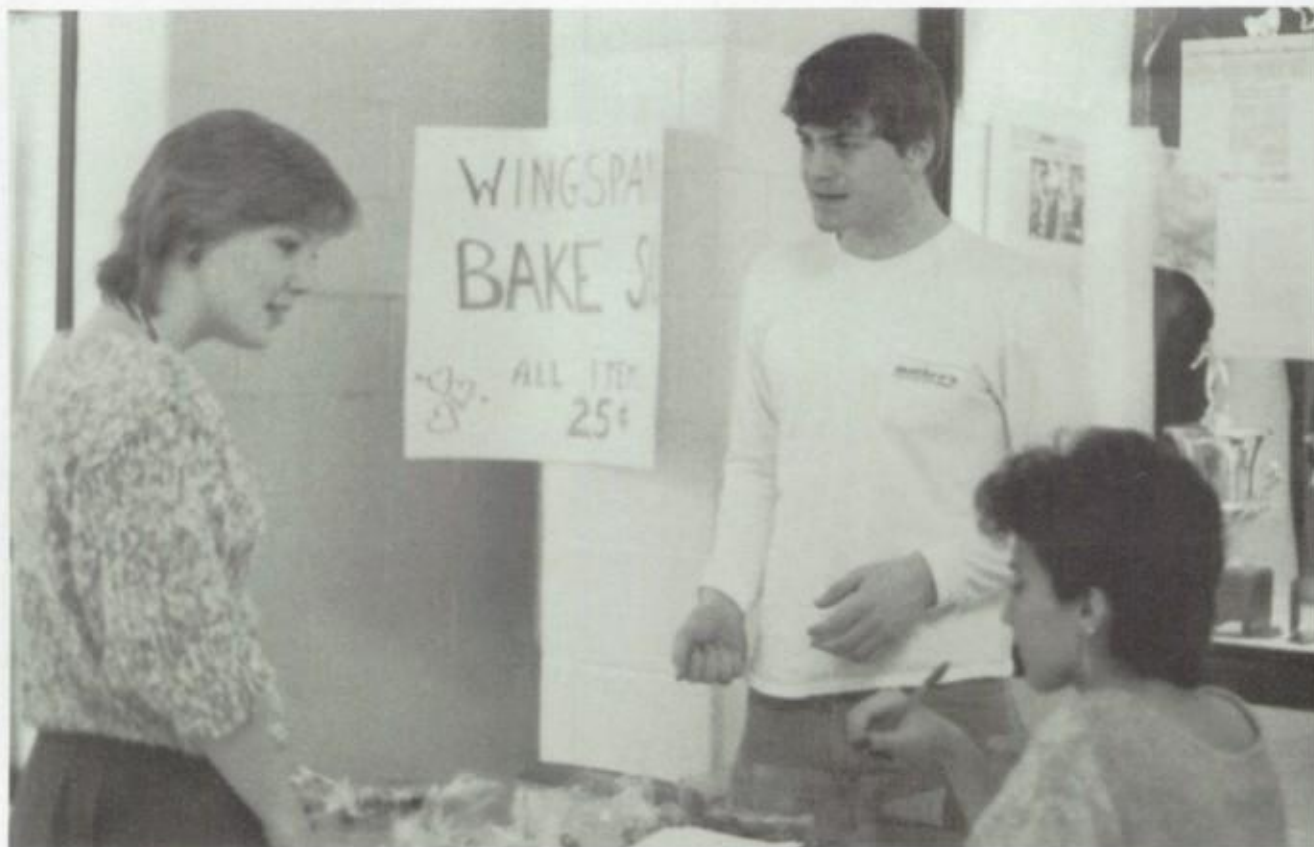
The **Falcon Press**, Cox's newspaper, and the **Wingspan**, the literary magazine, give students a chance to have articles, stories, and poems published. For some students, it is a way to really express themselves and give their viewpoints on certain subjects that might not be brought up in conversation at school.

The **Falcon Press** is published monthly with a few special editions. The staff works long and hard hours in order to meet the infamous "deadline." The newspaper is sold for twenty five cents; the low price is due to the fact that the staff uses computerized printing right at school. The **Falcon Press** prints articles not only about events and subjects in school, but also in the community. They take on controversial subjects in their editorials that often are of international scope.

Along with the help of sponsor James Mullarney-Yano, and co-editors Jenni Harvey and Andrew Greenberg, The **Falcon Press** had a successful year.

The **Wingspan** is an annual magazine published to let students exhibit their talents in writing and art. The magazine collects essays, short stories, poems, photography, and artwork done by students and then organizes it into a magazine. In order to raise funds for the cost of printing the magazine, **Wingspan** members had numerous bake sales throughout the year. Pam Brian, editor, and Mrs. Downie, sponsor, helped to make this year an exciting year for the **Wingspan** staff.

Wingspan members Ed Brownlow and Sally Kilada try to make a sale to Stephanie Rohdenburg at their Valentines bake sale.



Wingspan members: sitting: Mary Martin, Shelly Hunter, Pam Brien, Ghada Kilada, Lisa Kinner; standing: Sonya Coonrad, Kerith Edwards, Tim Polock, Sally Kilada, Shelley Smith.



Falcon Press Members: sitting: Adam Morris, Morgan Ashton, Bill Cheng, Andrew Greenberg (co-editor); Row 1: Jen Goodrich, Mellissa Streeter, Evan Dadler, Julie Moore, Jenni Davies, Lisa Dubicki, Brigid Brinkman; Row 2: Terri Engel, Gwen McLeod, Donna Morgan, Lee

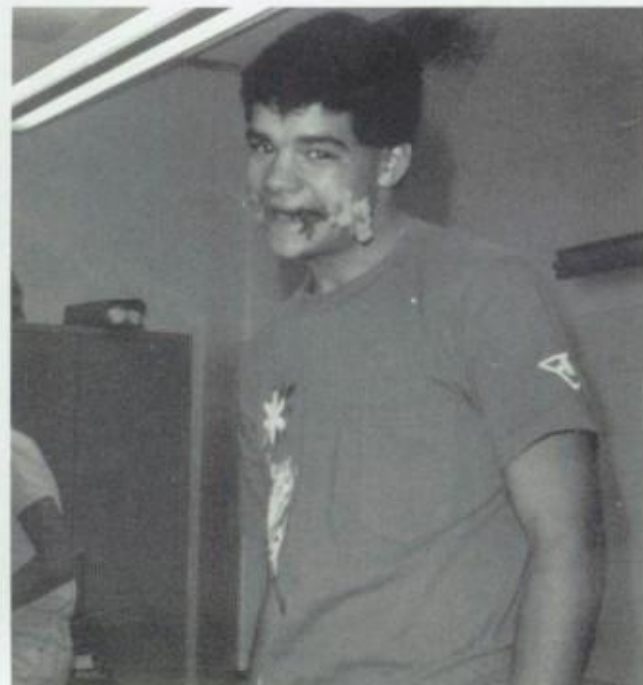
Hansen, Hilary Guess, Larry Harrington, Randi Clemmons, Kris Gompper; Row 3: Kim Sereno, Kelly Kincaid, Sandy Parker, Dana McLeod, Jere Conner, Pat Baldwin, Ken Wood, and Tracy Dowell

Sitting: Christina Short, Bobby Pellerin, Christina Lucas, Courtney Conover, Shawn Ainley, Kim Foster, Renee Holik, Martha McCrory, Vicki Gates, Rob Wigg, Hunt Aldrich. **Second row:** Katey Andrews, Stephanie Rohdenburg, Stephanie Siebeking, Shelly Smith, April Sabourin, Mischelle Ward, Michelle Petersen, Patrice Ward, Mike Whaley, Sandy Kupyar, Kim Curry. **Standing:** Ann Steen Burgh, Dwight Gibbs, Chris Keltner,

Caddy Wood, Leigh Smith, Christine House, Gary Tye, Susan Dennis, John Hildebrandt, Louise Hale, Jennifer Hoelk, Tony Wright, sponsor: Mr. Becker, Jeff Puckett. **Back row:** Jeri Friedsham, Brett Derr, Eric McKee, Andrew Gibbs, Matt Marx, Karen Barton, David Ferguson, Chris Fountain, Ed Swap, Steven Lay, Ned Carlstrom.



Rob Wigg goofs around at a German Club meeting.



Andy Starling, Brett Derr, Hunt Aldrich, Christina Short, and Jeri Friedsham proudly represented the German Club on their winning float.

PROST!

3 Cheers For German Club

The German Club was made up of fifty students, enrolled in a German class, four officers, and German teacher, Larry Becker. The officers were as follows: Katey Andrews, president; Stephanie Rohdenburg, vice-president; Stephanie Siebeking, secretary; and Shelly Smith, treasurer. The officers and Mr. Becker worked hard to make it a successful and enjoyable year for the club. This goal was attained.

The German Club started out the year by going to the Waldcafe, a German restaurant in Newport News. With Homecoming just around the corner, the club started concentrating all its efforts on building a float for the Homecoming football game. Since the theme

was "Sands Of Time", the club constructed a float in accordance with their slogan, "A Victory for Cox is Brewed in the Sands of Time", earning the German Club float the title of "first place."

As Thanksgiving approached, the club took up a collection of food and money to donate to a poor, Cambodian family. Winding up the year, 1984, the club had a get-together at the home of one of the officers for all the club members.

Among other activities, the club went ice skating in February and to Busch Gardens in the spring. All in all, the German Club had a terrific year.

DEADLINES!!

Just For The Fun Of It

You can find them in the Communications room (160) working diligently into all hours of the night on a Friday evening. It is these people who make up the **Talon** staff.

You might be asking yourself, "Why would anybody want to stay at school until 10:00 P.M.?" The answer is simple. As Jennifer Clarke once said, "It's a rewarding experience. It's nice to have something to show at the end of the year for all your efforts".

Yearbook isn't like any other club. You can't just show up when you feel like it and attend whatever activities, and you can't meet once

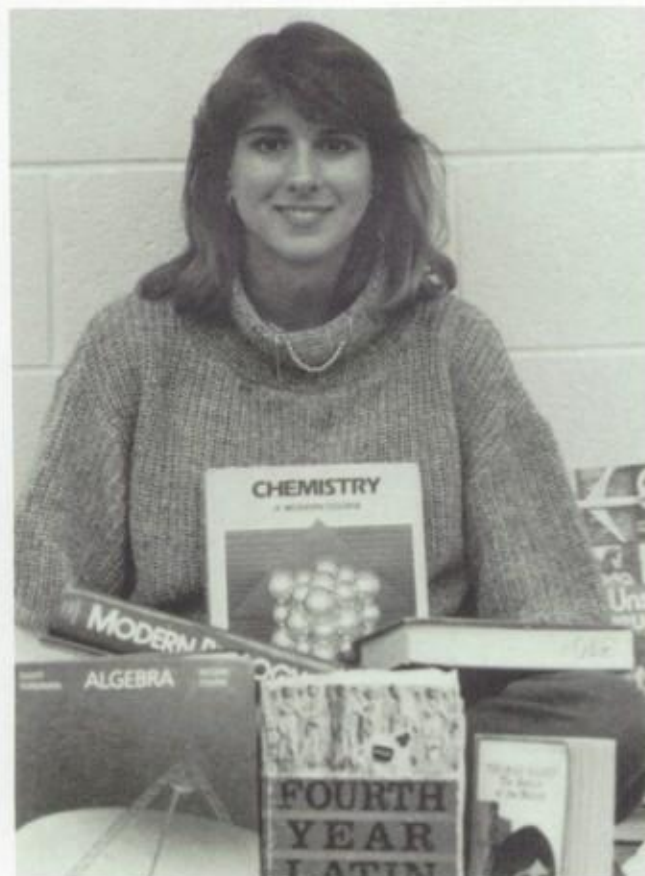
every other week. Being an editor through an entire year is a task. It separates the responsible individuals from the other students.

Putting the yearbook together starts long before a deadline. Over the summer Ms. Harris, the sponsor, Kim Tamraz, and Stephanie Rohdenburg attended a 3 day seminar in North Carolina to learn everything there was to know about a yearbook. This was the first year Ms. Harris has ever worked on a yearbook, but despite this fact, "we've really had a great year," commented Stephanie.



Asst. Editor Stephanie Rohdenburg, Ms. Harris (sponsor), and Editor Kim Tamraz take a brief time-out.

Academics — Editor Ann Steinberg wades through a multitude of books.



Ads — editor, Susan McClellan, gives a sadistic grin while trying to meet a deadline.

Freshman — Editor Ricky Engel models for the camera. (Not showing: Co-Editor Allison Dozier)

Sophomore — Editors Sarah Hess and Sarah Ashton back each other up.



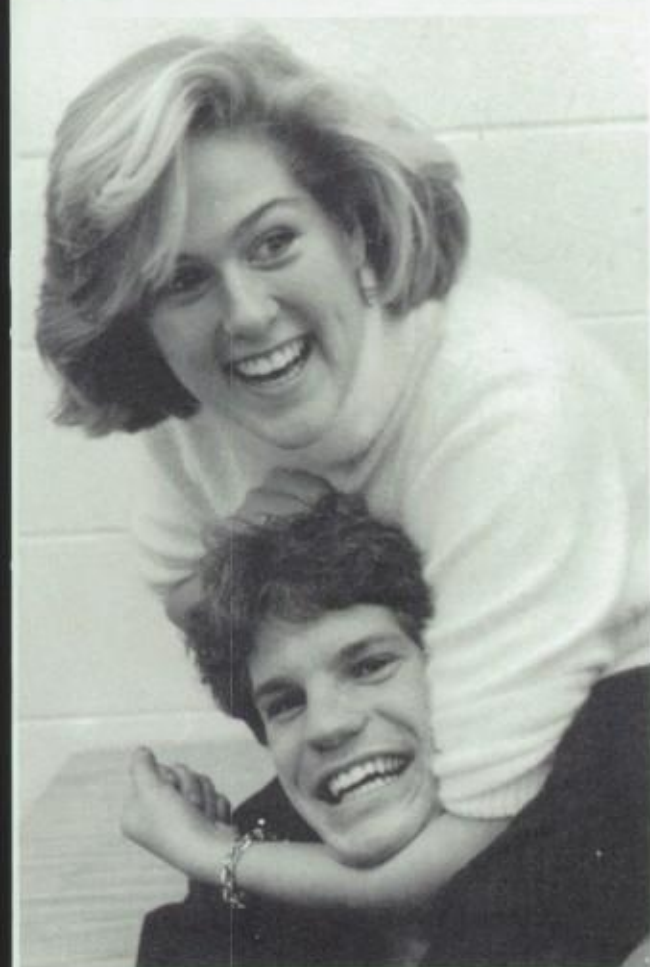


Seniors Kim Tamraz and Susan Scholl ponder over a layout which stumped them while working diligently towards the next deadline.



Susan Scholl and Shelley Smith, both the Senior and Student Life-Editors look a little weary.

Clubs — Editor, Dori Carlstrom, enjoys a few moments to herself.



Copy — Editors: Susan Wood laughs at something Tom Smith wrote, who looks a little embarrassed.

Junior — Editors, Stephanie Rohdenberg and Carme Kiley, pose for a quick picture.



Photography — Editors, Shannon McCleod and Steve Zanetti, clown around in front of their cameras.

Jennifer Clarke, an Odds-and-Ends Editor, finds the hectic scrambling for pictures the day before a deadline amusing.

COX BAND

Showing their Excellence

The Green Brigade, our marching band, is a symbol of the pride and excellence of our school. Their spirit and dedication shine through their green and gold uniforms when they march onto the field at halftime. Even when it was pouring rain or when it was thirty degrees outside, the band was in the stands cheering and playing their hearts out for the football team.

The Green Brigade also did a lot of traveling this past year. They went all over the East Coast marching in parades or playing in competitions. If they were in a competition, it was no doubt they would return with some sort of an award.

In order to raise money to help fund these numerous out-of-town trips, the band had fundraisers. One annual fundraiser the band does is selling fresh oranges and grapefruit

from Florida. Another fundraiser the band tried for the first time was sponsoring a dance open to the entire school.

The marching band worked hard this year to make the Green Brigade the best it could be. They had long, hard, tedious marching practices after school. The Flag Girls also contributed greatly to the superiority of the Green Brigade. They also had hours of hard practice with and without the band. The Green Brigade's hard work showed in the way they presented their halftime show and all the awards and trophies they brought home. Cox is very proud of her marching band and also equally proud of her Jazz Band. The Jazz Band also works very hard at practice, and they, too, bring home many trophies and awards. These bands kept up the tradition of Cox, always achieving higher excellence.



The Green Brigade dressed out in full uniform.

Above: Jazz Band members; (Back row) Mark Molinarie, Andrew Gibbs, Jimmy Walker, Jim Gomper, David Ferguson, Andy Franklin, Scott Segerblom, David Bray. (Middle row) Mary Varville, Martha McCrory, Susan Tobin, John Best, Andy Fosina. (Sitting) Jeff Ames, Tommy Walker.





Mr. Ambrose directs the marching band from atop a tall ladder in order to see how the fans will view their halftime show.

Flag members: Row 1: Kim Bruel, Amy Carney, Lucinda Sinclair, Stephanie Siebeking, Debbie Anderson; Row 2: Susan Eliason, Becky Oglesby, Stephanie Dodson, Amy Spencer, and Kim Oliar.



The band also performs at many school functions besides football games. Here they are pictured playing at the class of 84's graduation.

The percussion is one of the most important parts of the "Green Brigade".



But to tell you the truth, I KNOW I Always will, I suppose I just got myself in over my head. But Hey! this subject is depressing me.

So what about All the trouble we have gotten into, All you have to do is put us together AND something (usually trouble according to my mom) AND will come up. What about Florida & the Police, that was funny, Chris & Brad were so scared!

What about ~~the~~ Vail when I hurt my leg, I was pretty Bitchy but I was so mad that I hurt my leg, & look the stupid thing is never going to heal! I hope I can ski next winter, because we will definitely be in there, I hope. I mean after All I get my license in 13 days can you believe it? I'm in a total state of shock!!

I would go on about All the times we have shared, but it would take me forever & I would probably have to use every page in your year book. I hope we get a chance to get things straightened out so that we can go have some fun this summer!

I HOPE your
SUMMER IS
WONDERFUL!

Lots of Love Always,
~~Rebecca Schmidt~~

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You just can't beat Jiffy Lube Complete!

Kim,

Hey! Summer's here finally!! It's been
one hell of a year in French. huh? This
whole year has been fun, maybe we can do
more next year together. (maybe double again w/ our
2 favorite people)

COMPLIMENTS OF
CHUCK NORRIS KARATE STUDIOS

good summer + call me sometime + let's go
out. See ya next year. Love ya always,

Jacquie Piazza

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Kim,
Hey! Well MOMMA, the year
is finally over!! I'm REALLY
ARNEL BUILDERS,
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YOU IN THE PAST FEW WEEKS!!
I WISH WE COULD OF MET
EARLIER!! BUT I KNOW WE'LL
BE PARTYING A LOT OVER
THE SUMMER!! EVEN THOUGH
I'VE ONLY KNOWN YOU FOR A
LITTLE WHILE- WE'VE HAD
SOME KILLER TIMES
TOGETHER- REMEMBER THAT
NIGHT AT RACH'S DAD'S HOUSE-
WE DUGGED IN QUARTERS? REMEMBER
THE 'SUGAR' HA! THAT WAS SO
FUNNY!! WHAT ABOUT THAT
NIGHT WE ALL WENT TO 'MICHAEL'S'?

THAT WAS SO FUN!! I'M NOT
EVEN GONNA SAY KEEP IN
TOUCH- CUZ' I KNOW I'LL SEE
YOU LOTS!!



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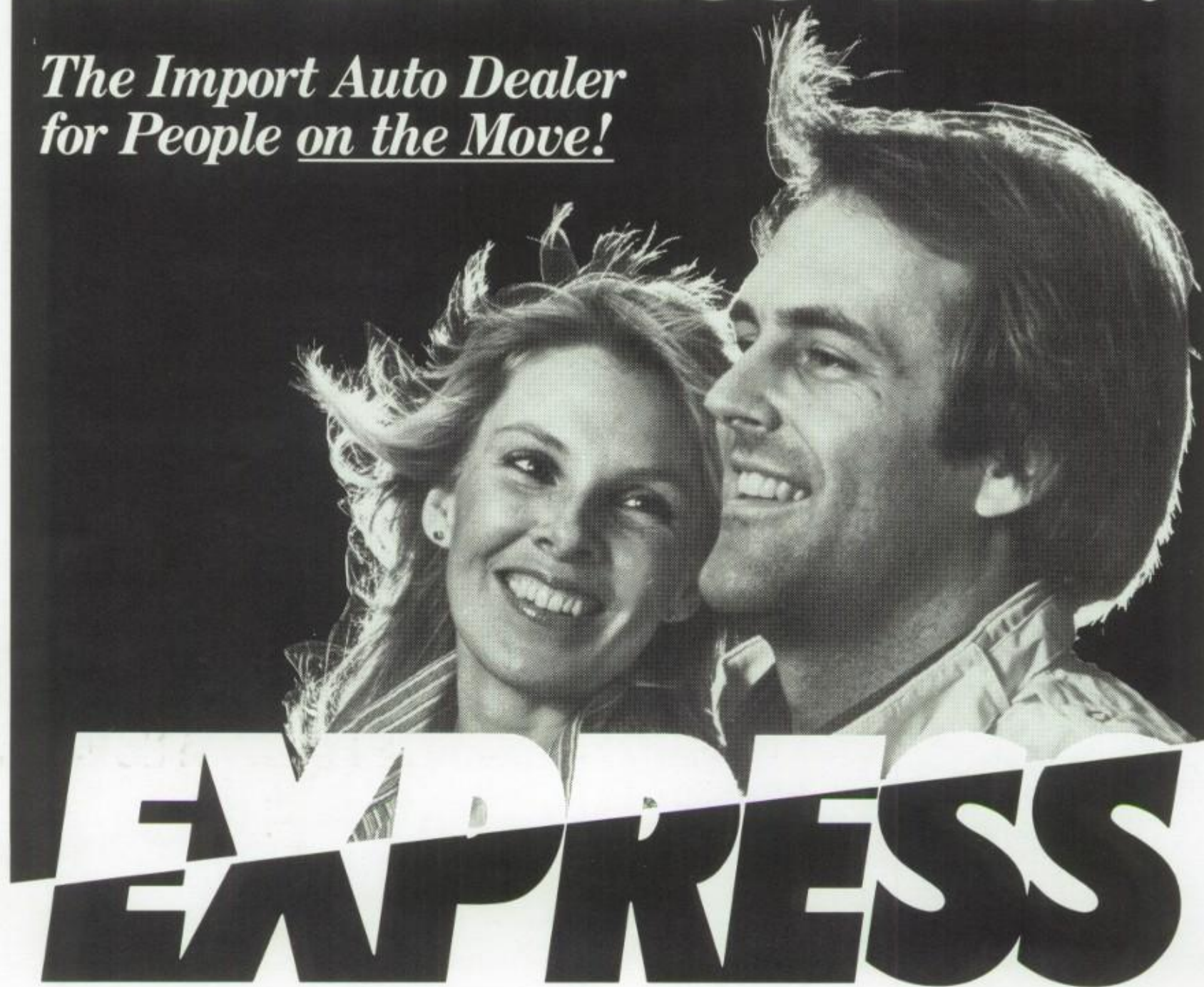
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"Look, Ma! No hands!" say Laurie Haynie and Greg Super. Stephanie Rohdenburg, stick with it!



Junior Sarah Wright takes a break from cheering and anticipates the coming Falcon victory.



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Kim, well the years finally over. It's been fun having you in French. It's been great listening to you Argue with Miss Cruise. I hope I see you this summer. I hope K.I.T. North 481-5781

Seniors David Eun, Leanne Cyphers, Leg Clark, and Cathy Conolly display their talents at last years prom as junior attendants.



Showing his Falcon Pride, junior Benji Johnson says we're #1.

Magistro Holland doesn't seem too thrilled about having her picture taken at this particular moment.



Several students congregate in the cafeteria foyer during lunch. This is one time in the day students can relax and enjoy themselves.





NEARING THE END

As yet we near the end of another year, we can only dream of the future and reflect upon the past. It has been a year of great joy as well as sorrow.

We can look back at the smiling Homecoming Queen to the sadness of the field hockey team losing in the regional match. But we can only accept the past and move on. Learning from our mistakes of yesterday will help us to confront tomorrow.

As we carry on with our combined successes and defeats, march forward with Falcon Pride and a tradition of excellence will follow.



Seniors Matt Timm and Laura Benti "get down" at one of the several dances held this year.

Junior Shannon McLeod stops to think before playing in a tennis match.

An unknown Cox monster ventures through streets and driveways on Halloween.



KIM, WELL EARTH SCIENCE W/ MRS. MARTINO HAS BEEN AN EXPERIENCE! ONE I WOULD LIKE TO FORGET! I'M SURE YOU ARE JUST HEARTBROKEN THAT THE SCHOOL YEAR IS OVER AND YOU WILL NO LONGER HAVE THE PLEASURE OF SEEING MARVELOUS MRS. MARTINO EVERY DAY! TOO BAD WE NEVER GOT TOGETHER TO RAISE HELL IT WOULD HAVE BEEN A BLAST! AND TRY TO STAY OUT OF TROUBLE!

TALON

The name TALON evolved from the Falcon which is the school mascot. A talon is the claw of a bird, the strongest part of its body. You, the students of Frank W. Cox High School, carry the strength of the school. You are the backbone of what keeps this school alive. Therefore, the yearbook staff hopes the TALON will be a symbol of those fun-filled years you'll glance back to in the future. We present the TALON as a book of memories which captures the most cherishable moments of the school year. This is for YOU!!



A display case near the main office expresses some of the strength of our athletic program. The wrestling team was shooting for their second state championship.

After the sun goes down and most people are eating dinner, some students may be seen just leaving school.

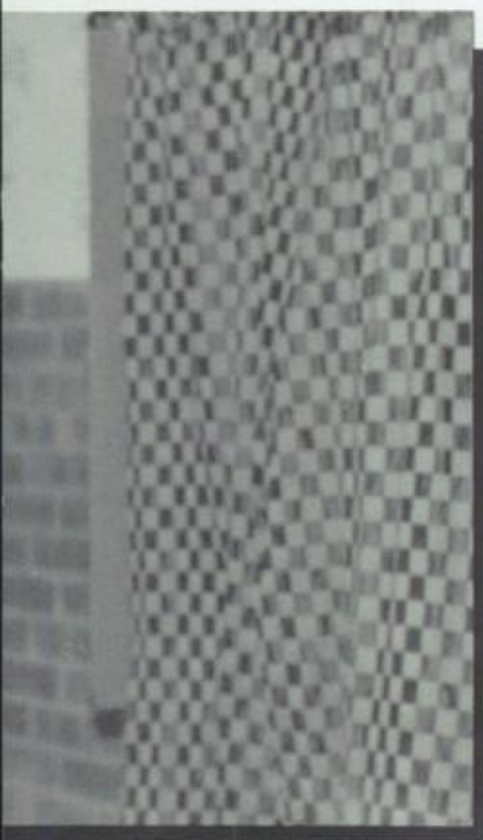
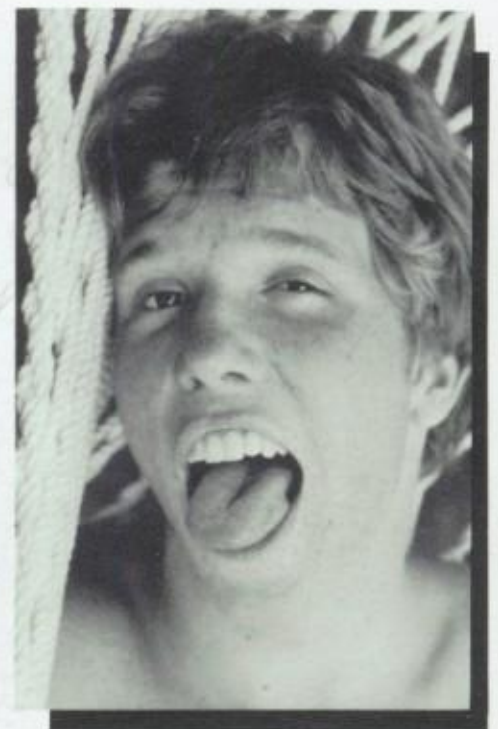


Junior Amy Wilkins anticipates the winners of the SCA election after putting in her vote.



Here a Falcon, the school mascot, watches over the gym while portraying strength and leadership.

Senior William Conley is caught with his favorite facial expression over the summer while vacationing in Spain.



Many students exit from the auditorium after an honor roll assembly sponsored by the SCA.



SETTING MEMORIES

Kim -
Hey mama!
I'm really glad that
we became friends this
year. Finally - she been
waiting. Anyway, we should
do some stuff this summer -
Maybe we will, seeing as how Alex
and Amy will be around. Yew - Anyway
stay sweet & pretty like you are. Call
me 464-2195 (R.F. is a jerk)
Shannon
Alex Kee
Hot!!

The memories of the 1984-85 school year were captured in the 23rd edition of the TALON and published by Hunter Publishing Company, Winston-Salem, North Carolina, with representative Mr. John Perry. The memories are set within 220 pages in 1000 yearbooks (press run) and designed with endsheet number 112 and gloss paper. The cover is white with a gold stamped facon and raised lettering. Copy is typed in Caledonia: body copy, 10 pt.; captions and kickers, 8 pt.; opening and closing body copy, 12 pt. Different type styles are used according to sections for headlines and

subheadlines. Most senior pictures, club group pictures, underclass pictures, and assorted candids by Hal Ward of Max Ward Studios, Chesapeake, Virginia. Editor's Note: I would like to thank Ms. Mary Harris for her dedication and countless hours of needless worrying as a first time sponsor, Stephanie Rohdenburg, assistant editor, for her support and special help, Mr. Jackson for putting up with us as we swarmed through his room and for developing half of our pictures, and an extra special thanks to all the editors and members of the staff who stuck through to the end.

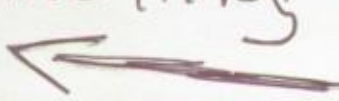
Really think I cared too much? What about when we broke on to that boat, that was fun too. You have to admit we had fun with them. I have to admit though that I liked Pat and I had thought he was Hot way before the 2 of you ever got things going. But I never seem to get the guys I want. But what about Sean? Infatuations are sure hard to get over. I'm still not over that boy infact I still like him very much!
continued on pgs 196

RESERVED

Kim,

Well I really don't know where to start. We sure have had some great times! Remember the Hot tube late night with you know who & Russell? That I have to admit was a Blast. They are really fun to be around. What about when we would never be apart... I can't believe we are never together any more. What happened Kim? I know you try to blame it on me & then I try to blame it on you, but it's just not working. I wish we could sit down & talk like we used to because no matter how much I try to say I don't miss being with you all the time, I really do miss the times we've had. I know what you mean about people asking you wherever you go where I am, because I get it too, I just haven't been admitting it to myself or to you. Ya know Kim, you are the closest friend I have probably ever had, and I probably still haven't told you everything in the world about me, granted we have told each other one Hell of a lot, there's still some things, little quirks, or infatigations, I have failed to mention. But I'm sure you haven't told me ~~me~~ everything either. The thing is I just can't totally confide in anyone, I don't even know why, but I'm starting to be able too! I'm glad that I'm sitting here telling you all this because it's been getting to me for a long time. I don't even know why our friendship broke up, I don't see how anything that strong could ever fall apart, but it sure did. I just hope that it's not too late to pick it up again! But if you want to, we can sure try! ... But that's enough of that it's depressing me!

We sure did have some fun this year, what about you & Jamie? All the talking we did over that one & all the comediations, and fights when I was always in the middle somewhere. But Hey! those days are over. The came along, Pat Dooley, when you were sitting on Pat's shoulders, and Mike was jumping on me in the back seat, what about when I got sick in the Pizza Hut parking lot, I was so drunk! And the thing is everyone watched me get sick. But do you



RESERVED
For who?

Kim,

well The school year is almost up & we still have done anything. You better call me over the summer so we can party & head for the beach. But I don't know if I want to go to the beach w/you cause your so dark. I'd look like Casper next to you. We are going to have to go to the wave sometime. K? Just think you only have 3 years left of this damn school! I only have 2 years Yeah! well have an unreal summer.

CALL
ME!!

♡ ya,

Tracee
Modwin

Kim,

I'm really going to miss you next year but it's not like were not going to see each other. Right? I'll leave it up to you. We sure knew how to have fun though. Late night hot tub escapes and everything that went along with them. You're a very special girl that shouldn't change for anyone. You're one of the few people I can talk to and feel comfortable with. Try not to forget me and just remember I'll be here if you ever need me.

Tracee
Modwin

GOBIE - Well sweets, ^{Reserved for me - I hope - or you are going 2 be mad!}
this is it. the end of the year. I remember the first time
I saw you, it was with Jamie Moore at Spence's Halloween
party. I thought you were a beautiful young lady. Little
did I know you could be such a good friend too! We had
some really good times together, Our buddy JACK! Going
out on your boat, or at least trying to! Suing Desputis,
Seaking Susan together - Yes, Duda did have to go to
the bathroom just a little bit after drinking all of
that beer! Your Russell - Brandon - Sean - Durnett -?
Tramas - Girl, you just had 2 too many ~~girls~~ boys
after your hot body! Ordering pizza and giving
the delivery boy a goebel instead of a tip! We were
so awesome, weren't we? And all of our little drives...
~~HA~~! Too bad we never got to see it snow - but it's
not over yet - is it? Trying to go out with Lisa
to the wave - parents failed just a little bit! Our
graphic notes - 'God - I'm over _____' Sharing a chair
in lunch, so much fun! Going to Lynn. Soccer matches
to see Brandon. Loretta and her Pat problems! Seeing
Scotti Reeves at Farm Fresh! IT seems like we haven't
had much time for each other these past few weeks,
but let's not keep it that way - O.K.?! We have too much
fun together not to do things!
I'll be callin' ya this summer!
See ya tomorrow -
Duda

481-2205
just in case you
get amnesia!

him,
 hey honey!
 Well the year is
 finally almost over.
 I suppose this year was
 pretty cool, this summer is
 going to be killer though I'm
 glad I met you this year cuz
 you're a sweetie! Would destroy without
 you. I have been the same without
 you. Call me or the summer and we
 can go to the beach or something
 481-0753
 Wwy nancy

Kum, It's been great
sitting next to you in
Geometry! I hope to see
you next year in one of
my classes. Have a killer
summer! Jen ~~Kerr~~ /


 I'm really glad
 that I got to meet
 you this year, too.
 Had not sooner.
 Think you're really
 sweet & fun to hang
 around. Thank you for
 this year is over.
 I hope you have the
 "Killer" summer.
 Give me a call during
 the summer. Love you,
 Kelley Germond

• Winston-Salem
HUNTER PUBLISHING COMPANY
• North Carolina

John Perry
Virginia Beach, Va

P.S. DONIT
FORGETTO
CALL ME ☺

Kim-

Hey big girl! what's
up! NOT TOO MUCH
HERE. I TOOK YOUR
YEARBOOK FROM RONI!
(Hee) BUT KIM YOU
KNOW WHENEVER YOU
NEED SOMETHING I
AM ALWAYS HERE FOR
YOU SO DON'T EVER
FEEL BAD TO ASK FOR
THING YOU KNOW I LOVE
WE'RE GONNA HAVE A
GREAT TIME THIS SUMMER
ENJOYING 24 HOURS A DAY!
WE'RE GONNA BE HOT!

YUUU 1

I LOVE VA BABY
GATTY CALL
481-5215

KIM-

HEY MOMMA! WELP-
WE MADE IT THROUGH THE
YEAR- THANK GOD! TOO BAD
ITS ONLY YOUR SOPHOMORE-
YEAR NEXT YEAR- THAT'S
KINDA FUNNY THERE. WE
GOTTA PARTY THIS SUMMER
OR/AND HIT THE BEACH SO
CALL ME 481-7760 - DON'T
FORGET. AND MOMMA YOU
GOTTA GO OUT W/ RYAN -
AT LEAST FOR ME - HA!

LOVE YA -
RONI

5-30-95

Kim,

Heyya! So This year
is over. That's so
killer. Now The real
Partying's Gonna start.
You and me are
gonna have ^{to} do some
serious Partying or
ALL HELL well break
loose! CALL ME TO

PARTY

Luv ya,
Stacy

K.I.T
340-3139

R.H.O.T.S

We're the proud
we're the great
I can't wait
till "88"

Kim, Kim, Kim

You go Through guys faster than a bee goes through
honey. O.K. O.K. I know it was corny, but hey
what's new. Thankyou for a great month and a half.
Really I'm serious. You are a great person. If you
ever feel like you wanna talk about something
just give me a call (make it before 9:00, I'm
not aloud to talk after then) Another chuckle, Sound familiar?
Listen I know things got kind of hectic there
near the end, but I'm glad we are getting along
now. Hey what can I say, It's been interesting

Ryan?

Love
Pat

Fuck
me

Kim

Kim, these past 2 years have been great
you add spice to P.E. I'm glad
that we could be in such good friend
remember with last year in the shot tub
on, well, you, Scott, I gotta go
KIT and over stay the summer
(and pretty)
481-9127
Love
Zane
Och

Kim,

This year was pretty fun,
I'm glad I got to know you,
your very nice. I hope to see
you next year. Have a great
summer, and stay out of
trouble! You better call this
summer, so we can go out
and get blit; not to blit (HA! HA!).

481-5108

Love
Mike

Kim,

I'm so glad I got to know you this year!
You're so sweet! I had fun with you
in my P.E. class. I hope you have a
great summer vacation! I'll miss you -
so keep in touch! - 464-0754!

Stay cute & sweet!

And keep your
good tan!

Love ya,
Betty Neal

you know
what I mean

Kim,

Hey Perfect? Well, I'm really glad we got to be such good friends this year. We've been through a lot, guys I mean, and some of them sure aren't what they were thought to be. Anyway, you've got so much going for you especially your looks, personality, and whatever else it is that attracts all of those good looking guys. You've got one other thing: BRAINS. So use 'em you KOOK! If you ever need to talk, just call. You've always been there for me and I appreciate it. I know we'll see each other over the summer. Just don't get too tan or I won't recognize you. Stay sweet and cool. KoI.T. You know the #. Good luck with Ryan, Tedd, Brian, Russell, Brandon, Jaimie, etc. etc. and all the other guys I forgot to name, like Derett, that were in the past or in the future or at the present.

Should ~~be~~ we. some classes together but since I guess you + I guess not +
Give my regards to my life
Love ya,
Mandy

Y'NO' WHAT 'I' MEAN?
YA BETTER
2/81-7031
in case u 4-get

You better not 4-get about me!
We made through
Pamper's
class. P
Now u gotta sign my yearbook?



We made through a lot + through

